Campus Times

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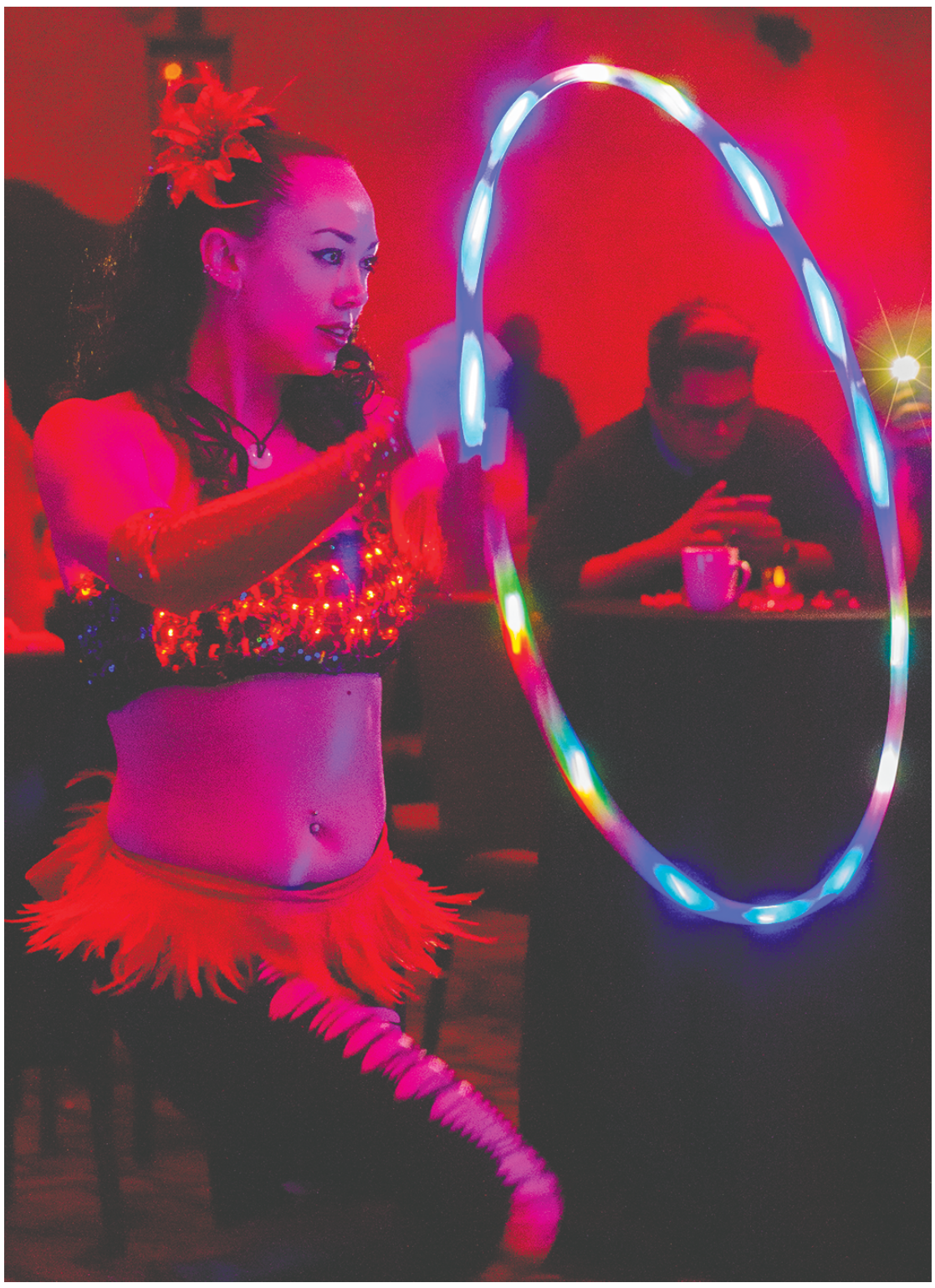
Winter formal lights up town



Michelle Leon

Madison Orange, a glow light dancer from the Dancing Fire company, performs at the Fire and Ice Winter Formal last Friday. The Dancing Fire, headquartered in Hollywood, offers a variety of classes ranging from belly dancing to fire dancing. In addition, the company offers DJ services. For the rest of the night, Orange showed off her skills on the side of the dance floor as students continued to dance. **See story on page 6.**

Workshops create Safe Zone at ULV

Community encouraged to take part

Emily Lau
Metro Editor

A team of University of La Verne faculty members is seeking to make the campus a safe place for LGBTQ people by offering training workshops to those interested in learning about the issues they face.

The Safe Zone training workshops are periodically scheduled throughout the year and address the history of lesbian, gay, bisexual, transgender, queer and questioning people; privilege and microaggression; how to create a safe space; the process of coming out; religion and sexual identity; and resources for LGBTQ people.

Any student, staff, faculty or administrator can take part in the workshops.

"Sometimes it is challenging for those who aren't identified as LGBTQ to be supportive or understand what the LGBTQ individual might be going through," said Andy Steck, assistant professor of education. "This workshop provides education to learn more about how to assist LGBTQ individuals if necessary."

Steck is one of four professors who are involved in managing the workshops.

John Bartelt, professor of education; Kathy Duncan, professor of management; and Laurie Schroeder, professor of education, are also part of the team.

Bartelt said the workshops are important to the community because the University was built on social justice and human rights.

The University wants to continue to provide safe spaces and support for any individual who experiences discrimination or harassment.

By addressing LGBTQ issues, the team also hopes to also educate people about other issues including racial, cultural and sexual oppression.

"There's just a long history of marginalization of somebody – whether it's folks of color, women or LGBTQ people," Bartelt said.

"It seems like these days the most recent one is the LGBTQ community."

The Safe Zone training workshops were first introduced to the University more than 10 years ago by former Professor of Psychology Raymond Scott.

The program was put on hold after Scott left the University until the president of the Gay Straight Alliance club, then called Rainbow Alliance, brought concerns to a team of faculty members.

In response to the concerns, the University brought back the workshops and adopted more gender neutral application and restrooms. Now the Office of Diversity and Inclusivity is in charge of the workshops.

However, because Chief Diversity and Inclusivity Officer Joy Lei is temporarily on leave, the team of faculty members decided to take control again.

"The three or four of us who initially were kind of carrying the ball have picked it up again and said, 'We'll carry this until the office can carry it again,'" Bartelt said.

The resident assistants have also received Safe Zone training and have implemented some lessons into their activities and programs.

"As staff and student leaders, we go through safe zone training for our benefit and education as human beings," sophomore art major Dynasty Nakatani said.

"Our job as RAs is to make residents feel welcomed, comfortable and safe."

The next Safe Zone training workshop will be March 31.

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Leopards school the Poets

Lauren Crumbaker
Staff Writer

After losing their second Southern California Intercollegiate Athletic Conference series of the season against the Redlands Bulldogs, the baseball team swept the Whittier Poets in three games.

The Leopards struggled to get a rhythm, but once they did the offense picked it up to defeat the Poets.

The team swept a three-game series from the Poets by the scores of 6-5, 4-2 and 12-5.

The Leopards improve to 11-5 overall and 10-2 in SCIAC play.

"We started out slow in the games," sophomore third baseman Jakob Thomas said. "Once we found our groove we scored some runs and something about that helped us get ahead in runs."

In game three, the Leopards were able to get on the board first.

In the bottom of the second, senior pitcher Mark Jebbia doubled down the infield line and scored junior first baseman Ben White.

"Jebbia sparked us off the bench and sometimes that is really contagious in baseball," head coach Scott Winterburn said. "Sometimes that is all you need, which is someone to break through and it was him."

Sophomore second baseman Andrew Douglas followed and singled up the middle to score Jebbia.

When it came time for the fifth inning, the Poets could not compete with the Leopards' hitters.

La Verne exploded with back-to-back runs for a total of 10 the fifth inning.

Stars of the inning included junior shortstop Woody Reyes, junior centerfielder Nolan Henley and White, who each scored.

Henley and White both went 3-for-4.

Jebbia started on the mound for the Leopards for the first time this season. Although he pitched for just three innings, he was effective, striking out two

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Warner hits home run in housing

Sports fiend takes on new job

Jolene Nacapuy
Sports Editor



Michelle Leon

Jake Warner says he enjoys his new job as the assignments coordinator, placing students in specific residence hall rooms. Warner joined the Office of Housing and Residential Life after working 12 years as a producer at Fox Sports Radio. Warner graduated as a CAPA student from the University of La Verne with a bachelor's degree in organizational management in May 2014.

From serving his country to serving his students, Jake Warner is there to help those who need it.

Warner started Dec. 1 as the assignments coordinator for housing and residential life.

An assignments coordinator not only assigns dorm rooms to students, but also assists them to get into rooms and with their billing and meal plans.

"The staff and I take care of the needs of students like a customer service-based job and work together to make it like a home atmosphere," Warner said. "We try to make sure all residents are happy and feel comfortable here and have the La Verne experience."

Before settling in La Verne, Warner was in the Navy from 1995 to 1998. He traveled around the world and loved the experience. He believes it made him a better person.

"It was kind of like college where you have your brothers and sisters and sail over together and experience a lot of things together," Warner said.

Growing up in a rough neighborhood in Apple Valley in an environment where drugs and violence were common, Warner said sports, mainly basketball, kept him out of trouble. He used it as an escape from the world around him.

"It was always fun to put on a jersey and pretend and wish that I had a jumper," Warner said.

"My friends and I would be Magic Johnson, Michael Jordan, Kareem (Abdul-Jabbar) or even Larry Bird."

"It was cheap and easy to play basketball because you could always find a hoop, five friends and chip in for a ball in 110 degree weather," Warner said.

In 2000, Warner landed his first radio job at Westwood One, a syndication company for NFL radio. At the time, he was still in radio school at the Academy of Radio and TV Broadcasting in Huntington Beach.

"I'll never forget when they called me, it was just an awesome feeling because all that hard work paid off, and it was not just a dream," Warner said.

He has worked with more than 50 different personalities and said that once you are in the business, it is a full circle from there.

As a huge sports fan, interning for Vin Scully was a dream.

"To be able to go from the stands to right behind Vin Scully was a surreal feeling and to be able to direct him was crazy," Warner said. "It's because of Chick Hearn and Vin Scully that got me into loving sports even more. You just listen to them and you feel like you're there, even when you're not."

While interning, Warner managed to get a job with Fox Sports Radio and worked with them for 12 years.

"I got to do a lot of cool things like go to the NBA Finals and work at NASCAR races," Warner said. "I also learned a lot of new things in the sports industry and radio as well."

Warner worked for the Dodgers for two seasons, in 2003 and 2004.

"I was able to fly with them, be in the same hotel and hang out with them and it was amazing," Warner said. "To be around your favorite baseball team is just a feeling that you can't describe."

Being in the sports industry was a natural environment for him and to be around sports related things just sparked him into knowing that this is what he loves to do.

With that, Warner keeps a list of ballparks he has been to on his iPhone and said that it is on his bucket list to go to all of them in the United States. He has been to 17 ballparks since 1994.

"Wrigley Field is my favorite park because it's like old school baseball, then comes Fenway," he said. "Dodger Stadium comes next in my top three favorites because it's the typical baseball atmosphere and I love it."

Even growing up knowing that he could not play, that did not stop him from being around something that he loves.

"I knew at a young age that even though I had bad knees and asthma that I loved sports," Warner said. "Even though I knew I couldn't play as well, I just wanted to be around sports all the time."

If he could put his favorite sports in order it would be basketball, baseball and then football. His favorite teams are the Lakers, Dodgers and the Chargers.

When he is not enjoying a sports event with his family, he will sure be at events at ULV. Warner shows Leo Pride everywhere he goes.

Warner, 38, is married with two daughters and graduated cum laude from La Verne with a bachelor's degree in organizational management in spring 2014.

Even as a CAPA student, Warner said he did not feel any different. The faculty and staff were welcoming.

"Housing took a chance on me, especially coming out of the sports business and Juan (Regalado), Eugene (Shang) and Nancy Tran, I love them like family," Warner said. "They're really good to me and without them, I would not be here at all and I can't thank them enough for that."

With an opening at the beginning of the academic year, Warner made a career change and decided to apply at his alma mater, ultimately landing him the job.

"We're excited to have him with us on staff and very lucky," associate dean of students Juan Regalado said. "He's a really good person with a lot of insights and knowledge."

As someone with no housing experience, he was trusted to take on the job.

"One of the things right off the bat that I could see from him is he's really committed to La Verne and what La Verne offers students and he's been a great addition to the staff," Shang, associate director of housing and residential life, said.

Warner constantly interacts with the students, as well as the faculty and enjoys working here at the family friendly environment, which he appreciates.

"He has such good interactions with everyone and very passionate in everything he sets his mind to," Regalado said. "He takes pride in La Verne and we're lucky to take advantage of that by hiring him."

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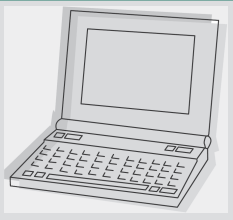
CORRECTIONS

The Campus Times is committed to accuracy. When we make mistakes, however, it is our policy to correct them as soon as they are brought to our attention. If you find a mistake in the Campus Times, please let us know at ***ctimes@laverne.edu***.

WEB EDITION



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Cultural fair honors Irish heritage

Festival offers classic food

Brooke Grasso
Staff Writer

The Fairplex showcased Irish music, cultural activities and food last weekend while thousands of people celebrated Irish culture Saturday and Sunday at the Celtic Faire.

The venue was decorated with Irish flags and a large medieval castle in the center of the venue.

Some event attendees even brought their Irish pride with them and dressed in green and wore shamrock necklaces while the men wore kilts.

"(The fair) was a great time for kids and adults," Stephen Gold said,

Gold attended the event with his Irish friend.

"It was cute, fun and entertaining," he said.

A booth called The Fancy Leprechaun was run by the Fairplex.

It sold St. Patrick's Day souvenirs and decorations to those who did not arrive already dressed up.

Katie Butler attended the event with her mother and daughter; the three arrived in all green, showing their spirit and pride.

"I had a blast," Butler said. "I dressed my mom and daughter up and I even decorated my car."

The Dublin stage, an indoor area that holds more than 400 people at once, showcased live music from bands playing a mixture of American bluegrass and traditional Irish music.

"The band Whiskey Sunday literally rocked," Gold said.

The indoor area also held a genealogy center that allowed people to search for their last name and see where their name originated.

This made the event more than just entertaining, but a learning experience too.

Viewers were also able to witness a jousting exhibit.

Performers wore body armor and rode on horses while they tried to knock each other off with their jousting lances.

Along with the scheduled performances, there were also other entertainers.

Stilt walkers and bagpipe players roamed the venue, keeping those waiting in long food lines entertained.

With many options for traditional Irish food, many still veered toward the usual fair food such as cotton candy and popcorn.

Those who were true to their heritage ate at Ye' Old Dublin Grill, an Irish eatery that serves classic Irish food such as Shepherd's pie and corned beef and cabbage.

One of the main attractions at the event for both children and their parents were the different animals.

Geese, deer, hedgehogs, tortoises and an owl attracted a large audience.

"I walked around with Gismo the barn owl," said Megan Miller, a Pacific Animal Productions worker.

"It was very well received."

Pacific Animal Productions also brings animals to the Los Angeles County Fair and described the Celtic Faire as more personal due to the size difference.

"I was able to have conversations and learn people's names," Miller said.

The entrance fee was $10 for adults and $10 for parking.

"There was enough to do that made the price worth it, but parking was a bit steep," Butler said.

The price did not seem to have any effect on the attendance of the event.



Celine Dehban

Swordsman Sir Jason Houlihan engages in battle on his horse, Shadow, at the Fairplex's Celtic Faire Saturday. Imperial Knights is a live medieval stunt show that travels internationally. Houlihan has been a part of the Imperial Knights for seven years. The group also teaches the importance of chivalry and the dangers of drugs at schools and Renaissance fairs.

In previous years the event was called the Irish Festival.

Richard Espinoza, a guard at the Fairplex gates, noticed a dramatic increase in attendance compared to last year's celebration.

"There are a lot more shows and entertainment for kids," he said.

Children were able to take part in simulated sword fighting inside the medieval castle and played games such as the shamrock toss.

The event set the stage for spring and St. Patrick's Day on March 17.

"The fair represented the Irish well," Butler said.

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Mentors create safe haven for girls in Pomona

Deonah Cendejas
Staff Writer

The University of La Verne's Shades of Essence fosters motivation and support for young girls at its Beautiful Butterflies mentoring program every Wednesday at Pomona High School.

The club promotes diversity and mentors young girls.

Shades of Essence is a multicultural club for empowering women and embracing women's various cultural backgrounds, said D'nae Lewis, sophomore biology major and member of the club.

"It's so women of different ethnicities can get together and talk about issues. It's really like a support group."

The club also branches out into the community to reach more women and girls, such as through the Beautiful Butterflies program.

For the Beautiful Butterflies program, the club works with girls at Pomona High School who need academic support, said Ebony Fredieu, sophomore criminology major and president of Shades of Essence.

Every Wednesday members of the club attend Beautiful Butterflies meetings.

The members lead discussions among the high school girls by providing a topic and having the girls write their feelings about the topic in a journal. Then the girls take turns sharing.

"It gives them someone to talk to and a safe place, a place where they (wont be) judged," Fredieu said.

The high school girls talk about personal experiences or conflicts they may not know how to deal with.

One time, "a girl was going through guy issues and ended up having photos of her leaked to her whole high school," Fredieu said. "So we talk about loving yourself and not stooping down to a lower level."

One of the goals of Shades of Essence is to "make women embrace their womanhood," Lewis said. Another one of the club's main goals is to bring women of all different ethnicities and backgrounds together.

"Shades of Essence is for anybody and everybody who has a passion working with the youth to advise and mentor them," said Carolina Gradilla, junior sociology major and member of the club. "For me, it's inspired me to stay involved."

"Obviously people come from different backgrounds and you don't get to know who someone is until you spend time with them. It's taught me how to be a leader," Lewis said.

For more information about Shades of Essence, email **ebony.fredieu@laverne.edu**.

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Community honors Sue Caple's life

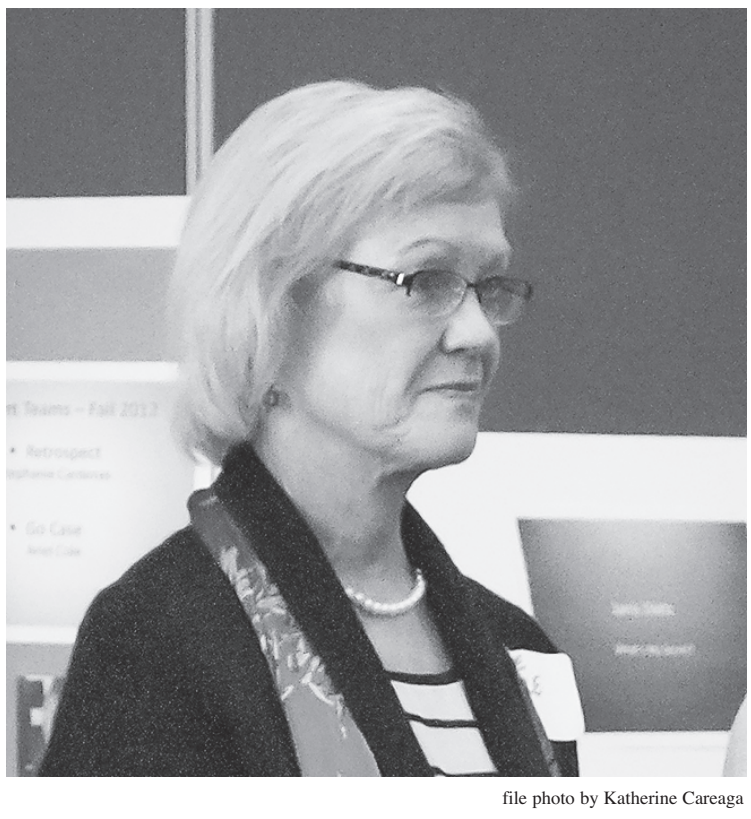
Kat Simonelli
Editor in Chief

Friends, family, students and colleagues came together to honor the life of Dr. Sue Caple at a celebration of life ceremony Wednesday in Morgan Auditorium.

The University of La Verne lost a valued faculty member when Dr. Caple died March 1 at the age of 65 following a long battle with cancer. Fond memories and funny moments helped Dr. Caple's colleagues remember her kind heart and charismatic personality.

Associate Professor of Management and Leadership Deborah Olson recounted a time when she and Dr. Caple were trying to retell a story from one of their travel study trips and they just could not get through it without busting up in laughter.

"That's what it was like with Sue, you had to be there to get how funny, how goofy, how silly she was, but at the same time how much she cared about her students, how much she wanted to make sure she was the best colleague she could be," Olson said. "We talk a lot around here about the values of collaboration and inclusivity, and Sue was the exemplar of that. She knew how to include people... how to collaborate, and make people feel special."



file photo by Katherine Careaga

Dr. Susan Caple, professor of marketing, died March 1 after a long bout with cancer. The University came together to honor her at a celebration of life ceremony Wednesday in Morgan Auditorium.

Dr. Caple was a faculty member at La Verne for 15 years. She had a hand in the Integrated Business Program and worked as a business management and leadership adviser as well. She also had an impact on the lives of a countless number of students.

"Sue had a way of making everyone feel at home when you were around her," senior business administration major Tess Zasadny said. "She always provided her students a shoulder to lean on or an ear that would listen."

Dr. Caple was born March 10, 1949, in International Falls, Minnesota. She received her bachelor of arts degree in French from the University of Minnesota in 1971. She earned her master's of business administration from Loyola University in 1982, and her Ph.D. in marketing from the University of Otago in New Zealand in 2008.

Dr. Caple taught courses such as Principles of Marketing, Business Marketing and Seminar in Consumer Behavior.

"She was a free spirit with a gentle soul that never stops giving," Dean of the College of Business and Public Management Abe Helou said. "Those were three of the attributes that made her who she was."

The University has established the Sue Caple Memorial Fund to help graduate students study abroad.

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Students, Lieberman protest proposed Cal Grant cuts

Michaela Bulkley
Staff Writer

The proposed 2015-16 state budget includes an 11 percent cut in Cal Grants, which translates to nearly $1,000 less state money for each new student here.

The cuts would not affect continuing students who currently receive Cal Grants.

The proposed cuts – from private universities – would be re-allocated to students at public and state schools.

"They are under the assumption that students that go to private universities have more money, which isn't true," junior political science major and Associated Students of the University of La Verne President David Asbra said.

Asbra with other La Verne Students from the University of La Verne were among more than 60 students from private universities across the state who went to Sacramento last month to attend the annual Association of Independent California Colleges and Universities' Day at the Capitol.

Also attending the Feb. 24 event were University of La Verne President Devorah Lieberman, Financial Aid Director Diane Anchundia and Special Assistant to the President Phil Hawkey.

The Association holds the annual event to lobby against cutting Cal Grants for private colleges and universities. They also lobby to prevent future cuts.

"Each year, our staff and students attend 'lobby day' at the state capitol," Lieberman said. "I join them in Sacramento because I truly believe that Cal Grant funding makes an enormous difference in the lives of students."

Students there shared personal stories about the importance of the Cal Grants for students at private universities.

Lieberman has attended the event for three years.

Besides Asbra, two other La Verne students – senior educational studies major Mirrella Bautista and freshman psychology major Jedaun Carter – made the treck to the Sacramento event.

At the event students broke up into groups to share their personal stories with three or four state assembly members to reinforce the necessity for Cal Grants in private schools.

"They coached us on how to present our stories in short but more powerful ways, since we only had a little bit of time to speak with each assemblyman," Bautista said. "Sometimes there were seven students all wanting to share their stories, so we had to say things they would want to listen to."

Anchundia chose the students who went to the event. class were chosen, but the sophomore representative could not attend.

"We try to capture a diverse demographic of Cal Grant recipients (that) represents our university," Anchundia said. "We look for students with a good story."

"I think it is important to get involved and let Sacramento know how this cut, if it would have happened two or three years ago, how it would have affected your life," Anchundia said.

While only a few students are selected to attend the event each year, Bautista and Anchundia both said they believe that all students should be involved.

They suggest that students write letters to their representatives to share personal stories of the importance of Cal Grants.

"I had the option to choose between public and private and I feel like other students should have the option as well." Bautista said.

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Amanda Geiger never saw the drunk driver.

Friends Don't Let Friends Drive Drunk.



Photo by Michael Mazzeo

U.S. Department of Transportation

Ad Council

Speaker presents 'Drink Think'

Kellie Galentine
Online Editor

Rick Barnes introduced himself to an audience of more than 200 students at "Drink Think" Monday by mentioning that he spoke at La Verne three years ago.

"Apparently we are still drinking," Barnes said, as the audience erupted in laughter. "My message on alcohol is very simple – if you want to drink, drink. I would ask you to do this: slow down a little bit."

Barnes, a Campuspeak presenter with a southern drawl, paced the stage in Morgan Auditorium as he presented to the audience made up of primarily Greek life students.

The program was sponsored by the Associated Students of the University of La Verne, InterFraternity Council and the College Panhellenic Association.

The effects that alcohol has on a person's body including numbed brain cells, slurred speech, slower reaction times, lack of coordination, and overall more erratic behavior were among the topics discussed.

Barnes also walked students through the five stages that the body goes through while a person is consuming alcohol—the fifth was death.

Barnes also mentioned his background as a higher education administrator for more than 16 years, and described his first hand experience going to the emergency room with students.

He also raised the question of whether students would take alcohol poisoning as seriously as a friend getting food poisoning. His advice was to take friends in danger of alcohol poisoning to the hospital.

Barnes, however, shared best practices for aiding a very drunken person at the end of the night.

Placing a backpack filled with heavy books on a drunk person that is sleeping and laying them on their side with their knees tucked to their chest was Barnes' solution to prevent death by asphyxiation.

"I think the benefit is that his presentation was different. He didn't tell us not to drink, but told us to be responsible," Guadalupe Espinoza, sophomore psychology major said.

Barnes had students laughing throughout the entire presentation by making several jokes related to gender.

The relatable anecdotes brought the message home as the presentation ended with "why did you choose to go to college?"

Barnes asked students to consider their reasons for being at an institution of higher education the next time they choose to go drinking instead of studying.

"With spring break next week we hope that events like our alcohol education speaker is able to encourage students to stay safe and make better choices," Barbara Mulligan, director of student life, said.

Barnes' message was not to stop drinking, but in the words of the alcohol industry itself, he left the audience with, "If you drink, drink responsibly."

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Study seeks depression treatment

Alternative approaches emphasized



Daniel Torres

Ryan Harrison answers a question about what determines clinical depression in participants in a study he presented Monday as a part of his lecture titled "Older Adult Depression and Complementary and Alternative Medicine (CAM)." Harrison, senior adjunct professor and the director of life and wellness at Hillcrest Homes, spoke lightheartedly despite his serious subject, focusing on complimentary and alternative medicine treatments for depression such as yoga, acupuncture and herbal remedies.

Deonah Cendejas
Staff Writer

Ryan Harrison, senior adjunct professor, presented ways to combat depression in older adults, specifically with complimentary and alternative medicine, Monday in the President's Dining Room.

"A lot of older adults are taking a lot of medications that may mask or even contribute to depression," said Harrison, who is also the director of resident life and wellness at Hillcrest. "Depression in older adults is excused just because of old age."

Harrison explained the two most common types of depression in adults 65 years and older are major depressive disorder and persistent depressive disorder.

Such depression can contribute to other illnesses, obesity, arthritis, cancer and even death. Harrison shed light on surprising statistics.

"Older adult men are at the highest risk of completed suicide," Harrison said. "Women are 50 to 60 percent more likely to experience older adult depression."

Harrison explained that treatments for depression tend to be in the form of medication, although there is no actual consensus that says which medication works best.

Research has shown that psychotherapy has worked just as well as medications, and there is little evidence to prove that one treatment is more effective than another.

Because of this, Harrison explained the effects and benefits of complimentary and alternative medicine, or CAM.

CAM includes alternative medical systems, mind-body medicine, biological-based therapies, manipulative and body-based therapies, and energy-related therapies, Harrison said.

CAM can be comprised of natural supplements, chiropractic therapies, massage therapy, yoga and acupuncture.

CAM is categorized as the "other" treatments for depression, in comparison to medication.

"It would be good for us in our society to consider other ways that would be helpful," said Al Clark, professor of humanities. "There's a lot (Harrison) hopes to do in the future and it seems like it is an excellent beginning."

Harrison explained research has proven that yoga and chiropractic therapy have been successful at reducing the symptoms of depression in older adults.

"The majority of older adults with depressive symptoms who use CAM to address those depressive symptoms do find it helpful," Harrison concluded through his study.

Harrison also found that the majority of CAM users are educated women, partly due to their financial capability.

"I learned how prevalent CAM therapy use is in society," said sophomore biology major Tanner Long. "I didn't think it was as mainstream as it is."

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Law professor praises Justice Clarence Thomas

Rossum shares philosophy

Celene Vargas
Staff Writer

Claremont McKenna College professor Ralph A. Rossum spoke about how Supreme Court Justice Clarence Thomas is committed to pursuing an "original general meaning" approach to interpret the constitution on Tuesday in the Campus Center Ballroom.

The University of La Verne College Republicans Club hosted the lecture "Clarence Thomas, the Supreme Court's Most Controversial Justice" presented by Rossum, Salvatori Professor of American Constitutionalism.

"Rossum ... had the chance to work alongside Justice Thomas," said Cate Tuning, junior political science major and president of the College Republicans club.

To explain what he meant about Thomas applying an "original general meaning" approach to the constitution, Rossum explained the differences between original intent, original understanding and original meaning.

He said original intent is trying to identify what the delegates at the constitutional convention in Philadelphia intended to accomplish when they wrote the constitution.

Original understanding focuses on identifying the understanding of what the constitution meant to the delegates, he said.

Original meaning is trying to determine the meaning of the constitution when it was written, Rossum explained.

That means using dictionaries or encyclopedias from that time period to make sure the definition of certain words have not changed.

Rossum said Thomas uses all three approaches when hearing cases, calling it an "original general meaning" approach. He is one of only two Supreme Court justices to do this.

'(Supreme Court Justice Clarence Thomas) is unswayed by the claims of precedent,'
–Ralph A. Rossum, Salvatori Professor of American Constitutionalism at Claremont McKenna College

"(Thomas) is unswayed by the claims of precedent," Rossum said.

Rossum said Thomas' argument is that something has got to be wrong when interpreting one provision makes the other provisions unnecessary.

Rossum said the Supreme Court seems to feel that Congress can regulate anything that has an effect on Congress.

He said Thomas rejected the idea that Congress should be able to have that much power, citing the United States vs. Lopez case where Thomas agreed with the argument that Congress' power under the Commerce Act, while broad, was still limited as stated in the constitution.

"(Thomas) also finds it wrong because, by interpreting Congress so broadly, it confers on the federal government a police power to regulate anything which was intended to be left on the hands of the states," Rossum said.

Rossum also spoke about the difference between Thomas' first decade on the bench and his second.

He said in the first decade law reviews were unapologetically hostile toward Thomas.

In the second decade, things changed.

"They praise him as the next great dissenter, the low principal federalist and the emerging commercial speech protector," Rossum said.

Rossum said the title of his lecture is a bit misleading because Thomas is now perceived as less controversial and instead more significant.

"(The College Republicans club) just thought it would be a great way to introduce him to the campus and to make an event that's not just specific to one group of people but that could appeal to many different students," Tuning said.

A few members of La Verne's College Democrats club attended the lecture to show support.

"College Democrats are in support of bipartisanship and we want to work together to facilitate meaningful discussions on campus," said Anthony Reyes, senior political science major and member of the College Democrats club.

Celene Vargas can be reached at ***celene.vargas@laverne.edu***.

Get Active puts students to work

Cody Luk
LV Life Editor



Alexandra Arkley

Elias Maldonado, sophomore computer science major, and Juan Ornelas, sophomore business administration major, participate in a round of tug of war against their friends Wednesday for a chance to win a Fitbit Flex, a small wrist pedometer that tracks the user's movements among other functions. The Get Active event was in the South Quad and hosted by CAB. Along with sandwiches and Jamba Juice, participants were provided opportunities to engage in activities such as Frisbee toss, hula hooping and tug of war.

Students hula hooped, threw Frisbees and played tug of war at the lawn Wednesday outside the Campus Center in the South Quard for the Get Active event.

"I just came outside and I didn't know about it, but it's pretty fun and all my friends are here," said Kayla Jackson, junior psychology major and a three-year ULV track athlete.

Lindsey Toneck, junior business major and Campus Activities Board spirit chairwoman, and Jasmine Marchbanks, sophomore communications major and CAB philanthropy chairwoman, planned the day together as CAB's March event.

Marchbanks' main intention for the event is to have students be active.

"We made an event to let people know about the track and field team and to let people know about fitness," Marchbanks said.

"My favorite part is people actually playing the games – Frisbee and tug a war," she said.

Toneck was involved in soccer at the University previously and she created this event because she wanted people to know more about the ULV sports teams.

"We wanted to emphasize the track team," Toneck said. "As spirit chair, I wanted to raise attendance for athletics."

"We wanted to promote fitness and we're raffling a Fitbit. We have the gym people here to help them promote," Toneck said.

CAB also gave out sandwiches and Jamba Juice.

There was a booth raffling a Fitbit Flex wrist pedometer that tracks daily steps, calories burned and sleeping cycle.

Representatives from the San Dimas UFC Gym that is opening soon in the Foothill Village Shopping Center also attended the event to encourage students to sign up for gym memberships.

The fitness class schedules were presented at the event to motivate students to register for the fall semester.

ULV offers classes in cardio kickboxing, yoga, weight training, self defense, Pilates, different dance courses and many more.

"That's another way for students to stay active if they didn't know," Toneck said.

There was a poster with a schedule to promote the track and field meets for the spring semester.

The cardio room operating hours are also posted at the event.

"I'm just really passionate about staying active and I'm really about living that lifestyle," Toneck said.

"I hope I can promote it and students can stay active," she said.

The next CAB event promoting ULV athletics will be April 17, during the softball game.

The event will recognize veteran woman warriors in addition to the softball team.

CAB will give out free ice cream and tee shirts at the event.

Cody Luk can be reached at ***cody.luk@laverne.edu.***

'Fire and Ice' glamorizes formal in old Hollywood

Erum Jaffrey
Arts Editor

University students and guests shimmied themselves to the dance floor at this year's winter formal, "Fire and Ice" Friday night at the grand Roosevelt Hotel in Hollywood.

Hosted by the Campus Activities Board, about 150 people attended the classy formal in the blossom room, where the first Academy Awards took place in 1929.

"We were looking at banquet halls in the Los Angeles and Hollywood area and the (Roosevelt) hotel turned out to be a really good place for us," said Savannah Torres, sophomore public affairs major and CAB major events chairwoman.

The ballroom fit the "Fire and Ice" theme effortlessly, with a 25-foot hand-crafted ornate red-lit ceiling, red velvet chairs and white tree centerpieces with blue rock candy. Small scattered diamonds on black tablecloths added to the old Hollywood look.

"We just wanted a contrasting idea (for the theme) so we chose blue and red and put that together," Torres said.

The lively night included a build-your-own slider bar, round-the-clock hors d'oeuvres, go-go dancers and a photo booth.

The DJ played popular music from a balcony in the ballroom, as go-go dancers twirled illuminating hoops, nunchucks and glow sticks.

"My favorite part was dancing because it brings all the students together," said Shari May Alonzo, sophomore biology major and CAB multicultural chairwoman.

The ambience of the venue was classic and elegant. The Hollywood Roosevelt hotel was built in the late 1920s in Spanish colonial revival style, indicative of the lavish chandelier in the main lobby and double-hung windows.

Not only does the hotel have a bowling alley, but it has a cabana and a tropicana bar as well, overlooking a million-dollar pool.

The multiple bars and restaurant in the hotel were packed on Friday, bringing in an older crowd. Hollywood is known to host strange people, as a man dressed as the queen of England was roaming around the hotel lobby, almost entering the formal.

Other than the dance floor, the photo booth was the second most popular place to go, as a long line of hyped students were ready to take silly photos with various props.

"There are a variety of props to chose from like the bunny ears and mustaches, and people are really enjoying the props," Alonzo said.

For some students, this was their first time attending the formal.

"It reminds me of high school in a good way," said Stephany Huynh, sophomore business major.

"I didn't think college would have these things. We can still be kids and have fun," she said.

With midterms around the corner, events like this give students the opportunity to de-stress with their friends.

"This is a great way for everyone to relax and have fun and take a break from the stress of school," Huynh said.

Students had the option of driving to the hotel themselves for $15 valet parking (as compared to the $40 base price) or pay $5 for a bus trip from ULV to the venue.

The winter formal is an annual CAB event. Each year brings a new theme and new students looking to have fun.

"It's all about having a good time and looking forward to college memories for students to have," Torres said.

Erum Jaffrey can be reached at ***erum.jaffrey@laverne.edu.***

HAPPENINGS

'Baal'

The theater department presents "Baal" by Bertolt Brecht, opening at 7:30 p.m March 25 in Dailey Theatre. The play will run through March 28. The story revolves around Baal, a drunken poet, who contradicts the practices of the bourgeois society.

Piano Solo

The Sundays at the Morgan series introduces ULV professor and award-winning international solo artist Grace Xia Zhao as she will perform selected piano pieces at 6 p.m. April 12 in Morgan Auditorium.

A $20 donation is suggested.

Noon Concert

Pomona College Music Department presents Friday Noon Concert Series: "Music of Dowland, Seiber, Smith and Villa-Lobs" 12:15 p.m. Friday at the Scripps College in Balch Auditorium.

Gallery

Local artist Aleta Jacobson exhibits her non-objective and expressive artwork 5:30 p.m. to 8:30 p.m. March 20, 21, 27 and 28 at the 2nd Story Gallery in the Historic Walker House in San Dimas.

Jacobson will share her methods and techniques during artist reception on both Friday evening events.

'Table Manners'

Claremont artist Anne Seltzer uncovers her new art exhibit "Table Manners" 6 p.m. Friday at the Bunny Gunner Gallery in Claremont.

The exhibit consists of paintings of different forms of table settings.

International Exhibit

The 11th annual Women International Exhibit and Yearbook 2015 will have an opening reception and award night at 7 p.m. Saturday at the Latino Art Museum in Pomona Art Colony. The exhibit will run through March 28.

—Melissa Gasia

Play depicts life
On the streets

by Melissa Gasia

photography by Jolene Nacapuy



Senior theater major Sonora Hernandez (Lily), argues with senior theater major Destiny Guillory (Dahlia) over helping each other out during hard times. Senior theater major Chase Montaño (Jasmine) is in the middle of it trying to calm them down in the "The Flower Society," directed by alumna Maryanne Householder. It tells the story of homeless women on the streets and their will to survive out in the real world. The play was held Thursday through Saturday in the Jane Dibbell Cabaret.

The University of La Verne theater department presented the powerful story of the "Flower Society," inspired by true events of homeless people last week in the Jane Dibbell Cabaret Theatre.

Alumna playwright and director Maryanne Householder created the show "A How-to Survival Guide for Homeless Women on the Streets" based on interviews with four different homeless people, who were portrayed by ULV theater students.

The four characters, played by senior theater major Destiny Guillory, senior photography major Sonora Hernandez, senior theater major Shelby Liburd and senior performing arts major Chase Montaño, were in a group of different backgrounds called the "Flower Society" as Householder named all of the characters after flowers – Rose, Dahlia, Jasmine and Lily.

"Our play was asked to go to three different locations, which is really awesome because that's never happened for me before," Householder said.

"I really like the way that it turned out, but this is definitely a workshop process for me as well as my actors," she added.

Ten minutes before the show started, performers Montaño and Hernandez were already in character on stage.

Hernandez went around the audience asking for change as a homeless woman and some of the audience gave what they had.

Each character introduced her life, how it was prior to being homeless and gave pointers to survive on the streets. For instance, step one and two were to not look like a woman and to act crazy in front of others.

They emphasized the importance of stripping themselves of their feminine identity because homeless women are seen as easy targets by looking vulnerable and scared. The story taught the importance of family and being there for one another as a group.

Householder had interviewed men and women, whose characters she altered somewhat to make the characters in the story all women.

All of the characters' stories prior to their being homeless were true.

"I'm emotional so I get teary eyed really easily," said Brittney Britt, junior creative writing major, after watching the play."It was upsetting, but it was nice to see that type of media bring homelessness to campus."

"A lot of parts (of the play) are really sad so you kind of look at homelessness with a different perspective than you usually do," said Guillory, who played Dahlia Winters.

All admission proceeds ($12, and $5 for students) went toward Children of the Night, a non-profit organization that helps American children avoid paths to prostitution and find different lifestyles.

The organization gives shelter to child prostitutes ages 11 to 17 and provides them with basic needs and education.

"I really wanted to benefit the children aspect of homeless women because the one characters in the show, Rose Attwood, is supposed to be a 13-year-old," Householder said. "The girl that the character is based off of is a really hyper, really sweet individual and had a very rough life."

"Maryanne Householder did a wonderful job as she wrote it and directed it, so it's a one woman force," said Cynthia Cales, theatre teacher at Alverno High School, who attended one of the performances

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Dorms offer clever workout space

Students' exercise not limited

Sierra Dasher
Staff Writer

Hectic schedules and the limiting space of a dorm room make time and motivation for fitness a struggle among college students.

However, finding time for a simple 15-minute workout in a day can help improve overall health and fitness.

"It is hard to be motivated when you are tired and work and go to school," said Bonnie Murphy, kinesiology adjunct instructor.

Murphy said the simplest exercise students can do is walk. Walking is effective as long as you average 10,000 steps a day.

"The No. 1 reason people don't exercise is time. It's not that we don't have time because we do have time," Allison Krich, kinesiology department associate, said.

"It all comes down to time management and prioritizing exercise like you do with everything else in your schedule," Krich said.

Alyssa Woods, junior creative writing major, agreed that it is hard to find time in her schedule for exercise, but she tries to make time throughout her week.

"After I finish my homework, I like to break out my yoga mat and do what I can to make time for any fitness," Woods said.

"It is really hard with my busy schedule to be able to find time to take care of yourself and make sure I am staying healthy, even though all the bad foods are so easily accessible," she said.

Being fit does not necessarily mean spending a lot of money on equipment; students can get creative with how they workout Krich said.

With the limiting space of a dorm room, students can get creative with what is around them.

"An easy thing to do is stairs," Murphy said. "You walk up and down for two or three minutes, you are going to feel that. Especially if you run up and down."

Murphy suggests using the bottom step of the stairs or a chair from the dorm room to do push-ups and dips.

Body weight exercises such as planks, push-ups, lunges and dips are recommended strength moves and do not require any equipment.

> 'The No. 1 reason people don't exercise is time. It's not that we don't have time because we do have time. It all comes down to time management and prioritizing exercise like you do with everything else in your schedule.'
> *—Allison Krich, kinesiology department associate*

"Put strength moves in with some cardio, like (jumping) jacks, and you have the total workout," Murphy said. "The best exercise combining cardio and strength in one is 'burpees' and squat thrusts."

Jumping rope is a killer cardio exercise and can be combined with strength exercises for a complete workout, Murphy said. She also suggests changing up your routine often and doing a variety of different exercises.

Murphy recommends doing interval workout circuits, for example: 10 to 20 squats, 10 to 20 push-ups, 10 lunges on each leg, a 30-second plank, 10 to 20 dips using a chair, a 20-second right side plank, a 20-second left side plank and 20 burpees.

This circuit can be repeated two to three times, with 60 second rests in between.

Murphy said some people may initially find the circuit difficult to complete.

She recommends beginners do fewer repetitions and take longer breaks if necessary.

"You always want to challenge yourself, but you never want to hurt yourself," Murphy said.

"Just because someone can do 50 push-ups, doesn't mean you can."

The University's cardio room offers treadmills, stationary bicycles and other cardio training machines that students are able to use if they want to expand their workouts outside of the dorm.

"I teach my students how to exercise wherever they are," Krich said. "There are a lot of places on campus, such as the track, the outdoor basketball courts over by Vista, you can use and the cardio room equipment."

Murphy stresses the importance of being well-rested. She said it is important to get at least eight hours of sleep each night.

"When you sleep, everything rebuilds and recharges. The less sleep you get, the tendency is to weigh more. When you weigh more, you are at greater risk for heart disease and diabetes."

The best motivation is to have a friend to workout with and be held accountable by someone, she said.

"Consistency is the biggest thing. If you get into a consistent routine, you are more likely to stick with it, than if you just do it randomly. If you do it regularly, it gets embedded in your schedule, and you get hooked on it." Krish said.

"You have to be the driving force. You have to be in that mental state that you want to do this," she added.

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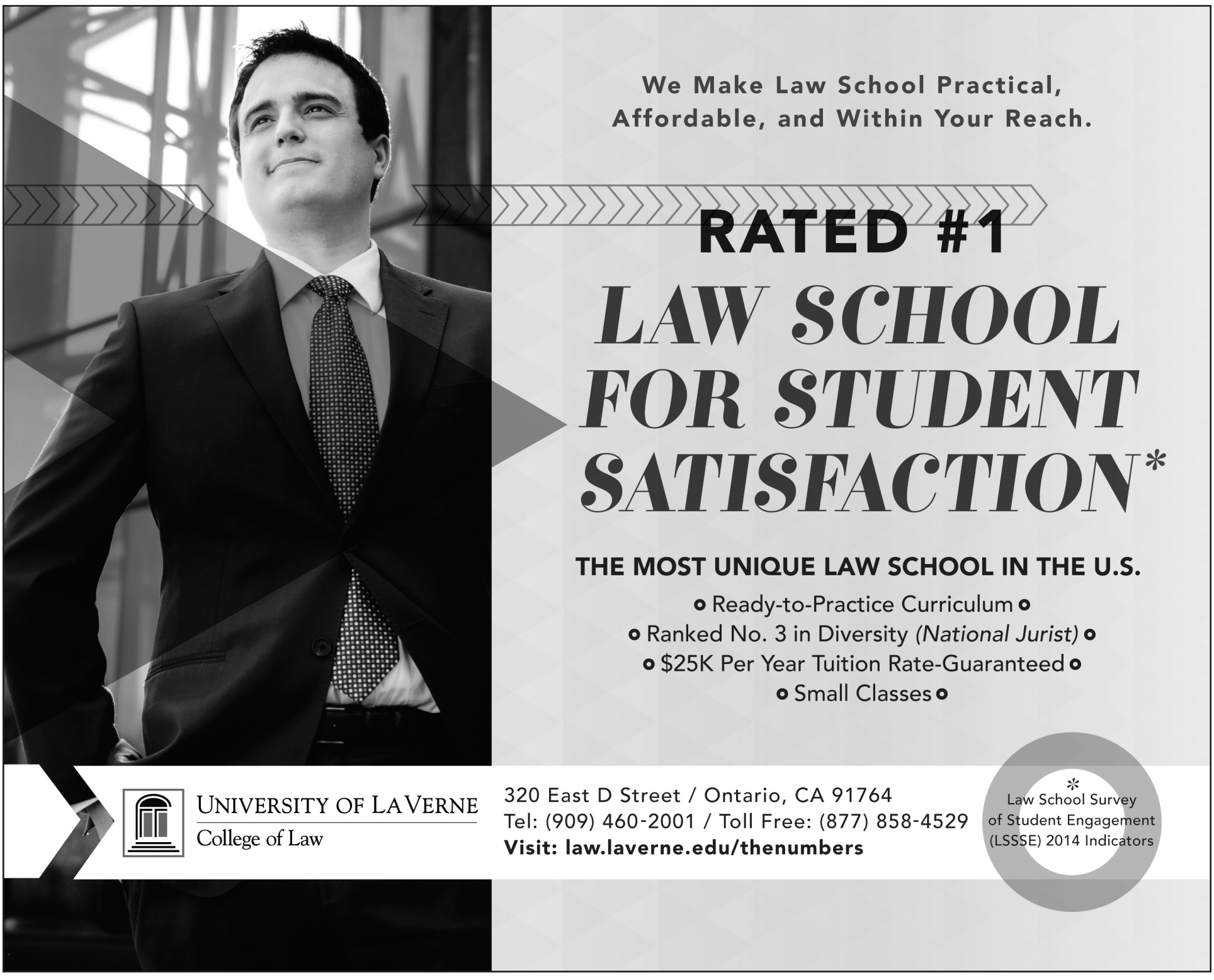
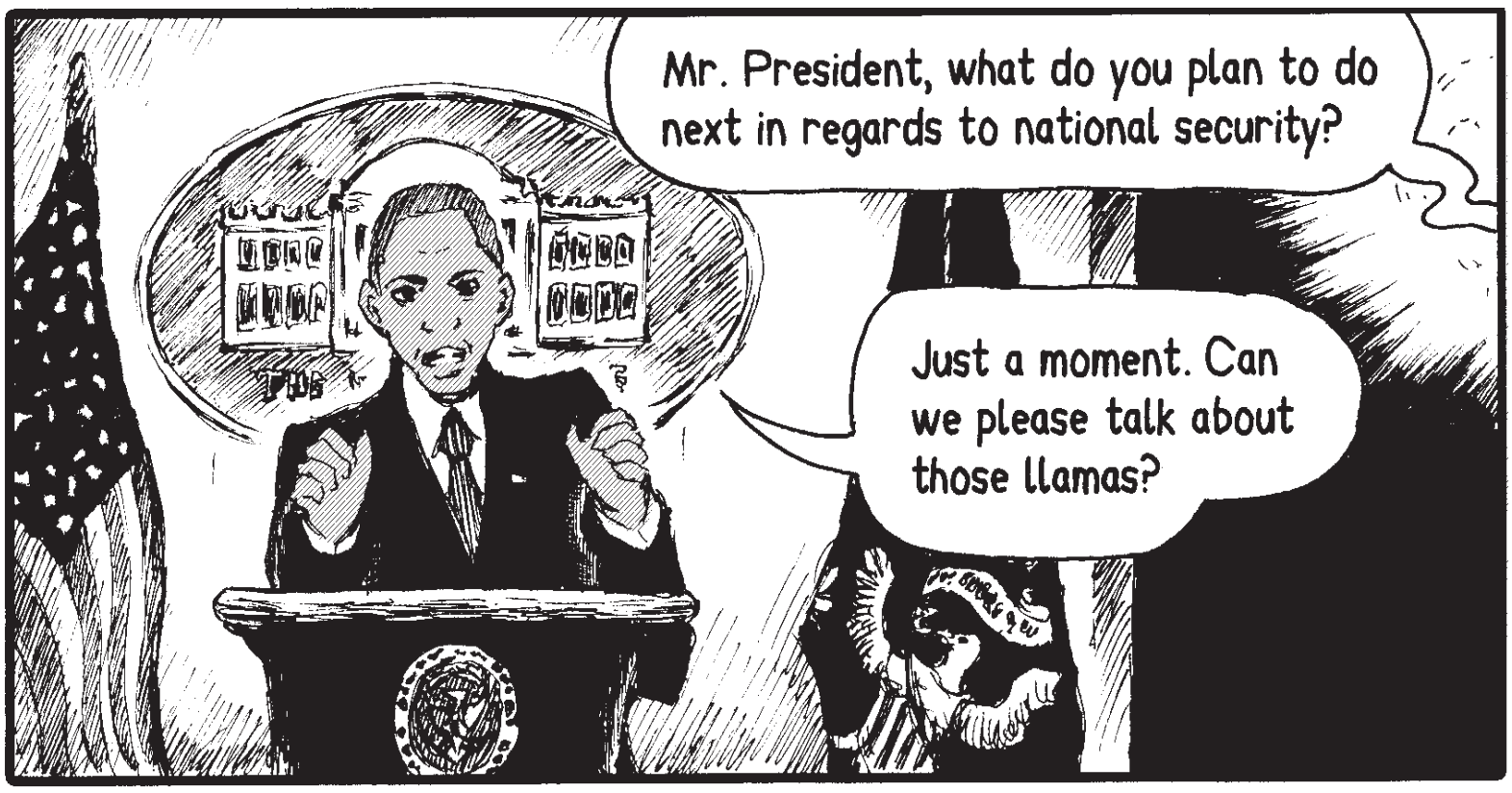


Foolish news overshadows real issues



Editorial cartoon by Jacob Bogdanoff and Des Delgadillo

What began as a slow news day quickly became an internet free for all a few weeks ago, after some llamas got loose and a dress left people baffled. But as much as the headlines proclaimed the "Alpacalypse" or "What color is this dress?" the real takeaway from the most recent media frenzy sees too much focus on the absurd and too little on substance.

After a pair of llamas escaped a trailer just outside of Phoenix, Arizona, they ran rampant not only through the streets of Arizona, but into the hearts of millions of people watching on television and online. Virtually every media outlet ran some kind of llama-related story that day, and it was not long before "Llama drama" memes stampeded through the mean streets of cyber space. It was, in a word, adorable.

But it was also entirely too much. Major media outlets like CNN appeared to spend entirely too much time trying to assemble witty llama puns and entirely too little time covering the possible Homeland Security shutdown. National media outlets should spend less time chasing llamas and more time chasing stories that matter, leaving the cute stuff to the Buzzfeeds of the world.

Llamas were quickly put on the back burner later that same day as a photo of a dress caught major traction online, igniting a passionate discussion about whether the dress is white and gold or black and blue. It was a colorful discourse where some friends became enemies and enemies became friends, including some pretty reputable news anchors.

"#TheDress" exploded the internet, but the FCC's net neutrality proposition—which basically saved the internet—went comparatively overlooked. Thankfully the FCC has decided to preserve net neutrality, which means we can expect more memes about llamas and threads about threads to keep cluttering our news feeds.

The trends in current media are both entertaining and frightening, with a set of priorities in need of more organizing than a teenager's bedroom. Feature stories like "The 30 best selfies this week" do not belong anywhere near CNN, yet there they are, turning a once reputable news site into something that resembles a middle schooler's Twitter account. There is a difference between stories that focus on human interest and insufferable clickbait that if unsupervised will eat away at how our generation respects real news.

Letters to the Editor

Dear Editor,

While I am sure it is well intended, a mandatory helmet law is not the answer to bicycle safety ("Liu urges reform for helmet law," March 6). This will only discourage riders from participating in a safe activity that has been getting safer over the years. Cycling accidents in California are down 42 percent since 2000.

"The evidence shows that mandatory helmet laws make the streets less safe for people on bicycles — and for everyone — by discouraging bicycling," says the California Bicycle Coalition. The mission of the California Bicycle Coalition is to promote health and safety for all cyclists. They promote the use of helmets in competitions and believe amateur racers should wear protective gear as well. While this may be a good option for competitive riders, casual riders will choose other means of transportation. This will lead to more of a sedentary lifestyle which we know is a terrible health risk.

There are plenty of other ways to ensure the safety of bicyclists that will not discourage riding. LVPD cites 15 to 20 percent of all accidents in La Verne involve a bicycle. Could that have anything to do with the lack of delineated bicycle lanes in our great city? Many California cities are not only creating painted bike lanes to promote riding, they are creating bike lanes that are separated from traffic by planters or curbs. Speed limits for cyclists is another measure that could be enforced. The biggest boost to rider safety is an understating between motorists and cyclists. With less bicycles on the road, it will weaken that bridge of understanding that has been built over the years.

At first glance, mandatory helmets sound like a great idea. However, this is a simplistic answer to a much more complicated problem. To truly promote bicycling and bicycle safety, we need to enact legislation that will make a real difference. While wearing a helmet may reduce your risk of serious injury, taking measures to make sure nobody is hit by a car is a much better solution. Thank you.

John J Gilmore
Administrative Aide
College of Education and Organizational Leadership

Dear Editor,

After reading last week's issue and the article and editorial about the tuition increases ("ASULV pushes for affordable tuition" and "Resolution pushes student agenda," March 6), I wanted to remind students that the Office of Financial Aid is more than willing to go over financial aid packages, options and scholarships whenever needed. I also want to emphasize that this year the University has given out more scholarships than in previous years and more than $42 million is budgeted for financial aid for students in 2015-16. Currently my office is also researching what our students need when working out how funding is distributed across our student body. This progress addresses the concerns raised in the CT article and editorial. We encourage students to speak their minds and concerns, but be assured – work is being done.

Diane Anchundia
Director of Financial Aid

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and are due by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel. Letters may be sent to **ctimes@laverne.edu**.

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Leos pounce over Bombers in split

Chris McMahon
Staff Writer



Sara Flores

At the top of the fifth inning, La Verne senior shortstop Danielle Vela throws out Ithaca freshman second baseman Allie Colleran at second base and tries to turn the double play in game one of the doubleheader. The Leopards fell short, 4-2, in game one, but came back to detonate the Bombers, 7-1, in game two, Monday at Campus West.

The softball team split with Ithaca College of New York Monday at Campus West.

Ithaca took game one, 4-2, but La Verne came back to take game two, 7-1.

"We made some good defensive plays," head coach Julie Smith said. "We didn't give them anything like we gave them in the first game."

In game one, both teams were on fire offensively, but Ithaca got on the board first.

In the top of the second inning, senior right fielder Nina Lindberg hit a single to center field, scoring junior centerfielder Erin McQuillan from third.

Sophomore outfielder Jessie Fleck then grounded out to first, giving Smith enough time to score from third to make it 2-0.

The Leopards responded in the bottom of the second, when senior left outfielder BreeAnna De La Rosa hit a solo homer to left field, 2-1.

De La Rosa went 1-for-3 with a home run.

Ithaca scored right back in the top of the third, after McQuillan hit a sacrifice bunt, scoring freshman second baseman Allie Colleran, extending the lead, 3-1.

Smith again hit a single into left field to score junior first baseman Casey Gavin to extend the score, 4-1.

"It takes us a lot longer than what it should (to get runs) and we need to flip-flop and come out hard through the whole game," senior shortstop Rebecca Ireland said.

The Leopards attempted to rally in the bottom of the fourth when freshman catcher Angelica Deangelo scored junior designated hitter Katy Kibbe on a double to right center field, making the score, 4-2.

Deangelo went 1-for-3 with an RBI.

Neither team scored in the final three innings, as the La Verne offense only managed three hits.

No batter for La Verne had more than one hit and the middle of the line-up in particular struggled.

"Those three (the three, four and five hitters in the line-up) need to be on fire all the time," Smith said.

Junior pitcher Lyndsay Godwin, who made her first start of the season, allowed four earned runs and was replaced after three innings.

"It wasn't completely on her, it was stuff that we were giving them," Smith said.

Game two turned out to be more favorable for the Leopards' offense.

Sophomore first baseman Alexis Schiff hit two home runs, a two-run homer in the third and a solo shot in the fifth, to help La Verne win game two, 7-1.

"In the first game, I was disappointed in my performance because I knew I could of done better, so in the second game I just let loose," Schiff said.

Schiff went 3-for-3 with two home runs and three RBIs.

Kibbe went 1-for-3 with two RBIs.

Sophomore pitcher Haley Jaquess also had a solid outing in game two, as she allowed only three hits and one earned run, a solo homer in the seventh, to earn her third victory of the season.

The team is now 10-10 overall with a 5-5 conference record, placing fourth in the Southern California Intercollegiate Athletic Conference standings.

"I don't believe we are a .500 team, but that's our journey," Smith said.

The Leopards will be back in action starting at noon Saturday as they face the Chapman Panthers at Campus West.

Chris McMahon can be reached at ***christopher.mcmahon@laverne.edu.***

University of La Verne
Academic Advising Office, Woody Hall

TRADITIONAL UNDERGRADUATES:

Fall 2015 ADVISING Starts on MARCH 30;

REGISTRATION Opens on APRIL 21, 2015.

REMINDERS:

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2. *Mark your calendar. Take note of KEY DATES. You can check MyLaVerne to determine your registration appointment day & time.*
3. *Schedule an appointment with your academic advisor in advance of your registration appointment. Many academic advisors have online calendars at advising.laverne.edu. Only your advisor can provide your AAC (Academic Advising Code) for registration access. Each semester a new AAC is issued.*
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Baier steps in new direction at ULV

Hal Hargrave
Staff Writer

Brent Baier, now a former assistant coach for the football team, is stepping away from the game he loves to be a part of the admissions office on campus at La Verne.

Working in the undergraduate admissions office was a wonderful way for Baier to reach the masses on campus and change more lives. But it certainly was not an easy decision for him to make.

"When I heard that one of the other admissions counselors had moved on, I had inquired about the position," Baier said.

"I'm thrilled and excited to be a part of the admissions staff here. Over the past four years while doing recruiting for the football program, I got to foster and cultivate a lot of great relationships with the folks in the admissions department," he said.

Baier believes that his new position will allow him to help be a bridge and a liaison between the various departments on campus.

"Being a part of the communication among all the departments is something that I really feel as if I can provide now in the position that I am in," Baier said.

"I have now got the chance to leave a mark at La Verne and help the University from a much larger standpoint and I think that it is going to be a lot of fun," he said.

The decision did not come easy for Baier however, being that football is a sport that he has been involved with for the better part of his life and coached for the last 11 years.

"I had an incredible time mentoring and being a part of the young men's life within our football team, but to be involved with the University on

Continued on page 11

Baseball...

Continued from page 1

and did not give up a run.

Jebbia went 2-for-3 at the plate.

Though the Leopards held the lead, they struggled the rest of the game, allowing the Poets to score five runs.

"We let them come back into the game," junior first baseman Daniel McDonnell said. "I still feel like we did a good job though, limiting them to only five runs."

Even with those runs, it was not enough to catch up to the Leopards, resulting in a 12-5 win.

In the first game Friday, the Leopards were trailing to the Poets 4-0, until White hit a single with bases loaded in the eighth inning, giving the Leopards the drive to score in the rest of the game.

La Verne managed to get the win when Henley was able to score Douglas, followed by a single through the middle by White to score sophomore left outfielder Ashton Edior, 6-5.

Junior pitcher Brett Early pitched into the ninth inning in the first game Saturday and only gave up ten hits, nine strikeouts and did not give up a walk against the Poets.

"It took him eight innings to keep the lead," Winterburn said. "He really did a great job for us, and was a bright spot for us through out the game."

In game two, La Verne trailed 2-1, but managed to take the lead in the eighth inning, with a double by Henley to score Thomas, 3-2.

Edior closed it out with a walk, scoring Henley, 4-2.

The Leopards take on the Pomona-Pitzer Sagehens at 3 p.m. Friday at Ben Hines Field.

Lauren Crumbaker can be reached at ***lauren.crumbaker@laverne.edu***.



Bailey Maguire

At the bottom of the second inning, sophomore second baseman Andrew Douglas attempts to steal second base in game two of a doubleheader against the Whittier Poets Saturday. Douglas safely returned to first, after beating out Whittier freshman first baseman Charlie Mayfield. The Leopards swept Whittier, 6-5, Friday and 4-2, 12-5, Saturday at Ben Hines Field.

Baier...

Continued from page 10

a larger level was an opportunity that I could not pass up," Baier said. "But right now in my life with raising a young child, it's important for me to find that balance, where I can make my way home more often to be alongside my daughter and wife."

The decision for Baier to be with his family more often is even widely respected by his former players.

"Baier is a true player's coach and a guy that we can all relate to and have fun with and have a good balance of playing and coaching," junior running back Travis Sparks-Jackson said.

"We have been talking a lot as a team of what our core values are and for him, his family was valuable to him and you have to respect him for that, even as much as I want to be selfish and have him there for me and the team," he said.

Coaching for Baier started at crosstown rival, Claremont-Mudd-Scripps, where he coached for five years. Then Baier went to coach quarterbacks at the University of Idaho for one season.

Steve Axman, the offense of coordinator at Idaho at the time he was there, had a connection with UCLA head coach Rick Neuheisel. Axman got Baier an interview with Neuheisel and offensive coordinator Norm Chow and Baier received an offer as an intern for UCLA football following the interview. Baier had also received a full-time coaching job at La Verne during this time.

Baier ultimately decided to come and coach at La Verne.

"Being a full-time coach definitely seemed like the right decision at the time and in my mind has remained the best decision I've made because I was able to compile five memorable years here," Baier said.

"Now I am jumping into a new path that seems like it will be great as well," he said.

During his five years as a coach for the Leopards, he served as equipment manager, recruiting coordinator and a quarterback coach, which is what he is most commonly known for.

"It is a huge loss," junior quarterback William Livingston said. "He knew a ton about the offense and helped install a lot of our offensive identity, so we are losing another great mind on our staff."

In 2014, La Verne fielded one of the most prolific offenses in program history.

The Leopards ranked 24th in the nation in total offense (472.2 yards per game) and 30th in passing (283.0).

"It is unfortunate because I transferred to La Verne after not seeing eye-to-eye with some of my coaches and it took me a while to open up to Baier and trust him like I do now," Livingston said. "He is like a father figure to me on campus and on the field with always looking out for me, so it makes it tough."

Livingston set the school record in passing touchdowns in a game with seven against Whitworth Sept. 20, 2014.

Baier was a big catalyst to Sparks-Jackson developing into an all-conference player.

"He really got me going with my confidence and reassured me that I was the workhorse for the team, but when I got my shot I needed to excel and execute," Sparks-Jackson said.

"As a team we have to fight adversity, which goes for any team that has ever been good before. There is no doubt other drastic things will happen again next season that we will have to fight through, like players getting hurt or not being able to play and those situations are no different than Baier stepping down," he said.

Baier wants to stay connected to the football team in every way possible and mentor the players in any way if they have questions.

Ranging on questions about academics, financial aid, admissions, grad school or any of the other things, Baier will be there.

"I have had the great opportunity to work with some great colleagues and friends, great young men and women at the university, namely in the athletics department, and if I can help those individuals reach their goals and heights that they want to achieve, then this was all for a great reason," Baier said.

Baier hopes that at some point in his life that he can be back on the sidelines again in a coaching uniform.

"I've been a part of football for the better years of my life and it's not what I do, but merely who I am," Baier said.

"It's unfortunate with this new opportunity that football will not be a part of my life on such a drastic level, but with my new opportunity allowing me to be with my family more, I am forever grateful that the admissions department has accepted me with open arms," he said.

Hal Hargrave can be reached at ***hallett.hargrave@laverne.edu***.

Leopard Scoreboard

At the Buzzer

Baseball, March 7
La Verne – 12
Whittier – 5

Softball, March 9
La Verne – 7
Ithaca – 1

Women's Water Polo, March 11
La Verne – 15
Penn State –Behrend – 2

Schedule

Friday
Track and field @ Oxy Distance Carnival and Sprints Festival, 10 a.m.
Golf, Jekyll Island Invitational @ Pine Lakes, Myrtle Beach, 11 a.m.
Baseball vs. Pomona-Pitzer, 3 p.m.

Saturday
Track and field, NCAA Indoor National Championships @ Winston-Salem, North Carolina, 10 a.m.
Golf, Jekyll Island Invitation @ Pine Lakes, Myrtle Beach, 11 a.m.
Baseball @ Pomona-Pitzer, 11 a.m.
Softball vs. Chapman, noon

Baseball Standings

	SCIAC	Overall
Cal Lutheran	8-1	13-1
Pomona-Pitzer	8-1	13-3
La Verne	**10-2**	**11-5**
Occidental	9-3	11-4
Redlands	7-5	10-5
Chapman	5-4	7-5
Whittier	1-8	3-14
CMS	0-12	1-18
Caltech	0-12	0-15

Water polo drowns in tournament

Women fall to top teams



Jerri White

La Verne senior defenders Amber Tardif and Jacqueline Rojas protect their goal against Sonoma State in game two of the Claremont Convergence Tournament at Haldeman Pool Friday. The Leopards had the lead, 4-3, with 6:35 left in the second period. The Seawolves took the lead in the third period leading the game, 5-4, eventually winning, 12-7.

Jolene Nacapuy
Sports Editor

The women's water polo team did not score in the third quarter, as it suffered a 17-4 loss to UC San Diego in the fourth game of the Claremont Convergence Tournament Saturday at Haldeman Pool.

The tournament included top teams and La Verne came out winning one out of four games.

"UC San Diego is a very strong Division I team, they're fully funded and they get to train year round," head coach William Rodriguez said. "It was a tough loss, however, there's still things we need to work on and we look to improve on these things before the end of the season."

The Leopards scored first on a 6-on-5 opportunity, as junior center Catie Tuning found junior attacker Lora Marquez-Salgado open for a shot, 1-0.

The Tritons answered right back as junior attacker Julia Kirkland made in a shot past freshman goalkeeper Hailey Westwood to tie the game at one.

UCSD continued to shoot past La Verne, taking a 4-1 lead midway through the first.

With less than a minute left, junior defender Kendrea New scored for the Leopards to cut the deficit in half, 4-2, but UCSD answered right back with a rebound shot made by sophomore center Lauren Boyer.

"We need to start strong and end stronger," sophomore center Megan Little said. "But we're definitely getting better."

The Tritons scored three goals in the first two minutes of the game by Boyer, junior attacker Laurel Kistler and freshman defender Kayla Fedler, 8-2.

Midway through the first half of the game, Little found an opening and scored past UCSD defenders, 8-3.

This was the only goal for the Leopards in second quarter of the game.

La Verne senior defender Jacqueline Rojas, Marquez-Salgado and Little attempted to make goals, but failed to do so.

"Offense needs improvement, we have to get some goals in and defensively we need to be faster," Little said.

Entering the second half of the game, down 9-3, both teams battled to shoot on first possession.

Midway through the third, UCSD managed to get in double digits after a score from junior attacker Emma Sasson, 10-3.

Back-to-back shots by the Tritons allowed them to take control of the game.

La Verne found themselves in a battle, as the Tritons held the Leopards from scoring and were in the lead, 13-3, heading into the final quarter of the game.

To start the fourth, senior attacker Andie Nishimi scores with an assist by sophomore attacker Connie Wu, 14-3, with 7:36 on the clock.

The Tritons continued to execute over the struggling Leopards and dominated the quarter once again.

With 4:20 left in the game, Fedler scores with an assist by senior attacker Jolene Guiliana, 17-3.

The Leopards managed to score one more time in the game from Little, with an assist by senior defender Sarah Jefferis, 17-4.

La Verne rushed to get up on the board to cut the score a little closer, but fell short of doing so, resulting in the loss.

"Just thinking of how they're completely funded and they practice all year round, I'm really proud of how we did and how we kept up with them for a while," Jefferis said. "It's just like little things that we have to work on to be able to compete at a higher level."

The team defeated Caltech in the first game of the tournament, 16-5.

"It was good, we got our first win of the year and we had a really good game in our second game, despite the results," Rodriguez said.

Later that day, the Leopards could not hold the fire, as they lost, 12-7, to Sonoma State.

In the third game, the team lost, 11-8, to Concordia.

"We beat Caltech, but we could've beat Concordia but just one quarter completely took it away for us but we did extremely well," Jefferis said.

The Leopards dominated Penn State–Behrend Wednesday at the La Verne Aquatics Center, 15-2.

"We need to improve on definitely conditioning," Rodriguez said. "We have to get a little quicker and we got to be able to last and play intense. Not two quarters but four quarters."

The team is 2-7 overall on the season and have not yet begun Southern California Intercollegiate Athletic Conference play.

"I feel like we're gonna go up so it's good to hear and good to see our improvements throughout the season as it progresses," Jefferis said.

The team will face St. Francis of New York at 11 a.m. Monday at La Verne Aquatics Center.

Jolene Nacapuy can be reached at ***jolene.nacapuy@laverne.edu.***

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