Campus Times

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Mental Health Matters

Laws aim to reform mental health care

Elizabeth Ortiz
Health Editor

During her spring break as a college freshman at the University of Pittsburgh, Helen Arase was diagnosed with bipolar disorder. Arase's mother, who also struggles with bipolar disorder, realized her daughter was showing symptoms associated with a manic episode and decided to take Arase to see a psychiatrist.

Arase's manic episodes began in her second semester of college. She said it began when she started suffering from bouts of deep depression. Her symptoms started to escalate, and Arase often found herself staying awake for 36-hour periods and then sleeping for 21-hour periods. Eventually, she withdrew from her classes. She said she felt invincible and did not believe her actions had consequences.

When Arase's mother noticed the symptoms in 2010, she asked her 18-year-old daughter to join her for lunch, but instead took Arase to a psychiatrist.

"I didn't want to go (to the psychiatrist), and I didn't want to take medicine. I was out of my mind manic. It probably ruined the last days of my spring break, but in retrospect, it was probably one of the best things (my mom) could've done for me," Arase said.

Arase's mother knew that Arase would refuse to seek treatment on her own, so she lied to get her daughter the help she needed. The psychiatrist confirmed Arase was one of the 5.7 million Americans who suffer from bipolar disorder.

In addition to struggling with bipolar disorder, which caused mood swings and depression, Arase, now 24 and a senior photojournalism major at the University of La Verne, still deals with the hardships of medical costs and the stigma that are a part of coping with a mental health problem.

"Recently, I tried to seek out a therapist. I reconnected with the therapist I saw in high school. She's my dream therapist, who I have a connection to. I asked her what her rates were and what insurance she takes, and she didn't take my insurance. If you aren't covered under insurance, it's too expensive to pay for on your own," Arase said.

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Research connects campus community

Brooke Grasso
Staff Writer

University of La Verne students and faculty showcased their creative and scholarly work May 8 in the Campus Center Ballrooms for Faculty Research Day.

The event was originally created by Al Clark, professor of humanities, for faculty to share the research that they had been working on.

"Different perspectives have the ability of formulating, reformulating and advancing research," Clark said.

Clark said that he experienced one of his own projects being pushed forward in a direction he had not imagined after being inspired someone else's research.

"This a time for sharing," he said.

Research day also was an opportunity for seniors to present their senior projects as the year comes to a close.

Senior biology major Bradley Blackshire collaborated with Biology Professor Jerome Garcia on a research project concerning a mechanism for understanding the aging of cells.

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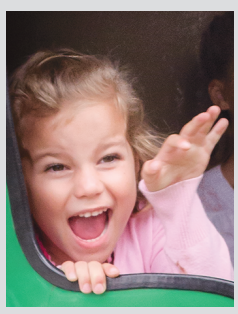
Inside The Campus Times



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Nature's future firefighter



Daniel Torres

Timothy Amerson inspects a 2-day-old goat near Marshall Canyon in La Verne on Tuesday. Amerson, who is employed by the La Verne Land Conservancy, is working with more than 100 goats and sheep to clear dry brush near homes in the La Verne foothills. They've already cleared nine acres. Amerson's job involves caring for the animals, keeping them safe from predators, and making sure they don't wander away. **See story on page 3.**

Baseball tops No. 1 UT Tyler

Early shuts out Patriots

Kat Simonelli
Editor in Chief

The University of La Verne baseball team came out on top against the No. 1 seeded Texas-Tyler Patriots Wednesday, winning its first game of the NCAA Division III Regional Tournament, 2-0.

"I think it was big to get the first game out of our way and get a little bit of momentum going coming into this tournament," assistant coach Jason Munoz said. "I think it was a good statement for us to beat the No. 1 team."

The Leopards were ranked in the last seed going into the tournament.

"Now we're in the winners' bracket instead of the losers' bracket," junior first baseman Ben White said. "It's good to show everyone here that even though were a lower seed in the tournament we can still play baseball, we can beat anybody."

Junior pitcher Brett Early earned the win and pitched eight shutout innings, walking one batter and striking out four. Freshman pitcher Nick Byrd was then brought in to close out the game in the ninth.

"It was nice to get a shutout and let Byrd come in and shut the door," Early said. "I just keep doing my thing and I know if I throw strikes I have a good chance of getting outs."

After a scoreless first inning, the Leopards were able to get on the board in the bottom of the second.

Senior left fielder Mark Jebbia led off the inning with a double down the right field line and third baseman Jared Hovsepian then singled to left field, bringing Jebbia home.

"I was just looking for my pitch in my location and I got it and I just took a good hack and we scored, so it was a good feeling," Hovsepian said.

Though the Leopards were in the lead, they struggled at the plate. The team tallied only six hits in all nine innings.

"Pitching wise and defen-

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Ghazzawi takes on religious diversity

Deonah Cendejas
Staff Writer

Professor of Management Issam Ghazzawi delved into cultural and religious diversity and the lack of understanding and expertise within managerial functions in his faculty lecture Monday in the President's Dining Room.

He specifically discussed the 2008 issue between Muslim Somali employees and Catholic Latino employees at JBS S.A., the largest meat packing company in the world, located in Nebraska and with headquarters in Brazil.

The main issue between the Latinos and Somalis, as Ghazzawi explained, was misunderstanding.

"Many companies are struggling with diversity because they are not used to it and do not have an understanding of different people's beliefs, cultures or identities," Ghazzawi said.

"The (JBS S.A.) management did not have the expertise to deal with the different backgrounds, colors or religions."

In September 2008, the Somalis demanded time for prayer and dinner during their holy month of Ramadan.

JBS S.A. agreed to accommodate them, however, the Latinos felt that management was favoring the Muslims and protested for two days.

This issue may have been avoided if management received proper training of cultural understanding and extended this knowledge to their employees, since the key to the sustainability of diversity is to celebrate multiculturalism, Ghazzawi said.

"As your workforce changes in a short period of time, you can have major cultural problems arise," said Jim Irwin, assistant vice president for treasury and budget and adjunct professor of the College of Business.

"It's really fascinating that there's an international company from Brazil, because (for) being an international company, you would think they have training and procedures for different cultures and backgrounds."

However, as Ghazzawi said, the management at JBS S.A. attained no sense of multiculturalism or diversity.

Faculty then questioned if the University of La Verne itself obtains an understanding concerning different backgrounds and cultures.

Irwin explained that after working for the University for the past eight years, he was never trained on how to deal with the customs of different employees.

For example, a fellow employee at the University was Muslim, and he would miss certain office events for religious practices.

"People can perceive him as not having good spirit, when all he was doing was just following his religious belief," Irwin said.

"One small thing we can do is educate faculty and staff."

The University has implemented school policies between students and faculty members that allow for communication and understanding of religious practices.



Jerri White

Professor of Management Issam Ghazzawi entertains a full house for his lecture "The Coin Has Two Faces: Differences That Matter" Monday in the President's Dining Room. He talked about a case study that covers issues that arose because of the religious differences among the immigrant employees at JBS S.A., an international meat packing company.

"The religious accommodation policy creates space for students to talk with their faculty about a day that will be excused for religion," said University Chaplain Zandra Wagoner.

"It allows faculty to be creative in making a plan with the student to make it work. Diversity work is lifelong work, and whatever we can do at the community level to educate ourselves will make our work place a better environment."

Though this religious policy between students and staff is a step in the right direction, the main issue brought forward preceeding the lecture by several faculty members, like Irwin, is if the acceptance, understanding and sustainability of diversity and multiculturalism among faculty members themselves at the University is adequately implemented.

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New business programs receive approval

Cody Luk
LV Life Editor

The University's doctorate in business administration program, and its masters of science in leadership and management online program, were recently approved by the Western Association of Schools and Colleges to start in the fall 2015 semester.

Both programs were passed from the faculty senate to Provost Jonathan Reed and President Devorah Lieberman and finally WASC.

The DBA program is a four-year program designed to fit working professionals with at least five years of experience, such as business consultants, executives and professors.

It currently received interim approval, with full approval pending. The degree requirements consist of 54 semester hours and a dissertation.

Mehdi Beheshtian Ardakani, professor of decision sciences, was appointed by Dean of the College of Business and Public Management Abe Helou as the director of the DBA program. Beheshtian Ardakani has been involved with the program since 2004.

"This is a program a lot of executives and professors want to take to gain more experience to do their job right," Beheshtian Ardakani said. "That's the type of student we're looking for."

Faculty members are the core behind the implementation of the new programs.

"The faculty decides in the College of Business and Public Management," said Rita Thakur, associate dean of College of Business and Public Management. "They had a vision for it, and they worked with the design. Responsibility always goes to faculty; administrators guide them. It's faculty that makes the decision."

The idea for the DBA program has been around for 10 years, and faculty members have been actively deciding on it for three years, Thakur said.

Many ULV students and professors have expressed desire to study for a DBA, Thakur said. However, there is currently only one WASC-approved DBA program in Southern California at the University of Southern California.

"I really strongly believe this is a program that is going to fill the need that people have," Thakur said. "With this program, it would help (the students) with consulting in organizations and viewing the organization from another perspective in order to see the world with different eyes and in a different manner. The idea is not to see the world in one perspective."

The purpose of the DBA program is to teach how different parts of an organization are all connected, and every decision has potential to cause a chain reaction. For example, one decision may affect the management information system, finance and the future strategy of a company. The program will also focus on forecasting the future.

The masters of science in leadership and management online program requires 33 semester hours of coursework, and its target students are working professionals wanting to improve their leadership and management skills.

"Masters of science in leadership and management has been very, very popular, because that program is basically concentrating on the human side and the management side of the organization," Thakur said. "(The program is about) how do you get the best out of people, how to communicate and lead people better, how to use resources better and how do you plan with inclusion of people."

The online program is the fourth such program for the College of Business and Public Management, currently the only school in ULV available entirely online. The first online program was started over 20 years ago.

Thakur previously taught in the online La Verne MBA program. She enjoyed it because many students were from different countries around the world.

"When you have an online program, you can reach a larger audience of students," Thakur said.

At first, she was hesitant to teach virtually, but after trying it, she found many benefits not present in traditional classes.

"With the online programs, there are different dynamics, but everyone can speak, even the shy people," Thakur said. "In person, only a few people can participate."

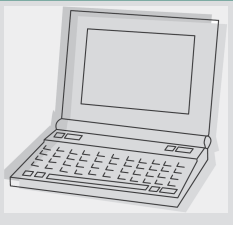
Greig Locker, senior adjunct

Continued on page 8

Corrections

The Campus Times is committed to accuracy. When we make mistakes, however, it is our policy to correct them as soon as they are brought to our attention. If you find a mistake in the Campus Times, please let us know at ***ctimes@laverne.edu***.

Web Edition



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Teams raise funds to fight cancer

Michaela Bulkley
Staff Writer



Jolene Nacapuy

Callie Thomason, 3, gets her face painted as a fairy princess by Penelope the Clown during Relay For Life Saturday at Claremont High School. Penelope was a part of Team Stillwell, participating for a second year. The team was formed by University of La Verne employees in memory of former Director of Special Projects, Judith Stillwell, who died of brain cancer in 2014.

Hundreds of marchers braved the cold and raised approximately $45,000 for Relay for Life Saturday and Sunday at Claremont High School.

Though attendance at the 24-hour fundraising event felt smaller as the day got colder, 30 teams and 405 participants attended to raise money to fight against cancer.

Participants raised other funds during the relay by buying raffle tickets and participating in other activities.

"We got to hear the stories and perspectives of the survivors," sophomore psychology major Marvin Tapia said.

"It gave me a new perspective on how these people live and feel, and how they try to feel more positive about their lives."

Team Stillwell had 37 members and was the team that raised the most money of approximately $7,234.

Debbie Deacy, director of purchasing and procurement at the University and one of the team captains, raised $1,000, the most money on the team. At the event, the team raised $750.

President Devorah Lieberman donated $200 at the event Sunday morning.

Team Stillwell was formed by University of La Verne employees in memory of Judi Stillwell, who died of brain cancer in 2014, after being diagnosed in 2013.

This is the second year Team Stillwell has participated and members raised approximately $18,000 at Relay for Life 2014.

This year their goal was $10,000.

"It's heart warming, it's encouraging, it's sad, it's reflective, it's a wonderful experience for a great cause," Deacy said.

There were activities every hour, such as karaoke, dodgeball and the Cupid Shuffle.

The laps from 1 a.m. to 7 a.m. were all themed, such as a school pride lap, crazy hair lap and dance party lap.

Other University of La Verne teams participated in the event, including Phi Delta Theta, Phi Sigma Sigma, Kinesiology Club, Model United Nations and Alpha Omicron Pi, First Generation Club and Latino Student Forum.

"I walked 20 miles," senior English major Ben Gilmore said. "I wanted to walk 24 miles in 24 hours, but I got sick."

Every year, the Relay for Life changes locations between Claremont High School and the University of La Verne.

This year the theme was "Relay Around the World." Flags of the world were placed around the track and booths had themes representing different places of the world.

"It brings awareness, support and fundraising, anything to bring more awareness," junior athletic training major Nick Solomon said.

Claremont Colleges Library was the individual to raise the most money and raised $2,810 for the team Claremont University Consortium, which raised $4,658.

Participants received free meals provided by local restaurants.

Relay for Life is sponsored by the American Cancer Society and is the world's largest fundraiser to fight against cancer.

"This is such an important cause; my grandfather recently got diagnosed with pancreatic cancer, but all my grandparents had cancer," Relay for Life Experience Lead and ULV alumna Veronica Sepulveda said. "It's to show support and community and show that together we can fight back against cancer."

Michaela Bulkley can be reached at ***michaela.bulkley@laverne.edu***.

La Verne avoids brush fires with goats, sheep

Sierra Dasher
Staff Writer

The city of La Verne is currently using goats and sheep for brush clearance in an open lot at the top of Wheeler Avenue, rather than the harsher method of mechanical disking.

La Verne decided to choose a more environmentally friendly process for brush fire prevention in the lot and brought in a herd of goats and sheep to maintain the weeds.

"They used to disk it with the machines, but the people didn't like the dust and it's a fire hazard," said Timothy Amerson, on-site manager.

"It could hit a rock or a piece of metal and start a fire."

The La Verne Land Conservancy has been working with La Verne to help preserve the remaining open spaces around the city and hopes to eventually open them up for public use, LVLC President Kathy Winsor said.

The city paired up with the Firestone Boy Scout Reservation and brought in 160 goats and more than 30 sheep to help control the weeds, Amerson said.

Amerson has been working as an on-site manager and has been handling the goats and sheep for about five months.

He said he has seen a positive difference in land maintenance when the goats and sheep are able to help preserve it.

The animals are able to eat and stomp down all the weeds in the area, so if a fire were to come through, there would be less for it to consume, Amerson said.

Due to the lack of nutrition in the weeds, the goats and sheep are provided with mineral buckets and water, and two dogs help guard them from coyotes and other wildlife, Amerson said.

Winsor wished the goats and sheep were able to come in early March, rather than late April, because all the weeds have dried up and the goats are less inclined to eat them.

The LVLC hopes to work with La Verne in the future to help open up the land to passive recreation, such as hiking, biking and horseback riding, Winsor said.

"(La Verne) has earmarked some funds for this next fiscal year to reinvigorate that process and start looking at hopefully opening it up for some recreational opportunities," she said.

In 2007, the LVLC worked with La Verne to help create a management plan for developing the open space.

However, due to the economy downturn that year, the plan was put on hold because of the lack of funding.

Winsor would like the city to see it as more than a weed-filled lot and start looking at the opportunities of what the space can be for the residents of La Verne.

Corenne Hall, sophomore psychology major, frequents various hiking trails in the local area, such as Marshall Canyon and the Claremont Loop.

"I think it's a great idea to open up a new trail because you get a new location and scenery, and it helps get more people active and out enjoying the scenery," she said.

The goats are a step in the right direction toward creating that space.

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Families enjoy carnival fun at OLA



Alexandra Arkley

Charolotte Gambino, accompanied by friend Payton Diecidue and her sister Isabella, waves to her family as they whirl around on a traditional spinning carnival ride Saturday. Families enjoyed rides and games Friday, Thursday and Friday at the 68th annual Our Lady of the Assumption Fiesta in Claremont. The fiesta brings more than 15,000 community members together for family fun, while raising money for the church's ministries and outreach programs. Along with food and rides, the fiesta has live music and is free to the public.

Kayla Hockman
Staff Writer

Carnival rides, international food, live entertainment and bingo games filled Claremont's Our Lady of the Assumption Catholic Church grounds Friday, Saturday and Sunday at the 68th annual OLA Fiesta.

"There's something special about the OLA Fiesta compared to other local Catholic churches and schools," OLA Principal Bernadette Boyle said.

"We have a good thing going here and people like it."

All of the money raised benefits the church ministries and community outreach.

The event attracted 15,000 people for three days of carnival fun for all ages during Mother's Day weekend.

"It grows bigger and better every year," Boyle said.

"The OLA Fiesta has become one of the biggest events in Claremont."

Local community members and OLA Catholic Church children enjoyed the festival with their families.

The event featured four bands throughout the weekend. The Ravelers, a classic rock band for all ages, took the stage Friday night.

The Falconers: OLA's Own and The ACE Band performed on Saturday.

The festival concluded with The Way Back Machine and Sgt. Peppers Beatles Tribute Band.

"The bands are always my favorite portion of the event," Pomona resident Gina Gonzalez said. "It gets everyone dancing and is fun for the whole family."

The weekend-long carnival also included a wide variety of traditional favorites by OLA volunteers.

The international cuisine included hamburgers, hot dogs, teriyaki bowls, Vietnamese delicacies, tacos, homemade desserts and other carnival favorites.

"We've been participants for about 16 years, and this is our fifth year volunteering," volunteer and Claremont resident Monica Lee said.

"I love that I get to have my family with me for Mother's Day weekend instead of just Mother's Day."

OLA Fiesta incorporates numerous volunteers and donors to make the weekend free for the public.

Admission into the fiesta is free, but tickets are available for purchase for rides, food, shirts and games.

The event has over 50 sponsors, donating everything from cars to gift certificates.

Empire Nissan hosted a raffle to win a 2015 Nissan Versa or $10,000.

With the large crowd and community effort, planning for the event begins early.

"As soon as this is done, they will be having a meeting in June to plan for next year," Boyle said.

"People put that much time and energy to make sure this event works for the community and is as good as it is every year. That's how important this (event) is."

The first OLA Fiesta was in 1947 to raise money to build the church. The event encompassed food, music, dancing, games and carnival rides. The tradition continues yearly, growing bigger and better for the local community.

Kayla Hockman can be reached at ***kayla.hockman@laverne.edu***.

Abstinence-only education ineffective

Achlamydia outbreak at a Texas high school has raised concerns about whether abstinence-only sex education programs are actually effective in preventing pregnancy and sexually transmitted diseases among teenagers.

The Crane Independent School District sent a letter to parents in early May notifying them that students at Crane High School in Crane, Texas, tested positive for chlamydia.

The exact number of those infected is currently being disputed, with some media sources claiming 20 and others reporting more, but when a school that receives funding for its abstinence-only education suddenly experiences a spread of an STD, one cannot help but to question the efficiency of the program.

Teaching teens that abstinence is the only way to avoid pregnancy and sexually transmitted diseases does not actually decrease their chances of becoming pregnant or contracting STDs, it can actually be counterproductive to prevention.

A comprehensive sex education program that teaches all teens about abstinence, safe sex and birth control is a better method to teach sex education, as it provides teens with more accurate information and options.

Researchers for the National Survey of Family Growth conducted a study for which they asked teens between ages 15 and 19 whether they were taught how to say no to sex and if they received formal education about birth control. They then asked the teens if they were ever pregnant, involved in a pregnancy, or diagnosed with an STD.

Their findings showed that those who received comprehensive sex education (answered yes to the first two questions) were less likely to report a pregnancy than those who did not learn about birth control.

Those involved in abstinence-only programs did not have a lower risk of STDs, the survey found.

Abstinence as a best practice should not be looked down upon, but when teens are being taught that it is the only way to prevent pregnancy and STDs, they are being misinformed and limited to just one method of avoiding such outcomes.

Teens should have the freedom to be able to consider the options.

Contraceptives and safe sex practices have greatly improved and, although not perfect, have helped in decreasing pregnancy, abortion and teen birth rates, according to the Guttmacher Institute. Some states have made efforts to stop abstinence-only programs. Fresno County Superior Court Judge Donald Black ruled against an abstinence-only program in early May for violating the California Comprehensive Sexual Health and HIV/AIDS Prevention Act, which requires schools to provide adequate instruction on sex education.

This is a step, though there are still far too many schools that continue to teach abstinence only, even in states like California where comprehensive sex ed is the law.

Teens need to know all their options when it comes to pregnancy and STD prevention.



editorial cartoon by Jacob Bogdanoff and Des Delgadillo

Letters to the Editor

Dear Editor,

I'm writing to let you know what I think about the layout of the front page of the May 1 Campus Times. It is of poor taste and quite offensive. I thought we had more class than that. I can't believe that "Applying safe sex principles" merits the front page slot, bigger than "Dr. Lieberman named President of the Year." A picture of Dr. Lieberman next to her article would have been a better choice.

In my opinion, I have nothing against the article itself, front page is not the best place for it. If the editor does not care for Dr. Lieberman, you could have expressed it in a different manner. That's the message I got from the front page. Thank you for your time.

Roselyne Shutts
Regional and Online Campuses Student Services Administrative Assistant

Dear Editor,

I am not sure if the May 1 Campus Times was intended to get more attention with the "Applying safe sex principles" article picture. I am a firm believer in educating our students and ensuring that everyone is as informed as possible regarding culturally important topics. I am also pleased that applied safe sex is a topic that we, as a University, encourage for our students. I do, however, firmly believe that extremely poor judgment was used in the visually appalling photo that was the primary focus of the front page of the May 1 issue.

Our honorable president, Devorah Lieberman, has earned significant honors over the past and her recent award of being named President of the Year by the Association of College Unions International is simply outstanding. The article that is on the front page of the May 1 issue of Campus Times is appropriately well-written and professional. The article on our Leopard's softball team clinching a play-off berth contains news that is nothing less than spectacular for our University athletics representation. I find it difficult to imagine that a photo of these two fine articles about noteworthy events was either not available or determined not to be as valuable or pertinent to grace the front page of our representative paper.

My hope is that we are not trying to make a statement based upon "shock"-driven journalism and that this was a fluke. My hope is that we move forward in a manner that represents the mission of our University, through thoughtful journalism, in the best manner possible. We have amazing contributions to showcase in our paper that should bring topics to the forefront that reflect the university's governing morals. Topics such as the Spirit of La Verne Awards scream our mission and its article was unfortunately tucked onto page 5, while "Condom Olympics" earned a 10-inch front page photo.

I appreciate your time and consideration of my concerns.

DeAnne Bland
Regional and Online Campuses Student Services Analyst

Dear Editor,

After reading the May 1 Campus Times this past week, I was appalled by the picture on the front page. There is absolutely no reason that should be even in print, let alone on the front page. I believe in freedom of the press but not putting a picture out there that everyone sees. You truly insulted President Lieberman by putting that picture right next to her article naming her President of the Year. I know there is nothing you can do about it now, because the damage has been done but please take your job a little bit more serious and EDIT what goes out.

Robyn Carder
Executive Assistant to Vice President of Strategic Enrollment Management and Communications

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and are due by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel. Letters may be sent to **ctimes@laverne.edu**.

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Spring 2015

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Mental Health Matters: Disorders to Think About

Students hesitate to seek treatment

Elizabeth Ortiz
Health Editor

ULV and Tri-City Mental Health Services work to reduce stigma

Five years ago 17-year-old Katie Madden sat with her parents and told them she needed to talk to them about a serious matter. Her parents were concerned and anxiously stared at her, waiting for her to begin speaking. Her voice was shaky as she confessed she had been having suicidal thoughts, and she began crying when she said she felt there was something emotionally wrong with her.

Her parents were initially in denial about the news their daughter had shared with them, especially Katie's mother, who suffers from anxiety, Madden, who graduated from the University of La Verne in January, said in a recent interview.

"It was so frustrating because I knew logically I had no reason to feel the way I did, but at the same time, I couldn't control my emotions," Madden said. "There were days where I had no desire to continue living. I slipped into a really dark state of being."

Madden, who is now 22, said there was no specific incident that triggered her depression and anxiety, but her condition worsened after she lost the majority of her friends.

"My friends didn't want to be around me anymore because they said I was too sad and just didn't want to deal with my moods," she said.

After talking about treatment options with her parents, Madden began attending therapy sessions. She was diagnosed with depression and anxiety, and began taking Lexapro, which, she said, helps balance her emotions.

Madden is not alone in her struggle. Anxiety and depression are the most common mental illnesses among college students. According to the American Psychological Association, 41.6 percent of college students suffer from anxiety and 36.4 percent of college students suffer from depression.

"I always asked myself why I was depressed because I have a nice life, and I didn't think there was a legitimate reason why I was feeling like this. Finally, I came to terms with the fact that it's a chemical imbalance that I don't always have control of," Madden said.

Of the college students who suffer from a mental illness, 64 percent of them will drop out of college because they feel their university does not provide efficient mental health services, according to a study by the National Alliance of Mental Illness.

Nineteen percent of university counseling service directors also report that the availability of psychiatric services on their campus is inadequate, according to an APA survey.

"College is a (transitional) period for young adults and is often the time when they start showing signs of mental illness," said Elleni Koulos, director of counseling and psychological services at the University of La Verne.

"We treat students with an array of mental health problems, but anxiety and depression are the most common cases."

Madden sought counseling at the University's Counseling and Psychological Services. She said the amount of support she received from the center helped her cope with her mental health struggles.

"We have a really awesome staff at the counseling center. They really make sure they address the needs of the students and do a good job pairing up the student and counselor. They're probably one of the best services we have on campus, actually," Madden said.

Koulos said she plans to expand the University's counseling and psychological services and raise awareness about mental health on the University's campus.

"I'm looking forward to increasing the mental health services on campus. Obviously, it's a very critical issue: depression, anxiety. College students are going through so much, so I'm hoping to expand our counseling sector and just be able to offer services to whoever needs them," Koulos said.

She added she will begin implementing group therapy sessions. She said more students will be encouraged to seek counseling when they realize there are dozens of other University students who suffer with mental health issues on campus.

According to the CAPS website, group therapy benefits participants because it allows students to talk about their experiences with others who can relate to their situation. The website adds group therapy gives students a chance to hear feedback and experiment with new behaviors.

Madden said she agrees and thinks group therapy will help students realize they are not alone in their struggle.

She added that without the University's counseling services, she would not be able to receive adequate mental health care. She said the cost of therapy at a private practice is too expensive.

According to the National Alliance of Mental Illness, the costs of mental health services is one of the top reasons people with mental illnesses do not seek treatment.

Approximately 66 percent of people who received outpatient mental health services and had private medical insurance indicated their insurance did not cover the cost, while 44 percent of people who received inpatient care and had Medicaid or Medicare indicated most of their costs were covered, according to the National Survey on Drug Use and Health.

The survey also found that 2.3 percent of people, who paid for their mental health services out-of-pocket, paid more than $5,000, and 9.6 percent of people, who paid out-of-pocket, paid more than $10,000.

The total taxpayer cost associated with mental illness is $300 billion per year, according to the National Alliance of Mental Illness.

Those suffering with a mental illness not only have to worry about cost, but they also worry about the stigma attached to their condition, Sharon Davis, professor of sociology, said.

"I think first of all we're not used to dealing with mentally disordered on a daily basis. Our society tends to keep them hidden and hide them physically, or we hide them by just not talking about it," Davis said.

"There may be people in our presence who have diagnosable mental illnesses, but they don't talk about it because it is stigmatized, so (the public does not) feel like (they) know how to react. We feel uncomfortable when someone tells us that they're mentally disordered. We tend to react negatively, and we want to get away," she added.

Madden agreed and said people need to be more understanding about mental health conditions. She said she has never been bullied directly, but her friends initially had difficulty understanding her condition.

"People are scared of you or tiptoe around you. That's a generalization, but you know there are also people who can be really supportive. I think we need more of that, especially on college campuses and during this weird transitional period of our lives," Madden said.

She said she is lucky that she has a strong support group, but acknowledges that some people who struggle with their mental health are not as fortunate as she.

Seven percent of college students have seriously considered suicide, according to NAMI.

Suicide is also the second leading cause of death among college students and the third leading cause of death among young adults between ages 10 and 24.

Jamie Ritchey, community capacity organizer at Tri-City Mental Health Services in Pomona, said the organization seeks to educate the community with the Room4Everyone campaign.

The campaign aims to address the stigma attached to mental illnesses and provides education about mental health.

"The funding for the project, Room4Everyone, and for that division of Tri-City comes from the Mental Health Services Act - Prop 63 funding," Antonette Navarro, executive director at Tri-City Mental Health Services, said.

"That funding was started in California 10 years ago (and) gives Tri-City the ability to really promote early intervention (for mental illness), and anti-stigma and suicide prevention."

The University began offering a community service class in fall 2014 that partners with Tri-City Mental Health Services and aims to reduce the stigma and stereotypes against mental illness by allowing students who are enrolled in the class to volunteer their time with Tri-City.

In addition, Room4Everyone and Carolyn Cockrell, community service professor, partnered in an attempt to educate University students about the effects of mental illness.

Ritchey, as well as individuals who have recovered from mental illnesses, present statistics, share personal stories with the students in Cockrell's classes and inform them about the myths and facts of mental illnesses.

"I just want everyone to understand how common mental health challenges are, and we probably all go through something at some time in our lives as well as being related to people in our family and friend and professional circles (who suffer from a mental illness)," Cockrell said.

Madden agrees and said people need to be more understanding about mental health conditions.

"I feel like there has been a little more dialogue opened up about it, especially in the media. People kind of start to take things a little more seriously when they see Robin Williams and stuff like that happening. It's horrible, but it draws the attention back to, 'yeah, these are real issues. Depression is a real thing.' And it should be treated as a real thing. Mental illness is like having any other disease, and it shouldn't be stigmatized," Madden said.

Madden added it is a daily struggle coping with a mental illness, but she takes her recovery one day at a time.

"In the beginning, I used to think, 'okay, I've been suffering with this for three months,' but now my mentality has changed, so I see it as I have been moving forward for five years. I still have my dark days, but there's so few compared to the good days."

For more information on the University's CAPS visit **sites.laverne.edu/caps** or call 909-448-4105.

For more information on mental health visit **tricitymhs.org** or call 909-623-9500.

*Elizabeth Ortiz can be reached at **elizabeth.ortiz@laverne.edu** or on Twitter **@lizannortiz.***

American Adults and Mental Illness

Type of Mental Illness	Adults with Mental Illness (percent)	Treatment Success Rate (percent)
Schizophrenia	1.1	45-60
Major Depression	6.7	65-80
Bipolar Disorder	2.6	80
Anxiety Disorder	18.1	70-90

National Alliance on Mental Illness

College Students and Mental Health

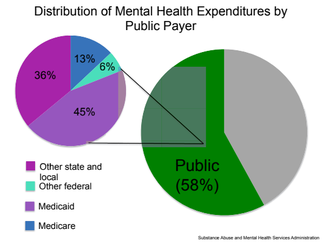
The Numbers

- 25 percent of young adults (18-24) has a diagnosable mental illness
- 75 percent of lifetime mental health conditions begin by age 24
- More than 11 percent of college students suffer from anxiety and more than 10 percent suffer from depression
- Depression, bipolar disorder and posttraumatic stress disorder are the primary diagnoses of young adults

Seeking Help

- Students said the No.1 reason they did not seek treatment was because of the stigma attached to mental illness.

For more information visit the National Alliance on Mental Illness website, **nami.org.**



Mental Health Hotlines

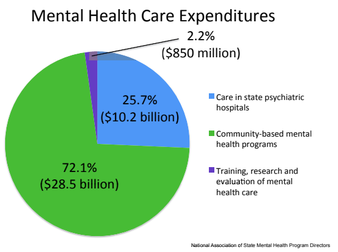
ULV Counseling and Psychological Services
Phone: 909-448-4105
Crisis Hotline: 909-448-4650
Hours: Monday through Friday, 9 a.m. to 5 p.m.

Tri-City Mental Health Services
2008 N. Garey Ave., Pomona, California, 91767
Phone: 909-623-6131

1900 Royalty Dr., Pomona, California, 91767
Phone: 909-784-3200

1403 N. Garey Ave., Pomona, California, 91767
Phone: 909-242-7600

L.A. County Department of Mental Health
Hotline: 1-800-854-7771



Suicide Prevention

Hotline
1-800-273-8255

The Numbers

- Suicide is the third leading cause of death for people between the ages of 15 and 24
- 90 percent of those who die by suicide had one or more mental disorders

Warning Signs

- A person may talk about committing suicide, having no reason to live, or being a burden to others
- Increased use of alcohol or substances
- Aggressive behavior or depression

How to Help

- Do not leave that person alone
- Seek medical help from a doctor

For more information visit **suicideprevention.org.**

Mental Health...

Continued from page 1

The average mental health care expenditure per person needing mental health treatment in the United States is approximately $1,600 per year, according to the National Institute of Mental Health, or NIMH. The agency also estimates there are more than 40 million people in the United States who suffer from a severe mental illness. The total direct expenditure for mental health care services annually is $57.5 billion, which makes it the third most costly medical condition in the United States.

As of 2014, mental health care coverage has increased nationally thanks to recent legislation, but the stigma attached to mental illness still prevents many of those who are suffering from seeking the help they need to recover and live productive lives.

In recent years, mental health care has become more of a legislative priority, but historically mental illness plagued those who suffered from it.

"In the United States, the mentally ill have been stigmatized," Sharon Davis, professor of sociology, said. "We have locked them away and have treated them very poorly for the longest time."

In the 1970s, the United States decided to close many of its mental institutions in an attempt to integrate the mentally ill into society. However, even today, funding for mental illness treatment remains a lower priority.

"About 7/8 of all the states said, 'Great we'll close the mental institutions, and we'll take the savings that we made and pump it in the prisons.' There were only five states who said (they) were going to go lightly on the prisons and were going to pump money into mental institutions. California went the first way," Davis said.

Court systems are unprepared to deal with mental health issues, and people with mental illness still frequently fail to receive the treatment they need in jails and prisons, according to a report by the National Alliance on Mental Illness. Twenty percent of state prisoners and 21 percent of county prisoners suffer from a mental illness, according to the NAMI report.

"Prison is no place to put a mentally ill person. (Prisons are) not focused on the treatment of mental disorders. They're focused on punishment. We've done a really bad job understanding, helping and supporting our mentally ill," Davis said.

In an attempt to increase mental health funding, California enacted the 2004 Mental Health Services Act, which imposes an additional 1 percent tax on those whose annual income exceeds $1 million.

To receive funding from the MHSA, each county must develop a three-year plan that is consistent with the requirements outlined in the act, collaborate with their residents and develop plans that accomplish the desired results, which include employment, vocational training, education, and social and community activities.

Locally, Tri-City Mental Health Services' Wellness Center and the Room4Everyone campaign emerged as a result of the MHSA. The Wellness Center supports residents who are trying to cope with a mental health issue. Room4Everyone is Tri-City's stigma reduction campaign.

Recently, there has also been a national attempt to increase mental health treatment. The Affordable Care Act, which passed in 2010, permits states to expand Medicaid eligibility to people and their families living at or below 138 percent of the federal poverty level – $23,850 for a family of four.

People, who suffer from mental illness and do not have private medical coverage, rely heavily on Medicaid because it offers a variety of mental health coverage, including crisis response, prescription medication, psychological rehabilitation and recovery supports. As of 2014, 27 states have expanded Medicaid coverage.



Celine Dehban

Helen Arase, senior photojournalism major, was diagnosed with bipolar disorder when she was 18. After graduation, Arase plans to work for a daily news publication or as a freelance photojournalist. Bipolar disorder affects more than 5.7 million American adults.

"I think that's one of the promises of the Affordable Care Act, and this new era that we're in of integrated care," Antonette Navarro, Tri-City Mental Health Service's executive director, said. "Mental health and substance abuse issues are given the same level of concern and treatment as physical health issues have. So with the laws of parity, it says folks, who are struggling with a mental illness, will be given access."

In 2014, several states improved access to psychiatric medications under Medicaid. Illinois enacted SB 741, which ensures people with a mental health condition will have timely access to treat their condition by exempting antipsychotic medication from Medicaid's prior authorization requirement.

Maryland enacted a similar bill, SB 622, which requires Medicaid to create an override for fail-first protocols, a trial-and-error therapy process that first prescribes cost-effective medications and eventually prescribes more expensive medications.

Some states have also enacted legislation to enhance crisis response services, lower suicide rates and improve access to psychiatric medication. Wisconsin's AB 460 provides county grants that are used to create mobile crisis response teams, whereas Minnesota's HF 3172 reforms current crisis response teams. In 2013 Washington passed HB 2315, which requires certain medical professionals to complete suicide intervention training. The legislation also requires the state secretary of health to create a committee that is responsible for developing a statewide suicide prevention plan.

However, even with the Affordable Care Act and legislative reforms, people, who suffer from a mental illness, are still hesitant to seek help, Navarro said. According to Navarro's research, those who are suffering do not necessarily realize they have an actual illness and believe they are self sufficient in handling their condition or do not know how to access mental health services.

Arase agrees that those who suffer, including herself, initially deny the fact that they may have a mental illness, and if they do realize they have one, they are still sometimes hesitant to seek treatment because of the stigma associated with mental illness. There also seems to be a general lack of understanding because mental illness is still not frequently talked about.

"Our society tends to keep them hidden and hide them physically or we can hide them by just not talking about it," Davis said.

The media has also stigmatized mental illness and the way people perceive mental health conditions, Navarro said. Film, television and news outlets tend to highlight mental illness in a negative context.

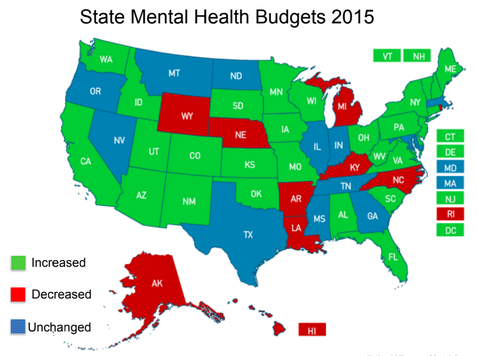
When an atrocity, such as a school shooting, happens people want to know what caused the event, and people are quick to blame it on a mental illness, Navarro said.

However, Navarro added that she has seen a more positive portrayal of mental illness on television, but believes it will take a long time before the iconic negative mental health presentations in film and television are replaced by more positive and neutral messages.

Many people who are coping with a mental illness are able to lead productive lives, Ritchey said. For example, Arase will graduate next fall from the University with a bachelor's degree in photojournalism. She said she plans to work for a daily news publication or as a freelance photojournalist.

For more information about Tri-City Mental Health Services visit **tricitymhs.org** or call 909-623-9500. In case of an emergency, call the L.A. County Department of Mental Health hotline, 1-800-854-7771.

*Elizabeth Ortiz can be reached at **elizabeth.ortiz@laverne.edu** or on Twitter **@lizannortiz**.*



Festival raises money for sorority

Lauren Crumbaker
Staff Writer



Sara Flores

Shaman Cult was the first of two bands to play at Phicadelic Fest Wednesday on the South Quad. Its members include keyboardist Andrew Villaescusa, drummer Matthew Rugamas, guitarist/vocalist Francisco Vargas and bass player Luis Huizar. Phi Sigma Sigma hosted the event, which also featured music from DJ Rvysprvy and Dead Bedouin.

Students wearing flower crowns and tie dye shirts filled the South Quad Wednesday to listen and dance to live music for the first Phi Sigma Sigma Phicadelic Festival.

The event showcased two local bands, Shaman Cult and Dead Bedouin and one local DJ, DJ Rvysprvy.

Diana Garcia, fundraising chairwoman for Phi Sigma Sigma and creator of the event, grew up with some of the artists, so she invited them to help get their name known within the community.

"I am a struggling musician and do music on the side," said sophomore history major Patrick Swart. "I love listening and supporting local artists, because a lot of people work really hard and are under appreciated."

Many Phi Sigma Sigma sisters attended Coachella Music Festival, the inspiration behind the Phicadelic Festival.

"I think this was a great idea, and we have never done anything like this on campus," said Jennifer Nguyen, junior accounting major and president of Phi Sigma Sigma.

"We just had Coachella, so we wanted to bring that vibe to La Verne," she said.

No similar event has been done before, and Phi Sigma Sigma wanted to create a low-key vibe where students can get away from the stress of finals.

"We just want everyone to have a good time to take students' minds off of studying and to take a break from hitting the books," Garcia said.

Several booths kept students entertained throughout the event. They could create flower crowns or buy tie dye shirts.

Phi Sigma Sigma wanted to make this event a social, bonding and a fundraising event all wrapped up in one.

All proceeds from the event will go to Phi Sigma Sigma. It will most likely go to sisters in need, such as helping them with payment plans so they can stay in the organization.

This was the final event of the year for Phi Sigma Sigma.

"Ultimately, our goal is to make ourselves known on campus and to make a bigger presence here," Nguyen said.

Lauren Crumbaker can be reached at ***lauren.crumbaker@laverne.edu.***

DJs battle at EDGreek



Daniel Torres

Dozens of students packed the Campus Center Ballroom Tuesday night to listen and dance to music played by DJ Santana, senior broadcasting major Steven Santana; DJ Rvysprvy, junior computer science major Raymond C. Gonzales, and DJ Pablo Macia, a senior radio broadcast major, at the EDGreek event. The event, presented by Phi Delta Theta, pitted the DJs against one another, as they took turns taking turns spinning and competing for the crowd's admiration. The event was free for all ULV students.

Business programs...

Continued from page 2

instructor of business, teaches undergraduate and graduate courses at the University. He finds the new programs helpful to ULV as a marketing strategy, especially to students that do not know about the school.

"It's a reason to attract people from outside that aren't already here," Locker said. "We have more products to offer."

The first meeting for the DBA program was on May 2 with approximately 25 potential students. Many are alumni who learned about it through the ULV website or word of mouth.

"I'm very excited," Beheshtian Ardakani said. "We're getting good responses."

Although the information was online for only a little over a week, and there were no press releases, many people are already aware of it, Thakur said.

"I'm so excited, I even want to join the program," Thakur said, "Maybe I'll attend some classes. There's always something more to learn."

The next informational meeting is 10 a.m. May 23 on the third floor of the Campus Center.

Cody Luk can be reached at ***cody.luk@laverne.edu***.

Arts, etc...

HAPPENINGS

Theatre in Community

Students of the Theatre and Community class will perform short plays at 7:30 p.m. Friday in Dailey Theatre.

The performance is under the supervision of director of theater Steve Kent and artist-in-residence Alma Martinez.

Chamber Orchestra

The La Verne Chamber Orchestra will perform under the supervision of Danielle Cummins at 7 p.m. Saturday in Morgan Auditorium.

Admission is free.

'Lamkin Legacy Concert'

The music department presents "The Lamkin Legacy Concert" performed by the La Verne Chamber Singers at 6 p.m. Sunday in Morgan Auditorium.

This concert is in tribute to retiring Professor of Music Kathleen Lamkin.

West African Drum

The La Verne West African Drum Ensemble, directed by Steve Biondo will perform at 7:30 p.m. Wednesday in Morgan Auditorium.

General admission is $5 and students are free.

Senior Video Screening

The Communications Department will be screening the department's senior broadcast video projects on at 8 p.m. on May 23 in La Fetra Auditorium.

The videos feature horror, thriller and comedy.

Friday Nights Live

The city of Claremont presents live performances by Squeakin' Wheels, Remember Then and Claremont Unified School District instrumental music groups from 6 p.m. to 9 p.m. Friday at three venues in the Claremont Village.

—Melissa Gasia

LV stays T.R.U. to 2 Chainz

Melissa Gasia
Assistant Editor

Students formed circles in the pit and danced exuberantly at the sixth annual LaVernapalooza concert May 7 at the Fox Theater in Pomona.

The Associated Students of the University of La Verne and Campus Activities Board hosted the event featuring this year's headliner, rapper 2 Chainz, who took to the stage before hundreds of students and friends.

LaVernapalooza, the an annual event "is a good thing, at the end of the year, to congratulate the students for all the hard work and dedication they put in for the whole year," said senior history major LeeRoy Collins III, who attended the event.

"I hope La Verne keeps doing that."

Surprise opener DJ Mustard warmed up the crowd as he played some of his mainstream music remixes, including "Nana" by Trey Songz, which was produced by DJ Mustard himself.

"I'm actually not a huge fan (of 2 Chainz), so I felt like the beginning was more fun in my opinion," freshman liberal studies Desiree Garcia said.

Throwback songs such as Montel Jordan's "This is How We Do It" got the crowd excited as they chanted along with their fists up in the air.

"I thought we had a very good vibe," junior economics major Jordan Bowers said. "I thought we held it down a lot better than last year. We did a good job, so let's keep going with this."

Before DJ Mustard left, he asked audience members to put their phone lights or lighters up as he took a video of the audience for his Instagram.

2 Chainz then came out and performed a selection of his recognizable hit songs from his "Based on a T.R.U. Story" album such as "All me."

"It was a lot of fun and a time to get break out of finals," Garcia said.

2 Chainz asked the audience if anybody in the building was celebrating their birthday.

The majority raised their hands as 2 Chainz started to sing "Birthday Song," featuring a track Kanye West in the background.

"2 Chainz was awesome," Collins said. "I was right there in the front. He talked to us the whole time and engaged the audience."

2 Chainz greeted the audience with a "happy late Cinco de Mayo." "If you had a hangover, make some noise.

"I think it's really good (having LaVernapalooza) because it brings us all together," Garcia said. "It feels special to have this just free."

"We go to shows all the time and this is by far the best one out of all the Paid Dues, Rock the Bells, all the annual shows in the area, so I had a good time," Collins said.

Before the show ended, 2 Chainz performed one of his most well-known songs, "I'm Different." He bowed to the audience and turned his hat forward before he ended with the last song "No Lie," featuring a track of Drake in the background.

"I had a great time at LaVernapalooza," Bowers said. "To be honest, this is probably the best Lavernapalooza I've been to."

Melissa Gasia can be reached at ***melissa.gasia@laverne.edu.***

Theater Review

'Selvaggio' promotes creative passion

Kristina Bugante
Editorial Director

For any person who longs to create — whether it be a writer, a photographer, a designer, a musician, or in this case, an artist — the best type of inspiration comes from when you surrender yourself to the thing that you are most afraid of.

This rings true in "Mission Selvaggio," a meaningful and original play written by Cole Wagner and directed by Cody Goss.

Wagner, senior theater major, headlines as the Artist, whose creative and imaginative urges are combatted by his restrictive job at a publishing company and his bad-tempered boss, played by senior theater major Marc Okimura.

In a late, work-filled night, the Artist brings out drawings of five different characters he created three years ago. As he starts recalling the backstories of these characters, they crawl out from the paper and come to life. The audience is then taken through each character's complex background.

Title character Selvaggio, played by senior theater major Daniel Ramirez, is an Italian-American clown from the Bronx who has had complicated ties with the mafia. His sidekick Sottile, played by junior theater major Alex Freitas, is a mute, four-armed man from India. Exploring the connection between spirituality and nature is Segismund, played by junior business major Wesly Tan, alongside his love interest Miranda, played by La Verne resident Kennedy Valenzuela. Mona Lufti portrays the protective Yuki, who is a (literally) two-faced Japanese woman and a mother figure to all the male characters.

As each character's story progresses, it becomes almost too chaotic and overwhelming for the Artist to handle. With the underlying pressures of his constricting day job, he renounces his imaginative state, and the characters leave in disappointment. The most impactful and all-encompassing moment comes from the otherwise mute Sottile, who overcomes his vow of silence to tell the Artist: "It is easy to listen to your brain, but true courage comes when (you listen to) your heart."

Wagner emphasizes that "Mission Selvaggio" (also his senior thesis) is not necessarily about the act of creation — it is about the means of finding inspiration for whatever you want to create.

Looking for inspiration in all the usual places is not going to get you to express your true creativity.

What Wagner promotes is to look at what is right outside, in

Continued on page 10

Students jam to 'Little Talks'



Celene Vargas

Freshman music major Andrew Medina and senior sociology major and music minor Jessica Felix perform "Little Talks" by Of Monsters and Men Tuesday in Sneaky Park. The jam session was sponsored by the Mu Phi Epsilon fraternity, of which Medina and Felix are members. The concert was open to anyone who wanted to perform.

Theater students return to Fringe

La Verne takes on LA stage

Celene Vargas
Staff Writer

University of La Verne theater students are immersing themselves in the Los Angeles theater scene by participating in the annual Hollywood Fringe Festival happening in June.

Senior theater major James Powell, junior theater major Jordan Klomp, junior theater major Sara Haddadin and sophomore business administration and theater double major Delaney Poe are four of the six ULV students participating in the month-long event. The festival puts on shows all throughout the Hollywood area. Some ULV alumni are also participating.

The festival is open to anyone who wants to partake. This is Klomp and Haddadin's first time participating, Poe's second time and the fourth time for Powell.

"It's been really cool to have people from La Verne and people that have been working in (Los Angeles) steadily for years (meld) together and put a show together," Powell said.

Powell and ULV alumnus Travis Snyder-Eaton have their own theater company, called the Rough Riders Theater Company.

They are putting on a production of "Faster" by American playwright Adam Rapp for the festival. Snyder-Eaton is director and Powell is technical director.

Poe is the costume designer, while Klomp plays the character Stargyl and junior theater major Alex Freitas does voice over work.

Kitchin and Skram decide to kidnap her, but realize she is more than just a little girl, when their actions bring about the apocalypse.

Their preview is June 7 at The Other Space theater in West Hollywood and performances are on June 11, 20, 21 and 27.

"We have some amazing actors in our piece," Powell said. "(Some are) from Sacred Fools Theater Company, (which Travis and I are) a part of."

Haddadin is stage managing a different show called "Shakespeare(ish)."

"Shakespeare(ish)" will be performed June 8, 13, 15, 27 and 28 in the Elephant Space at Theater Asylum.

"Shows are usually under 90 minutes and in small theaters since those (tend to be) the ones that take part," Klomp said.

Although the Hollywood Fringe Festival takes place during the summer, rehearsals for it have already started. This leaves student participants having to balance school with their production.

"It's difficult, (but) my theater professors are really understanding, and they want us to go out and do this stuff. It's just being really good at scheduling and drinking a lot of coffee."
—James Powell, senior theater major.

"It's contemporary, post-apocalyptic (and) dark," Klomp said, who is a part of the Theatricum Botanicum acting company in Topanga and Ophelia's Jump in Claremont.

The story is about two adolescent boys from Chicago, Kitchin and Skram, who are trying to be gangsters but are not doing a good job of it. They get a call from a man who says if they kidnap a little girl, he will give them $4,000.

"Shakespeare(ish)" is being put on by a theater company called the Rogue Artist Ensemble. Haddadin recently became an associate artist with them.

She became involved through ULV alumni Alexis Robles and Matt Hill.

"They needed help and they saw I was the right person to help out, so I would go in and kept connections that way," Haddadin said.

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"It's difficult, (but) my theater professors are really understanding, and they want us to go out and do this stuff," Powell said.

"It's just being really good at scheduling and drinking a lot of coffee."

Fringe was established in Scotland in 1947 when eight theater groups performed uninvited on the "fringes" of the Edinburgh International Festival. The concept of open performances has taken place internationally and in major U.S. cities like New York City, Chicago and San Francisco.

Fringe participants have a chance of winning awards. They vary depending on the festival.

The Hollywood Fringe awards are categorized by community-voted awards, sponsored awards and encore presentations.

In 2014, Powell was the stage manager in the production of "Absolutely Filthy" by playwright Brendan Hunt at the New York Fringe Festival in August.

The production won Best of Fringe, Audience Favorite and Best Lead Comedic Role.

"We got asked back to do the encore presentation of the Fringe there in New York," Powell said.

This was his third time participating in the Fringe Festival.

Poe's costume designs from the production of "Forced Conviction" written by Snyder-Eaton won her the Frugal Fabulous Award at the 2014 Hollywood Fringe.

She was also the assistant costume designer for "Dramatis Personae" written and directed by Associate Professor of Theatre Sean Dillon and ULV alumnus Curtis Krick, which was originally was performed for the 2014 Fringe Festival.

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Research...

Continued from page 1

Blackshire said he liked that the event gave him the chance to get acclimated to presenting his work to other people.

He explained his research to various spectators throughout the event.

"It builds confidence," he said. "And it makes you learn how you want to project yourself."

Students and staff gathered around as Blackshire explained what they hoped would be a life-changing discovery.

The mechanism may be able to be used in the future for further research. Blackshire hopes that once his mechanism is published, it will have the ability to help scientists in their studies.

"People looking for a way to reverse aging can use this mechanism in the future," he said.

Blackshire's inspiration was one of the terms involved with the aging process that he had never heard of before, Glutathionylation. He said he was interested in learning and researching something he had not learned about previously.

Issam Ghazzawi, associate professor of management, and Tommy Cook, a recent ULV business graduate, presented on organizational challenges and failures within a business, a topic they have been thoroughly researching for over a year.

Ghazzawi emphasized bad leadership as the reason for the downfall of a business and then applied it to everyday life.

"We always have to lead by example," he said.

Cook and Ghazzawi's research analyzed business structures of well-known companies such as Kodak, Quiznos and JCPenny.

Cook has owned several of his own businesses and said that all of their research is relevant to entrepreneurs and company owners of today.

"In today's economy businesses are struggling to make ends meet," he said. "We have to learn from the mistakes of others," he said.

Cook said he is glad he was able to do research with Ghazzawi and appreciates the opportunities like this that he has experienced throughout his time at La Verne.

"La Verne has nurtured me," Cook said.

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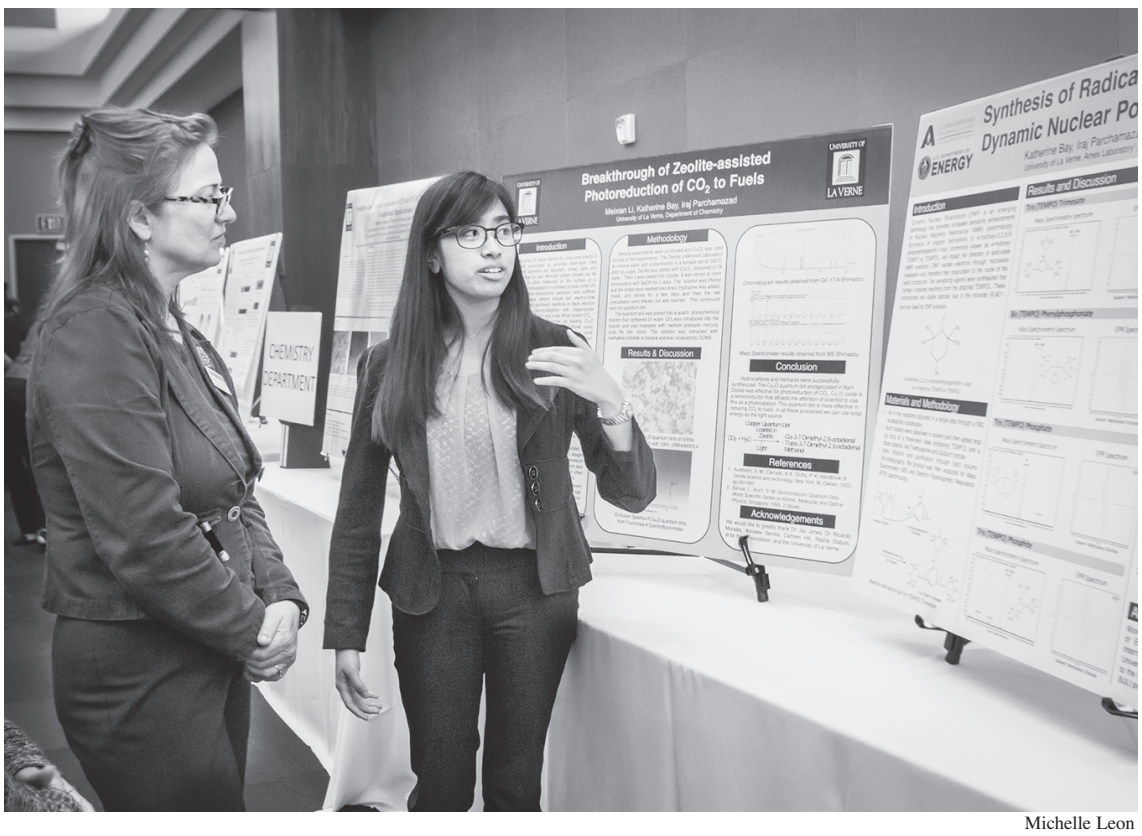

Michelle Leon

Katherine Bay, a chemistry major with a minor in biology, discusses her research board displaying the Synthesis of Radical Sensitizers for Dynamic Nuclear Polarization-NMR with Bianca Hunter, interim director of the office of sponsored research, at Faculty Research Day in the Campus Center Ballroom May 8. Bay collaborated with Professor of Chemistry Iraj Parchamazad and William Jenks, a professor at Iowa State University, on the research for this project.

'Selvaggio'...

Continued from page 9

nature.

"'Mission Selvaggio' is a battle against ignorance, a voice for compassion for those who are ignored by the public," Wagner said in his senior statement.

All of the characters of the play have come from some sort of troubled past, confined and enclosed from society because they are different.

As a journalist who has interviewed all sorts of people from various backgrounds, I feel as if I cannot do my job well if I am not open and tolerant of those whose voices otherwise go unheard. To hear this be accentuated in "Mission Selvaggio" was especially poignant to me.

Two of the most standout performances came from Wagner and Ramirez. Wagner, with his leading man capabilities, still portrayed the Artist as someone we could all to relate to.

Ramirez commanded the stage with his portrayal of the mischievous clown — charming and comedic, but with a lot of heart.

"Mission Selvaggio" ran for only two performances May 8 and 9, but it is a play that all artists—from all mediums—should see.

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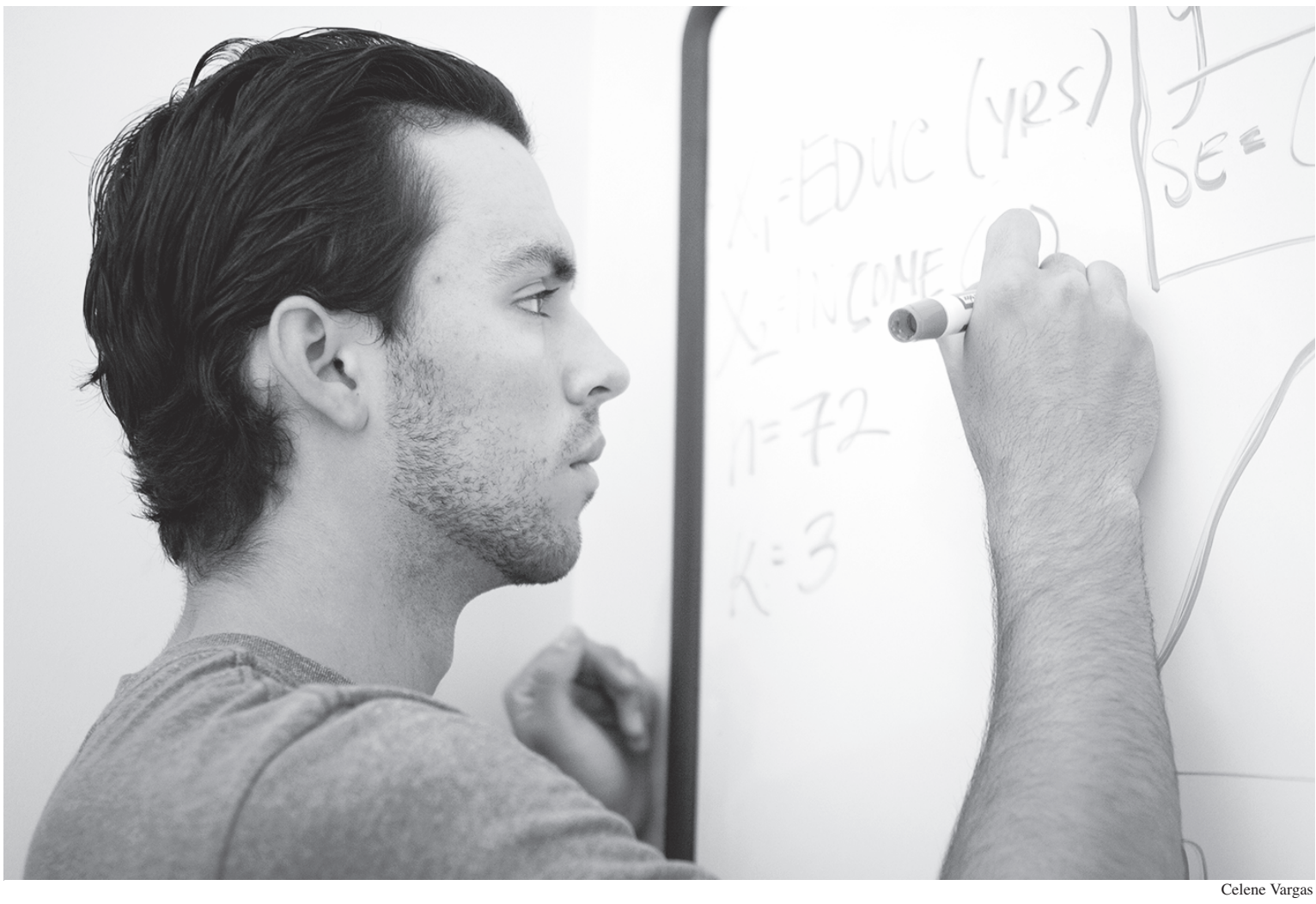
Jebbia hits home run in leadership

Takes a swing at finance

Jolene Nacapuy
Sports Editor



Celene Vargas

Mark Jebbia, senior economics major, is a pitcher for the University of La Verne baseball team. This season, Jebbia has a batting average of .318 overall and .386 in the Southern California Intercollegiate Athletic Conference. Jebbia chose to pursue a degree in economics because he thought it would be interesting to study with respect to the circumstances of the current U.S. and global economy. He said math had always been easy for him. After graduation Jebbia plans to enter the field of financial advising.

Mark Jebbia and the game of baseball were meant to be together. He eats, breathes and sleeps baseball. When he is not playing, he is either reading about it, watching it or looking up videos on YouTube about it because "ball is life." Well, more like baseball is.

A senior economics major and pitcher for the University of La Verne baseball team, Jebbia, is one of the many players on the team, who have helped send the team to the NCAA Division III West Regional Championships.

"He's one of those guys that's probably one of the better leaders we've ever had just because he's so mature, goes about his business and comes to practice everyday," head coach Scott Winterburn said.

"He plans way ahead, knows what he wants to do every single day. He just doesn't show up and wait for other people to tell him what to do and the game that he plays shows that."

This season, Jebbia has managed to swing in two home runs, while batting an average of .318 overall and .386 in the Southern California Intercollegiate Athletic Conference.

He also earned first team All-SCIAC.

In the regular season, Jebbia had a total of 27 RBIs and an ERA of 3.61.

Jebbia started swinging the bat in tee ball at the age of five and with the benefit of his dad being a baseball player, the game stuck with him ever since.

"I think that baseball just appeals to me somehow, it's just the little nuances of the game that I think it just makes it more fun to me," Jebbia said.

"I feel that a lot of it has to do with how hard baseball is. If you fail 70 percent of the time at the plate like you're good, you're hitting at .300. I just think that it's always a challenge for me, mentally more than anything."

Growing up in Arcadia, Jebbia played in local clubs.

He played as a third baseman for the San Gabriel Arsenal Baseball Club.

During his high school years at Maranatha, he played as a pitcher, shortstop and third baseman.

At Maranatha, he was selected on the first team All-Olympic league, second team All-CIF and a scholar athlete in his four years.

Though playing as a pitcher was not always his first choice.

"My dad being a pitcher has helped me progress a lot, (he) knows a lot about mechanics and mentality, so he's definitely helped me along the process," Jebbia said.

"I like pitching because it makes me feel like I'm in control of the game and when I get there on the mound and get a good start, I feel like I have a big impact on the game and the outcome of it," Jebbia said.

"It makes me feel like I dictate how the game goes, so I have control."

Through it all, Jebbia says his dad is his biggest motivation in everything that he does.

It does not matter if it is just sitting at home and hanging out or being one of the first of the parents in the bleachers at his games, his dad is there for him.

"He's been there for me throughout the whole process and has gotten me through all the lows in my career because he kinda relates to me with his own career in terms of the lows that he had and went through, so he helped me a lot mentally and has a lot to offer with advice," Jebbia said.

"I don't think I would be here or be playing college baseball if it wasn't for him honestly."

Jebbia transferred from Santa Barbara City College to the University of La Verne last year.

His high school baseball coach, Brian Dehaan, played for Winterburn and helped him get connected here.

"Sometimes it takes most guys, whether they're a freshman or a transfer, a year to figure things out and he figured things out a lot quicker," Winterburn said.

> "'He's a great leader and he's one of those people that you try to succeed for. It's like, "Hey, I'm gonna do it for that guy, Mark Jebbia," and that's rare.'
> *—Brett Early, junior pitcher*

"He's a smart kid and he was able to figure out what to do here and put it in play right away."

His first season here was a shift from junior college because the SCIAC is really competitive, Jebbia said.

"Everyone's here to win and it's competitive among all the teams and a lot of fun," Jebbia said.

"Though these group of guys are like a family to me and wouldn't have as much fun here without them to be honest."

Mixing in with the team was no problem for Jebbia.

Some even said you would have never thought he transferred because of how well he fit with the team.

"Coming into this year, he's been a big mentor to me and has taught me the way that they do it around here and he may be a man of a few words, but those things are always meaningful things and they touch you in the heart," freshman pitcher Nick Byrd said.

"He's a good mentor and took me under his wing."

Jebbia stands focused and poised ready to take on the game and ready to be a leader for the pack.

"He's a quiet leader, a leader by example," Winterburn said.

"Like the other day he got up in front of the entire team, spoke for 10 minutes and you could hear a pin drop because everyone was listening to him, so he's one of those guys that he doesn't have a lot to say, but when he does, it's usually something everyone is gonna stop what they're doing and listen to him."

Jebbia takes on this role and occasionally gives tips throughout practice.

"When it comes to baseball, he's so calm and collective, but he's good at what he does," Byrd said.

"He gets the job done when no one else can, so I tip my hat to him always."

Jebbia is one of those players that makes sure to bring intensity on the field and be a set role model for the team, especially the other pitchers.

"He's a great leader and he's one of those people that you try to succeed for," junior pitcher Brett Early said. "It's like, 'Hey, I'm gonna do it for that guy, Mark Jebbia,' and that's rare."

During Jebbia's first season at La Verne, he recorded a home run, along with 21 RBIs.

He also had a batting average of .320.

"He came into the program as a two-year player and yet you would have no clue about that because it seems as if he's been here forever," Early said.

"He's one of the best players and when he puts on that uniform, it's like he's been a Leo his whole life."

Jebbia is swinging toward his future one step at a time and hopes to achieve the goal of getting his master's degree in finance.

"I wanna get into financial advising, pretty much as a dream job, but career life wise, anything that has to do with finance," Jebbia said.

As an economics major coming into college, Jebbia did not have a "dream job" quite yet.

Though he knew he was good at math and decided to choose economics as his major.

"I liked the whole econ set of it all because business and personal finance can relate to life and plus it was something that I was good at because of my math skills, so really, it was beneficial

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Commentary

Tom Brady deserves his 'inflated' punishment



JOLENE NACAPUY

The NFL suspended New England Patriots quarterback Tom Brady for four games after a report was found that he was aware of the deflation of footballs before the AFC Championship game in January.

In addition to Brady's suspension without pay, the Patriots were fined $1 million and lost two draft picks.

The Patriots also suspended the two equipment staffers believed to have carried out the plan, including one who called himself "The Deflator."

Officials' locker room attendant Jim McNally and equipment assistant John Jastremski were both suspended indefinitely last week. Neither can be reinstated without the approval of the NFL, the league said.

It's fair that the NFL decided to discipline Brady and the Patriots for deflating the footballs below regulated size.

The NFL allows each team to provide the footballs used by its offense in every game – a procedure most quarterbacks take an active part in – but it requires them to be inflated in that range of 12.5-13.5 pounds per square inch.

Footballs with less pressure can be easier to grip and catch, and Brady has expressed a preference for them.

They think that they did nothing wrong, thinking they didn't violate the rules of the game, but clearly they did.

A true MVP would take responsibility for his actions, both right and wrong.

In explaining Monday's discipline announcement, the NFL said the team was penalized for "the violation of the playing rules and the failure to cooperate in the subsequent investigation."

It was announced Wednesday that the team will appeal to overturn his suspension. Why? He should own up to it and say that he knew about the deflation of the footballs and that his punishment is fair. Take responsibility for your actions, Brady, and be a true "patriot."

The Patriots blew out the Indianapolis Colts, 45-7, in that AFC Championship game, so it is hard to say if the properly inflated balls would have changed the outcome.

I may not be a big football fan, but I know what is right and what is not. Deflating footballs to a size below its regulated size is wrong.

Patriots owner Robert Kraft criticized the investigation and said Brady had the team's "unconditional support" and that its "belief in him has not wavered."

They said that the punishment "far exceeded any reasonable expectation."

The day after the punishment was announced, the Patriots changed their Twitter avatar to Brady's No. 12 jersey.

The 243-page report by league-appointed attorney Ted Wells said it was "more probable than not" that Brady was aware of plans to prepare the footballs to his liking, below the NFL-mandated minimum of 12.5 pounds per square inch.

Brady will miss the games against the Pittsburgh Steelers, Buffalo Bills, Jacksonville Jaguars and Dallas Cowboys and won't return until mid-October when the team plays, guess who, the Colts.

For any games he will miss, Brady is scheduled to be replaced by backup Jimmy Garoppolo, a 2014 second-round pick from Eastern Illinois who won the Walter Payton Award as the best player in the FCS.

Garoppolo has thrown just 27 NFL passes so far, including one touchdown.

The $2.6 billion team finished with a record of 12-4 last season and won the Super Bowl, its fourth title since Brady arrived in 2001.

This probably isn't an isolated incident, either for the team or the whole league.

It will take more than one investigation and one punishment to deal with the situation. Referees and authorized personnel should check the footballs and any other pieces of equipment so something like this does not happen again.

And when something goes wrong and you're punished for it, take responsibility for your actions.

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Baseball...

Continued from page 1

sively we performed pretty well, but offensively we have a lot of room to improve," assistant coach Mason Stolenberg said. "Our (at bats) need to get better and we need to put them together and score more runs for our pitching staff."

In the bottom of the sixth, White opened up the inning with a single to center field.

"In my first at bat I struck out, I had some issues seeing the change up and I was happy that my next few at bats I was able to make the adjustment and get a couple of hits," White said.

White was then able to advance to second on an error by junior Patriots pitcher Michael Blevins, after he threw the ball past senior first baseman Garrett Nelson and into the dugout while trying to pick White off at first.

Sophomore designated hitter Jakob Thomas then hit a sacrifice fly to right field allowing White to advance to third.

Jebbia followed with a grounder to third and White was able to score on an error by Patriots senior third baseman Logan Tucker after he failed to catch Jebbia out at first to close out the inning.

Sophomore second baseman Andrew Douglas went 2-for-4 at the plate.

"I was seeing the ball well I did pretty good," Douglas said. "Defensively I think I made some good plays that kind of changed the game but overall Brett Early did pretty good today and I had to back him up to get the win so I gotta give it to him."

Byrd came to the mound in the top of the ninth, struck out one batter and closed out the game earning his seventh save of the season.

"Brett worked his ass off and he was using a slider effectively," Byrd said. "It was just another game to me. I didnt feel pressure because I've been there before and I like those situations."

Though the Leopards pulled out the win, they still have some work to do.

"As a whole I think we underachieved a little bit," junior shortstop Woody Reyes said. "Obviously we did enough and played better than our opponent but we need to do a little bit more offensively to keep rolling as a whole."

In the next round of the double elimination tournament, the Leopards will take on Whitworth Friday at noon behind senior starter Javi Iniguez. The game was originally scheduled for Thursday but all tournament games were postponed due to heavy rain and thunder and lightning storms on Thursday night.

"I don't really have a set game plan I'm just gonna go out there and just do everything to improve," Iniguez said.

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Jebbia...

Continued from page 11

in it all," Jebbia said.

The majors may not be in his future, as he plans a different career path toward finance, but Jebbia will always stay involved with baseball.

If it is not with the La Verne baseball team, he is watching his favorite team, the Los Angeles Dodgers.

"I've grown up watching the Dodgers and I just loved them since I was little," Jebbia said.

"My favorite player was Hanley Ramirez, but then he signed with another team, so right now I'd have to say Joc Pederson. He's a rookie right now, but he's just really fun to watch because he's young and he plays hard and just plays right."

He may not be the next rookie in Major League Baseball or the minors, but his college baseball career is far from over.

The team earned the automatic bid into the NCAA Division III West Regional tournament, after claiming their first SCIAC Postseason Tournament Championship against the Cal Lutheran Kingsmen, 4-2.

The No. 6 seeded Leopards faced the No. 1 seed Texas-Tyler Patriots in their first game of the tournament at Irwin Field.

La Verne got on the board first early in the game and pulled the upset, 2-0.

In the bottom of the sixth inning, Jebbia hit a single-grounder toward left field, but with a misplay by Texas-Tyler senior third baseman Logan Tucker, Jebbia managed to bring junior first baseman Ben White home.

When the season is officially over for the Leopards, Jebbia will either be watching the Dodgers, looking up stuff about baseball or spending time with nature and hiking at Eaton Canyon in Pasadena.

Though for now, he will be hiking toward getting his Bachelor's degree of science this spring.

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