Campus Times

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Soccer stays dialed in



Sonora Hernandez

La Verne sophomore Harim Coronado volleys the ball away from Redlands Bulldogs senior Charles Izydorek after a goalie throw during the second half of Saturday's game. The Leopards beat the Bulldogs, 2-1, at Ortmayer Stadium. **See story on page 11.**

Students toast LV royalty

Liz Ortiz
Metro Editor

The Campus Activities Board and University students gave a toast to celebrate the 2014 Homecoming Court and congratulated the finalists during the Illuminations ceremony Monday at Mainiero Square.

CAB hosted the ceremony and revealed the 10 finalists, two of which will be crowned Homecoming king and queen during halftime at Saturday's football game.

Pablo Macias, senior broadcast radio major, announced that seniors Daisy Betancourt, Evelyn Bobbitt, Caiti Helsper, Cassie Holloway and Stephanie Mendoza were nominated as Homecoming princesses and seniors Miguel Garcia, Julian Mininsohn, Steven Santana, Jose Serra and Cole Wagner were nominated as Homecoming princes.

"This is really exciting; it's my first time experiencing something like this," said Daisy Betancourt, Homecoming princess and business administration major. "Homecoming is a really fun community event, so it's an honor to be able to be a part of it."

The princes and princesses walked one-by-one beneath a tunnel of lights, each having their moment to shine as onlookers cheered. As they made their way down the red carpet Macias announced their names and revealed 1990s-themed fun facts about each member.

University students, mostly members of Greek organizations, lined the red carpet and cheered for their fraternity brothers and sorority sisters, who were members of Homecoming Court. All but one homecoming nominee are members of Greek life.

"La Verne is my second home, so it's great to be a part of it and feel so supported throughout the process," said Steven Santana, Homecoming

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Gold Line tracks to Azusa completed

Russell R. Silva
Staff Writer

Builders, contractor, city officials and dozens of other community members showed up Saturday to celebrate the most recent Foothill Gold Line track extension to Azusa.

The light rail will be available for commuters from Azusa in October 2015. City representatives said that more than 43,000 riders use the Gold Line every day.

With the Azusa extension, they expect an additional 5,000 riders.

"It is important that we keep pushing to extend the Gold Line track," Rep. Grace Napolitano, D-California, whose district covers much of the eastern San Gabriel Valley, including La Verne.

"Our community deserves the chance for more opportunity in Los Angeles, because the cost of living is too much there," she said.

Gold Line officials plan to eventually extend the rail line to Montclair.

The $1 billion, six-station extension of the light rail system is being supervised by the Metro Gold Line Foothill Extension Construction Authority.

The Gold Line track now extends from Azusa west through Pasadena to downtown Los Angeles.

The recently completed Azusa extension involves 11 miles of track.

Azusa Mayor Joe Rocha said that all the voices of the city came together to push forth to get the project underway.

At the Saturday celebration, Frank Mottek of CBS Radio announced the unveiling of the new line, spoke about the project and introduced the Azusa High School Marching Bands which performed the National Anthem.

Mottek also introduced the installation of the final e-clip, a binding hook that secures each rail to the track – the final piece of the track from Azusa to Pasadena.

Track Foreman Elias Avila installed the final e-clip.

More than 30,000 e-clips secure steel rails to the concrete ties to form the tracks.

"Working this job hasn't been the easiest," Avila said. "But this project is larger than any other I've done. It's helped me bring in more money for my family and I hope it does the same for others."

Rocha thanked Avila, as well as other workers.

The project has supplied more than 7,000 jobs for local community members, Rocha said.

At the end of the ceremony, a commemorative plaque was unveiled to thank the officials and workers who made the project possible.

"It's not every day that a large project is on time and under budget," said Doug Tessitor, Glendora city councilman and chairman of the Foothill Gold Line Board of Directors.

The crowd cheered as board members spoke about the future of the next two extensions.

"It doesn't matter what it takes," said Rep. Judy Chu, D-California, whose district represents San Gabriel Valley cities from Pasadena to Upland.

Chu said she plans to keep pushing for the next extension of the Gold Line east.

"What matters is that we brought our tax dollars to use in our community and we're going to keep pushing for the Ontario Airport (railroad extension)."

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> 'It is important that we keep pushing to extend the Gold Line track. Our community deserves the chance for more opportunity in Los Angeles, because the cost of living is too much there.'
> *—Rep. Grace Napolitano*

Inside The Campus Times



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Exercise improves kids' behavior

Yaya Pineda
Staff Writer



Megan Peralez

Associate Professor of Kinesiology Brian Clocksin speaks to students and faculty about his work empowering adolescents, during his lecture Monday in the President's Dining Room. Clocksin, with students in his FLEX class, conducted research at Roynon Elementary School, which involved teaching children how to play and interact in a group setting.

Brian Clocksin, associate professor of kinesiology and chairman of the kinesiology department, talked about his research that links physical activity to self-efficacy in his lecture, "ClubLeo: Empowering Adolescent Responsibility (CLEAR)," Monday in the President's Dining Room.

The CLEAR project uses a reflective learning cycle to increase students' social awareness and personal responsibility through physical activity.

"Kids are often afraid and so they don't know how to participate," Clocksin said. "If they stand around and do nothing, more often they get into trouble."

The CLEAR project ran from fall 2013 through spring 2014. Clocksin and his group of students went into Roynon Elementary School in La Verne for a few days a week after school.

They applied this method to a group of fourth and fifth grade students who were identified to have behavioral issues in the classroom.

"People come up to me and ask me if I can teach their kids how to play," Clocksin said. "These activities will get them very engaged."

He found there was a change in those kids who would typically stand around and cause trouble.

Kids from this group of the research continued to attend the after school program even it switched from fourth and fifth graders to first graders.

Just like the model predicted, these kids began to assume leadership positions with the younger kids.

"I'm working to be a teacher so I work with little ones as a part of my internship," said Renee Cruz, junior liberal arts major.

"They are squirmy and hyperactive and will stay this way unless you do something."

With funding from the La Verne Academy, the group was able to purchase wristwatches that kept track of the rigor and duration of the kids' activities.

Clocksin downloaded the information gathered onto a computer.

Afterward he and his students would analyze the data.

"The kids just knew they got to wear a cool watch for the day," Clocksin said.

"Maybe it was the year of math I took before switching my major in college," Clocksin said.

"But I really believe that there is a correlation between math and being active."

For these experiments he set up a series of stations that all required physical activity of some sort.

The kids would be active and play the games and would then be asked a series of questions afterward.

The questions all revolved around math. They were asked to graph how the duration of their workout, whether they had fun, and to compare small with large numbers.

Though the research is still ongoing and no conclusive evidence can be identified, Clocksin was able to see a change with some of the fourth and fifth graders he briefly worked with.

He observed that they began to take the initiative in group related activities to the extent where they took a leadership role in the group.

"I was shocked with his statement that kids don't know how to play," said David Werner, chairman of the English department. "It's difficult to grasp the idea."

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CORRECTIONS

The Campus Times is committed to accuracy. When we make mistakes, however, it is our policy to correct them as soon as they are brought to our attention. If you find a mistake in the Campus Times, please let us know at ***ctimes@laverne.edu***.

In the story "Vigil celebrates LGBT community" (Oct. 17), Liam Machado was mistakenly identified as an ally. Machado actually identifies himself as part of the LGBTQ community. The Campus Times regrets the error.

Club educates on domestic violence

This month is to raise awareness

Jennifer Jackson
Staff Writer

La Verne's Voices in Action club held a domestic violence awareness presentation Monday in the Campus Center Ballroom in recognition of Domestic Violence Awareness Month.

Sandra Maas, senior business administration major and club president, spoke about what constitutes domestic violence and how to assess such a situation before a small group of about 10.

Some reasons people stay in toxic relationships are fear, low self-esteem, pressure and the belief that it the relationship is normal.

"Everyone deserves a healthy, normal functioning relationship, and you want to make sure they know that," Maas said.

Maas told her audience about the signs of domestic violence, and shared statistics about who is affected.

She said the best thing one can do for a friend who is victim to domestic violence is to be supportive and to listen, but also express concern.

"My advice for someone going through domestic violence is find a way to get out," said Kimberly Navarro, senior business administration major.

"I understand it will not be easy and you will go back — maybe when you don't want to, you will be tempted and you might go back again — but you will get out of it and it will be done. You just have to figure out how."

Maas and Navarro are co-presidents for One in Three, a club that focuses on domestic violence and sexual assault.

"I personally have never experienced domestic violence, but now I know what to look for in all different scenarios," said Jenny Formica, junior speech communications major. "I really liked that (Maas) brought awareness to the situation because it is something that should never be tolerated."

Pizza and drinks were provided by the club and the tables were decorated with purple ribbon pins, purple Hershey's kisses and purple flower centerpieces. Purple is the color used to represent domestic violence awareness.

"It is important to bring awareness because we have an idea that it is strictly in marriage and doesn't happen anywhere else," Maas said. "When you have a set idea of what something is, no one tends to look past it. When no one looks past it, you aren't helping who is being affected."

Voices in Action meetings alternate between Tuesdays and Fridays and is advised by Professor of Education John Bartelt.

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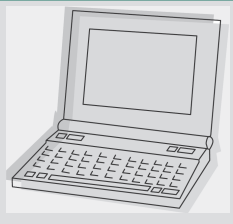
WEB EDITION



The award-winning Campus Times Online Edition is now being updated throughout the week with event coverage and breaking news.

Log on to ***laverne.edu/campus-times*** *for current and past stories, and additional columns and blogs, or leave a comment.*

You can like us on Facebook and follow us on Twitter ***@lvcampustimes*** *and Instagram* ***@campustimes*** *for all the latest updates on local and on-campus news.*

The Campus Times accepts story ideas via our social media sites and email, ***ctimes@laverne.edu***.

Carter promotes unity at Roynon

New vice principal appointed

Liz Ortiz
Metro Editor

Roynon Elementary welcomed a new assistant principal to their staff, Tomeika Carter. Carter, 38, stumbled upon her passion for education when she moved to Monrovia more than 10 years ago and decided to apply for a substitute teaching position. She decided to pursue a higher education and received her master's in education and her teaching credential from the University of Phoenix in Pasadena. She taught middle school history for seven years and has now accomplished her goal of being in an administrative position for education.

What are your goals as the assistant principal for Roynon?

Well my major goal is to support teachers in any way that I can and obviously student achievement, but I want Roynon, and I see that it already is, to stay a place where kids come and they're happy. I would really like to be a support for teachers and students, and hopefully increase achievement as well. Matt (the principal) and I really try to be a part of school culture. It's about letting kids know that we have an interest in who they are and in their success. This is the age where you remember your teachers. You remember your principal, and so that's really important to me.

How has the transition been from working at a middle school to working at an elementary school?

It's been a lot easier. You realize that elementary, for me, is a lot easier than middle school. I also think it's because of the support of the staff. Everyone has been really supportive including all of the teachers, Matt (the principal), the office managers. They've been really good with acclimating me to Roynon. I feel like the luckiest lady in the world.

How did you become interested in education?

If you ask my mother, she'll say that I've been playing school since I was little, and I was always the teacher, so clearly it's my personality. I love to learn, and I think I'm one of those people who will be a life long learner. I think teaching and education is one of the jobs, the only job actually, that I've had where you get instant gratification. I wanted to see myself helping people and seeing the actual results of it.

Who was your role model or mentor growing up?

I continue to have role models, so I would say my role models change as I go along. I'm almost like a parasite. When I find or meet someone I'm inspired by, I kind of try to follow the trajectory of their career and what they've done, and I try to model my actions after that. I would say most recently I had a superintendent in my old district who was just really amazing in the way she was able to deal with people and solve problems. She was instrumental in helping me decide that the next step for me was administration.

What is your favorite childhood memory?

I have very fond childhood memories of elementary school. Thankfully I had a natural intellect. I didn't have to try really hard to be successful in school, and I remember getting lots of accolades from teachers and being able to grade papers and do all of those things because I had finished my work before everyone else. I have really fond memories of helping my teacher, but also having teachers really invested in me. I think that is what really drew me into education because of those fond memories.



Michael Saakyan

La Verne's J. Marion Roynon Elementary School announced the new assistant principal Tomeika Carter in October. Carter hopes to improve the school's academic success. Carter shows support for her favorite baseball team, the Los Angeles Dodgers, with a bobblehead of outfielder Yasiel Puig. "I'm also a big Lakers fan, but it's been tough to be one recently," Carter said.

What is the best piece of advice you've ever received?

I think the best piece of advice is two-fold. First don't be afraid to ask questions. I preach that to students, but as an adult you have to remember that too. I'd rather ask how than make the mistake and have to go back. The second is don't beat yourself up about a mistake. Mistakes are bound to happen. You learn from it and move forward.

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IVHS and assemblymen host Adoptoberfest

Hal Hargrave
Staff Writer

The Inland Valley Humane Society and the Society for the Prevention of Cruelty to Animals brought love to the month of October with its Adoptoberfest event, which is providing families in the area an opportunity to adopt animals for free.

Local assembly members Chris Holden, of Pasadena; Freddy Rodriguez, of Chino; and Roger Hernandez, of West Covina teamed up with the IVHS and SPCA to host a free pet adoption event for the month of October in the Inland Valley.

"The three parties teamed up to make this happen to bring awareness," said Primo Castro, communications director for Roger Fernandez. "We also believe that it brings great opportunities to individuals in the community to adopt and have a pet of their choice that they typically could not due to financial constraints."

IVHS constantly hosts adoption events throughout the year that correspond with the seasons. Last year IVHS hosted "Santa Paws," a holiday themed adoption event. Instead of paying an adoption fee, pet adopters gave donations to the IVHS.

Adoptoberfest began on Oct. 3 and will continue until the end of the month. The event is open to the community, so dogs, cats, birds, rabbits and guinea pigs can find loving homes.

"Since it all began at the beginning of the month, we have adopted out 200 animals to loving families," said Robert Avila, development and communications director at IVHS. "But because we are taking in 10 to 15 new animals daily there are plenty of animals that will be left to be adopted as the month goes on."

On the first day of Adoptoberfest, 48 animals found new homes, but since then, more than200 animals have been adopted. IVHS has already reached its typical monthly average just two weeks into the month.

On July 8, the Pasadena Humane Society along with Chris Holden and other fellow assembly members conducted the first adopt-a-pet day in the area, and saw great success which prompted the urge to want to do the event again with the IVHS.

The Pasadena Humane Society had 46 pets adopted the day of the event, where on a typical day only 10 animals are adopted.

"The humane societies are so impacted, so this event is something that allows the humane societies to reach more people," said Wendy Gordon, communications director for Chris Holden. "It was so successful that we have already decided to go through with having this event again next year."

With the backing of assemblymen like Chris Holden, the humane societies are able to reach people that are on the assemblyman's mailing list to spread the word about the event.

The IVHS took the idea of a step further by doing a full adopt-a-pet month rather than just the day, so individuals who may have had possible conflicts getting into the Humane Society for just one day are able to come throughout a full month to adopt a furry friend.

"All the fees have been waived, except for a $30 fee for a microchip implementation in to both the dogs and cats," Avila said.

Adoption fees can typically exceed over $145, but these fees are waived for the entire month and includes the first set of shots and vaccinations for the animals, spay and neutering costs, and a two week follow-up care visit with the Video Corporation of America Animal Hospital in Upland.

The office of Freddy Rodriguez was unable to comment by deadline.

"These pets and animals give unconditional love," Avila said. "So if you have the love, the faith, the patience and the time, then make sure you come down before Oct. 31 and adopt a pet."

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University prepares for next shake

Melissa Gasia
Staff Writer

The University participated in the annual statewide earthquake drill "The Great California Shake Out" at exactly 10:16 a.m. on Oct. 16 to encourage everyone to prepare for the "big one."

At 10:16 a.m., students, faculty and staff had to practice the "drop, cover and hold on" during their class hours or faculty meetings. This concept refers to how everyone should "drop" to the ground once they feel an earthquake, "cover" their heads while seeking for a nearby table to go under to and "hold on" at a secured spot until the shaking stops.

Campus Safety and Risk Management also presented a California Shakeout Disaster fair in the Campus Center.

Jeff Boster, emergency manager of Campus Safety, coordinated the event and invited organizations – including Cintas, the facilities department, American Technologies Inc., Associated Students of University of La Verne, Disaster Survival Skills, Sempra Energy utility, – to inform and capture more awareness on campus on what to do after the shakeout.

"It's all about preparedness, response and recovery. This is to showcase what we've done to reassure that the students are safe," Boster said.

There were safety equipment demonstrations. Lead Campus Safety Officer Laura Avalos taught students and visitors how to use a fire extinguisher and rated how long it took them to put out the pretend fire on a digital screen.

Owner of Survival Disaster Skills and retired firefighter Captain Wayne Bennett and was selling emergency survival kits. These grab-and-go kits contain first aid items, food bars and water pouches that do not expire up to five years.

"We're going to have an earthquake," retired firemen Captain Wayne Bennett said. "This is going to happen probably within the next five years. There is a 90 percent chance that this will happen because we are way overdue for this earthquake."

A group of officials of the University – president, incident commander, operations section coordinator, planning section coordinator, logistics section coordinator, student care coordinator and finance section coordinator – acted as if there was a real disaster and met at the Emergency Operations Center.

They talked about the "what ifs" – What if the football field was taken out, where should everybody go? – and created a plan for when real disaster strikes.



Helen Arase

Victor Gomez, customer service team lead for The Gas Company explains to University Advancement Office Manager Renee Heckenlaible when or when not to shut off your gas line at home in an emergency. University Evacuation Team Leaders attended the Great California Shake Out in the Campus Center Oct. 16. Gomez demonstrated with a wrench how to shut off a line, but warned that it could take a long time to regain hot water and other comforts.

The Athletic Training Club demonstrated basic skills such as what to do with an arm or leg splint. They showed how to fold and knot a cloth to wrap around different parts of the body to prevent injured body part from moving and further getting damaged.

"It's important to learn these because when an earthquake happens, anything can happen to injure the upper body and you want to prevent any of that," junior athletic training major Celiana Vargas Guerra said.

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Race relations discussed in Ferguson context

Emily Lau
Staff Writer

Faculty and staff members of the University of La Verne discussed the effects a militarized mindset have on the police at a panel titled "The Social Context in Which Law Enforcement Operates: Militarization of Police and Race Relations in Law Enforcement Encounters," the third part of the five-part series "Ferguson: A Call for Understanding and Action," Thursday at the La Verne College of Law.

The panelists were Isaac Carter, director of student affairs at the College of Law; Stanley Skipworth, senior director of campus safety and transportation; and Matthew Witt, professor of public administration.

Visiting Assistant Professor of Law Michael O'Connor moderated the panel.

Law School Dean Gilbert Holmes provided an introduction and recap of the previous panels.

O'Connor followed with a video clip from "The Wire," a crime drama television show set in Baltimore. The clip involved a conversation between a major and police sergeant as they reflected upon the modern day police force.

"We hear a lot about militarization and it's usually discussed in terms of hardware – tanks, armored personnel carriers, helicopters, body armor and assault weapons," O'Connor said.



Mariela Patron

Matthew Witt, professor of public administration, discusses the book "Rise of the Warrior Cop" during the third discussion of the series "Ferguson: A Call for Understanding and Action" at the College of Law Oct. 16. Also included in the panel was Stanley Skipworth, senior director of campus safety and transportation, who discussed the rise of violence in police culture.

"The clip we just saw discussed not hardware but a shift in mentality from policing to combat," he said.

All three panelists agreed to an extent that such a mindset and other factors such as race have had impacts on how police forces interact with their communities.

"I think that mentality can be described as, from a protective state of a police department to one of a predatory state, to try to keep the control of society by controlling the population in where people can mobilize and move freely," Carter said.

The panel moved on to a discussion about the impact of using military hardware in police forces.

Skipworth, a former police chief for Cal State Long Beach, has had personal experience with training and working with police forces.

He recalled the differences in today's police force and described how many police officers wear thicker ballistic vests on the outside of the clothes as opposed to inside.

"I think that a lot of the more frequent appearances in just the traditional police officer who is assigned to go out and patrol – that look has changed significantly," Skipworth said.

"They look even larger, they look more imposing and I think that part of that feeds into their mindset, if you will, about how they're going to go out and do their jobs."

The topic then shifted to what the panelists thought about race and how it influences police forces and the community.

Witt said based on research and data, he believes that race has a profound effect.

"Particularly black communities in the United States have been beset upon by congress of sorrows like no other experience in the United States and these were not choices made by people of color," Witt said. "These were choices determined, predetermined."

Carter, who is African-American, shared his own personal account about growing up in St. Louis, when a police officer told him to go back into his house because of curfew despite being on his porch.

"There has always been an antagonistic relationship," Carter said.

"There has never been a police officer like, 'How's school going?' or asking about your family. It's about profiling, stops and 'I know you have a friend that sells drugs. Are you selling drugs too?'" he said.

The panel ended with a question and answer session that expanded the discussion of militarization of police forces to more local issues, including the Los Angeles Unified School District possessing grenade launchers and a tank and the possibility of equipping the University campus security with batons and pepper spray.

Regarding campus security acquiring new equipment, Skipworth said the subject has been discussed for the sole purpose as a protective option.

The fourth part of the series, "Community Justice: Community-based Alternatives to Traditional Law Enforcement," will be held Nov. 18.

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Service workers deserve respect

An 11-minute video of a Wisconsin woman ranting about poor service at an Appleton Bath and Body Works took the internet by storm in early October.

The video has been received with light humor and has even sparked various internet memes without many people considering the serious issue at hand; there is far too much disrespect and degradation towards service workers.

The video in question features the YouTube user Az4angela expressing the possibility of her boycotting Bath and Body Works after an upsetting visit to the store where they did not have the candles she was searching for.

Despite the video's description including the YouTube star's guarantee that, "this situation did happen but I did EXTREMELY OVERREACT for the purpose of YouTube. It is meant to be funny," Az4angela states which Bath and Body Works the situation happened in and she specifically calls out the manager's name without any consideration towards the manager's privacy or safety.

Although the YouTube user claims to be a nice person, she verbally assaults the manager regarding her as a "bitch" and threatens to call her district manager where her "ass will get reamed."

This is a prime example of people taking service workers for granted. Although it is an ordertaker's job to provide hospitality and correctly record your order and a cashier's job to scan and bag your items, it is the responsibility of the customer to remember that service workers are people who deserve just as much of respect as any other person.



Editorial cartoon by Jacob Bogdanoff and Des Delgadillo

Too many times people feel entitled to degrade service workers to be less than human which is downright disgusting and shameful.

It is widely known that people talk down to cashiers, waiters and fast food workers, and it is not a secret that people with these types of jobs experience a lot of abuse from the consumers whether it be an upset customer screaming about an onion wrongfully in their burger or a distressed customer demanding to have a product that is no longer in stock.

It is embarrassing for humankind that there are articles such as this one to remind us all that service workers are people who deserve to be treated as such. Outside of their jobs they have families, feelings and aspirations such as the rest of us.

If you still feel entitled to demean service workers for their type of work after reading this article, you should be ashamed of yourself for seeing other people as anything less.

Next time your waiter serves your food or a cashier rings up your items, don't forget to thank them for doing their job with a smile on their faces despite them working somewhere many people do not find ideal.

Assault is a serious matter

A female student who was allegedly assaulted on campus has recanted her allegations, according to a Student Info email sent to students and faculty Wednesday night.

The alleged assault occurred early Tuesday morning, while she was walking to her car. The student had reported that four unidentified men followed her and one grabbed her shoulder, but she was able to escape.

Responses to the incident report immediately flooded the Yik Yak app where students anonymously posted crude comments such as, "Girl who claimed assault in the parking lot and recanted, you suck. Sincerely, Everyone," and "Most definitely...Apparently she was on an emergency need of attention."

It is a shame that students are quick to judge a serious event without any sort of empathy or consideration for why the student in question made or recanted her assault report.

Despite the glamorized episodes you may see on cop shows, assaults do happen in real life, and the student body has to realize that there might have been more to the incident — and her reason for recanting.

Perhaps the female student was threatened or otherwise pressured to back away from taking legal action.

According to the Justice Department, one in five women are sexually assaulted during their time in college. It is an embarrassment that rather than express concern for the female student, students shame her for her allegations — and do so on a toxic, anonymous app that contributes nothing positive to the student body.

Media still mock mentally ill

If your reaction to Amanda Bynes' mental breakdown was to laugh, but your reaction to Robin Williams' suicide was to cry — you're a hypocrite.

The stigmas associated with mental illness are still strong and the misunderstanding of mental illness is even worse — something that is very easy to see in the pop culture saturated media.

A quick Google search brings up page after page of sensationalist headlines either claiming how "Amanda's Lost it Again," "What the Hell is going on with Amanda Bynes?" or even worse, pages that mock her.

Mental illness has become a spectacle, and this is nothing new.

We can all remember the infamous photos of Britney Spears shaving her head or the media frenzy that surrounded Lindsay Lohan when she was in the depths of her drug addiction.

They are still being mocked to this day for the struggles they endured while they also happened to be under the glaring spotlight.

While it is not entirely fair to identify Bynes' illness or the reason for her very public breakdown because she has not yet stated her reason or identified her illness, she is clearly going through something very serious that should be taken seriously.

Mental illness is no joke. It is an exhausting uphill battle that a person must deal with every single day.

Whether a person has a mood disorder, an eating disorder or an addiction, they should be treated with the same kind of seriousness and respect as a person with any other physical kind of illness when they are still alive.

Before singer Amy Winehouse died of alcohol poisoning after years of drug and alcohol addiction, she was called a "hot mess" and was dragged through the mud.

However, after she died, the tone suddenly changed to people calling her "troubled" but a "musical genius" something they did not conveniently seem to notice when she was alive.

Is it going to take Amanda Bynes' tragic death to make more people take her seriously or to treat her with the respect and support she deserves now?

When someone famous dies, especially due to suicide or an overdose, people always ask what they could have done to stop it.

For one, treat these people with compassion. Stop laughing at their struggles. Stop invalidating their pain because they happen to be wealthy and famous. Celebrities with mental illness are people with mental illnesses.

We should not wait for them to die before we show them some compassion.

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and are due by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel. Letters may be sent to **ctimes@laverne.edu**.

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Fall 2014

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Powder Puff ignites sorority rivalry

Gabriella Chikhani
Staff Writer



Julian Mininsohn

Senior child development major Chanellei Flores scurries past senior kinesiology major Krystal Gutierrez in CAB and RHA's Power Puff Girls Powder Puff Game Tuesday. Flores led the Sigma Kappa team to a victory over team Coalition, 26-12.

Four shirtless male cheerleaders, bedazzled with glittered leopard footprints on their faces and chests, waved their orange and green pom-poms around as they pumped up the crowd with their cheer, "Leo fans we wanna see you stomp and shake it."

The two teams heading off to battle were huddled on separate ends of the field and were swaying from side to side as they chanted their final cheers. On one side there was team Coalition dressed in all black and on the other was team Sigma Kappa wearing maroon sorority jerseys.

The Power Puff Girls Powder Puff game Tuesday night at Ortmayer Stadium, organized by the Campus Activities Board, was a another spirited event.

In the annual pre-Homecoming game, Sigma Kappa defeated Coalition, 26-12, and each member went home with a Yogurtland gift card.

"We had a basic idea of what we wanted to do prior to the game, and then during the game we made a lot of adjustments based on what the other team was doing," said Kason Kennedy, junior kinesiology major and Sigma Kappa coach.

Five La Verne football players coached Sigma Kappa and one track and field athlete coached Coalition.

Coalition was made up of 14 members from Iota Delta, Phi Sigma Sigma, Alpha Omicron Pi and two non-organizational members.

"It's not like we're old rivals, but when it comes to competing in sports it's kind of like that Adam Sandler movie when the prisoners play against the police officers," said Jaime Kons, sophomore public affairs major and Coalition team player.

The team named itself Coalition because the players came together from different organizations. They all wore black to show how they were different but united as a team.

"It was a lot more competitive than I thought it was going to be and it started off as fun but then once it became the second half it got really serious. But we were the second best team out there," Kons said.

The Sigma Kappa team was made up of six Sigma Kappa sisters and two audience members recruited minutes before the game started.

JT McLuckey, junior kinesiology major, and Kennedy wore headsets to discuss strategies and coach Sigma Kappa in play changes during the game.

"They used their individual strengths really well to form the team, and teamwork-wise they were all in it, and you could tell that they all wanted to win," Deanna Doss, senior business major, said.

The competition on the field was fierce. There was shoving, shirt pulling and arguments over the calls made by the referees.

"There's a whole other side to every girl and you wouldn't think you would see it, but then the competitiveness came out on the field," Kons said.

During the halftime show the four male cheerleaders took to the field to show off their dance moves. When the music got cut off, the guys kept humming and dancing along making a "Mean Girls" style comeback.

Savannah Torres, sophomore CAB major events co-chairwoman, said the board picked the Power Puff Girls Powder Puff game to go along with the Homecoming theme and to help bring out the inner child in students.

When the game ended, players from both teams congratulated one another with high-fives and gathered for a group photo.

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Students voice feelings on domestic violence

Michael Saakyan
Book Editor

Students gathered to write words of encouragement on a graffiti wall Friday on the South Quad as part of the "La Verne Against Domestic Violence" event hosted by the Campus Activities Board.

Philanthropy chairwoman and sophomore communications major Jasmine Marchbanks organized the event because of recent domestic violence cases involving the NFL.

"I was thinking about something that is relevant right now and I came up with domestic violence, especially after all the events from the Ray Rice situation," Marchbanks said.

A food truck from The Fry Girl provided free apple fries and fried Oreos to everyone participating in the event.

Marchbanks gave out pencils with the words "Stop Domestic Violence" on them and purple ribbons and brochures from the National Coalition Against Domestic Violence.

The Coalition was founded in 1978 with the purpose to "organize for collective power by advancing transformative work, thinking and leadership in communities and individuals who seek to end violence in our lives."

Not only does the Coalition help victims of domestic violence, but it also education on violence toward women and children.

A large white board stood in the middle of the South Quad with the words "La Verne Against Domestic Violence" written on one side while the other consisted of encouraging words.

"Real men don't beat women," was written by Phi Delta Theta and "Anger is not to be taken out on people, it is to be taken out of your own mind," by Sigma Alpha Epsilon.

A large number of male La Verne students were showing their support for the event.

Sophomore undeclared major Dane Anderson said the event was a great way to raise awareness of the struggle women feel in abusive relationships.

Sophomore history major Jason Umansky said the event was a great way to have people discuss the affects of domestic violence.

"After all these NFL scandals with Ray Rice, Adrian Peterson and a lot of other celebrities, it's coming out more in the news," Umansky said.

To get help dealing with domestic violence call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or visit **thehotline.org**.

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First person experience:

Juice fasting yields few benefits

Downside of cleanse: taste, cost

Kellie Galentine
LV Life Editor

I cracked the seal of my sixth and final juice of the day. I poured the blend of cold pressed cashew milk, agave nectar and vanilla bean over ice and took a sip. The "dessert" drink I had been looking forward to for hours proved to disappoint my taste buds as my gag reflex was triggered yet again.

The juice-cleansing trend has caught on with juice bars like Nékter popping up across SoCal.

During Nékter Juice Bar's "One-Day Classic Juice Cleanse," I drank six bottles of cold-pressed juice, each designed to play a unique role in detoxifying the body and decreasing cravings.

According to **mercola.com**, a leading health website, juicing has the benefits of boosting the immune system, increasing energy and helping absorb all of the nutrients in vegetables.

During my juice cleanse, I felt more energetic at the end of the day than usual and also discovered some other benefits. Throughout the day my body felt less bloated, which could have been from the amount of water I drank in addition to the juice and the next day my body felt less cravings. Despite the benefits, the process proved to be less than thrilling.

I walked into Nékter in Upland and picked up a Grab-n-Go classic cleanse from the front counter, which included a day's worth of juice in an insulated cooler pack. The one-day cleanse cost $48 and once I bought it, I knew there was no going back.

The cleanse directions suggest the day leading up to juicing to eat only clean foods including fresh vegetables and fruits–something I neglected to take seriously. I really do not think that eating healthy the day before my cleanse would have made my experience better.

When I woke up the morning of my cleanse, I was excited and ready to get started – until I took my first sip of juice. The first juice a bright green and was filled with apple, parsley, kale, spinach, mint, lime, cucumber and celery.

It made me gag. Note to self: make sure you like cold-pressed juice before committing to drink it for an entire day.

Now, I am not saying that Nékter has gross juice; friends and family who like cold-pressed juice tasted my drinks throughout the day and thought they were tasty. Every two to three hours I opened the seal of a new drink, and plugged my nose while I chugged.

The cleanse directions also allowed for me to eat a handful of almonds, which I took advantage of around noon when I started to feel a bit woozy.

Aside from drinking down the juice, my day was a routine Saturday. I went to my little brother's soccer game, did homework and went to work to serve tables.

My favorite juice of the day was called "Skinny Lemonade," which was a blend of lemon, agave nectar and cayenne pepper. The sweet, spicy and sour drink was a vacation from the cold-pressed green goo I drank the rest of the day.

With the juicing trend, many people opt to make their own juices instead of buying a pack from juice bars like Nékter.

Mercola.com also said that drinking green juice can become a beneficial daily routine and can be made at home using fresh veggies and a juicer.

For my next juicing endeavor, I would make my juice at home instead of buying it so that I could control the taste of each juice. Not only will it taste better, but it will not be so expensive. For more information about Nékter cleanses, visit **nekterjuicebar.com**.

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Majority of students read gossip on Yik Yak

Alyssa Navarro
Staff Writer

A relatively new social media app, Yik Yak, is causing a lot of buzz on college campuses across the country, and La Verne is no different.

An informal survey of students on campus found that 11 out of 15 students have used the app. Although not every student is a frequent Yik Yak user, many students still use the app to see what interesting gossip is spreading around on campus.

"A wide variety of people use Yik Yak, especially people you wouldn't expect," junior speech communications major Jennifer Wheeler said.

"They may not necessarily post but they are definitely on there checking it out and seeing what's being posted."

Yik Yak is essentially an anonymous version of tweeting. It acts like a local bulletin board by allowing anyone to connect and share information anonymously. The app requires no sign up, profile or password. It uses GPS enablement to send yaks, or messages. It shows the most recent posts from other users within a 1.5-mile radius.

Recently, Yik Yak has added a new feature where you can search and save any location for any location in the world. That way, even if you are 50 miles away from campus, you can still search it up and read the "yaks" for that region.

Yik Yak has a list of rules for users to follow. The app's first rule is, "You do not bully or specifically target other yakkers." As one might expect, not all user adhere to this rule.

Students still continue to post offensive material calling out specific people and organizations.

"The app is really scandalous because people mention other peoples names directly even though they are not supposed to," senior kinesiology major Michael Bonnocattio said.

Nick Estevez, junior chemistry major, has been mentioned on the app. A user commented about his good looks by specifically calling out his number on the team.

"It was pretty flattering but at the same time you never know how sincere it is when it's coming from an anonymous source," he said.

Because the posts are anonymous, as often happens when people are allowed to say things on the Internet from behind the veil of anonymity, the comments can get mean and inappropriate.

"The negativity is really unnecessary but it's not anything unexpected," Wheeler said.

Trends among the "yaks" contain negativity surrounding

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Court...

Continued from page 1

prince and broadcast radio major.

"All of these guys are awesome, so I'd be happy for any one of us to win."

Before the event began, CAB members handed out apple cider to students so they could participate in the homecoming toast.

After the court was announced, CAB lead the toast and congratulated the homecoming nominees.

CAB will announce homecoming king and queen in a surprise 1990s style manner Saturday during halftime at the football game.

"I mean I can't give it away, but let's just say it involves a classic '90s TV show," Chris Gonzalez, CAB chairman, said.

The Homecoming festivities will continue at 10 a.m. Saturday, beginning with the Homecoming street fair and parade on Second Street.

For more information about Homecoming, visit **laverne.edu/homecoming2014**.

Liz Ortiz can be reached at ***elizabeth.ortiz@laverne.edu***.



Emily Bieker

Junior Teresa Crum and sophomore Bianca Rivera wait with the rest of the crowd for the announcement of the Homecoming Court, Monday at Mainiero Square. Celebratory snacks of apple cider and cake pops were offered to those who showed their support to the princes and princesses. Homecoming king and queen 2014 will be announced during Saturday's Homecoming football game.

Madness introduces hoops squads

Teams play in the 'Moonlight'

Hal Hargrave
Staff Writer

Hakim Arnold, sophomore kinesiology major, stole the show in the traditional slam dunk contest in front of a crowd of more than 500 at Frantz Athletic Court for the annual Moonlight Madness basketball kickoff event Oct. 16.

"Moonlight Madness is held every year and is an opportunity for the fans to come out and see who's on both the men's and women's basketball teams and what the teams are about," junior communications major Emily Myers, center for the women's basketball team, said.

"It's a chance for the fans to come out and participate in fun games, raffles, contests and activities and get excited for the start of season," Myers said.

The night started with players from both the men's and women's teams getting introduced to the crowd as they ran down the court and their names were yelled to the cheering audience.

Women's head coach Julie Shaw then gave a quick introduction to the fans about the festivities going on for the night.

The event was sponsored by Jimmy John's sandwich shop in La Verne. Jimmy John's gave away sandwiches throughout the night to fans that were cheering the loudest and showing the greatest intensity.

Niall Harrison, senior center for the men's team and a sociology major, said that his favorite part of the night was a competition where a man and woman raced to the center of the court to put on baggy clothes then quickly make a layup.

There was also a hotshot competition for fans have to make as many shots as they could in 30 seconds.

Different ranges of shots accounted for more point values.

"It was fun to come in and play after not shooting the basketball for forever," senior football player and kinesiology major Carvante Hill said.

"I bricked a half-court shot right off the bat and tried to shoot a couple of threes after that and realized I was down 2-0 to a girl. Then I tried to start shooting some webs but still lost anyway, even though it was a great time."

A game of knockout pegged the athletic staff against members of Greek life where participants competed in a shooting competition.

The men's and women's basketball team competed in a three point competition against each other, where each team also had one person from the audience shooting with them as well.

For the first time in three years, the men's team was able to take away the victory with solid shooting from the team and one fan from the stands.

"It was good to finally get a win against the women in the three-point competition," junior guard for the men's basketball team and business major Weston Newell said.

In the spirit of Halloween, players picked out the best neon outfits in the stands, and the crowd judged them on their outfits.

The loudest cheers from the crowd indicated the winner.

The highlight of the night was at the end of the event when the men's basketball team had a dunk competition that featured four of its players Arnold, Harrison, Anthony White and Evan Roberts.

Both Roberts and Arnold advanced to the final round of the dunk competition, but Arnold's dunk over a rack that holds basketballs brought the house down and gave him the victory.

"It was a blast to do something we don't typically do in practice or in games and compete with each other was showing off our dunks to the crowd," Harrison said.

"But, my favorite dunk of the night was when Hakim threw the dunk down jumping over the ball rack."

The night concluded with special remarks from the eight-year veteran head men's basketball coach, Richard Reed, and followed with a meet-and-greet on the basketball floor for fans to meet the players and coaches, and shoot the ball around.

"This is the most athletic team that we have had since I've been here and hopefully the fans saw that tonight," Newell said.

"I can't wait for the season to start and for us to get out and run in transition to see what we can do."

The men's team has a lot to look forward to this year after finishing sixth in conference last year and with four incoming freshman and many returning veterans.

The men's basketball season will start at 5 p.m. Nov. 1, when the Leopards play at Boise State.

The women's team will be right in the thick of conference play this year after finishing fifth last season and having five incoming freshman, two transfers and three new assistant coaches this season.

The women's basketball season jumps into action at 5 p.m. Nov. 1 at the Frantz Athletic Court against Cal State San Marcos.

Hal Hargrave can be reached at ***hallett.hargrave@laverne.edu***.

Yik Yak...

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Greek life or the food served at Davenport.

"It's a way for people to vent or talk about how much the school sucks," Karla Ruiz, junior multimedia major, said.

If a post is stirring up too much negativity, there are ways that it can get taken down. It has to get down voted enough times by other users on the forum for the comment to disappear.

"When I see really bad comments about people I just down vote it," Ruiz said. "If there are enough down votes on a comment (Yik Yak) deletes the post."

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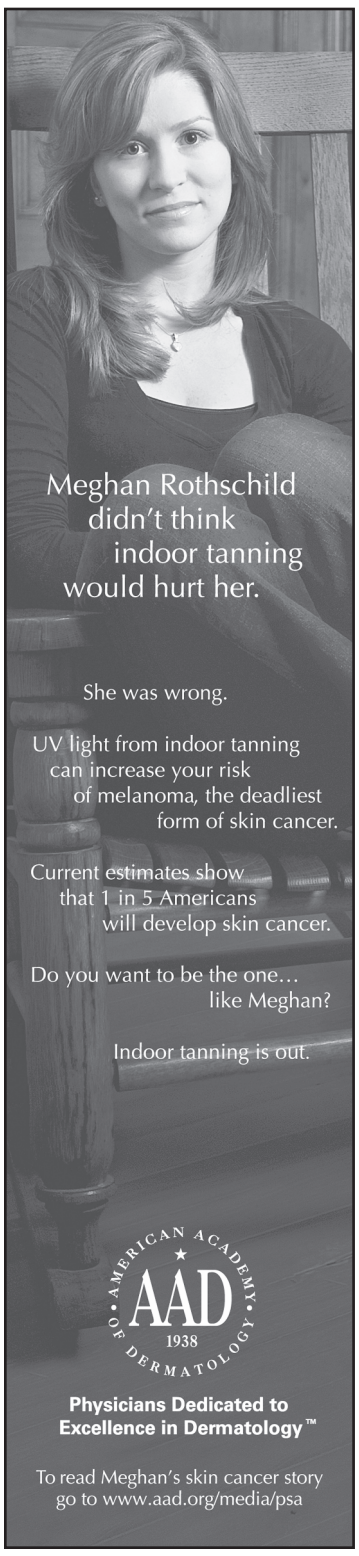

Nocturnal creatures emerge into light



Daniel Torres

Bobby Conner, Jennifer Mosson and Marco Casteneda admire the wolfdog Damu at the "Things That Go Bump in the Night" event Saturday at the Rancho Santa Ana Botanic Garden in Claremont. Damu is trained to perform for cameras. The event highlights animals that have a reputation for being frightening or bizarre by letting visitors get up close with them.

HAPPENINGS

'The Purge: Anarchy'

The Campus Activities Board will screen "The Purge: Anarchy" 10 p.m. Thursday in La Fetra Auditorium as part of CAB's Halloweek.

'Transforming Feminism'

"Transforming Feminism," which includes works from Professor of Art Ruth Trotter runs through Oct. 25 at the South Bay Contemporary in Rolling Hills Estates. Admission is free.

'Pictures of Everything'

Harris Gallery's exhibit, "Pictures of Everything" features abstract paintings from 10 different artists. The exhibit runs through Oct. 30. Admission is free.

'We Sold a Winner'

The Carlson Gallery exhibit "We Sold a Winner: On Resilient American Dreams" by Edie Bresler runs through Dec. 12. There will be a reception 5:30 p.m. Oct. 30 in the gallery. Admission is free.

'Radius Abstractus'

"Radius Abstractus," a solo exhibit by Augusto Sandroni runs through May 30 at the Tall Wall Space in the Arts and Communications Building.

Songs of Rememberance

ULV Chamber Singers and Barbershop Singers will perform "Songs of Remembrance" at 6 p.m. Nov. 2 in Morgan Auditorium.

Students admission is free, and there is a $20 suggested donation.

Project Room

The Pomona College Museum of Art is featuring "Petrochemical America: Project Room," a traveling exhibition.

The exhibit runs through Dec. 19.

—Erum Jaffrey

One-man show takes a Dramatic turn

by Cody Luk

photography by Julian Mininsohn

University of La Verne alumnus Kristopher Lee Bicknell's one-man show "Dramatis Personae" astonished the audience in the Jane Dibbell Cabaret last weekend.

The hour-long piece written and directed by Associate Professor of Theatre Arts Sean Dillon and director Curtis Krick, originally was performed for the 2014 Hollywood Fringe Festival this spring.

The production deconstructed important roles in theater history through many centuries, from Ancient Greece to the present day, and Bicknell's performance was a masterpiece.

Bicknell unraveled the varying styles of historical theater effortlessly, executing many different roles.

The show started when Bicknell pulled the curtains himself and told the audience "I will perform what is truly a one-man show."

He put on his costume on stage while doing a brief introduction.

He first portrayed an Ancient Greek tragedy with extensive passion. Emotions burst out when he played an old man while wearing a silver-faced mask.

The tragedy was followed by a medieval revenge play. He portrayed an Englishman and the segment was a bloody glory of betray. Bicknell spoke calmly and acted a much different role than the passionate one that preceded.



Kristopher Lee Bicknell, performs in "Dramatis Personae" in the Jane Dibbell Cabaret. Written and directed by Sean Dillon and Curtin Krick, the one-man show transported the audience through the history of theater. However, the show doesn't quite go according to plan. The audience is made to believe Bicknell's show goes awry when the mishaps are really part of the performance.

In the middle of the scene, Bicknell turned on the television screen on stage and read lines back and forth with the character on the screen, also played by Bicknell.

The role of a comical commedia dell'arte servant from the Renaissance followed. The play was inspired by a Siena Library text and the costume was based on Siena drawings. Bicknell presented the entire role in mime. The overall feel was very cartoon like. Bicknell also took off practically his entire costume and ended the segment with the audience laughing hysterically.

Afterward, Bicknell portrayed a sorrowful Russian with a secret. He turned on the television screen to interact with it, but what appeared to be a technical issue occurred. The wrong video played but Bicknell continued acting, giving the impression of an improvisation. However, the technical issue was actually intentional but this aspect gave the play an unexpected twist.

The last segment, or what appeared to be the last segment, was about a Texan sculptor. Bicknell acted with another character through a prerecorded audio. However, technical issues arose again, making the audio almost inaudible. Initially, the audience laughed as Bicknell tried to subtly fix the audio cord, but when the problem was not resolved, Bicknell broke down.

"I've had some problems and… I thought I could do this by myself," Bicknell said while crying.

The audience members were shocked and some tried to comfort the actor by saying "You're going to be fine."

However, Bicknell was not convinced and continued to talk about his disappointments in himself.

"I just should've known that something like this would've happened," Bicknell said.

Bicknell also talked about the difficulties to putting on an one-man show. He told the audience members, who were in shock and sympathetic, to go home.

"How did I end up doing this?" Bicknell said. "I'm not a genius and I'm not the best actor, but I do want to be the best actor I can be."

Bicknell's passionate outbursts on his meaningless life earned cheers and sup-

Continued on page 10

Cats roam the world in APU exhibit

Erum Jaffrey
Assistant Editor

"The Cat's Out of the Bag," a senior exhibit by Daniela Barbani at Azusa Pacific University invites animal lovers, especially cat fanatics, into the whimsical world of felines portrayed through fluid acrylic illustrations.

The exhibit features seven of Barbani's more recent cat illustrations with titles such as "Go Your Own Way," "French Isn't Always Fancy," and "The 1%."

"I'd like to think what it would be like if cats were like humans and what would that look like in a world that was dominated by cats," Barbani said. "I am fascinated with animal behaviors, and cats are hysterical so I wanted to expand on that."

"Box Wine, Feelin' Fine" shows a bartender cat with a goatee wearing a shirt saying "The Alley Cat" pouring wine into a glass.

"I come from an Italian and Armenian family and (drinking) is part of the culture, so I wanted to play around with that because I got really into bartending at my house and experimenting with how fun it can be," she said.

"I think there's a lot of humor in (the bartender cat), it's well executed and its fabulous," said Jamie Sweetman, adjunct professor at APU's department of art and design.

Barbani's illustrations portray vivid colors and satiric images, provoking thoughts about real human issues with humorous representations of humans through cats.

"A lot of art can be heavy, whereas hers was lively, fun, engaging and enjoyable," said Stephen Childs, assistant professor and exhibitions director for the department of art and design.

"She utilizes the space very well with the way it was hung and lit, allowing the artwork to sing," he said.

"Not Talkin' Bout My Generation" features a green rugged-looking cigarette-smoking cat casually leaning against the wall of a record store that closed down already. Posters alluding to famous artists are drawn on the wall, such as the Rolling Hairballs, referring to the English rock band, the Rolling Stones.

"I love record stores, and they are disappearing, so I wanted to do a commentary on how good music is dying and this generation doesn't have access to that anymore," Barbani said.

"To Protect and Serve Donuts" illustrates two cats standing outside a donut shop called Donut Cat waiting for their tuna donuts beside a police officer cat leaning against his car and enjoying a fresh tuna donut. Donut Cat looks strikingly similar to Donut Man, a popular donut shop on Route 66 in Glendora.

"Donut Man is a such a big part of the area, everyone at my school knows about it and goes there and so I kind of wanted to do a tribute to it," Barbani said.

Barbani majored in studio art and minored in graphic design. She works with painting, drawing, printmaking and graphics.

She uses Golden Fluid Acrylics, which contain high pigment levels and produce a very thin, flat look with minimal brush strokes, making her images look as if they were computer-made.

"She has not only has gained her artistic skill, and grown that, but she also knows how to organize things and hang a show and do all that's necessary, which is pretty impressive," Sweetman said.

When she first started creating cat illustrations, she used reoccurring cat characters, but once she gained more experience in the realm of cat illustrations, she branched out to different forms and figures of cats, giving them each varied personalities and distinctive physical attributes.

"My goal is to make people of all ages laugh and smile," she said.

"Even if they don't like cats, I hope they enjoy looking at the images."

"I would like them to walk away with a greater appreciation for illustrative work, because sometimes I feel like it doesn't get taken as seriously as like an abstract painting or something very realistic."

After graduation from APU, Barbani plans on attending graduate school in either illustration or printmaking and illustrate her own kids books one day.

"The possibilities are endless, I just have to decide what path I want to take."

This exhibit ends today at the "L" Art Gallery, located in the Duke Academic Complex at Azusa Pacific University.

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Album Review

Foxygen impresses with 'Star Power'

Karla Rendon
Editorial Director

Experimental indie rock duo Foxygen impressed fans with their new album, "…And Star Power," which was released on Oct. 14.

Fused with modern day sounds and 60s inspired psychedelic grooves, even the biggest fans of classic psychedelic rock will enjoy "…And Star Power."

Each song has a hint of classic rock inspired musicians such as The Beatles, Elton John and Bob Dylan.

The album contains 24 funky songs that will give listeners nostalgia for the 60s despite most listeners not even having been alive at the time.

"…And Star Power" starts off a ridiculous number titled 'Star Power Airlines." The song is just a two-minute piece of blurred noise that sets an obscure tone for the entire album, possibly repulsing some listeners.

Thankfully though, the album's mediocrity is saved with the second song "How Can You Really." Being the first single released from the new album, "How Can You Really" has a cheerful piano which mimics Elton John's sound despite the lyrics questioning how one person can really love someone.

The stand-out song of "… And Star Power" is definitely track number four, "Cosmic Vibrations." In classic Foxygen fashion, the song intro features obscure static and unpleasant screams that is abruptly interrupted by a haunting voice that harmonizes with frontman Jonathan Rado's voice.

The last minute of this tune is dedicated to a lively beach-rock outro that sounds straight out of the Beach Boys' 1963 album "Surfin' U.S.A."

In the same fashion as Arcade Fire's "Neighborhood" series, Foxygen dedicated four songs on the album to an entire series called, "Star Power."

The "Star Power" series varies from lively and lighthearted melodies to ridiculous noise and to a relaxing ballad-like harmony.

"Mattress Warehouse" ends the "Star Power I through IV" series but begins a new era for the album, giving off a joyous vibration that still parallels 60s psychedelic rock. Ending with static, the song becomes bizarre but still enjoyable.

One of the last songs on the 24 song tracklist is "17 Cold Winter/Freedom," an unruly song of just static noise that easily becomes annoying but for listeners who are patient and stick it through the first three and a half minutes of rubbish noise, the rest of the song is catchy but not great enough to make up for the three and half minutes of garbage.

"666" is a noisy yet subtle song with a distortion effect on Rado's voice. The distorted vocals give off a noise rock vibe that fits in the same category as California bands FIDLAR or Wavves.

In contrast to the noisy "666" track, "Wally's Farm" immediately follows and is the perfect instrumental tune listeners will enjoy on spontaneous midnight drives whether it be alone or with a group of their favorite people.

Despite the disappointment of a song that is "17 Cold Winter/Freedom," overall the album has a feel-good tone that is such a 60s throwback to enjoy for those who wish they were alive at the time.

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16599

'Dramatis Personae'...

Continued from page 9

port from the audience, but he suddenly smiled and told the audience that all that just happened was an act, causing a great shock to the audience that everything – from the technical difficulties to Bicknell's breakdown – were all nothing short of a planned progression.

Bicknell explained the lines he was reciting were words he could relate to and would also personally say.

"Some actors are lucky enough to have work written for them or he finds existing material that (can be relatable)," Bicknell said. "Tonight's performance has been an example of both."

The transition to the last segment, or the lack thereof, was witty and gave a powerful ending to the show. Bicknell's outbursts on the meaning of life are relatable to everyone because all human beings have a vulnerable side.

Bicknell delivered the experience of a true one-man show, from the theatrical lesson in itself to the inside look at every actor's mind. The ending was brilliant and relatable, making the whole experience worthwhile.

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Stags spoil SCIAC opener for Leos

Jolene Nacapuy
Sports Editor

The men's water polo team faced a tough loss in its first Southern California Intercollegiate Athletic Conference game against Claremont-Mudd-Scripps, 12-4 Saturday at the La Verne Aquatics Center.

The Leopards defeated CMS Sept. 13 in the preseason, 13-10, but it was not enough to beat the Stags a second time.

"The team did a very good job staying on top of their game today," head coach William Rodriguez said. "They tried their best but at the end of the day, it was just not enough to get the win that we wanted."

The Stags got an early 3-0 lead in the first quarter of the game and La Verne got within two points but fell behind in the fourth quarter.

"I felt that we just didn't execute on our defense that we usually do," sophomore driver Jared Hopley said. "We definitely could've done a lot more but we were not mentally ready."

It was a back-and-forth hustle in the pool as both teams put the pressure on each other.

Junior driver Matthew Vega scored first for the Leopards with 14 seconds left in the first quarter, 3-1, with CMS still in the lead.

The Stags started the second quarter with two goals but La Verne answered back with goals of their own.

With 4:13 left in the second, junior defender Troy Williams made a trick shot from behind the back, 5-2.

Williams also kept the momentum going with an assist to junior defender Viken Huening, 5-3.

The defense then fell behind as CMS scored back-to-back goals, entering the third quarter with a 7-3 lead.

"We have to work on scoring a goal when we are given the opportunities," Huening said. "They were able to score on our mistakes."

Shot attempts by Vega, Huening and freshman driver Josh Vega were not enough, as the Stags defense turned them away.

In the fourth quarter, CMS took advantage La Verne's mistakes and shutout the Leopards with four unanswered goals.

"The shutout showed us that we have things to work on and definitely go back to our play book and watch film," Rodriguez said. "Not only the front court but the back court must work together so things like that don't happen."

Sophomore attacker, freshman utility Noah Deer and junior attacker Tanner Allen led the Stags with goals in the game.

"We're at the point in season where we have things to look at and see that we should capitalize on opponents," Huening said.

When the Leopards played the Stags in the preseason, Josh Vega had a game high of five goals and junior driver Bryan Jimenez had four.

Junior goalkeeper Christian Ortiz had 15 saves.

Jimenez was out with an injury and did not play in the opener.

"Bryan is a big part of the offense and his contributions to the team make a difference," Rodriguez said.



Mariela Patron

Senior defender Sean Phillips attempts to get the ball past Claremont-Mudd-Scripps freshman attacker Peter Tilton in the fourth quarter, after La Verne staggered 12-4. The Leopards lost against the Stags in the first SCIAC game of the season Saturday.

"When we played CMS the first time, we were able to come back stronger in the fourth to win and beat them by 3," Huening said.

"In this game, we saw less and less offensive shots and we didn't have a good fourth quarter."

The Leopards still have high hopes this season, hoping they will pounce their way to finishing strong.

"We could still come out on top in the end in the finals," Hopley said. "We could still beat one of the top teams in the conference and take that top spot."

The Leopards also played at Caltech Wednesday and defeated the Beavers, 17-7.

La Verne took a 6-2 lead over Caltech in the second quarter and continued to dominate the rest of the way, resulting in the win.

"Without a doubt, we have to make sure everyone is on the same page and no one deviates on what we're trying to accomplish," Rodriguez said. "We have to limit the amount of turnovers and keep working."

The team is now 7-11 overall and 1-1 in SCIAC play.

"All around we have a lot to work on and definitely still looking to be competitive in SCIAC," Huening said.

The Leopards will play the Cal Lutheran Regals at 11 a.m. Saturday at La Verne Aquatics Center.

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LV clinches playoff berth

Annabel Secaida
Staff Writer

The women's volleyball team dominated the Redland Bulldogs Saturday at Frantz Athletic Court, 3-0.

La Verne showed their true athleticism against Redlands, winning all three sets by at least ten points.

"The highlight of the game was honestly our balance," head coach Jenna Panatier said. "I'm proud of our team because we were able to maintain a high level of energy."

With a total of 40 kills throughout the game, La Verne hit .421 as a team.

Although the Bulldogs managed to get a 4-1 lead in the first set, the Leopards fought back with kills made by sophomore middle blocker Kelsi Robinson and won the set. 25-15.

Robinson had six kills in the first set for La Verne and is also ranked eighth nationally in blocks per set at 1.28.

In the second set, the Leopards took a 3-0 lead and kept it throughout the game.

With back-to-back kills made by Yaxley, junior outside hitter Ashlyn Cross and junior middle blocker Destinee Sales, kept the Bulldogs from taking the lead.

"I think we did a good job to maintaining our goals because we set a lot before the game," Yaxley said. "It's always good to get some serves in to help out my team."

Yaxley finished with nine kills.

In the third and final set La Verne set the bar high with a 5-0 lead.

Their hard work and chemistry showed on the court as they dominated Redlands in a 25-11 victory with a final kill made by senior outside hitter Nysa Allen.

Most of the points Redlands received were from La Verne's small mistakes.

"Being able to see other girls get out there on the court and see them out there score some points was great," Allen said.

Allen added seven kills for La Verne.

Winning eight of the last nine conference games and adding another win in the books, the Leopards are 18-3 overall and 10-2 in the Southern California Intercollegiate Athletic Conference.

The Leopards also defeated Chapman Tuesday at Hutton Sports Center, 3-2, clinching a spot in the four-team SCIAC postseason tournament.

La Verne fought hard and pushed through five sets.

This marks the Leopards seventh consecutive win.

The Leopards won the first two sets, 25-13, 25-17 and fell in the next two leading into a fifth set.

A kill by Cross sealed the win for the Leopards, 15-13.

Cross had 14 kills and a match-high of 18 digs.

Yaxley finished with a match-high of 22 kills, along with 11 digs.

The Leopards are tied for second place in SCIAC behind Claremont-Mudd-Scripps.

The Leopards are also ranked No. 26 in the country

The team will face Caltech at 7:30 p.m. Friday at Frantz Athletic Court, where they will play to celebrate Cancer Awareness Day.

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Men stay dialed in with 2-1 win

Kat Simonelli
News Editor

The men's soccer team hope to get a spot in the Southern California Intercollegiate postseason tournament, after a hard fought win, 2-1, against the Redlands Bulldogs Saturday at Ortmayer Stadium.

The Leopards stayed focused and organized throughout the

"We put together a complete game minus the one obvious blemish, which was the goal," head coach Trevor Persson said. "It was a nice way for them to rebound after coming out kind of sluggish in our last game."

Sophomore center midfielder Justin Almandinger opened up the match with a goal from about 30-yards out on a pass from freshman midfielder Auden Foxe.

Redlands freshman goalkeeper Josh Haskill could not get a hand on the ball, as it shot past him, straight into the top left corner into the net.

"I wasn't even going to shoot it but I just decided to give it a try and it went in," Almandinger said.

The Leopards were able to keep the game tight for the rest of the first half, but gave up a penalty kick in the 55th minute, after Redlands senior forward Charles Izydorek was taken down in the box.

Izydorek was able to slip the ball past La Verne junior goalkeeper Greg Veron, making it a tie game.

"We just let up in that couple 30 seconds that happened and we just can't let up we just have to keep playing hard throughout the whole game," sophomore center midfielder Ray Alcaraz said.

The opportunity to get the win finally presented itself in the 78th minute, after Almandinger won a header in the Redlands box, clearing the ball to sophomore forward Mario Interiano.

Interiano kicked the ball to Alcaraz, who scored a goal, putting La Verne back on top.

"I was actually getting ready to sub (Ray) out and he just stepped up," Persson said.

"He played a full 90 minutes and this was one of the best games I've seen him play."

Alcaraz has two goals this season.

"We've just been going 100 percent during practice and going in hard and we're just staying dialed in the whole time," sophomore defender Ferdinand Estrada. "Were trying our hardest and I think it definitely showed today."

The Leopards also lost to the Whittier Poets Wednesday at Graham Field, 2-1.

La Verne sophomore forward Nathan Gonzalez scored a goal in the 49th minute, putting the Leopards on top.

This marks Gonzalez's eighth goal of the season.

The Poets rallied two goals, defeating the Leopards.

La Verne currently sit at a 6-7 ranking in the SCIAC standings and a 9-7-1 overall.

The team will face the Cal Lutheran Kingsmen at 7 p.m. Saturday at Ortmayer Stadium.

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Men finish seventh in Multi-Dual

Women place eighth



Michael Saakyan

Sophomore runner Tanner Long leads the Leopards before the eight kilometer run at the first Southern California Intercollegiate Athletic Conference Multi-Dual meet Friday at La Mirada Park.

The men's cross country team finished seventh of nine teams at the meet, behind the winning Pomona-Pitzer Sagehens. The women's team finished eighth.

Annabel Secaida
Staff Writer

The men's and women's cross country teams raced to the finish line for their first Southern California Intercollegiate Athletic Conference Multi-Dual meet Friday at La Mirada Park.

The men's team came in seventh place overall and stand in eighth place in SCIAC.

The nine schools competing in the meet included Claremont-Mudd-Scripps, Pomona-Pitzer, Redlands, Occidental, Whittier, Chapman, Caltech, Cal Lutheran and La Verne.

The first event was the men's eight kilometer run.

Sophomore Tanner Long was first for the Leopards and came in 25th overall.

Long came in with a time of 27:01.55.

"It didn't matter that I came first just wanted to get my team where we needed to be," Long said.

"I had a slow starting season so I wanted to turn things around for the sake of my team and it's nearing the end of season." he said.

Senior Jayden Earlywine followed after Long and came in 33rd overall.

Earlywine finished with a time of 27:21.44.

"My mindset has been just to leave it all on the course and finish with no regrets and do my best not to make mistakes," Earlywine said.

"It's my last shot at college athletics so important to have the right mindset." he said.

Junior runner Zorg Loustalet from Claremont-Mudd-Scripps came in first for the second year in a row with a time of 25:29.26.

The Stags came in second with 38 points, while the Pomona-Pitzer Sagehens took the win in the event with 21 points.

The women's team came in eighth place, running six kilometers for the second event.

The women are also eighth in SCIAC.

Senior runner Andrea Ramirez came in eighth overall and first for La Verne with a time of 22:25.70.

Ramirez was followed by sophomore Kamalei Lee, who came in 42nd overall with a time of 24:02.40.

"It felt pretty good and exciting because my place overall at the meet was unexpected," Ramirez said.

"On paper it was what I was supposed to do, but it was a rewarding feeling because I've been training really hard." she said.

Freshman Sarah Chang came in 60th with a time of 24:43.49 and sophomore Jacquie Scherrer came in 72nd at 25:31.59.

Senior Sara Mostatabi from Claremont-Mudd-Scripps finished in first with a time of 21:44.02.

Sophomore Maya Weigel of Pomona-Pitzer followed Mostatabi with a time of 21:49.12.

Claremont-Mudd-Scripps won the overall event for the women, followed by Pomona-Pitzer in second.

The Leopards' hard work and determination will show on the course as they head toward the end of conference with three more meets, hoping to finish the season strong.

"For the remainder the season, we're just focusing on being a team," Earlywine said.

"We have all the puzzle pieces and we just need to put them together." he said.

The Leopards will head off to the SCIAC championships at 9 a.m. Saturday at Prado Park in Chino Hills.

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Leopard Scoreboard

At the Buzzer

Men's Water Polo, Oct. 22
La Verne – 17
Caltech – 7

Women's Soccer, Oct. 22
La Verne – 3
Chapman – 0

Men's Soccer, Oct. 22
La Verne – 1
Whittier – 2

Schedule

Friday
Volleyball vs. Caltech, 7:30 p.m.

Saturday
Cross Country SCIAC Championships @ Prado Park, 9 a.m.
Men's Water Polo vs. Cal Lutheran, 11 a.m.
Women's Soccer @ Occidental, 11 a.m.
Football vs. Redlands, 1 p.m.
Men's Soccer vs. Cal Lutheran, 7 p.m.

Women's Soccer Standings

	SCIAC	Overall
CMS	8-3-0	11-5-1
Cal Lutheran	7-2-2	10-4-3
Pomona-Pitzer	5-2-4	7-5-4
Occidental	6-4-1	8-4-1
Redlands	5-4-2	8-5-2
La Verne	**4-6-1**	**6-8-1**
Chapman	3-6-2	7-7-2
Whittier	0-11	1-14-1