Campus Times

October 11, 2002 | University of La Verne, La Verne, Calif., 91750 | Vol. III, No. 5

College drinking has deadly effects

•Binge drinking on the rise

Alejandra Molina
Assistant Editor

A recent study commissioned by the National Institute on Alcohol Abuse and Alcoholism showed that the consequences of college drinking are larger and more drastic than previously estimated.

The study, by the NIAA Task Force on College Drinking, found that college students, ages 18 through 24, who drink contribute to an estimated 1,400 student deaths annually. The study also stated that alcohol was involved in 500,000 injuries and 700,000 cases of sexual assault, during the same time period.

More than one-fourth of college students has driven in the past year while under the influence of alcohol, the study found.

While these results are sobering, some studies have shown that the proportion of non-drinkers has increased from 15 percent to 19 percent between 1993 and 1999.

The University of La Verne has seen few major alcohol-related problems in recent years.

"I have been dean since 1995 and I could probably tell you of two severe alcohol related incidents," said Loretta Rahmani, dean of student affairs. "There have been no alcohol related deaths here," she said.

Through the Alcohol and Other Drugs program (AOD), the consequences of alcohol drinking are addressed to ULV students.

"AOD shares the responsibility for addressing alcohol and other drugs education with the resident halls and through U-100 segments," Rahmani said. "The Fitness for Life curriculum and freshmen orientation also addresses these issues."

But while the numbers of students drinking is decreasing, there has been a marked increase in more extreme forms of college drinking, the NIAA study found. Forty percent of students binge drink, which is five or more drinks in a row for men and four or more drinks for women. This group of binge drinkers accounts for nearly 70 percent of all alcohol consumed by college students.

At La Verne,"we do have a party culture but it is not the same as in a wet campus," Rahmani said."We are a dry campus, but as you know, living in the residence halls isn't all that dry," she added.

As for sexual assaults as a result of alcohol drinking, ULV does not have any such reported cases, Rahmani said.

"I know that it happens but we have not had the reported cases," Rahmani said. "I know the statistics."

Five years ago, the University received a grant from FIPSE, Funds for the Improvement of Post Secondary Education, to implement an alcohol prevention program. The grant, however, was only in effect for three years though. "When funding was over we couldn't hold this position," Rahmani said.

NIAA's National Advisory Council formed the task force to conduct a comprehensive review of research on college drinking and effective methods of prevention. Most of the research papers are published in a supplement to the March 2002 issue of the Journal of Studies on Alcohol. The task force's report, "A Call to Action: Changing the Culture of Drinking at U.S. Colleges," has recommendations for administrators and researchers on how to address high-risk college drinking.

Projector stolen from Biology Department

Melissa Lau
Managing Editor

A report was made to campus security about a stolen projector that was taken from smart classroom 261 in the Mainiero Building.

Although he was unsure of the exact time and date of the theft, John Lentz, director of campus safety and transportation, said there was an 18-hour time frame for the early September crime.

Jay Jones, director of the office of instructional technology and research, said the projector was an easy target because it had not been secured.

The Biology Department paid more than $5,000 for the equipment, bought in late 2000.

But its current values is closer to $3,500, Jones said.

Campus security reported the incident to the La Verne Police Department.

"It's so hard to get money to fund these resources," Jones said.

Jones can relate to the biology department's loss because of his experience last semester when he discovered two boys stealing a DVD player.

The two boys were later apprehended.

As for the recent incident, LVPD has taken fingerprints from the scene, but have not been able to match them.

The remaining projectors have been put in cages.

Lentz said campus safety and transportation is considering putting cameras in the halls so his department can better monitor who goes in and out of classrooms.

Anyone with any information concerning the projector or who took it, is asked to call campus safety at ext. 4950.

Cry for peace sparks protest



Jennifer Contreras

More than 30 people gathered on the corners of Arrow Highway and Indian Hill Blvd. Friday to encourage people to "Honk for Peace" in opposition to a war with Iraq. Claremont resident Mike Noonan sang along with Marjorie Musser-Mikels of Upland in an improvisational tune entitled "No blood for oil." Musser-Mikels is the Democratic candidate for the House of Representatives in California's 26th Congressional "Foothill District." The two joined members of the community, local churches, including the Claremont Friends Church, and organizations such as the Pomona Peace and Justice Center. The anti-war advocates say they will continue to meet on these corners every Friday from 5 p.m. to 7 p.m.

Inside Today's Campus Times



LV Life

Fall fashion trends suggest wearing only the bare essentials.

Page 6



Arts & Entertainment

Guests from St. Petersburg, Russia, perform vocal pieces.

Page 8



Sports

Women's volleyball "dam"ages Cal Tech Beavers.

Page 10

Piercing: the new trend in body art

Jaclyn Roco
LV Life Editor

Some call it a form of expression. Others call it desecration of the body. Well, whatever you call it, piercing and stretching seem to be the fad. But although many students at the University of La Verne can be seen sporting this new trend, there are others who feel that piercing should be considered much more.

Tara O'Lone, sales manager for Puncture Body Piercing in Upland, said body piercing should be taken as an art form.

"I think that as far as piercing being a trend...well, everyone has their own personal reasons for getting it done," O'Lone said. "And I would kind of think that inspiration has to be part of making this decision."

However, O'Lone has cautions for those contemplating getting anything done. "There is some amount of pain, some amount of care involved," she said. "This shouldn't just be considered a trend, even if inspiration is part of the reason."

Behind O'Lone's counter sparkling with colorful jewelry—plugs made of dead bugs and real flowers, steel bars and weights —is a sign that supports her statement: piercing means a sense of responsibility. It reads that customers are warned not to take off their jewelry while in the store. Obviously, O'Lone said cleanliness is an important matter for her shop.

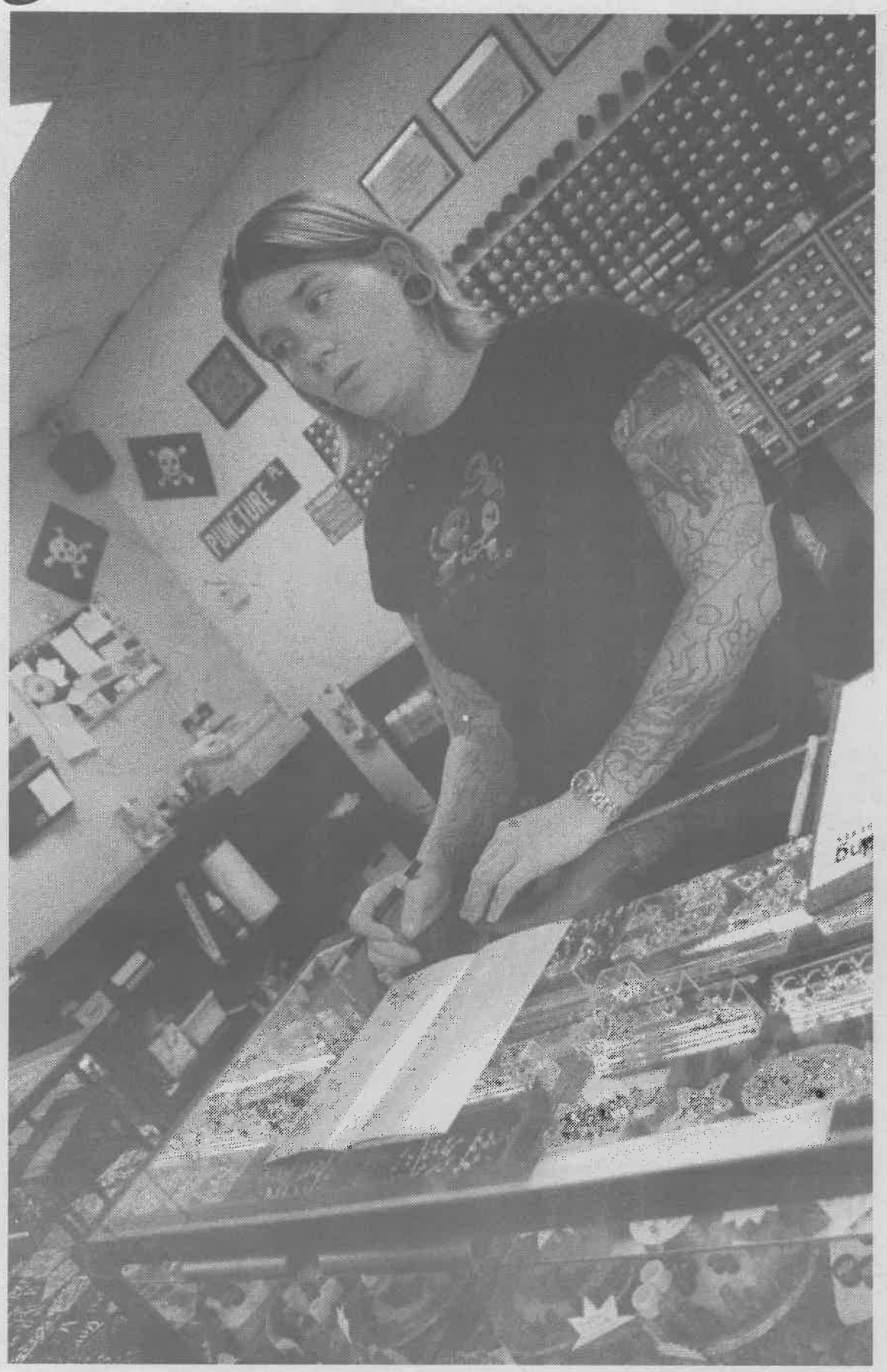
"It's just a precaution for people that might have crusty, dirty or bloody things. We don't want them to spread," she said.

To ensure that the shop will not be responsible for any damage done on the customer's part, O'Lone has her customers sign a release waiver. She said it is up to the customers to care for what they get done. The shop has its own code of sterilization, which is meant to "destroy all microorganisms and bacteria to make a sterile environment."

Allison Meyer, a sophomore, said she has been a customer for Puncture for the past 10 months. "It is one of the cleanest places I've ever seen," Meyer said.

Intent on getting her pierced ears stretched from a two to a zero (the smaller numbers represent a bigger stretch), Meyer was asked to sign the release form and asked for identification.

"We don't pierce people under 18 without a parent or parental consent," O'Lone said.



Amy Babin

Tara O'Lone, manager of Puncture Body Piercing in Upland, makes sure that the safety and sanitary rules are observed for each client.

"We require a photo ID and a birth certificate for anyone between 16 to 18. Of course anyone who wants nipple and genital piercing have to be 18 and over."

After being seated at one of the examining rooms next to the counter, Meyer's original plugs, which she admitted were dirty, were removed.

The examiner said washing used plugs was important. He said it was like washing behind the ears or in the bellybutton.

He told Meyer to breathe slowly while he placed the proper sized needle in each piercing. After letting the skin stretch a little, a new plug was placed into the resized holes.

"My favorite," Meyer said. "Blue with stars."

"Stretching is really making microscopic tears around the piercing," O'Lone said. "We recommend treating it for the first week. Usually it doesn't get inflammation, just some redness or swelling."

O'Lone said the amount of stretching that could be done was infinite. Since no new skin cells are being developed, an ear could be stretched past their shoulders, which is typical for other cultures.

Because Puncture doesn't stretch past double zero size (three-eighths of an inch), O'Lone usually suggests to her customers to stretch their ears themselves with teflon tape. If a person were to add a layer to his or her existing plug, then the ear would slowly stretch out with minimal pain because the skin doesn't even realize it is being stretched. Doing this is more personal, she said.

Puncture also does the usual piercing in areas around the ear, mouth and tongue. The most popular areas are around the tongue, nostrils, navel and la bret (underneath the mouth) areas, O'Lone said. Industrial piercing involves two piercing connected by one piece, while the tragus is a piercing done on the nub of an ear.

"Girls are tougher than boys," O'Lone said. "Girls are more inclined to get navel, nostril and ear cartilage. Guys get more stretching, or their lips or septum (between the nostrils) done."

Although O'Lone believes piercing and stretching will continue, she said that some people in Indonesia have denied stretching their ears due to Christian missionary or Americanized influences.

"What good would that do if stretching is a part of who they are," O'Lone said. "Stretching declared them a man or a women. They would stretch for the rest of their lives.

"You see (stretching and piercing) more (in America) because it is becoming more accepted," O'Lone continued. "America lives void of culture. So having kids stretch is like keeping culture alive."

Meyer adds that stretching and piercing is more than a part of culture.

"I (stretched) because I wanted to keep myself apart. It was almost a form of rebellion," Meyer said.

Puncture Body Piercing is located at 2176 Foothill Blvd., #E in Upland. For more information on piercing or stretching, call (909) 981-2877.

LEAD helps club officers through workshops

Gloria Diaz
Arts & Entertainment Editor

The Leadership Education and Development program and the Office of Student Activities collaborated to create Leadership Training Week, which took place from Sept. 30 to Oct. 4. Club and organization members were required to attend at least one seminar of the week for funds to be released.

Seminars that were offered were Holding Elections and the Transition of Power, Group Decision Making, How to Run a Meeting, Parliamentary Procedures, Writing Constitutions, Program Planning, The Role of the President, The Role of the Treasurer, and Marketing and Public Relations.

"I tried to pick what would be most important for clubs and organizations," said Brian MorganArmstrong, leadership development and transition program director. "I used reflection upon my experience of being a student leader when I was in college."

The nine seminars were taught by University of La Verne staff and members of the La Verne community. Parliamentary Procedure was taught by Ian Lising, instructor of speech and debate.

Jeannette Vagnozzi from La Verne town hall taught the Group Decision Makin" seminar where she presented a 6-step process for making decisions as a group.

Senior Sarah Negrete and junior Stacy Corso, Orientation Coordinators for 2002, conducted the Program Planning seminar.

The instructors for the seminars taught valuable information, and distributed packets to participants that contained information and contact numbers.

Students had a chance to share methods for advertising, elections and event planning.

This opportunity gave the students a chance to see how other organizations on campus work in a specific area.

Advisor training was also offered for club advisors.

The training addressed new policies and requirements such as the posting policy, the leadership reservation form for the new Leadership Center and the new facility request forms, which now go through Campus Safety.

MorganArmstrong is planning to have two more advisor training roundtable, which will be inclusive with the presidents of organizations.

"This is a way for us, the professionals on campus, can guarantee that there is some level of training and support for all our clubs and organizations," said MorganArmstrong.

Some of the organizations that were required to attend were ULVSA, Rainbow Alliance, Sigma Alpha Epsilon, Chi Delta Omicron, Sigma Kappa, Iota Delta, Phi Sigma Sigma, African American Student Alliance, Associated Student Federation forum, Sister Circle, and the Brother's Forum.

For more information about the LEAD program, contact MorganArmstrong at extension 4510 or go to www.ulv.edu/lead.

Dinner gives taste of professionalism

Amber Mclaughlin
Staff Writer

The Fourth Annual Etiquette Dinner, "Manners for Interviewing and Employment Success" took place 5:30 p.m. to 8:30 p.m. on Monday, Oct. 7, in the President's Dining Room at the University of La Verne.

Diane Keate, Sodexho's Etiquette Speaker was the featured guest for the affair. She is the general manager for food services on campus at Pomona College and has been speaking for five years. The School of Business and Global Studies Leadership Education and Development (Lead) Transitions Program and The Career Development and Placement Center sponsored the event. It focused on both a business and social etiquette dinner.

As people arrived and mingled in the foyer, Martinelli's Sparkling Cider and hors d'oeuvres were served.

For dinner, Keate walked everyone through a five-course meal, beginning with Gazpacho soup followed by a large leaf lettuce for salad. A scoop of sorbet was used as a palette cleanser, which had a mint, champagne flavor. The entrée consisted of pasta, chicken and green beans. Bread was served along with it, and chocolate truffles and dried fruits were for dessert.

Keate gave information about business attire, along with interviewing and employment manners. She demonstrated the American and European styles of eating. For instance, Europeans use their non-dominant hand to eat with a fork and keep the prongs upside down, where Americans do the opposite.



Bailey Porter

April Gardoza, Rocio Hernandez, Roxana Toscana and Gwen Franco attended the 4th annual "Manners for Interviewing and Employment Success" Etiquette Dinner on Monday, Oct. 7 in the President's Dining Room. The event, sponsored by the School of Business and Global Studies, L.E.A.D and the Transitions Program welcomed guest speaker Diane Keate. Keate is the general manager of Sodexho at Pomona College. In the background is ULV sophomore Brian Ortega.

She also explained the proper way to tear and butter bread in sections as you go, why not to order pasta because it is the most complicated thing to eat, the various ways to tip and other cultural etiquette.

Jill Bergman, assistant director of the career development and placement center was in charge of the event.

"There was a pretty good turnout. A wide range of undergraduate and graduate students came to experience the challenging food, along with a couple staff and faculty," she said.

Kati Kelly, a Landis Lead Scholar said, "I didn't go into it expecting to use it for the future. I thought it would be fun and nice to know. Afterward I really found it beneficial for the future. The most useful things to me were the European and American styles of eating."

"The most important thing I learned was proper etiquette if you are the host of a party or a guest of the host. I was also very impressed with the food, even though it was challenging to eat," said Sara Kears, a senior at ULV.

Throughout the evening there were giveaways, such as cookbooks and etiquette books from Keate, in addition to "Get a Job" Kits from the Career Development and Placement Center.

State approves Liberal Studies program

Rebecca Cooper
Staff Writer

The aroma of Chinese food and coffee waft into the offices of the Liberal Studies program after a summer of change.

The department moved from the Barkley Building to Suite 205 of the Lordsburg building on July 29.

They also rearranged two programs and hired two new staff members. To celebrate the changes, the office held an open house on Sept. 19.

"We're experiencing lots of changes this year," said Lisa Porter, director of liberal studies program. "The open house was very successful and a great way to celebrate all the changes we made."

The biggest change to the program was a state mandate requiring all universities in California to revise and restructure their subject matters and get approval from the state.

In June, the University of La Verne became the first university in the state, under the "early adoption" process, to have its redesigned program approved. They are not required to have the redesigned program approved until Dec. 31, 2005.

"It was a grueling process and it seemed that it was never ending," Porter said. "It's great that we finished it all early, and were the first university, but now the challenge of balancing the old and new programs is what we face."

The new program puts students in the classroom starting their freshman year, as opposed to their senior year.

There are more history, English and science classes, and a new California history class is required, Porter said.

"The reason the changes came about was that the state wanted to align the subject matter taught at the universities with the curriculum they're actually teaching in the classroom," Porter said. "This started with the incoming freshman, but does not impact continuing students, because the requirements are different and there are no benefits to them to switch, it would only require them to stay here longer. It's been a balancing act, but an exciting one."

A new requirement for Liberal Studies majors is an electronic portfolio that they can later use as a career tool to send as a portfolio to school districts after they complete the teacher credential program.

ULV gets publications award

Jaclyn Roco
LV Life Editor

The University of La Verne recently received two gold awards in recognition for its recruitment publications, designed to attract new students to the University for the 2002 to 2003 academic years. The awards were won for both the Student Research Piece and for the Total Recruitment Campaign, and were given by the Admissions Marketing Report, a national admissions journal, which featured a cover story on the University's awards on its September issue.

Sent to almost every college or university across the country, the Admissions Marketing Report organizes a select committee that sorts through all the publications. The committee may award publications based on design, effectiveness and packaged result.

This year's recruitment publications followed the theme "Dare to expect more..." and were designed in part by Lime Twig. The concepts mentioned in the package were broken down into categories which followed the theme: "Dare to expect more from...yourself, professors, your future and more of the world."

Lori Schmidt, who takes care of client management at Lime Twig, worked closely with ULV to create pieces that would "work well and really communicate," she said.

"Of course we are thrilled about (winning)," Schmidt said. "But we really wanted the University to capture, to put ULV out on the edge, to communicate by telling stories, visually and textually. A lot of people took notice."

The first award, given for best initial contact piece, rewarded key points meant to attract prospective students.

The second award for the overall recruitment package, honored the admissions department's attempt to design an "interesting, attractive and compelling piece of information whose message is clear and is defined in an ongoing process, where everything fits well together," said Lisa Meyer, dean of admissions.

Although Meyer appreciates the awards, she said the recruitment package didn't focus on winning.

"I suppose the receiving of an award in itself isn't particularly important," she said. "The award represents something that is important (in that) we are producing materials that clearly define the University, its mission and its benefits to students.

"We wanted to accomplish the goal of bringing in a good, freshman class," she said. "Winning the awards was like icing on the cake."

For Meyer and her staff, many considerations have to be taken to ensure a successful incoming student body. Meyer said she has to consider among other things a potential student's academic history (grade point average and prior classes taken), academic accomplishments, SAT scores and involvement in and out of school.

A very serious consideration is placed upon diversity, which is not just limited to a potential student's ethnic background. Meyer said diversity also includes access to first generation students and socio-economic status.

"All of this is what we are looking for in a class. We try to balance these things," she said.

The award, recognized for the years 2002 to 2003, may be seen in the admissions department, located at Miller Hall. You may also see the recruitment publications by visiting **www.ulv.edu/admissions**.

This "microsite," designed by Lime Twig, was a part of the whole recruitment package award and "really plays well with the whole undergraduate program," Schmidt said. The architecture, based specifically on the campaign will be added later, she said.

Suggestions for RA selection process

Living on campus is a privilege that many students look forward to. Year after year students flood into the dormitories, unpack, get themselves acquainted with the facilities and befriend their Resident/Program Assistant.

But how many students know just how the RA's and PA's are selected? What qualifies these people that we are supposed to share our inner most housing secrets with? In a larger sense, who is qualified campus for housing? Who does the University of La Verne's housing exclude or include?

On our journey to discover the secret workings of housing and residential life, we have found a few unsettling things, which we hope the the staff will address in the near future.

This year there are three — count them, three — head RA's. According to admissions, housing and residential life, the University of La Verne does not have graduate housing. However, an RA from last year, who graduated in May, is back and living on campus as one of the head RA's.

Let's review: a graduated head RA, not enrolled in school at ULV and living on campus for free.

Veronica Ramirez, the program coordinator for the housing and residential life department, informed the Campus Times that the job description for the position of head RA clearly states that the position is not limited to ULV students. It is a position that can be filled by someone that either has past experience at ULV or another institution as an RA, and can be graduated. The problem with this is that is takes away the opportunity from traditional undergraduate students.

The RA/PAs receive free room and board for the year they are working in the dorms. It is a method that some students use to defray the cost of living on campus, which this year is nearly $4,000 a semester for some students.

People live on campus for several reasons. It is convenient for those with hectic schedules, and it is a fun, social atmosphere where you can live with a few hundred of your closest friends.

Having a head RA who is not affiliated in the academic sense with this institution takes away from the those who are still enrolled here. It takes away from students who want the chance to be an RA, and it takes away a room, which the RA receives as a single, that two students at the Sheraton, for example, could inhabit.

The real question is was this decision to hire this person as the head RA a decision that was thought about, or was it a decision that was based on past performance and favoritism? It looks bad for the housing and residential life program when its leaders make decisions like this that affect the rest of the students who are paying to live on campus, even if it is only one room.

Doesn't the Guide to Housing and Residential Life state that an RA is supposed to be a "peer-level advisor, informal counselor, program facilitator, disciplinarian and friend?" Isn't the peer-level different if they are graduated?

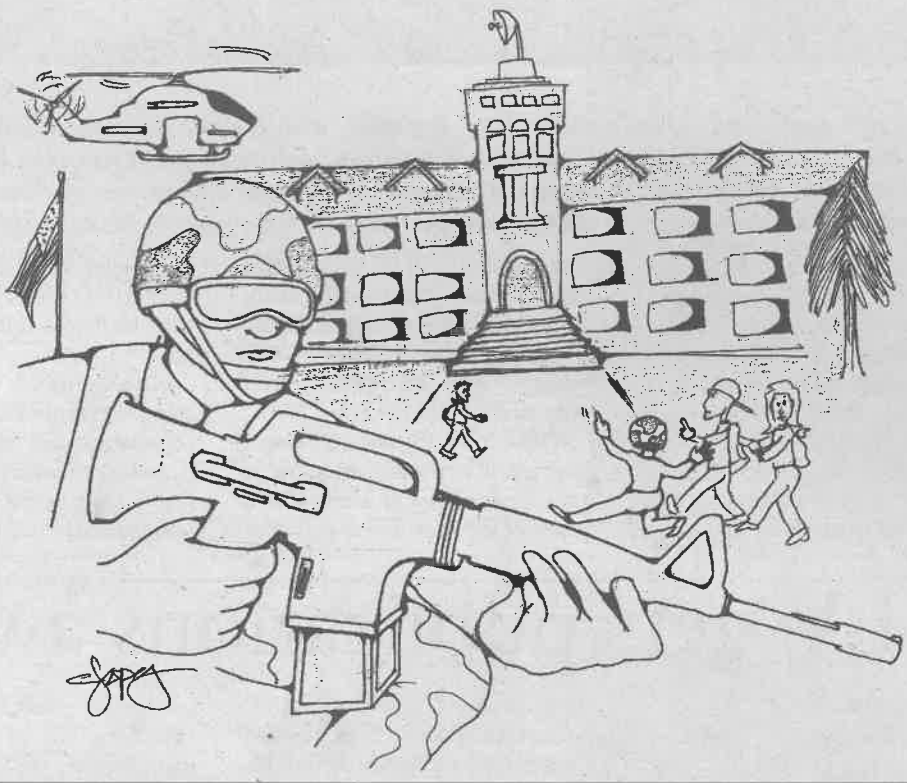
Additionally, we found that RA's did not have to have any prior on-campus experience. Why is living on campus prior to receiving the job as an RA, not a requirement for the selection process? Wouldn't it make sense for the RA to have had some sort of dormitory experience before taking on the responsibility of policing the dorms?

When the cost of housing and residential life is so steep, and the RA/PA's receive free room and board as incentive, why doesn't financial need of those applying for the position come into account? With the growing popularity of being an RA/PA, many students who are qualified are being turned away.

There are students who perhaps need the free room and board for financial reasons. College is expensive, and some students struggle to pay for it. It seems that those who really need these positions are those who would be more likely to take their position seriously and perhaps do a better job than those who take the privilege for granted.

These suggestions are not taken personally to anyone in the housing staff. They are meant to be mere suggestions that will hopefully be considered and perhaps implemented in the future.

Operation: Get to School



'Family leave' can be beneficial

Imagine your elderly mother is lying in bed at home with the flu. She is so ill you need to take time off work to take care of her. Your pay will be cut for you to go home to be there for her— just one more inconvenience you need.

That was the past.

Just a few weeks ago, Gov. Gray Davis signed a bill allowing employees to take time off for family leave-and they will get partially paid for up to six weeks. Now, you can stay home with dear ol' mom and risk your health, but at least you will still be getting paid.

So why are people opposed to this great advance in the workplace? They say that this particular issue is not worth having money taken out of their paychecks. Paid family leave should be looked at as a type of insurance because it operates in the same manner. Money is taken out of checks, put into a fund, and who ever needs it for an emergency can pull out of it. People worried about this should stop being so cheap because one day it just might come in handy.

Opponents of the bill also say that some workers will abuse this privilege.

While this may be true, if employees who allow their workers to take family leave are strict and keep a close eye on them, things should be fine. For the most part, however, people will abuse this privilege.

So now, because Davis signed this bill—which goes into effect in 2004—he is getting major slack from small businesses who can not afford to have employees take more time off with pay. He is also getting criticism from his opponent for governor, Bill Simon, Jr.

Davis' thoughts were in the right place. Simon's position—to keep family leave optional to the individual employer—means the employee in need loses.

Some people are just cheap, plain and simple-they do not want corporations or the state taking any more out of their checks than they usually do for taxes.

Understandable, yes, but why wouldn't you want time for family leave? It is so reassuring to have a few weeks during the year to take off in the event of an emergency. Unfortunately there are people who can not accept change; they do not want to conform to anything different that might actually benefit them. These are the same people who are going to be stressing when they are forced to stay at home with dear ol' mom when she's sick in bed with the flu—without pay.

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and are due by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel.

Campus Times
Fall 2002

Editor in Chief
Amanda Stutevoss

Managing Editor ..... Melissa Lau
Editorial Director/Copy Chief ..... Tim Tevault
LV Life Editor ..... Jaclyn Roco
Arts & Entertainment Editor ..... Gloria Diaz
Sports Editor ..... Matt Paulson
Photography Editor ..... Jennifer Contreras
Assistant Editor ..... Alejandra Molina

Reporters
Rebecca Cooper, Oscar De Leon, Jennifer Dodd, Taylor Kingsbury, Amber McLaughlin, Rima Thompson, Chrissy Zehrbach

Photographers
Amy Babin, Bailey Porter, Christian Velazco

Cartoonist ..... Christian A. Lopez
Advertising Manager ..... Kati Kelly
Advertising Assistant ..... Jason Walker

Chief Adviser ..... Elizabeth Zwerling
Photography Adviser ..... Gary S. Colby
Photography Staff Coordinator ..... Kevin J. Holland
Layout Assistant ..... Eric Borer

The *Campus Times* is published weekly by the Communications Department, except during examination and vacation periods, by journalism students of the University of La Verne, 1950 Third Street, La Verne, Calif. 91750. The *Campus Times* is a laboratory publication for Newspaper Production classes, Journalism 220, 320 and Photography 327.

Unsigned editorials represent the opinion of the *Campus Times* editorial board. Signed columns are the opinion of the individuals and do not necessarily reflect the opinion of the *Campus Times*. Letters to the Editor are due by Tuesday at 3 p.m. Letters must be typed, no more than 400 words in length, relate to a topic covered in the *Campus Times*, and are subject to editing for clarity and space.

Letters and comments may be sent via e-mail to ctimes@ulv.edu. The *Campus Times* may also be found online at http://www.ulv.edu/campus-times/. For advertising information, call (909) 392-2712.

©*Campus Times*, 2002

From the Editor...

Thoughts spent on eternity



Amanda Stutevoss

With the stress of midterms building and my hectic schedule driving me to the point of insanity, I have found that the only time that I have for myself are the few minutes before I fall asleep.

However, for the past couple of months, I have not been able to find that inner peace before letting my eyes rest. Why, you may ask? I'll explain.

Have you ever laid in bed and thought about the actuality of the word "forever?" I do. I lie there and consciously try not to let the thought enter my mind. I try to block it out, I try scheming ways around the thought of eternity, the thought of life and death. In all honesty, it scares me.

If something should happen to me tomorrow, what would happen to my soul? What would happen to the inner voice that carries on stimulating conversations in my head?

I try singing songs in my head to divert the thought. But I still manage to carry on more than one conversation at a time. I can recite the words of the song silently and simultaneously manage to freak myself out with questions that no one knows the answers to.

For me it is inevitable. These thoughts seep in through my pores.

Lying in my dorm room thinking about death, how morbid.

The older I get the more frequent they visit. These uncertainties enter my thoughts and then float inside my head. Sometimes they stay for only a few minutes before I shove them from my mind, but sometimes they manage to linger.

They make my heart race; my hands begin to clam up and sweat and I feel as if the room is slowly shrinking in size.

The walls close in on me and I can feel the immense pressure of deep introspection on my body.

Every second that ticks is like an eternity.

Then I snap out of it. I have to stop thinking about it. Forever or eternity or life and death, whatever you want to call it—is inevitable.

There is no fountain of youth, no magic potion that can slow time. Life happens and whether or not you are alone for the ride, is your decision.

I used to always wonder if I was the only one who thought about these random thoughts that keep me awake at night. But then I realized after mentioning these thoughts to a friend a couple of nights ago that I was not alone.

He, too, has these thoughts about eternity and how that word relates to his life.

I was stunned.

Not only had he been kept awake by these radical thoughts, but he had reacted the same way—erratically.

To me, it just seemed so amazing that we could both stress out about something that we had no control over. And then I got to thinking.

Between the 16 units of school I am taking this semester, two jobs, my responsibilities to the Campus Times and trying to keep my sanity, I have somehow managed to forget what my mother used to always say to me: "Don't stress about things that you cannot control, or that will be your destiny."

I never really knew exactly what it meant, and in all honesty, my mother probably did not know either. But I guess I need to apply those words to my life.

I don't think that I am the only person in the world to have these kind of thoughts. I am sure that more than half of you could say that they have entered your mind too.

I guess what I am trying to say is that in a world that sometimes seems like it is spinning out of control, thinking about things that you can not control will drive you crazy.

Then I remembered a quote from Mason Colley that I once ran across, and this sums it all up.

"Eternity eludes us, even as a thought."

Amanda Stutevoss, a senior television broadcasting and journalism major, is editor in chief of the Campus Times. She can be reached by e-mail at **astute4@aol.com**.

Money truly is the root of all evil



Jaclyn Roco

Whoever said, "Money is the root of all evil," really knew his or her stuff. Money does make the world go round, as they say, and the sad part is there is no way to stop this infatuation.

Bling, bling. I'm programmed to be a money-making machine. Although this spur-of-the-moment, self-made quote sounds ludicrous, so, too, is all of society. Did anyone ever stop to realize the type of system we are stuck in?

It is as if we are all sucked up into a whirlwind of cycles. We pay tens of thousands of dollars to attend a good university; we want to go to a good university because we want to get a high paying job; we want a high paying job so we can pay the hordes of bills piled up on our marble table—bills piled up to compensate for the luxurious life style we have envisioned all our lives.

And when were we programmed to think like this? Try thinking back to the days your parents would say, "Don't worry sweetie, you'll be able to drive that nice car once you have your own money."

Or my personal favorite, "What do you think, that I'm made of money? Money doesn't grow on trees. If you want that, go earn it."

How about the good ol' days when we actually thought of becoming the person we admired? When we used to say, "I want to be a teacher or a fireman someday." We weren't thinking of the money we would be making—we wanted to actually be somebody; we wanted respect.

But nowadays, we usually tend to associate respect with the green stuff. Wads of cash sitting in a Louis Vitton wallet means that you have made it. And even if some people may say, money doesn't buy happiness, at least those with money get to be miserable in comfort.

I used to think the world would function if money was never invented. What reason do we have to think we were better than others?

What excuse would the United States have to tower over the rest? Most of all, what excuse would we have to separate ourselves from each other?

I just find it strange that the government makes the currency, yet always complains that there is not enough. Why is our economy slumping if we are still exchanging money into each other's hands?

Yeah, I know the war going on has a lot to do with this economic crisis, but I still say if there was no money, none of us would be so angry with each other. Well, I was never that good with economics anyway.

Call me a simpleton or an idiot; I don't care. I've had a lot of time to think about this. I mean, I'm going to be in debt for the rest of my life just because I chose to go to this school.

Yet, those who come from lower class families get more financial aid than I do and sometimes don't have to worry about anything. Is it my fault that my father makes some money? Is that a sin, and am I to pay for that?

Well, sorry to spew my anger and simple ideas forth onto this paper, but money does not have to be the center of everything. Of course, however, you probably will never agree—you were sucked into the system after all.

Jaclyn Roco, a senior journalism major, is LV Life editor of the Campus Times. She can be reached by e-mail at **rocojax@yahoo.com**.

Free speech is a privilege to cherish



Jennifer Contreras

"...Not in our name will you wage endless war, there can be no more deaths, no more transfusions of blood for oil. Not in our name will you invade countries, bomb civilians, kill more children-letting history take its course over the graves of the nameless. Not in our name will you erode the very freedoms you have claimed to fight for.... Another world is possible and we pledge to make it real."

- The pledge of resistance.

All over the country, people are exercising their right to free speech.

All over the world, people are voicing their opposing views of the apparently imminent war the U.S. president is advocating.

I am lucky, blessed and tickled to death that I have the awesome privilege of free speech.

On Sunday I took a silent pledge of resistance and marched with more than 10,000 people in Westwood, (and another 57,000 people across the nation) to protest an attack on Iraq.

The "Not in Our Name" protest brought thousands together, people of all ages, colors, ethnicities and class. Across the board, it seems that there is a lot more resistance to war out there than most people realize.

I was engaged, marching down Wilshire Boulevard, by various chants. One of my favorites was "Hey Bush, what do you say? How many babies have you killed today?" Another pleaded, "No Justice? No Peace! U.S. get out of Middle East!"

The sheer fact that we, as free citizens, have the right to speak such things about our so-called "elected" officials is the most immaculate of truths.

Some might call us radicals, hippies or unpatriotic or whatever ignorant misnomers people can come up with—but the truth is that peace is patriotism and we are trying to salvage the ideals of a true and peaceful democracy.

The right to free speech is the only tool we can use to get there.

It was stunning.

So many people gathered together, speaking in their own voice, carrying with them the self-imposed burden of changing the future.

Yes, there are threats from terrorists, whether they be Saddam Hussein or a suicide bomber, but does invading entire nations, bombing entire cities and villages, further indebting the United States, and misrepresenting all of the citizens of this country solve for those threats?

In my opinion, nothing positive is accomplished; in the end there will be more deaths than anything else. There will be more names to put on monumental walls and more bodies to burn in man-made ditches.

This is me speaking out; this is me voicing my opinion. My intentions are sincere.

I look at my life and fill up with the utmost gratitude for my life and privileges.

I have been given so much in my 21 years, but that does not mean that I do not think about the 21-year-old woman in Iraq who may die from the impact of a U.S. military missile.

I am not alone in this world and my concerns are for everyone. Since I have the right of free speech and the freedoms that she does not enjoy, it is—in my mind—my responsibility to her to speak out.

Honestly, I am proud to be a part of a country which allows me to be free enough to say these things.

I believe that keeping this country pure and beautiful is important—waging war is not beautiful. I am not trying to convince anyone that I am right. Maybe I am only half right or not right at all.

The point is that my choice to employ the rights I have been given is just as patriotic as sticking a flag on my window. More people should realize that we are very lucky and the privileges you ignore are the most precious ones.

People are dying every minute in this world. What I can not figure out is whether it makes sense to fight war with war.

Maybe we will never figure it out. Peace out.

Jennifer Contreras, a senior photojournalism major, is photography editor of the Campus Times. She can be reached by e-mail at **kinipela_peace@yahoo.com**.

Dress the part for this fall season

Amber McLaughlin
Staff Writer

There is nothing minimalist when it comes to fashion this season.

The emphasis is on detail and unique styles for both men and women for a new, hipper, fresher look.

Sweaters are great in every shape and texture, especially V-necks in bold colors and cozy cardigans.

The look is to pair big tops with tight pants or big pants with tight tops.

Men will also be wearing chunky knit cardigans.

"Ribbed sweaters layered with a denim jacket is one of the hottest trends for fall,"said Anthony Avarado, Gap manager at the Brea Mall. "Be very conscious when it comes to buying an outfit for any season because it may go out of style, which makes shopping expensive."

According to fashion experts from **www.style.com**, the online home of Vogue and W magazines, jackets now come in a dazzling range of styles from motorcycle and military to fitted, oversized and fur.

Proportions are key, experts say.

For example, a bulky jacket should be worn with a slim bottom and vice versa.

A more dramatic option is to wear a coat with embellishments like embroidery or faux fur.

Leather, suede and corduroy jackets in black and earth-tone colors are also a big hit this season.

Take advice from Cosmopolitan magazine's fashion experts and wear a vest over a tailored shirt or against bare skin for a more risque look.

Skin tight denim is making a tremendous comeback, especially paired with a soft peasant top for a feminine appeal.



Bailey Porter

Taina Manjarrez, a sophomore at the University of La Verne, looks through People Magazine's list of Hollywood's best and worst dressed celebrities while deciding what to pick from her wardrobe in her Stu-Han dorm room.

All denim is good from pale sky blue to inky black.

Vintage, washed-out denim is most popular.

As for pants, long, cropped, slim or wide-leg are all in this season.

Any skirt hemline is fashionable, such as pegged, straight or narrow.

Long and lean skirts look great with a silver buckle, lace, patchwork or embroidery.

Black is still the fashion world's favorite color. This fall, black goes with everything.

For women, wear a pair of sophisticated boots and chunky ethnic jewelry for a sleek look.

Other popular hues for fall are deep reds, strong blues, plums and purple, along with neutrals such as browns, camels and grays.

Kimberly McKeon, a wardrobe consultant for Nordstrom in the Brea Mall said some of the hottest trends for fall are romantic, Bohemian-influenced styles, refined and tailored clothing, and the 60's inspired look.

Her advice for men and women is, "Always be yourself and never copy an item that is not you. It will look like you are trying too hard. Be a trend setter and not a fashion victim."

McKeon likes to keep things current and fresh.

To keep things simple, before leaving the house she always takes one thing off, such as a bracelet, a belt, etc.

For men, the most stylish colors of the season are red, burnt orange, maroon, burgundy, purple, khaki and green.

According to experts from **www.askmen.com**, turtlenecks have returned to men's fashion. Experts say they are sophisticated and dressy enough to wear on a night out.

If you are not used to wearing them, start by wearing a mock neck first. It is not as high as a turtleneck and looks nice under a suit.

At the University of La Verne, some students are setting their own trends.

"I'm myself, if that's in style then its in style," said Todd Farrell, a senior. I don't try to conform myself to what everybody likes. I think big pants are definitely out of style. A more streamlined look is what I'm interested in."

Gold, according to the experts, is definitely hot right now.

Anything such as a gold dress, purse, shoes, bracelet or earrings will make anyone glamorous.

Fashion experts from **www.style.com** suggest mixing metallic materials with solid neutrals, such as a sequined skirt with a snug-fitting sweater during the day.

The heels this season will vary from round toe pumps and pointy-toe stilettos.

Boots are now embroidered with flowers, embossed and fringed in something of an 80's throwback, slouching in suede.

Dainty micro-purses are out and big bags are a must-have this season.

Compliment your outfit with a soft and slouchy bag in suede, leather or denim.

And it is suggested to keep accessories to a minimum, the experts admonish. But, variety is always recommended.

Necklaces with beads and pendants, a retro funky choker or dangling earrings will complete any outfit, experts say.

Shimmer, matte and glossy make-up worn together and layered over each other looks best for fall.

Keep it minimal during the day and more dramatic in the evening.

These are the styles for this season, but that doesn't mean you have to change your wardrobe in order to be fashionable.

Keep some of your older clothes (your favorites) and revamp those outfits with new articles of clothing this fall.

You'll be making use of your older clothes and looking stylish with new pieces.

Afrikan Defense heals and protects body, mind

Rima Thompson
Staff Writer

Self-love, according to Merriam-Webster OnLine dictionary, is the process of loving oneself in regards to one's own happiness and advantage. But is that all there is to it?

Ahmes Maat, instructor of a class called Afrikan Defense, believes that self-love also encompasses being able to love yourself enough to defend yourself at all costs.

Maat shared that when one masters loving him or herself unconditionally, only then can they become their ultimate protector. They are also then able to discover the strength of their inner spirit.

To share this concept, Maat will instruct a course on Afrikan Defense for the next 10 weeks from 10 a.m. to 12 p.m. on Sundays at the University of La Verne in the Supertents. All students are invited to attend at an individual cost of $8 per class.

His course will offer students the opportunity to develop self-defense techniques through the use of hand, elbow and knee movements, as well as projected imagery and self-hypnosis.

Students will learn the essence of using their mind as a defense. They will learn to defy defeat by becoming "one with themselves" through self-healing and protection.

"I believe that this class will teach a different method of self defense, and I think it is a good secondary method," said sophomore Mary Kazanchyan. "An individual should always have a self defense methods because you don't always know what situations you might be faced with."

Maat has practiced martial arts for 30 years. His educational background includes a Ph.D. in philosophy, masters in respiratory therapy and post bachelors degree in precision technologies, which he has been involved with for 10 years.

Through Afrikan Defense, Maat is able to introduce the world to African/Ancient Egyptian principles, practices and virtues.

Classes are offered to the general public, but there is an emphasis on a specific defense course for women. Maat confides that this specific defense course was the originating idea for his program.

His concern for his mother, wife, sister and daughter led him to conclude that women are at higher risk for being attacked and therefore need defense mechanisms more so than men. In offering this program, he is teaching women how to protect themselves.

"I look at all women as my family and I want them to be safe, " Maat said.

Besides teaching defense mechanisms to college students, Maat has also worked with the political organization known as the Black Panthers.

He says intent is the biggest difference when instructing college students and groups such as the Black Panthers.

"When I teach college students it's more for personal defense," Maat said. "With the Black Panthers it is military and bodyguard type defenses."

Maat also stated that college students are most vulnerable, especially females, because they are surrounded by an unfamiliar environment.

"College students are at risk because they have a new liberty they never had before," Maat said. "It's great for them to be in the defense mode at all times."

Sophomore Sara Lesniak agreed with Maat and said, "knowing any means of self defense gives one the security to venture on their own as well as providing a foundation for building one's confidence, integrity, self discipline and other virtues. Health wise, it is also a great way to keep in shape."

For more information on the Afrikan Defense classes, students can go to **www.maatproductions.com**. To learn about Maat's precision technologies, visit **www.lifesourcetechnologies.com.**

AASA promotes minority success

•Club raises diversity awareness

Tim Tevault
Editorial Director

Thanks to a devoted member of the African American Student Alliance now president, the club is looking to the new year with high expectations.

Senior ShaMira DeJurnett, president, is ready and excited for the club's upcoming events.

"We're trying to branch out this year and involve more minority clubs on campus," she said, adding that one way AASA will achieve this is through co-sponsored events.

The first of these, Skate Night, was held last night at Skate Express in Chino in conjunction with Cal Poly Pomona's Black Student Union.

Also helping AASA become one of the most active clubs on campus is the emphasis DeJurnett and her executive board will put on academics this year.

The board, which consists of Linda Moses, vice president; Ebony Williams, treasurer; LeVenna Ware, assistant treasurer and Ebony Lofton, public relations representative, will focus on the graduation rate of the University of La Verne's African American population.

"Our former president did a good job," DeJurnett said. "This past year, it was really high, but this year we want it higher."

DeJurnett said a problem she noticed that lowers that graduation rate is that "(some) black males have a tendency to play their sport and leave."

Because of this, AASA has study groups organized for anyone on campus to join.

At these sessions, people can come at a regular meeting time to just do homework and possibly collaborate and help each other.

"That's one of our goals—to provide a support group for black males and females on campus," DeJurnett said.

Ware said that in addition to study groups, one of her goals for AASA is to become known around the community.

To obtain this, she hopes the club can participate in community service around La Verne.

On top of all of the positive things AASA has planned for the year, they will be holding a couple more social events in the near future.

First up is the AASA, Brothers' Forum and Sister Circle mixer, where each of these groups will be giving information about themselves to those interested.

This is set to take place at 1 p.m. today in the Student Center classroom.

On Oct. 18, the group is selling 55 tickets to take a party bus to Knott's Scary Farm.

Tickets run for $28 and are available by contacting a member of the executive board.

Ware said that while students know about the Knott's event and are interested in going, "college kids are kind of penniless right now."

In November, AASA will be holding a 50/50 drawing, where electronic prizes such as DVD players will be raffled off. The exact date for this event will be announced soon.

DeJurnett, a member of AASA for two and a half years, is really enjoying her time in the club.

Because she did not have an AASA or Black Student Union in her high school, she thought it would be good to join one in college.

"When I got to ULV, the African American community was small, but they seemed united," she said.

Ware, however, was a member of her BSU in high school for all four years and has been a member of AASA for the three that she has been attending the University.

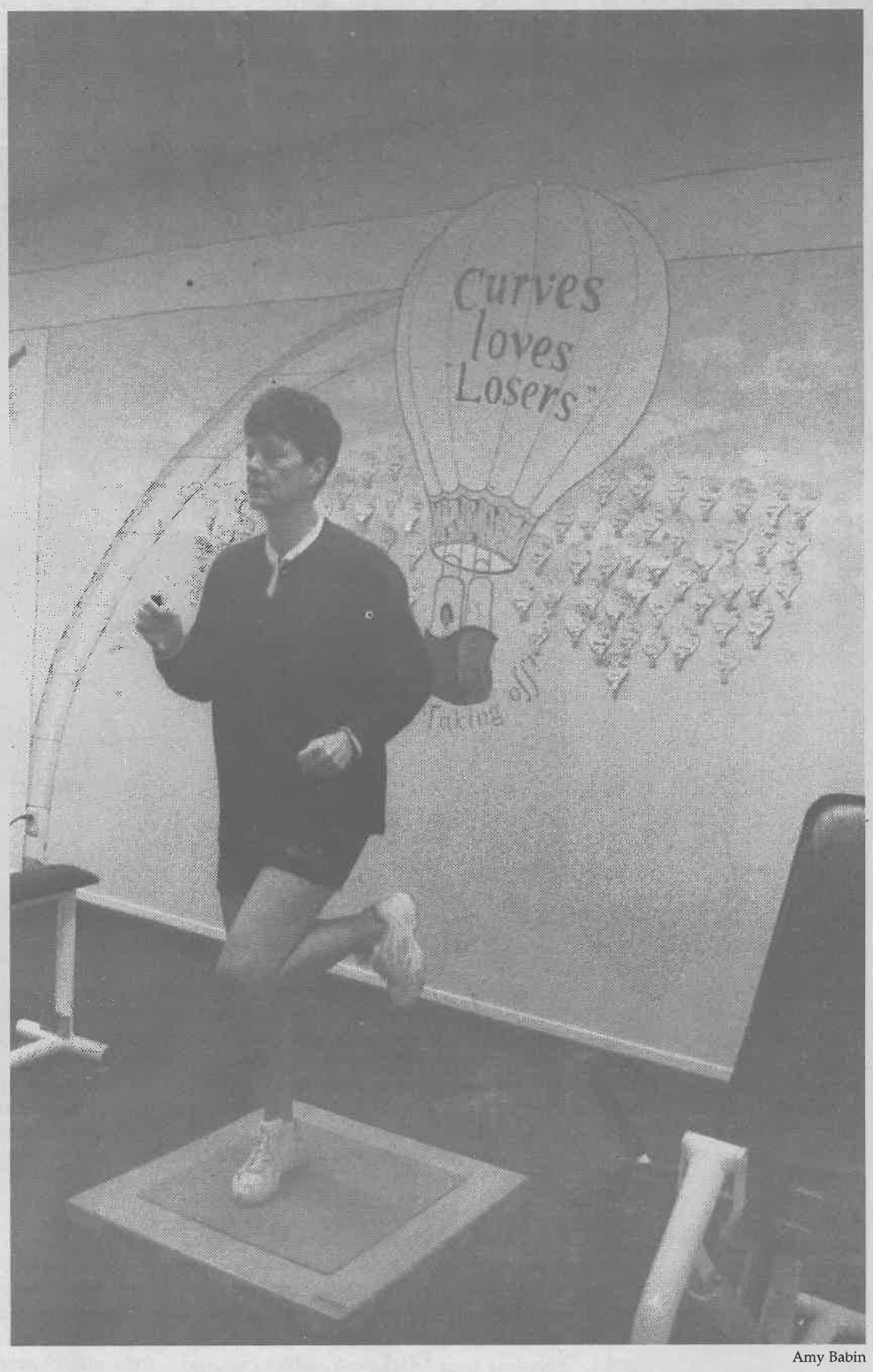
She joined AASA because "I'm always looking to have a positive influence."

DeJurnett said all of these events would not have happened if it were not for the hard work all of the members of AASA.

"I'm pretty much the person behind the scenes," she said. "If it wasn't for the members, we would not run."

> 'That's one of our goals—to provide a support group for black males and females on campus.'
> *—ShaMira DeJurnett, AASA president*

Workout helps women keep 'curves'



Amy Babin

Curves for Women is a "30 Minute Fitness and Weight Loss Center"..Barbara Larkin has been working out for a month at Curves and she was excited to get the results of her measurements at the end of the workout. Curves for Women is at 2117 Foothill Blvd.

Local coffee house steams up with changes

Jaclyn Roco
LV Life Editor

With a new owner, Elizabeth Han, and a new banner hanging in the front, the café from the La Verne of yore has made some positive changes.

The former Lordsburg Coffee and Tea, now known as Coffeeberry, should receive attention to its menu, including the introduction of smoothies and boba tea, not to mention minor decoration improvements.

Han, whose Asian influence probably brought the new boba fad to the city of La Verne, took over Coffeeberry almost a month ago.

She said she saw an advertisement listing the place in a newspaper, and chose to bring her management experience from Burbank to the little café.

"I'm going to paint the inside and change the place just a little bit," Han said. "I like it (here) very much. The customers are nice. I see good potential here."

Along with strawberry and watermelon smoothies and two flavored boba drinks, Han is trying to do much more to attract her mostly young student clientele.

Perhaps because she has just come here to the city of La Verne, Han seemed eager to get to know her regular customers, and asked for any ideas or suggestions on how to make the café better.

She has even started to offer fresh pastries delivered from the Full of Life bakery in Claremont.

Besides these little adjustments, Han said she tried to keep her establishment's menu and atmosphere the same as it was before.

Christopher Arbizu, former University of La Verne student and Coffeeberry worker, said he is a big fan of what Han is trying to achieve. Although he said there will be no drastic food or visual changes done, there have been internal changes among the workers. Han knows what the community needs, he said.

"There has been cohesion among the workers to create a nicer environment for the customers," Arbizu said. "This will increase productivity and sales and what not. The family atmosphere will reflect in its own time.

"As a former student and someone who wants to share connections with the students, (I say) this is a place to come and relax for poetry, music, debate and stuff like that," Arbizu said.

> 'This is a place to come and relax for poetry, music, debate and stuff like that.'
> *—Christopher Arbizu, Coffeeberry worker, ULV alumnus*

Fraternities • Sororities • Clubs • Student Groups
Earn $1,000-$2,000 this semester with a proven CampusFundraiser 3 hour fundraising event. **Our programs make fundraising easy with no risks.** Fundraising dates are filling quickly, so get with the program! It works. Contact CampusFundraiser at (888) 923-3238, or visit www.campusfundraiser.com

Entertainment Briefs

Art Exhibit

The Harris Art Gallery presents "Blend," an art exhibit showcasing the work of Alison Forshee, Robin Szidak and Melissa Thorne. There will be an opening reception from 5 p.m. to 7 p.m. tomorrow in the gallery. "Blend" will be on display until Nov. 22. For more information, call extension 4763.

Guest Recital

Pianist Bernadene Blaha is coming to ULV to display her musical talent . The concert starts at 8 p.m. Tuesday in Founders Auditorium. General admission is $5, students are free.

Knott's News

Halloween Haunt is back for its 30th year at Knott's Scary Farm. In addition to haunted rides and wicked walk- and ride-through attractions, Halloween Haunt also features six monster blockbusters and more than 1,000 untamed beasts. For ticket prices and Halloween Haunt dates call the Haunt Line at (877) 858-7234.

Pasadena Art

The city of Pasadena is holding its Pasadena Art Night from 6 p.m. to 10 p.m. tonight. Eight cultural institutions will open their doors to everyone. City sponsored shuttles will provide free transportation between venues.

—Gloria Diaz

Ensemble brings Russian chorale

by Jennifer Dodd

photography by Christian Velazco



The Russicum ensemble is an a cappella group of four soloists, Kirill Sokolov, Aleksei Vorobiev, Mariana Tchikhatcheva and Irina Gringerg from St. Petersburg and Kiev. This group works to promote traditional and contemporary Russian religious songs, as a part of the cultural heritage of Europe.

Founders Auditorium was filled with beautiful sounds of music Wednesday night, as Russicum, part of the St. Petersburg Vocal Ensemble, presented their style of Russian choir music.

Russicum is a group of four professional singers from St. Petersburg who travel around the world singing and promoting Russian religious songs.

The groups members are Kirill Sokolov, bass; Aleksei Vorobiev, tenor; Marina Tchikhatcheva, mezzo-soprano; and Irina Grinberg, soprano.

For many years their music was suppressed by the Russian government. Only within the last ten years has the group been able to share their choral tradition with the world.

Their program consisted of Russian Orthodox a cappella Church Music and a lively set of Russian folk songs.

The first part of the recital showcased their a cappella vocal skills and the second half provided an uplifting and lively performance of entertaining folk songs.

"My friend sitting next to me actually had to hold his sneeze because singing a cappella which is very difficult and they only have each other's voices to keep their pitch," said freshman music minor Stephanie Duarte said.

"We saw it as a unique opportunity to bring diversity to our campus and I think it really shows the breadth of what we do here," Assistant Professor of Music Scott Farthing said.

Russicum has visited Germany, Belgium, Holland, Switzerland, Scandinavia, the United States and Great Britain, spreading its contemporary and traditional Russian religious songs.

The ensemble is in the United States for two months to raise money to continue to bring their cultural heritage to the international public.

"A vocal ensemble is like life. It is a give and take process. I think they illustrated that so well in their performance," Farthing said.

Senior music major Derek Wendt also expressed his enthusiasm for the performance. "It was cool to see that even people on the other side of the world use the same singing techniques."

Irina Grinberg, Russicum's soprano, summed up the evening best: "Russians cannot sing their music without putting their soul into it."

Theater joins with communications for class

Jennifer Dodd
Staff Writer

After an impressive spring semester, with the strong performances in Shakespeare's "Pericles," the University of La Verne's Theater Arts and Music departments will join forces this November to put on the musical production of "Naughty Marietta," written by Victor Herbert and directed by David Flaten, theater arts department chairman.

This collaboration is just the beginning of what the Theater Arts Department hopes will be the start of more successful alliances with other departments on campus.

The department's Art Direction class is involved with the upcoming musical and the Communications Department will videotape it as well.

"La Verne Television will shoot live with pickups and they may even schedule inserts if need be," said Flaten.

These collaborations help students to gain experience with what's going on in every aspect of their prospective field.

Another project due next spring is a new class being added called Acting For the Camera THAR/TV 212 and 312.

This class will blend the Theater and Communications departments together by being an acting class that uses actual studio time.

"We've had the idea to do this class for a long time," said Don Pollock, professor of communications.

The Communications Department has had an informal relationship with the theater department for a long time, said Pollock.

The Theater Arts Department has many well-trained actors, but living in Los Angeles, it is essential to have experience in front of the camera.

Communications Department students need experience working with actors.

"Students will be learning the special techniques of acting for the camera," said Steve Kent, professor of theater arts.

Pollock and Kent will team-teach the class.

"It will allow for a more immediate and direct access to the skills and techniques of performing in front of the camera as well as what goes on behind the camera," said Pollock. Everyone is encouraged to join the class.

Performances of "Naughty Marietta" begin in mid-November.

For more information on Acting for the Camera call Pollock at extension 4277 or Kent at extension 4551.

Music Review

Real music unknown to Britney and 'Stone'

Taylor Kingsbury
Staff Writer

This week, there are two items I want to address, both from the Oct. 17 issue of Rolling Stone.

First on the docket, we have the people versus Britney Spears.

The fading pop princess has joined forces with the Recording Industry Association of America, and will appear with several other equally non-artistic artists in a series of commercials urging consumers to fight the evils of internet piracy.

Nelly, DMX, Missy Elliot and Mary J. Blige are among the artists joining Britney in the campaign.

Britney should have learned by now that talking is not really suited for her talents, but she spouts off on this issue in her traditional mindless fashion.

Britney claims "when people go on their computer and take your song, it's the same thing as going into a freakin' store and taking your CD."

Let me explain something to you, Britney. I work in a record store, and I know first hand that there is a huge difference between a scumbag who tries to run out the front door with a product in their pocket and the innocent consumer who downloads a song to get an idea of whether or not to invest in a full-priced CD. People in this first group are called criminals, and the latter group of people are known as...your freakin' fans.

So Britney, why did you allow theatres to show trailers for your miserable film "Crossroads?" Weren't theater patrons stealing a little piece of your movie? This hurt you much more, especially when you consider that anyone who saw that trailer probably had the sense not to see "Crossroads." The trailer in question was also available for download on several internet film sites.

Why are the loudest critics against free downloading always artists who are already making multiple millions of dollars a year? Britney could buy several small countries with her check from Pepsi alone, so I hardly think her finances are in any sort of upheaval as a result of downloading. How many outfits do you need, Britney?

The fact is, downloading is a publicity tool that the RIAA has only begun to realize the potential of. If someone likes a song they download, or if someone likes multiple songs, they will go buy the record. It seems pretty simple, and this is something I see at work every day. Downloading only hurts artists if the music is bad, so in Britney's case, I can see why she might worry.

In summation, to Britney— don't talk anymore; it makes you a lot less attractive. And to the RIAA, do you really want someone who thinks Elvis was from Vegas fighting your battles?

In a related story, Dashboard Confessional's resident whiner Chris Carrabba actually said something intelligent. Opposing Britney's stance on downloading, the cheese-monger revealed, "I don't care how anyone gets my record. If they can't afford it, they can get it for free." This is an alarmingly refreshing statement from the lead singer of a fad band who should be clamoring for every record sale he can get. Cheers, Chris. Now, stop playing those awful self-pity anthems and you may yet earn some artistic credibility.

Finally, a Rolling Stone reader's poll reveals what many have suspected for quite some time: people who read Rolling Stone are idiots.

The list of the Top 100 albums of all time, as chosen by RS readers, is ripe with boneheaded selections. Of course, such a list is always going to be interpretive, as personal opinions will vary depending on the individual, but the group of readers who came up with this one missed the mark severely in many respects.

Case in point, the inclusion of records that have been out less than two years, or in the case of "The Eminem Show," No. 24, less than six months. The Strokes' "Is This It," No. 57 and Linkin Park's "Hybrid Theory," No. 58 also placed strongly, leading this critic to speculate that these readers really did not take their task all that seriously.

Two years is hardly enough time to ascertain the artistic and cultural impact of an album, and claiming that these two albums are better than Led Zeppelin's "Houses of the Holy," No. 84, Soundgarden's "Superunknown," No. 80, or Prince's "Purple Rain," No. 66, is both foolish and unrealistic. Neither Linkin Park nor the Strokes have yet risen above one hit wonder status, and they should not even be mentioned alongside landmark albums like these.

The same goes for Weezer, who are a great band, but entirely undeserving of having all four of their studio albums in the top 100 of all time. Can we honestly say that four percent of the best music of all time was made by Weezer? I think not.

And why is there no hip-hop on the list? Surely, watershed records like N.W.A.'s "Straight Out of Compton", Dr. Dre's "The Chronic," or my personal favorite, Pharcyde's "Bizarre Ride II" deserve recognition for their mastery of and impact on the genre. Not so, according to Rolling Stone readers.

How did readers fail to mention modern classics like Nine Inch Nails' "The Downward Spiral," Jane's Addiction's "Nothing Shocking," and Portishead's "Dummy?" Why did two Metallica albums make the cut when Iron Maiden's "Killers," the album Metallica stole their sound from, was not mentioned?

Why did marginally interesting works like Garbage's "Version 2.0," No. 92 and Bon Jovi's "Slippery When Wet," No. 96 make the cut? And will somebody please tell me how Mariah Carey's "Daydream," No. 69 even got mentioned?

With glaring omissions and a shocking lack of musical knowledge behind this list, Rolling Stone has created a list of essential records that is anything but essential.

The bottom line is there is not a single record, or 100, that can uniformly speak to everybody.

The best record of all time is the one that makes you, personally, feel like a god when you hear it.

When you find that perfect record, who really cares what anyone else thinks about it?

Movie Review

Hopkins keeps Lecter insanity in 'Dragon'

Tim Tevault
Editorial Director

Anthony Hopkins and Jodie Foster in 1991: excellent. Anthony Hopkins and Julianne Moore in 2001: good, but nothing spectacular. Anthony Hopkins and Edward Norton in 2002: awesome.

Everything has come full circle in the past eleven years for Hannibal Lecter and friends in the third part of a mesmerizing trilogy.

"Red Dragon," the latest chapter following Lecter and his gruesome cravings contains a little bit of the jumpiness in "Hannibal" and a whole lot of the psychological stirrings in "Silence of the Lambs."

Despite the mixed reviews "Dragon" is receiving from some critics, the movie has an amazing way of capturing the attention of the audience for the full two hours.

From the first scene to the final cut, the prequel is able to stay suspenseful. Cutting back on the laughs and campiness of its predecessor "Hannibal" is a welcome, yet disturbing, change that brings back the frightening and terrifying mystique of "Lambs."

Causing all of the edginess is Hopkins, who once again becomes one of the most disturbing villains this century. Watching him all over again reminds us why he got the Oscar for this role a decade ago.

Joining Hopkins in the tradition of "Lambs" is Ralph Fiennes as Francis Dolarhyde, the villain Lecter is helping to catch.

Joining the ranks of Foster and Moore as Special Agent Clarice Starling is Norton as Will Graham, the detective who put Lecter in that infamous cell in the first place. The story, which takes place before "Lambs," is easy to follow.

Upon catching Lecter, Graham retires, but a few years later he is called back to help catch Dolarhyde, who has broke into two family's homes and murdered them, all in a grotesque fashion. Fortunately for the sake of the audience, the director—Brett Ratner of "Rush Hour"—does not believe in showing every single detail of the gruesome obsessions of the killer. Thankfully this works for the overall feel of the movie, which goes to show that showcasing everything does not make a movie more scary.

Graham is later coaxed by the FBI's Jack Crawford (Harvey Keitel) into last-resort Lecter, who could possibly help out in tracking down the mysterious murderer. Watching Norton walk down the hall to Lecter's glass cage is very synonymous to Foster's stroll down the "hall o' loons."

Rounding out the all-star cast is Emily Watson, Dolarhyde's blind lover. Watching great actors such as these—Hopkins an Oscar winner and Norton, Fiennes, Watson and Keitel all Oscar nominees interact—is like watching a pro football team effortlessly shut out its hometown rival.

Unfortunately, because Hopkins plays the Lecter character so easily, he may get overlooked for an Oscar. However, Norton's cool and confident Graham and Fiennes' frightful portrayal of a possessed serial killer may garner them some type of nominations, whether it be Golden Globe or Oscar. Even Watson, who plays a small but pivotal role in the movie, could get a supporting actress nod.

And judging from the movie's impressive $37.5 million opening at the box office last weekend, we could be seeing more of everyone's favorite cannibal.

While this opening is big, whether the movie stays at the top after this weekend—its second in release—will determine the movie's longevity. In recent years at the box office—particularly in the summer—a movie's opening weekend can not be the sole determining factor in how it will do overall.

Money aside, upon first glance, "Red Dragon" appears to be a high caliber sequel—good actors with no plot.

But upon leaving the theater, one will see that "Dragon" ain't no "Hannibal."

"A Tropical Paradise"

Homecoming Events

Sponsored by ASF
Contact ASF x4677

Monday: *Illuminations* @ 8 p.m. at Founders Steps

Tuesday: *Spirit Booth* @ 12-2 p.m. in the Quad
also, Pizza and Karaoke Night from 10 p.m. - 12 a.m.
@ Warehouse Pizza
***No Alcohol that night, Bar will be closed**

Wednesday: *Free Lunch* @ 12-2 p.m. in th Quad
Cosmic Bowling Night 10:30 p.m. - 2:00 a.m.
*Upland Brunswick Bowl

Thursday: *Monte Carlo Night* @ 10 p.m. - 1 a.m. in the Old Gym

Friday: *Pep Rally and Lunch* @ 11:30 a.m. - 1:30 p.m. in the Quad

Saturday: *Homecoming Fair & Coronation*
@ 11 a.m. - 4 p.m. at Ortmayer Football Stadium

*All Events Free to ULV Students
Non-ULV Students pay $5 per event

ULV breaks the Beavers' dam open

Matt Paulson
Sports Editor

The women's volleyball team at the University of La Verne routed the Cal Tech Beavers in a short, three-game match Tuesday evening in the Supertents to cap off a three-match week in the Southern California Intercollegiate Athletic Conference this season.

The Beavers fell prey to the Leopards by scores of 30-15, 30-10 and 30-9. Few seats on ULV's bench remained occupied throughout the match as head coach Don Flora used 12 Leopards in the short contest, including 10 players who registered kills, and half of that number boasting an errorless night.

"It's great to see the depth of this program. This is probably the deepest team I've had in my ten years here," Flora said.

All in all, Tuesday's stats looked like David and Goliath on a seesaw. The La Verne women outhit the Beavers with a team hitting percentage of .410 to Cal Tech's -.188. ULV recorded three team blocks to Cal Tech's one and 17 aces to the Beavers' one.

The Tuesday night romp followed a key Saturday night win over California Lutheran.

Named by Flora earlier in the season as one of ULV's top SCIAC rivals, the Regals gave ULV a slightly more difficult contest than the Beavers.

In the first game, the two squads traded the serve back and forth before ULV managed to pull ahead and emerge with the first-game win of 30-26.

The Regals showed their competitive drive as they came out in the second game and chalked up three quick points to take a 3-0 lead. However, that would not last long as ULV once again pounced on Cal Lu to take the lead and run away with the second game by a score of 30-21.

This second win seemed to take the wind out of the Regal sails as ULV turned the tables and jumped out to an early 3-0 lead in the third game. Cal Lu never really entertained much of a chance after this; La Verne walked off the court with the third game in its pocket by a score of 30-19.

After a slow start, ULV managed to increase its margin of victory with each successive game.

"We enjoy competing against Cal Lu. It's nice to make progress and beat them more efficiently each game," Flora said.

The night before, the Leopards visited Pomona-Pitzer for the first of their three SCIAC matches in the last week.

The Sagehens (4-10, 1-3) surprised ULV in the first game, riding strong defense to a close finish. The Leopards managed to pull it off, though, with their imposing offensive attack by a score of 30-27.

After this initial shock, ULV regained form to finish off the Sagehens by scores of 30-23 and 30-15 in games two and three in front of about 75 Pitzer fans.

Once again, La Verne overpowered its opponent with superior play at the net. The Leopards collected 38 kills for a percentage of .220 with 13 team blocks. This outweighed the Sagehens' 31 kills for a percentage of .030 and just four team blocks and proved to be the deciding factor in the match.

"Pomona had a career match," Flora said.

Junior outside hitter Lisa Mila and freshman middle blocker Mandy Sedia both recorded an errorless total of four kills on the evening for ULV.

Mila, who came off the bench to play two games in the match, showed the offensive depth of the Leopards on the left side.

Flora praised Mila's progress in this last year's off-season.

"It's great to see her technique catch up with her athleticism," he said.

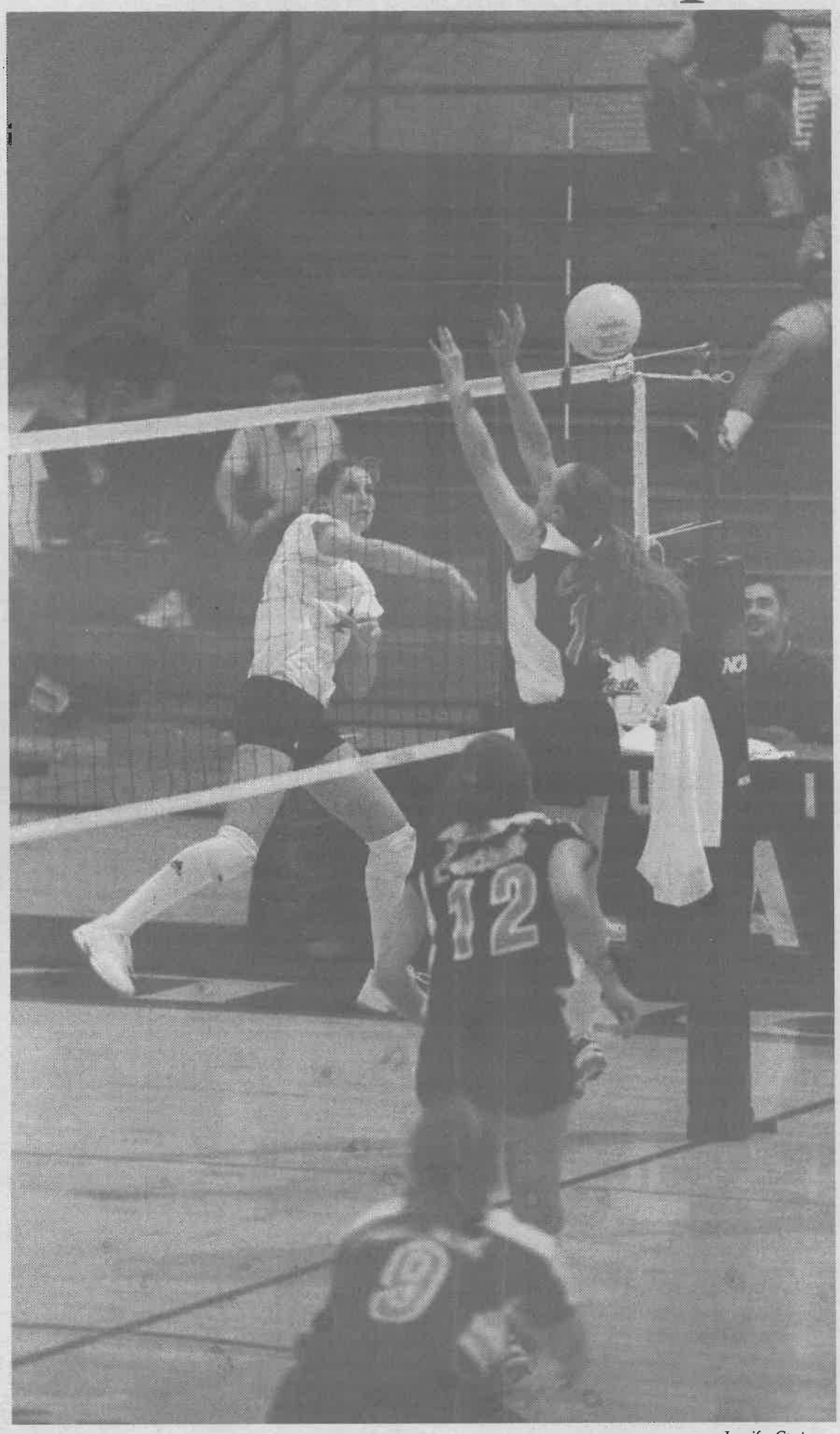
With this week's three wins, ULV remains not only 6-0 in SCIAC but boasts a perfect 18-0 record in those six matches, not losing a single game to any SCIAC foe thus far this season.

"It's nice to be able to find ways to win every game," Flora said. He attributed this ability to the team's "competitive nature."

Being almost halfway through the year, ULV entertains the chance of remaining perfect for the remainder of the 2002 conference season.

"It'd be nice to turn it in that way, but we're going to have to keep fighting in the next couple of weeks. We're going to have to keep playing La Verne volleyball and keep playing to our potential," senior middle blocker Stacey Lupu said.

The Leopards look to face national competition Juniata at 7



Jennifer Contreras

In the second game of Tuesday's match, sophomore Jennifer Stout (No. 2) spikes the ball past junior Megan Kennedy (No. 15) of Cal Tech. Teammates Delia Rosca (No. 12) and Jaclyn Homnick (No. 9) prepare to recover. The Leopards took the match in three straight wins. The Leopards' next home game is tomorrow against Juniata of Pennsylvania.

Women's soccer redeems itself against Athenas

Chrissy Zehrbach
Staff Writer

The University of La Verne women's soccer team ended its three-game losing streak Wednesday night with a win over Claremont-Mudd-Scripps.

After a disappointing week of losses, the Leopards were determined to win. They went into the game knowing they owed it to themselves to win and fought harder than they had all week, defeating the CMS Athenas 1-0.

The game was a scoreless battle until the second half when senior forward Adrianna Ramirez scored a goal for the Leopards, ultimately leading them to victory.

Last Friday, the Leopards faced Chapman in a non-conference game in Orange resulting in a disappointing 1-0 loss.

Chapman scored near the end of the first half on an unassisted corner kick from freshman Simi Phull. This goal was the Panther's first goal in three games.

Trying to get back into the game, the Leopards took 15 shots on the goal. They came close in the second half when a shot got through to the net but was ruled offsides as the forward was behind the last defender when the ball was played.

Many recent games have ended 1-0 for the Leopards. It has been tough on the team but has made them work harder.

"It's good that they're close," sophomore AJ Taggart said. "It means we're still playing hard."

As a result, the team's drive to win is growing stronger.

"Because girls are frustrated, it makes them work harder at practice, and that forces others to work hard as well," Taggart said.

Earlier in the week, prior to the CMS game, head coach Wendy Zwissler said, "I thought our play progressed as the week progressed. We continued to work hard and learned a lot about ourselves. It's all about effort, and the effort will help us to a win sooner or later."

The team's hard work and effort paid off Wednesday against CMS and should continue to do so through the weekend.

The Leopards now stand with an overall record of 5-6, 2-4 in conference.

Next for the Leopards is a tough game against the 2001 Southern California Intercollegiate Athletic Conference champions, Redlands, at 11 a.m. tomorrow at Ben Hines Field.

The Leopards will begin their second round of SCIAC conference play at 4 p.m. Wednesday, also at Ben Hines Field.

LV SCIAC streak ended by Stags

•Leos stand 2-3 in conference

Gloria Diaz
Arts & Entertainment Editor

On Wednesday, the University of La Verne men's soccer team looked to gain its third win of the season against the Southern California Intercollegiate Athletic Conference first-place team, Claremont-Mudd-Scripps.

Head coach Cres Gonzalez and the Leopards stepped into the game with a counter attack system that proved to be unsuccessful in the end.

The Stags' Eric Henderson put the Leopards to the test as he managed to slip the ball past ULV's starting goalie Louis Mendoza to score two goals in the 17th and 23rd minutes of the first half. The score remained 2-0 throughout the first half.

In the second half, CMS scored in the 17th minute, giving the Stags a 3-0 lead, which would end the Leopards' two-game winning streak.

Mendoza blocked six of the nine shots taken by CMS. Currently, the Leopards have a 2-3 record in SCIAC, while the Stags remain undefeated in the conference.

Saturday, the ULV faced off against Cal Tech, gaining their second win of the 2002 season.

Although ULV missed many scoring chances, the Leopards still managed to hold onto the lead with the help of midfielder Josh Miller.

The first goal came from Miller in the 34th minute of the first half.

The Beavers would try to put themselves on the scoreboard, but were unable to get the ball past senior goalkeeper Derek Ramirez.

Shortly into the second half, Miller would once again put away another goal in the 6th minute, thus bringing the score to 2-0.

The last 10 minutes of the game brought a fight over the ball as the Beavers scored with seven minutes left and Miller scoring in the last minute.

The Leopards ended the game with a 3-1 win over the Beavers.

Another noteworthy player of the game was sophomore Alex Rodriguez, who has done extremely well as a midfielder.

"As long as he keeps his play and continues to find the ball he's going to be a tremendous help to the team," Gonzalez said.

"My belief is that, every game you play, you play it with the idea that you are going to win, not with the idea that you are going to lose. If you approach it that way, then you have already been defeated."

The Leopards will travel to Redlands to go up against the defending conference champion Bulldogs at 11 a.m. tomorrow.

Redlands played for the NCAA Division III title in 2001 but finished second.

Volleyball...

Continued from page 10

The Leopards look to face national competition Juniata at 7 p.m. tomorrow and Cal State Hayward at 7 p.m. next Friday; both matches are in the Supertents. Juniata, of Pennsylvania, is out for vengeance as ULV knocked them out of the national tournament last year. ULV, though, is looking to settle the score against Hayward, who handed the Leopards their first of three losses this year.

'Juniata is a great team. We can't overlook them this weekend, but we are looking forward to playing Hayward.'
—Stacey Lupu, senior

"Juniata is a great team. We can't overlook them this weekend, but we're looking forward to playing Hayward," Lupu said.

As for preparation for the matches, Flora said the Leopards want to "fine-tune our systems; be a little more aggressive in our serving, make sure our team knows our opponents' tendencies and add to the progress in our ball control and our offensive systems."

Going into the matches, ULV is ranked No. 4 in the National Collegiate Athletic Association Division III West Region rankings. "It's definitely a goal of ours to move into the top-two. These next two matches will show if we belong in the top-two in the West Region," Flora said.

Before the Leopards can face either of these two teams, they must negotiate SCIAC opponent Occidental at 7:30 p.m. tonight in Los Angeles.



La Verne football fails to dethrone Kingsmen

Matt Paulson
Sports Editor

The University of La Verne football team dropped its second straight Southern California Intercollegiate Athletic Conference competition last Saturday to the Cal Lutheran Kingsmen by a score of 30-6.

The defeat, which dropped ULV to 1-2 in SCIAC and 1-3 overall and gave Cal Lu its first win of the season, continues a three-game road losing streak for the Leopards.

The first quarter found matching goose eggs on the scoreboard when time expired.

Late in the second quarter, it appeared that the same results would be posted at the buzzer. But Cal Lu had other ideas.

Sophomore running back Tyler Ruiz of Fresno punched in a four-yard touchdown run with 2:26 left in the half. The run concluded a two-play, 55-yard drive. With the extra point, the Kingsmen jumped to a 7-0 lead.

Then, with only 4 seconds remaining in the second quarter, kicker Alex Espinoza split the uprights from 29 yards out to make the score 10-0 at halftime.

This small scoring barrage late in the first half "deflated us," head coach Don Morel said.

In the second half, the Leopards were unable to strike back as the Kingsmen simply amplified their first-half ending performance.

Cal Lu tacked on 14 more points in the third quarter on an 18-yard pass from junior quarterback Casey Preston to sophomore wide receiver Nick Lane and on a 10-yard run from Preston. This devastating third quarter left ULV with a 24-point deficit entering the final quarter of the game.

"We just started to break down in the third quarter," Morel said.

Early in the fourth, Cal Lu scored first on a 44-yard run from senior running back Devin Martin just under 1:30 into the quarter.

A shutout loomed over the Leopard bench until, with 2:43 remaining in the game, freshman running back Justin Wolchief took a handoff and trudged 95 yards to finally get ULV on the board.

Wolchief sang praises to his blocking on the play.

"The line up front did a really good job blocking. The blocking made it possible for me to see a hole. Once I saw the hole, I hit it, and it broke open," Wolchief said.

> 'The line up front did a really good job blocking. The blocking made it possible for me to see a hole. Once I saw the hole, I hit it, and it broke open.'
> *—Justin Wolchief, freshman running back*

He continued to highlight a downfield block by sophomore running back Cameron Spence as another important tool on the scoring run.

"I was just trying to help him out as much as possible. When I saw him break on the run, I said to myself 'I want to walk him into the end zone'," Spence said.

When time ran out, ULV found itself recording its second SCIAC road loss in as many weeks.

"We played for 80 percent of the game; that is not enough," Morel said.

Rollie Dykstra, a freshman out of Redlands, who was the quarterback at the helm for the Leopards in the loss, threw 11 for 23 and 100 yards. Dykstra replaced senior Gabe Lujan, the early season starter for ULV.

"Both guys are competing for that position," Morel said.

Lujan, Morel said, posted some time at wide receiver and did a "great job. We need every guy to help in some way. Gabe is doing a great job at that."

Although Dykstra recorded positive numbers in the passing category on the afternoon, rushing was a different story. He finished the game with a total of -14 rushing yards.

Morel attributed this total to Dykstra trying to do too much behind the line of scrimmage.

"Cal Lu brought pressure. Every guy on our team may be trying to do more than they should to help us win a football game," Morel said.

Morel sees the beginning of the second half as part of the poison in the Leopard play of late.

"As coaches, we need to find a way to create excitement in the third quarter," he said.

Morel and his cohorts will have two weeks to work on this and many other aspects of the Leopard squad as they entertain ULV's second bye week of the season.

The first and foremost goal entering the bye week is "getting healthy," Morel said.

ULV had a laundry list of starters that were out for last Saturday's game. Senior running back Travis Lerma was out with an injured hip; junior kicker Wilber Martinez and freshman linebacker Toso Mata'u were nursing injured knees, and freshman defensive back Nate Mendoza was sidelined because of a foot injury.

Morel entrusts the injured reserve list to the able hands of head athletic trainer Jim May and strength and conditioning and wide receiver coach Matt Durant.

"They're going to work this week to get us back to health," Morel said.

The second goal for the upcoming bye week, Morel said, is "finding the right recipe for us to win a game."

Overall, Morel said, "We need to prepare to play five games in the next 28 days. We need to get ready mentally and physically."

These next five games include the three remaining SCIAC contests against University of Redlands, Whittier College and Occidental College, and three road games, where the Leopards are 0-3 on the season.

ULV's next game is against the Redlands Bulldogs at 1 p.m. Saturday, Oct. 19, at Ortmayer Stadium.

The Leopards welcome back all ULV alumni for this homecoming match up as they will attempt to remain undefeated at home this season.

This is the second of only three home games in which the Leopards will play this season.

The last home game will be against the Occidental Tigers on Nov. 16.

This is also ULV's last game of the season.

Economics 101.

(Free checking that's really free)

College is expensive enough already. Registration fees, books, parking, plus all the other necessities (like pizza). It's the smart student who learns how to use money wisely. And that means not spending it on silly things like bank fees. That's why you should open a free checking account at IndyMac Bank. Because when we say free, we really mean it. No service charges, no minimum balance (very helpful) and no limits. So stop in and sign up today. It'll be time well spent.

La Verne • 2111 Bonita Avenue, (Bonita & D Street) 909.593.4944
North La Verne • 1413 Foothill Blvd., (Foothill & Wheeler) 909.392.5868
Corporate Office • 155 North Lake Avenue, Pasadena, CA 800.998.2900

Raise your expectations.℠

IndyMac Bank®
www.indymacbank.com

Member FDIC EQUAL HOUSING LENDER NYSE:NDE ©2002 IndyMac Bank, F.S.B. Registered trade/service marks are the property of IndyMac Bank, F.S.B. and/or its subsidiaries.