Campus Times

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ULV celebrates annual Homecoming

•Nominees revealed at Illumination

Amanda Stutevoss
Editor in Chief
and
Alejandra Molina
Assistant Editor



Jennifer Contreras

The University of La Verne Homecoming Spirit Booth encouraged students to paint their faces orange and green in support of school spirit. Associated Student Federation Forum commissioner of activities Dana McJunkin, freshman, was the committee chair of the booth and even decorated her VW Bug for the occasion, naming it "The Spirit Bug."

The stage was set Monday night for a Tropical Paradise. Tiki torches lined the walkway to Founders Hall and soft Hawaiian music set the tone for the first of the annual Homecoming events: Illumination.

Last year's royalty, Trisha Garcia and Anthony Granillo, were present, giving Hawaiian leis to this year's court members.

Shane Rodrigues, radio/television assistant, emceed the event.

The Associated Students Federation Forum hosted the event, showcasing the 2002 Homecoming nominees.

Prince Daryl Baltazar was nominated by Sigma Alpha Epsilon fraternity. Baltazar is an international business major. He has been involved in SAE, Model United Nations, American Marketing Association, the International Student Organization and the Inter-fraternity Council.

Prince Geoffrey Gillison was nominated by Phi Sigma Sigma Sorority. Gillison is a criminology major. He has been an active member of the Brothers' Forum and has played on the ULV football team for two years.

Prince Neal Houska was nominated by the College Panhellenic Association. Houska is a broadcasting major. He has been involved in SAE, the Iota Man program, is an Orientation Week Leader and plays on the ULV baseball team.

Prince Brandon Pollard was nominated by the African American Student Alliance. Pollard is a business administration major with a concentration in marketing. He has been a member of the Chi Delta Omicron Fraternity, the Brothers' Forum, AASA and has played on the ULV football team.

Prince Bobby Vail was nominated by Sigma Kappa sorority. Vail is a movement and sports science major. He is a member of Phi Delta Theta fraternity and is a member of the ULV track and field team.

Princess ShaMira DeJurnett was nominated by AASA. DeJurnett is a liberal studies major. She is currently the president of AASA and is involved in Sisters' Circle and the ULV gospel choir. DeJurnett is also one of the head resident assistants.

Princess Liz Lucsko was nominated by Sigma Kappa. Lucsko is a photo journalism major. She is a currently the president of Sigma Kappa and is a member of the ULV track team, the Alpha Chi Honor Society and is the chief photographer for La Verne Magazine.

Princess Crystal Marks was nominated by SAE. Marks is a public administration major. She is a member of the swim and dive team, the ULV track team, Sigma Kappa and is the president of the Leo Fan Club.

Princess Sarah Negrete was nominated by SAE and is a marketing major. She has been involved with many organiza-

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House fire kills three La Verne residents

Amanda Stutevoss
Editor in Chief

The La Verne Fire Department has set up a victim relief fund to cover funeral expenses following a fire last week, which killed three La Verne residents, two of whom were children.

The LVFD received a call at 7:31 p.m., on Oct. 10 from neighbors. Firefighters from Station Two on Wheeler Avenue were the first to arrive on the scene, said LVFD's spokeswoman Rafaela Giles.

Upon entry to the house, firefighters found Maria Hinojosa, 81, Robert Langilotti, 3, and John Langilotti, 1. All were unconscious and not breathing.

Hinojosa, grandmother of the two boys, was pronounced dead at the scene.

Both Langilotti boys were taken to a nearby hospital, where they were later pronounced dead.

'Any time there are children involved in an incident, it is very devastating.'
—Rafaela Giles, La Verne Fire Department

The parents of the Langilotti boys, who left them with Hinojosa that evening, arrived on the scene when the fire team arrived. The boys' father attempted to enter the home, but thick smoke made entry impossible.

Fire investigators determined the fire, which began in the family room of the house, was caused by an electrical problem.

The house, which is located at 5620 Mansion Court, is a two-story, 2,500 square foot home. There was more than $80,000 of estimated damage to the house due to the fire.

LVFD called in a post traumatic stress counseling team Thursday night for the distraught firefighters who were at the scene.

"Any time there are children involved in an incident, it is very devastating," Giles said.

The department is accepting donations at the Vineyard Bank at 2100 Foothill Blvd. One can also drop off a check at headquarters station located at 2061 Third St. Checks should be made payable to the Langilotti Family Memorial Fund.

Inside Today's Campus Times



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Take a closer look at the options of a vegetarian lifestyle.
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LV Life
Financial Aid welcomes interim director Leatha Webster.
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Women's soccer attacks Bulldogs and defeats Transylvania University.
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Career Centers on help

Jennifer Dodd
Staff Writer

The University of La Verne's Career Development and Placement Center is a resource for current students and alumni who may be searching for full or part-time jobs and need a little help in doing so.

The center's services are free and offers help with everything from resumé and cover letter writing to interviewing techniques and applying to graduate school.

Jill Bergman, assistant director of the center, said that the first step is to come in and meet with a career counselor.

From there, the staff can help develop resumés and prepare students for interviews. Even after they get a job, the center will provide assistance in moving up the career ladder.

"We have alumni who graduated in the 1970s that still come back to us, whether it be due to being laid off or them deciding they need a career change," Bergman said.

The center has numerous in-house listings and publications.

The Informer, the center's monthly newsletter, lists many full and part-time positions available to the ULV community.

Some of the current positions listed are a wherehouse assistant for the Old California Trading Co., a Spanish-speaking tutor for grades four and five, an animal keeper for Turpentine Creek Wildlife Refuge and a police officer.

The center provides graduate school counseling as well.

We work in collaboration with the faculty to help undergrads find information on graduate schools, help them prepare for the interviewing and testing process and help them with the application procedure, said Laura Kiralla, center director.

Kiralla stressed the importance of developing a "network of professionals" as soon as possible in one's college career.

"Sophomore or junior year is a really good time to start building up a network of contacts, similar to a mentor or internship, so by graduation you have developed a solid contact base in your prospective field," she said.

The center's website at **www.ulv.edu/cdc** offers a four-year model that can help guide a student into a successful career by graduation time.

"Starting early is the key," Kiralla said.

Currently, the career center is offering free resumé paper and envelopes with a scheduled counseling session, and printing is always free.

The center's next event will be the "Dress for Success Fashion Show" on Oct. 21.

It will take place from 6:30 to 9:30 p.m at Stein Mart in La Verne.

For more information, call extension 4054 or visit their website at **www.ulv.edu/cdc.**

LVFD lights demo for open house





photography by Jennifer Contreras

(Top): The La Verne fire and police departments held a Public Safety Open House Saturday. The Fire Department demonstrated the course of actions they would take in case of emergency by setting fire to two cars and then extinguishing the flames. Other activities of the event included an emergency escape route exercise for children and Yogi Bear's Quaky Shaky Schoolhouse, an earthquake drill. (Bottom): Members of the La Verne Fire Department 'foamed' the two vehicles that were on fire in a safety demonstration. Members of the community lined Third Street to watch.

News Briefs

University head librarian to step down

Marlin Heckman, ULV's head librarian, announced he will be resigning his position at the end of the 2002-2003 academic year.

Heckman has been working for the university for thirty years. During his tenure, Heckman expanded the Wilson Library volume from 70,000 to 215,000.

A university librarian search committee is being formed with representation from the faculty, the deans and the administration.

The search committee will review the position of the university librarian, determine the experience needed to fill the position, and identify the strengths of leading candidates.

Heckman will begin his retirement by taking an interim sabbatical in the academic year 2004-2005 and will return as the university archivist.

—Alejandra Molina

Alpha Lambda Delta

Alpha Lambda Delta, a national honor society at the University of La Verne, has been approved for installation, faculty co-sponsor Kathleen Lamkin announced. Anne Earnest is currently serving as the president, and Barbara Jefferson has dedicated three years of work to the project.

First-year students who have a GPA of 3.5 or higher will be recognized. An installation ceremony will take place in November.

—Melissa Lau

Voice your choice by voting

The deadline to register to vote for state elections is Monday. For more details on candidates, see story on page 3.

—Melissa Lau

Domestic Violence Awareness Month

In remembrance of domestic violence awareness month, Founder and director of the Saving our Families Foundation and the Saving our Women Foundation, Rose Parker, spoke on Wednesday in Founders Hall Auditorium. She was invited by the Phi Sigma Sigma sorority.

—Melissa Lau

Upcoming election to decide state's fate

•Voters face many choices

Tim Tevault
Editorial Director

It's that time of year again; the smell of crisp ballots are in the air, while commercials of politicians attacking each other are crowding television screens. It must be close to November.

Annual state elections have arrived, and the time to register is at hand.

To be able to vote, state residents must register by Monday.

Registering is more convenient than ever. The most recent advancement in voter registration is doing it online by visiting Vote America's Web site at **www.voteamerica.ca.gov**.

Many offices are up for grabs this year, but the most prominent of all this year is that of the governor of California.

The race for governor has four candidates besides incumbent Democrat Gray Davis and Republican challenger Bill Simon, Jr.

Whoever is elected on Nov. 5 will serve a four-year term beginning in January.

Republican challenger Simon has promised to focus his attention on fixing education, transportation and employment.

The Davis campaign has focused on what he has accomplished for the state.

In his statement, Davis claims that under his leadership, class sizes have been reduced and test scores raised, while assault weapons have been banned and trigger locks required.

The other candidates for governor include Reinhold Gulke of the American Independent Party, who said if elected, he "will restore the value of families in our state by doubling the places where they can go hiking, camping, swimming, fishing and picnicking, and by returning more money to the family by tax reduction."

Also running for governor is Gary David Copeland of the Libertarian Party, who said his goals include lowering taxes, honoring patients' rights and implementing a school voucher program.

Rounding out the candidate pool Green Party candidate Peter Miguel Camejo, whose platform includes strict environmental protections and Natural Law party candidate Iris Adam, who is running on a platform of ensuring a strong economy and setting forth innovative programs to solve "critical problems."

University of La Verne political science professor Richard Gelm said that the governor's race will more than likely go to Davis.

"Even though his popularity is down, his opponent is even less popular," he said, adding that there is a "total lack of discussion of major issues" among the candidates.

"There is very little debates of issues concerning California," Gelm said.

Besides the state's top job, another major office up for election this year is Lieutenant Governor.

This year's incumbent is Democrat Cruz M. Bustamante.

Seven candidates are seeking the position this election year.

The Lieutenant Governor also presides over the State Senate, chairs the Economic Development Commission and serves as a trustee for the California State University and University of California systems.

The Lieutenant Governor is elected separately from the Governor, allowing for a possibility of two separate parties in the two highest positions in the state.

Bustamante has, in his candidate statement, pointed out some of his work, like working with teachers, providing textbooks for public schools and college grants for every qualified student.

He also said he has worked "with women's health organizations and businesses and has created the most successful voluntary breast cancer screening program in America."

Republican candidate Bruce McPherson believes Lieutenant governors have "failed to play an active role."

However, he said he would work with both major parties to fix that problem and focus on issues like school funding, public safety and tax reduction.

Voters also may choose from among the other five candidates running this year, who include Kalee Przybylak of the Natural Law party, Jim King of the American Independent party, Libertarian Pat Wright, Green party candidate Donna J. Warren and Reform party candidate Paul Jerry Hannosh.

On the local level, there are two races going on: State Assembly member, District 59 and U.S. Representative, District 26.

Running for State Assembly are Democrat Patrick D. Smith and incumbent Republican Dennis Mountjoy.

Running for U.S. representative are incumbent republican David Dreier and his challengers, Democrat Marjorie Musser Mikels and Libertarian Randall Weissbuch.

Overall, Gelm said that people in general — and ULV students in particular — do not vote because of a "Catch 22."

He said that politicians do not discuss issues that college students care about because college students do not care to vote.

Likewise, students do not vote because politicians do not cover issues they are concerned with; it is a never-ending cycle, he said.

"Politicians will go where the vote is," Gelm said.



Amy Babin

The Homecoming court this year includes (from top left to bottom right): Bobby Vail, Geoffrey Gillison, Brandon Pollard, Daryl Baltazar, Neal Houska, ShaMira DeJurnett, Sarah Negrete, Liz Lucsko, Danielle Vernetti and Crystal Marks.

Homecoming...

Continued from page 1

tions and activities. She is a member of Sigma Kappa, is a Landis leadership scholar, orientation coordinator, peer advising leader, LEAD, Greek week coordinator, spotlight weekend coordinator, graduation marshal, CPA, an SAE Violet, GMMI coordinator, homecoming delegate, Alpha Lambda Delta and Alpha Chi Honor Society.

Princess Danielle Vernetti was nominated by Amanda Hubbard.

Vernetti is a liberal studies major. She has been a resident assistant for Stu-Han and Brandt, she is a member of Alpha Lambda Delta and a Landis LEAD scholar.

More than 100 students attended Pizza and Karaoke Night at Warehouse Pizza for the second Homecoming event of the week.

Free food, drinks and entertainment were provided for the night.

"Wherever there is free food, I'm there," said Eric Vasquez, senior. "Plus, I've been to this event in previous years and it's always fun."

Throughout the night, Warehouse was packed with numerous students cheering on those who were singing karaoke.

Some highlights included sophomore Mary Ann Borer's rendition of "The Bad Touch" and Houska's version of "Baby Got Back."

"It was pretty cool for students from ULV to get together like this," said sophomore Adriana Tostado.

The event began at 10 p.m. and ended at 12 a.m. Alcohol was not sold for the night.

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Opinions

Attack on Iraq, Part II

How Bush's plan to go to war will affect the world at large...

Last month, *Campus Times* suggested that President Bush should rethink his policy of going to war with Iraq.

A month later, the possibility of war is becoming more of a reality with Congress now backing the President's proposal for military action against Iraq and its leader Saddam Hussein.

After debates that went on past midnight, the Senate approved a resolution granting President Bush the ability to use any "necessary" military action against Iraq. This resolution was approved after a few modifications were made from his previous "let's go get 'em" proposal a month ago.

Now the United States, with the support of Britain, has proposed that the United Nations enforce tougher terms for Hussein, calling for him to comply with weapons inspections within 30 days, opening everything including his presidential compounds, which may hold the key to his real plans.

The resolution resembles the provisions of the Gulf of Tonkin Resolution from 1964, which granted former President Lyndon B. Johnson the power "to take all necessary steps, including the use of armed force," to aid South Vietnam.

What does all this mean? What are the effects on the United States if President Bush does go ahead with military action? What happens if there is no other country backing us?

Time magazine published a list of "7 Questions to Ponder," which evaluates both sides of going to war with Iraq. Here, *Campus Times* will give a few questions of its own to think about.

Do we have support from other nations or the U.N.?

Neighboring Arab nations like Jordan, Egypt and Qatar need the U.N. to ward off accusations that it sponsors an attack on a brother Arab country. With U.N. approval, it will be easier to convince Arabs that the war is justifiable and that it is all Hussein's fault.

The only country that has shown support for the United States is Britain, but then again, they have had a good relationship with the United States for many years.

Italy, Australia, Poland, Spain, Qatar and Kuwait also might agree to participate in military action with the United States against Iraq without approval from the Security Council.

Currently, France and Russia, who have veto power in the U.N. Security Council, want the President's terms toned down so that weapons inspections would be given a fair chance. France wants to reserve the war possibility as a second resort if Iraq does not follow through with inspections provisions.

Will this hurt or help the economy?

The economy is currently in a deficit and will be hurt by the massive costs of the war. The years of occupation it would take to make the transfer of power and rebuild the country would inflate the already growing national debt.

It would cost $9 billion to $13 billion to deploy forces, $6 billion to $9 billion per month to pay for the war and $5 billion to $7 billion to transport GI's back home. The Congressional Budget Office also estimates that a peace keeping mission would cost an additional $1 billion to $4 billion a month. The total for three months of combat plus five years of occupation would come out to $272 billion. All of these statistics are according to figures released by the CBO that were published in the Oct. 8 issue of Time. With no support from other countries or the U.N., the cost of the war and its aftermath would increase the amount of the budget deficit.

How close is the threat of Hussein using weapons of mass destruction?

Hussein is fully capable of trying a pre-emptive strike of his own by using chemical or biological weapons against U.S. forces when they arrive in Iraq, according to Time. The Bush administration's solution: "Warning Iraqi generals and colonels who might order the use of bio-chemical weapons that they will be arrested and tried for war crimes if they do," as reported by Time magazine.

Saddam's palaces are luxurious mansions that are as big as two and a half square miles. One of them, Abu Ghurayb, houses a vaccine plant capable of producing the botulinum toxin, an anaerobic bacterium that causes botulism.

U.S. bombers need to wipe out Hussein's supply of Scud missiles, which they were not able to do in 1991. Although the U.N. believes that Hussein does not yet have the capability to produce nuclear weapons, there are still uncovered areas that U.N. weapons inspectors might not know about.

Is there a chance the draft will be reinstated?

To execute this war, the U.S. Army would need thousands of soldiers on the battlefield. The United States will need to station upwards of 50,000 troops in Iraq, plus thousands more for a long and rough occupation once the war is over — if we win.

Hussein's army is not as strong as it was before the Gulf War; his air force is mostly grounded and his navy is virtually non-existent. The U.S. government and our commander-in-chief also need to think of another big threat: Hussein's most loyal fighters who are willing to fight in the name of their leader and country and Iraq.

Military action should be seen as a last resort rather than the only resort. Bush needs to persuade the U.N. Security Council to pass tough demands for unlimited weapons checks, along with the threat of using the armies of many other nations if Hussein does not comply. The impact is long-lasting and the results are unpredictable; there is no way to tell which way the pendulum will swing, and we can not have a Vietnam War II. So far, it looks as if we are headed in that direction.

...How the Brethren feel about it

There appears to be mixed feelings on campus regarding our nation's participation on war against Iraq and its leader Saddam Hussein.

Some students and professors have chosen to side with the president's appeal to go forward without reservation.

Even without the support of the United Nations, George W. Bush has a right to declare that the United States should take on military actions based on a presumed, but not imminent, threat. Others, especially those involved with the Church of the Brethren, whose values still have a presence on campus, doubt war against one nation, or what has more recently seemed like a war against one man, could amount to anything but destruction and loss of life.

The University of La Verne was founded on the Church of the Brethren principles, encouraging students and faculty to abstain from any war efforts. Although most members of the church uphold these peace principles, the passage of time has brought some more hawkish American mainstream thinking into younger Brethren congregates.

Many young church members find themselves caught between following the ways of their religion or their zealous patriotism. Often these students lean toward the side of fighting for a cause that sometimes is not easy to understand. The church has changed in recent years and its numbers have diminished. Founded in Germany, the Church of the Brethren's influence was brought to ULV after a group of ministers saw a prospective hotel site (the area now inhabited by Wilson Library and Landis Academic Center) for sale in 1889. The church's principles mainly revolved around opposition to war and participation in war and later influenced the way dorm life, etiquette and curriculum would evolve into later years.

Although the church's stance did not see any major effects in previous war years (only few faculty members and students were ever drafted), the pending war could profoundly affect the campus community. How will church members, as well as other students and faculty, react to a war that is just around the corner? What would they say if they were drafted themselves? More importantly, what would peace church members do if they could not fight off the draft?

There appears to be a defined divider between shared opinions dealing with the threat of war. Mixed feelings result in doubt and fear — two emotions that may put the United States in danger. There are no solutions to bringing a common standpoint for many teachers and students; religion and personal beliefs play a big role in influencing what opinions are made. And unless students, faculty and the United States in general unite underneath the grief caused by last year's events, we may be too vulnerable enough to be struck again.

Either we throw Bush aside to bring peace back to our homes, minds and hearts, or we go along with him and allow another dictator to lead willing and unwilling participants alike into a war of death and terror.

Who is the terrorist now? Certainly not the suspicious Hussein; it is Bush and those who choose to fight and again join the cycle of killing innocent people. After all, perhaps there is no need for a war; Bush can more than likely keep his country safe by killing off his enemy himself. Let it be a duel, not a war.

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and be received by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel.

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From the Editor...

The Un-Real World



Amanda Stutevoss

This is a true story of seven strangers who are chosen to live in a house and have their lives taped. Find out what happens when people stop being polite and start getting real. "The Real World: Las Vegas."

Okay, maybe not.

How about — this is an exaggerated story of seven strangers picked to live in a phat pad and have their lives taped and then edited. Find out what happens when people stop being real and start getting ridiculous. "The Real World: Las Vegas."

Now that is more like it.

I am a religious watcher of the first reality program that aired on television over 10 years ago. At that time the idea of "The Real World" was so fresh and new. Seven young adults, all from extremely different backgrounds, living in a house together outside any setting that was normal for them.

Now, when I tune in at 10 p.m. on Tuesday nights to watch "The Real World" in Sin City, I see seven people who seem typecasted and fake, it actually makes my stomach hurt.

I can remember tuning into "The Real World: New York" (the first season) and watching Southern, young and naive Julie interact with older city slicker Eric.

I can also recall the constant bickering between Kevin and all the other members of the house about important issues on race and ethnicity. Those situations were real (okay, maybe I should say more real) It was people learning about people outside their elements.

Viewers watched seven strangers adjust and learn from each other by overcoming biases and growing into more open-minded individuals. Now I am burdened by the unimportant and immature situations of "Real World: Las Vegas."

Who cares whether or not this season's vixen — or shall I say slut — Trishelle, wants to hook up with Stephen or Frank or Brynn for that matter? I sure as hell don't.

Being the devout "Real World" fan that I am, I must say that I am disappointed with this 12th season in Las Vegas. Isn't the title of the show "The Real World?" Never have I watched any reality-based television show that is further from real.

There was a time when "The Real World" was an escape from my own reality. I could delve into other peoples lives for 30 minutes (well, more like 18 minutes, you know MTV and all those commercials), and actually appreciate the cast and their "real life" issues. Even If I could not relate, I could sympathize.

For example, how could you not be moved by the story of HIV positive Pedro Zamora on "The Real World: San Francisco?" Or when Amaya fell in love with Colin on "The Real World: Hawaii," I was feeling the heartache with her. You could not help but feel for Amaya, regardless of how ridiculous she was.

The idea of "The Real World" was captured in seasons one, two and three. Congratulations to the peeps at MTV, for catching real life issues about ethnocentrism, racism, and the disease HIV.

But now I have complete animosity when I watch what was once my Tuesday night guilty pleasure.

What ever happened to the San Francisco or Boston seasons, when flirting and maybe a small kiss were the most scandalous events that took place?

Now we have love triangles and girls making out with girls. I think that the producers of "The Real World" have really lost their focus.

So, I have made a pact with myself. Despite my past obsession with the "The Real World," I have decided to distance myself this season. I am taking a stand. I will not be sucked in by sleazy hook-ups and unintelligent people. I will wait for a day when the producers and casting directors realize that hooking up with every person in your living situation is not real.

MTV lost a dedicated fan with this cast, but maybe they will be get back on the right track with the next season, I hope.

Amanda Stutevoss, a senior broadcasting and journalism major, is editor in chief of the Campus Times. She can be reached by e-mail at **astute4@aol.com**.

Lesson learned: Just say no



Melissa Lau

"I'm foxy Cleopatra and a whole lot of woman!" Beyoncé Knowles exclaims in "Austin Powers in Goldmember."

And so I thought I was too. No, not in the conceited sense, but in the confident sense. I guess you can say that my eyes are bigger than my stomach, or rather, my passion is greater than my abilities.

I desire to absorb my education like a sponge. This is because I love what I am involved in. This semester, however, time is not on my side. It is as existent as my size-one waist.

Tell me "when," they say as they fill my cup, but I just stare at it in silence as the list of things to do overflows the cup, floods the table and overloads my brain.

I made the mistake of taking on too much. I have too big of a workload this time around.

Six weeks into the semester, I realize that I am not Wonder Woman. Instead, I share more similarities with Humpty Dumpty getting ready for his great fall.

And I find I am not alone in this sticky situation. There are quite a few of us like Pinky and the Brain, who think we can conquer the world and immerse ourselves in everything that comes our way. Sadly, we can not.

I am not trying to say that people should not aim high, for if we do not, we limit ourselves and cage our abilities.

There is a downside, however, to looking beyond the stars instead of toward them: you get lost in the galaxy; the big picture.

A plethora of options is great until gravity takes over and the quality plummets down.

It was not until last Wednesday when that intensity hit me like a brick wall, pried open my eyes, halted my volunteering tongue and forced me to swallow a valuable lesson — how to say no.

It seemed so easy to say that word when I was five years old, so I wonder how it got so difficult.

I guess there are just some of us who have not yet determined where to draw the line because we hold such high expectations of ourselves.

Then there are some of us who feel the need to take on an extra load for fear that it is the only way things will get accomplished.

And there are those of us who are so enthusiastic that we dive head first into the ocean, not stopping to check if we have enough oxygen to make it back up.

It is in these times we feel obligated, indestructible or on a roll that we knowingly accept the challenge.

Whatever our motive, it is important to understand when enough is enough. Chances are, if you are stressing at the sound of the idea, you are going to be stressing when the time comes to follow through with whatever you volunteered for.

Here is another thing: sometimes we are so busy, we lose appreciation for what is around us. In the words of James Taylor, we should "shower the people you love with love" because tomorrow we may not be able to.

I am slowly learning that moderation of involvement is the key. It is the solution to producing quality work, the solution to enjoyment and, most importantly, the solution to sleep deprivation.

Aim for the gold, not the four-leaf clover, and even when things get overwhelming, put on that super hero cape, stand up proud and say, "Si se puede!"

Melissa Lau, a junior journalism and environmental biology major, is managing editor of the Campus Times. She can be reached by e-mail at **bitterinque@yahoo.com**.

Unfair trade leads to anger and frustration



Matt Paulson

I am from Minnesota; there are few things in my life of which I am more proud of.

In this, believe it or not, my sister is also from the land of 10,000 lakes. As of May of this year, this same sister graduated in just three years from St. Mary's University in southern Minnesota with a degree in political science. Her goal: to become an attorney.

Ever since I can remember, she wanted to come out to California. She entertained the dream of every sun-thirsty Midwesterner. As of July, this dream was to become a reality — she was going to find her way to Whittier Law School in Costa Mesa.

Needless to say, my brother and I were excited. As the only two boys of six kids, it was always our duty to protect our sisters.

This duty, although put on hold when we became part of the long transplant list here for our sojourn in southern California, was now to be resurrected. Our sister was going to be less than an hour away — depending, of course, on the traffic.

It should surprise no one, then, that when this duty actually came in to practice, we stepped into action. Our sister's transmission in her car went on an indefinite vacation.

My brother and I own a 1985 Volkswagen Jetta, bought from our roommate for $80 plus $20 in beer. In the last nine months, we have become rather attached to the beast. But when we heard of our sister's car situation, there was never a second thought.

She resides at least four miles from her school and her law internship so we figured she could take our car and we could take her bike and share it. No problem. It is our duty and we accepted it with alacrity.

So, because I was biking, I arose from my wonderful slumber an extra 15 minutes early in order to give myself enough time to make it to my 9 a.m. class on time. Usually, waking up early is not easy, as we all know. But, on this day, I had a reason to smile.

My hopping — yes I hopped, don't ask — out of bed premature on this morning was helping someone else close to me; I can not think of a better reason to conjure up some energy. So I rode my sister's bike to school.

After a small amount of lock negotiation, the bike was locked safely in front of the Supertents. Why should I worry? Even if the lock failed, Campus Safety is located about a 15-second walk away. I can not imagine anyone trying anything with this fact looming over his or her head.

Well, someone did. When I returned at about 10 p.m. that night, after an extremely long day at the University of La Verne, the lock was lying on the ground, sawed in two.

Rage spiraled through my head. I was doing something nice for my family.

I was making a sacrifice for someone I love, and some colossal wastes of skin decided to attach their sucker to my internal organs and suck the humors from my person, just as they do from society as a whole on a daily basis.

These people — and I say people because it must have taken more than one person to saw a lock in front of the Student Center between 9 a.m. and 10 p.m. — felt that while everyone else at this school squeezes out blood, sweat and tears to try and make something of themselves, they would continue to waste away into total deviance and abolish any hope of ever contributing to the civilized world around them.

If, God forbid, these people are students at ULV, then I swoon in pure disgust that I can possibly be educated at the same institution as they.

Why? What is wrong with you people? How are the ideas of class and honesty so foreign to you? Why is it that you must infiltrate our society with your moral bankruptcy?

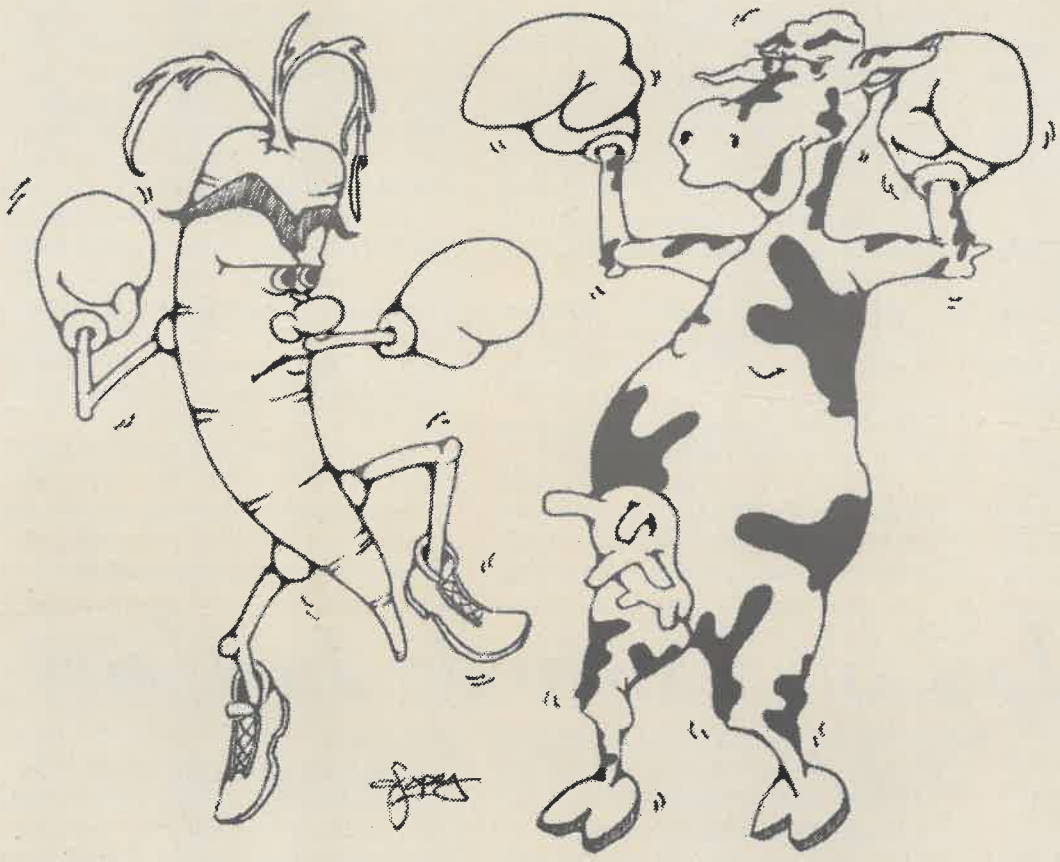
I have experienced too much of these bottom feeders in my life, and I shall honestly say that I am sincerely nauseated by it.

Take your parasitic thievery somewhere else — it is not wanted here.

Matt Paulson, a sophomore journalism major, is sports editor of the Campus Times. He can be reached by e-mail at **phil6483@aol.com**.

Bringing you the 'tale' of veggie

Alejandra Molina
Assistant Editor



To be or not to be... a vegetarian?

More and more Americans have considered engaging in this lifestyle, according to the Time magazine article, "Should We All Become Vegetarians."

The question is why are more people engaging in vegetarianism? And if they do choose the vegetarian life, are they living it the healthy way?

Living a healthier life and the prevention of certain diseases such as E. coli bacteria and madcow disease are only some of the reasons why people have limited or banned their meat consumption.

The Vegetarian Times web site, **www.vegetariantimes.com**, states that vegetarians do have a longer lifespan than their meat-eating counterparts.

Loma Linda University conducted a 20-year study finding that vegetarians, on an average, live 10 to 15 years longer than meat-eaters. Eating a plant-based diet helps reduce the risk for hypertension, heart disease, cancers, type two diabetes and kidney disease, the study said.

Plant-based diets are lower in fat, higher in fiber and key in disease-fighting antioxidants than meat-based diets.

The Vegetarian Times found that eating a high diet in saturated fat increases the threat of heart disease, diabetes and cancer. Common among non-vegetarians, excess dietary protein is linked to kidney stones and osteoporosis.

According to a Time magazine poll, around 10 million Americans consider themselves to be practicing vegetarians, 10,000 of those being adults. An additional 20 million have tried to become vegetarians.

There are many types of vegetarians though. There are the those who build their diet around sprouted seeds, such as wheat sprouts or broccoli; others eat nothing but fruits and berries, including juice, grains, nuts, legumes, tomatoes and eggplants. The most populated type of vegetarians are the vegans, those who neither eat meat, dairy, eggs nor other animal products, according to studies.

Then there is the pesco-pollo-vegetarian, who eats fish and chicken, and the semi-vegetarian who frequently but not systematically avoids meat and dairy.

Though these three forms of vegetarianism represent a healthy diet, are those who practice these forms true vegetarians?

Another Time Magazine poll survey of 11,000 people, indicated that 37 percent responded yes to being vegetarian, but also reported that in the previous 24 hours, they had eaten red meat and 60 percent had eaten meat, poultry or seafood.

"I don't consider someone who eats meat occasionally a true vegetarian," said Alicia Carranco, freshman. "It's like someone saying I don't smoke, but I smoke a cigarette once in a while," she said.

Being a vegetarian does bring about healthful advantages but can be dangerous as well. For vegans, their strict avoidance of meat, eggs and dairy products can provoke deficiencies in iron, calcium and vitamin B12.

Therefore, vegetarians need more iron than non-vegetarians do.

Heme-iron, the iron in animal sources, is better absorbed than the iron in plant sources, called non-heme.

To increase absorption, vegetarians need to eat iron-rich foods like legumes, soy, avocados, oatmeal and sea vegetables with foods high in vitamin C.

"I would not be able to become a vegetarian because I am used to eating meat," said freshman Nancy Perez. "I was raised like that, and it would be too hard to break off that habit," she said.

For those who think vegetarianism helps them stay thin, they are right.

Studies in The American Journal of Clinical Nutrition have shown that vegetarians tend to be more slender than meat-eaters.

Vegetarian Times explains this to be partly true because vegetarian diets are lower in fat and calories and higher in fiber than most meat-based diets.

Kids, nursing moms and athletes all need to be smart eaters.

The article, "Should We All Become Vegetarians?" states that newborns need nutrients developed by the mother to develop properly, and toddlers need protein and vitamins that might require fortified vegetarian foods.

Pregnant women need to supplement their diets with vitamins B12 and teenagers, who are going vegetarian, need fatty acids for a healthy developing body.

The article also emphasizes that few top athletes are vegetarians. Athletes need energy, strength and muscle mass. All of these factors require nutrients that can be more easily obtained from meat.

Sports nutritionist Suzanne Girard Eberle said that world-class endurance athletes need an excess of 5,000 or 6,000 calories a day.

"As an athlete, I need a higher calorie intake, and I will not get that by eating only vegetables," said Eric Thomas, junior. "I would have to eat more food if I was a vegetarian," he said.

Vegetarians come in all shapes and sizes and with different reasons in engaging in this rather strictly based lifestyle.

Though being a vegetarian does bring its healthy benefits, there are precautions that vegetarians need to be aware of to prevent any health problems.

Computer Club offers technical experience

Amber McLaughlin
Staff Writer

The University of La Verne Computer Club is a chance for students to find internships and job opportunities. It has been around for three years, although it is more active now on campus than it has been in the past.

Ray Ahmadnia, adviser and assistant professor of computer science, as well as other officers, are starting from scratch and rebuilding all over again.

The club meets twice a month and the officers meet every week. To join the Computer Club, students must apply, attend meetings and participate in activities.

Junior Laureen Constantino is a second year member. She was elected president for the 2002 to 2003 school year.

Constantino's duties include preparing major events and smaller activities on and off campus.

"Joining the club is a great way of finding job opportunities related to computer science," Constantino said. "The officers are really motivated in making this year's club more visible and active to the ULV community. Hopefully it continues to grow throughout the years."

Vice-president Brian Santos is also a junior and has been a member for two years.

Santos is in charge of the club's web site as well as getting the Computer Science Department a decent functional lounge.

He is also willing to assist and give input on matters regarding upcoming events.

"The ULV Computer Club doesn't just apply to computers and computer science majors. It tailors to all students who share an interest in anything— technological or technology in general. We're just here to show you you're not alone," he said.

The Computer Club is planning on raising money by having a Starcraft or Counter-strike night where students will pay approximately $5 per hour to play computer games on campus.

A major event coming up on Nov. 20 to 22 will be the ComDex Trade Show, a computer convention held in Las Vegas. It will give students the possibility of getting an internship or a job.

> 'Joining the club is a great way of finding job opportunities related to computer science. The officers are really motivated in making this year's club more visible and active to the ULV community.'
> *— Laureen Constantino, Computer Club president*

Other events include visiting the Jet Propulsion Laboratories, which are partners with National Aeronautics and Space Administration and inviting employers from different companies to the Career Fair in the spring.

The club will also work with the Career Development and Placement Center for a resumé writing seminar.

This is Nancy Mejia's first year as an active member in the Computer Club. As the activities coordinator, she plans on having events that will allow students to get together and interact to learn from each other's experiences as well as learn the professional background from speakers.

"As a senior, my goal for this year is to attract students from different majors. The ULV Computer Club plans to do this by having informative information that could help students succeed in the workforce," Mejia said. "Every small detail counts toward your future experience."

The other officers are senior Anna Maestradoa, who is secretary, and junior Chris Hezlep, treasurer.

Junior Francis Castillo has been a member for two years and encourages students to join the club.

"The reason I joined is because of the possible opportunities I can get from the conferences and activities that we do," Castillo said.

If anyone is interested in becoming a member, contact Constantino at **ulvcc@ulv.edu**.



Amy Babin

Leatha Webster, new interim director for financial aid, found a position at the University of La Verne after 33 years experience on advising students in financial aid. She flies in from San Francisco weekly to share her skills in public administration and organizational management. Meanwhile, the department of financial aid is still in search of a permanent director.

Interim director, Webster, gives boost to financial aid

Rebecca Cooper
Staff Writer

She has only been an interim director of financial aid for three weeks, but Leatha Webster has already made an impact on the University of La Verne campus. This, however, almost did not happen.

"The first three days coming here I got lost and the first night going back I got lost too," Webster said. "Everything looks the same, so I finally learned to put the two words Sheraton and Fairplex together to figure out which direction I should be going. I finally worked it out, but it was certainly a learning experience."

Webster flies home to San Francisco on Thursday evening and returns to Southern California on Sunday night to work part of the week. The University is paying for her airfare at the lowest rate possible, she said.

During her four month term at ULV, she will live at the Sheraton Fairplex while the University continues its search for a permanent director.

"I have a passion for financial aid because I know there are a number of students who would not be able to receive an education without it," Webster said. "Financial aid is one of the most valuable resources available to students. Financial aid is something I feel that I can stand up and speak for. I love what I do."

Part of her love affair includes getting students more involved with the financial aid process. She plans to hold forums and focus groups to look at the issues students are most concerned with and how to improve the financial aid process.

"I hope it will give students who have not been vocal a chance to say how we can address and deal with these issues," Webster said. "I want to continue what has happened with improving financial aid. I want to improve the timeline to deliver financial aid to students."

Webster dealt with student financial aid for over 30 years. She retired last June to be a private consultant but put that on hold when she accepted the job at ULV.

"Simplification—that's my main goal here," Webster said. "We're currently looking at how we do things now and how we can do them better with less process, but still be in compliance with government regulations.

"The dedication for the financial aid staff to improve what we are doing has impressed me. They are eager and willing and very hard workers—I'm just here to guide them in the right direction," she said.

Webster replaced former director of financial aid Mary Lindsey last month.

"(Webster) really seems like she is a very competent and experienced person," said Francisco Gallegos, financial aid adviser. "We are lucky to have her and we're all looking forward to working with her."

'I want to continue what has happened with improving financial aid. I want to improve the timeline to deliver financial aid to students.'
—Leatha Webster, interim financial aid director

Latino Heritage Fiesta celebrates traditions

•Latinos honor their culture

Oscar de León
Staff Writer

The Mexican music performed by Trio Los Compadres, a few words from President Stephen Morgan and Mexican food that included sopes, vegetarian enchiladas, churros, horchata and guava were some of the ingredients that the Latino Heritage Fiesta brought to University of La Verne students on Monday at the Quad.

Sponsoring the event were the Latino Student Forum, Associated Students Federation (ASF) Forum and campus dining, among others.

"Bringing the students together as a community is one of the goals for the Latino Heritage Fiesta," said Erick Vasquez, chairman of LSF. The fiesta is an annual event.

This year's theme was "Celebrating our roots and planting the seeds of change."

"Last year we had Aztec dancers, but in past events we have had the Trio Los Compadres. They were so good that many students voted to have them back," Vasquez said.

"It takes lots of work and dedication to make change happen, in terms of including diversity in the University community," said LSF coordinator Lisette Sosa.

"The difference in this year's fiesta is the (presence) of booths representing a variety of countries," said senior Erika Rodriguez.

"Everything has a good feel—good music and everything shows the multiculturalism," she added.

There were booths representing Guatemala, El Salvador, Brazil, Mexico, Peru, the United States and Colombia. Potted plants were placed on each table. The plants were there as symbols of the "roots" and "seeds" theme.

"This event was made for everybody: faculty, staff, commuters and on campus students were invited," Vasquez said.

The next major LSF event will be the Day of the Dead, a Mexican celebration which honors and pays respect to those who have died over the years.

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University of La Verne
Trick-or-Treating Spooktacular

For the ninth year, the University of La Verne will be sponsoring a safe trick-or-treating experience for children of the La Verne community. We invite you and your family to join us for a night of fun and free treats. All children must be accompanied by a parent or guardian. We look forward to seeing you there!

Thursday, October 31, 2002
6:00 pm - 8:00 pm

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Hold your next Party @ The Spot - Call x4317 for details...Ask for Jen

Entertainment Briefs

Fullerton Art

The Fullerton College Art Department presents a 30 year retrospective of work by artist Clinton MacKenzie. The exhibit includes early fiber work, as well as cast paper from the '70s and '80s. The exhibit runs through Nov. 30, and is at the Fullerton College Downtown Art Gallery. The gallery is open from 10 a.m. to 2 p.m., Mondays through Thursdays and 5 p.m. to 9 p.m., Wednesdays through Fridays. The exhibit is free.

ULV Music

The University of La Verne Music Department presents "Music of the Romantics" featuring ULV student performers. The concert starts at 8 p.m. tonight in Founders Auditorium. General admission is $5 and students are free.

Philharmonic

The Los Angeles Philharmonic presents the "Special Green Umbrella: the Adams/ Bermel Junction" at 8 p.m. on Oct. 26 at UCLA Royce Hall. The concert will feature "Naive and Sentimental Music" by conductor John Adams. For more information, call (310) 825- 2101.

Movies

Opening at a theater near you this weekend is "Abandon" starring Katie Holmes and Benjamin Bratt. Bratt plays a detective investigating the disappearance of Holmes' ex- boyfriend. Also opening this weekend is "The Ring" starring Naomi Watts as a journalist who discovers a disturbing video tape where anyone who sees it dies within seven days. This is a remake of one of Japan's highest grossing films ever.

—Gloria Diaz

Play takes a stand on human rights

by Taylor Kingsbury

On Oct. 10, the Institute for Multicultural Research and Campus Diversity welcomed "Horizon Line," a presentation exploring the dichotomy of racial intolerance.

The one-man play follows the development of Danny, a 16-year old who becomes involved in the perpetration of a hate crime.

The nine characters introduced in the play demonstrated the different human facets of this heated issue.

The play concerns itself with the issues of perpetrators and victims as well as the positive and negative influences that spark the development of this troubled teenager.

Multi-Cultural Affairs Director Daniel Loera regards Horizon Line as "a proactive approach to get discussion on difficult issues."

"This is another medium to present these issues," Loera said. "These are life issues, and they apply in all arenas."

This is the second time the IMRCD has brought Horizon Line to the Cabaret Theatre.

Loera hopes the program will be a regular visitor to the University of La Verne.

"This shows us where hate can go," Loera said. "We need to engage each other about who we are and where we stand on human rights issues."

Horizon Line was presented by the National Conference for Community and Justice. The group has taken the performance to juvenile detention centers, high schools and the Museum of Tolerance. It has even been performed for new teachers and police officers.

Kevin Blake portrayed the nine characters in Horizon Line, and said the messages in the play have a significant meaning for him.

"I grew up in a diverse neighborhood," Blake said. "I heard other people's stereotypes, and I knew they weren't true. This play is a good way to get people thinking about that. We have to take personal responsibility and take risks in order for us to change."

The NCCJ performs up to 150 shows of Horizon Line a year.

Blake urges individuals who see the play to allow the messages to get them thinking about the role each of us play in shaping the attitudes of our society.

"By standing up against these crimes, we are standing up for one of our nation's ideals," Blake said. "I don't think we should deny our differences, we should embrace our differences."

NCCJ's Lecia Brooks conducted the discussion that preceded the performance, where she and audience members examined how the media plays a role in molding our attitudes toward others.

She also illustrated that individuals take personal responsibility for the stereotypes each of us perpetuate.

"We have to be aware of what we're bombarded with so we know what to protect ourselves against," Brooks said. "If [audience members] get anything out of it, they'll know people aren't born with hate."

Brooks also stressed the importance of parental influence in the dissipation of prejudice.

She said that parents need to educate their children about the potentially destructive consequences of hate.

"Talk to them about it before someone else does," Brooks said. "Let them know what's going on. Get on the same page."

Theater major Esther Frank attended the performance and said that she left both educated and introspective.

"Society has become so individualistic," Frank said. "People need to listen. Everyone is sympathetic, but no one's empathetic."

The NCCJ will be back in the Cabaret Theatre on Oct. 22 for "Kick," a similarly-minded presentation that deals with the Native American stereotypes prevalent among sports mascots. The show runs from 10:30 a.m. to 12 p.m., and admission is free for everyone.

For more show information, contact Daniel Loera at extension 4253. The NCCJ can be reached at (213) 250-8787, or on the web at **www.nccjla.org.**

L.A. Philharmonic violinist comes to ULV



Liz Lucsko

The fifth performance of the University of La Verne Music Department Concert Series brought Paul Stein, a violinist from the Los Angeles Philharmonic and Kevin Fitzgerald, pianist from the University of Southern California Thornton School of Music to the main campus. Stein, also a ULV music faculty member, and Fitzgerald, a world-renowned pianist, played together Tuesday night in Founders Auditorium for the ULV community.

Movie Review

Lohman finds first hit with 'Oleander'

•Strong performance makes hit adaptation

Chrissy Zehrbach
Staff Writer

How do you find yourself when you're lost in a world without those closest to you?

"White Oleander" answers this question as it follows its main character on her journey to self discovery.

Based on the novel by Janet Fitch and directed by Peter Kosminsky, "Oleander" stars Michelle Pfeiffer, Renee Zellweger, Noah Wyle, Robin Wright-Penn and Alison Lohman.

Astrid (Lohman), a young teenage girl, lives alone with her mother, Ingrid (Pfeiffer). Ingrid, an artist, is self centered and manipulative, yet somehow Astrid worships her.

After Ingrid is arrested for the murder of her cheating boyfriend, Astrid is forced to go into the foster care system.

Astrid's first foster mother is a jealous, trashy, alcoholic, born-again-Christian woman named Starr (Wright-Penn). She lives with her married boyfriend and her three other children, all crammed into the same small house where Astrid's presence causes domestic issues to arise.

Astrid then finds herself in a group home where she encounters new enemies and challenges, but also a love interest, whom she develops a bond with through art, before moving on to foster home number two.

This time Astrid moves in with Claire (Zellweger), a lonely, suicidal actress who believes her husband (Wyle) is cheating on her.

It is apparent that Claire and Astrid need each other as they begin to grow closer together. The relationship formed is beneficial to both Astrid and Claire but looked down on by Ingrid.

After more trauma, Astrid once again finds herself back in the group home before landing in a third foster home.

Through this physical and emotional upheaval, Astrid's identity begins to change, as does her opinion of her mother.

She finds a better understanding of herself and her mother as we learn the truth about their relationship and the murder through flashbacks. As she moves on in her life, she also learns about letting go.

"Oleander" does a commendable job portraying the sensitive subjects encountered in the movie.

There is no Hollywood commercialization, only a realistic view of everything from foster life to relationship hardships.

The pacing of the film was disconcerting. Some scenes seemed to go too fast leaving too many unanswered questions, where other scenes lingered on with silence and repetitive music.

The acting, on the other hand, was consistently excellent. Although it is hard to picture Pfeiffer as a free spirited artist, she is convincing in her role.

Zellweger looks the worst she ever has on screen, but her appearance fits the character, as does her portrayal of the fragile Claire.

The best acting in the movie comes from Lohman. She is a rising young star who takes control of her scenes with believable emotions.

Still, somehow "Oleander" does not touch you the way it should. The glue that holds the movie together is the acting. The performances from this strong cast of women deserves recognition.

"Oleander" lured viewers into theaters with tempting previews, but do not believe the hype — wait for it on video.

Unknown student quartet improvises first show

Oscar de León
Staff Writer

It is 8 p.m., Oct. 10. Everyone at Founders Auditorium waits for an unknown jazz group to appear. The mood is calm.

The Mike Bennett Quartet is composed of Bennett, 19, on drums, Ryan Pryor, 21, on piano, Jeff Hawley, 25, on bass guitar and Vince Hizon, 26, on saxophone.

Before the concert last week, no one knew who they were, where they had come from or what to expect.

There were no programs printed for the show.

Bennett said that the group's only advertising was fliers, which were distributed across campus.

"The reason we did not have much advertising was because (the show) was a last minute decision," Bennett said.

Then they took the stage, and by that time the audience was ready to hear some music.

The sound of the saxophone, mixed with the sound of the drums, caught everyone's attention.

The bass and the piano kept a steady beat throughout.

You could feel the adrenaline in the hall, particularly among the performers as Hizon began to sweat.

He was clearly putting his heart into the melodies he played.

Soon the audience began to clap along. It seemed as they had been won over by the moving melodies.

Prior to the performance were only two informal rehearsals, Bennett said.

"This is our first time playing, and all of it was improvised," he said.

'It was an excellent presentation.'
–Tony Ricaldi, La Verne resident

He said he is pleased with the group, particularly Hizon. "Vince was the Man," Bennett said.

Hizon said they inspired one another.

Among the songs played were, "Foot Prints" by Bruce R. Brunk and "The Night Has a Thousand Eyes," by Benjamin Weisman, Dorothy Wayne and Marilynn Garrett.

Bennett, a junior, transferred to the University of La Verne this year and quicky pulled together the quartet.

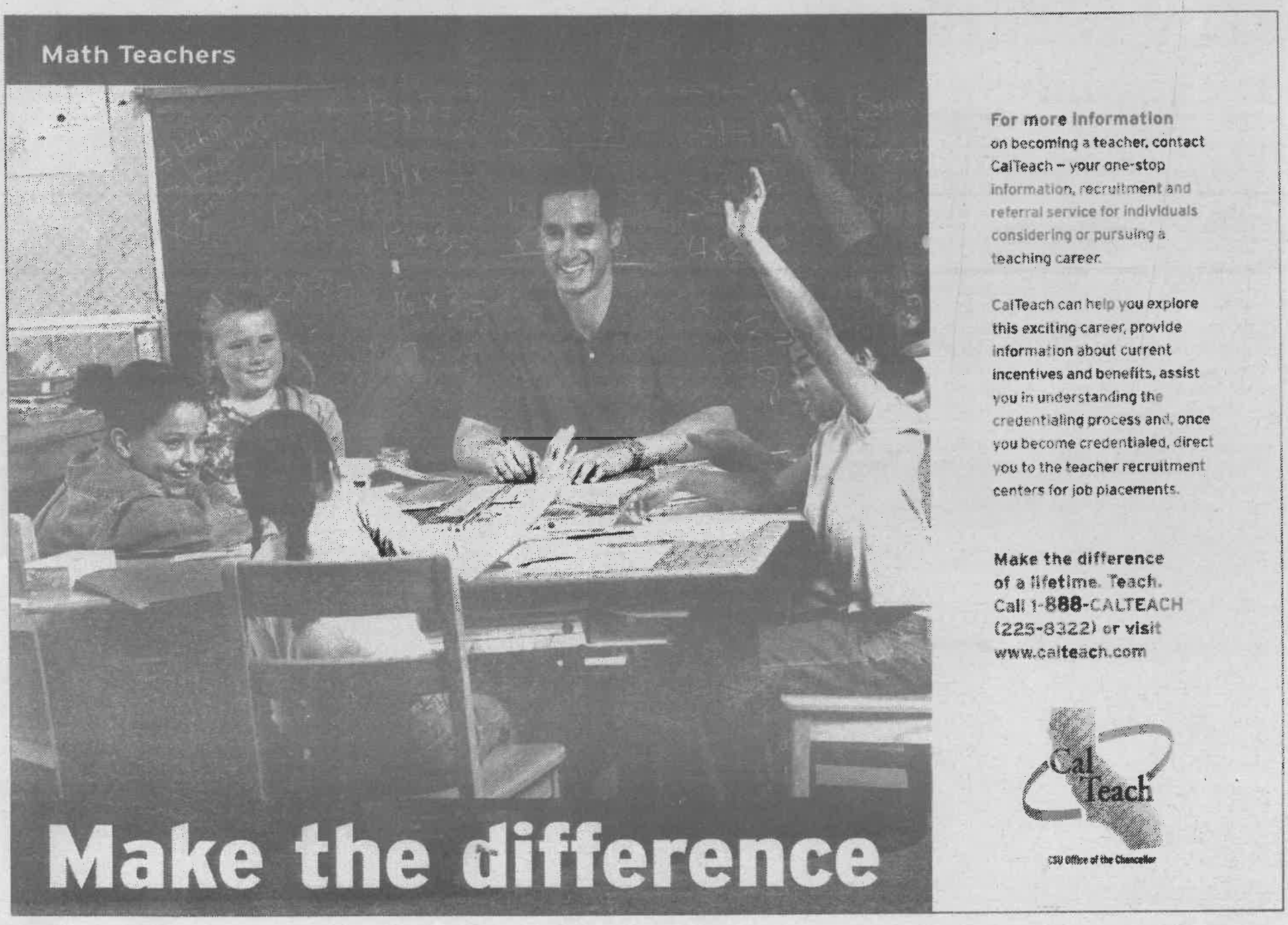
"This is a pickup group, and this is our first time playing together," Bennett said.

He added that he was performing at ULV for the audience and to be able to get his name out on campus as a jazz musician in the community.

"It was an excellent presentation," said Tony Recaldi, an audience member and La Verne resident.

He added that he would like to see more of such events.

The show was recorded. Those interested in purchasing the CD can call the ULV Music Department at extension 4915.



Leo volleyball tastes bitter revenge

•LV drops rematch to Juniata

Matt Paulson
Sports Editor

The women's volleyball team recorded its fourth loss of the year in a four-game home defeat to the nation's third-ranked team, Juniata, by scores of 30-22, 23-30, 30-26 and 30-28 Saturday evening.

The loss drops the University of La Verne to 13-4 this season and boosts Juniata to 17-2. The Eagles were seeking and received revenge after ULV thwarted Juniata's hopes of a national championship in 2001 with a 3-2 victory in the national semifinal.

In the first game, Juniata rode the momentum gathered by this thirst for revenge throughout the last 10 months to a 3-0 lead.

Even though ULV managed to get on the board, Juniata kept rolling until head coach Don Flora called a timeout at 8-3.

This timeout, however, did not shift the game in favor of ULV; in fact, the opposite happened as Juniata served aces on the next two points to get the score to 10-3.

After a small, four-point Leopard rally started by a blistering kill from junior Amy Smith, who did not play in the last match between these two teams, the Eagles regained control on their way to a 30-22 win.

In game two, ULV regained its national championship form as it jumped to a 3-0 lead. This lead increased steadily throughout the rest of the game as the Leopards tied the match at one game a piece with a 30-23 conquest.

"Going into the second game, we wanted to play our game and not let them earn points on our mistakes," sophomore Adele Jones said. She said that those mistakes were what cost ULV the first game.

At the beginning of game three, the momentum migrated back to the side of Juniata as the Eagles found themselves a 5-1 lead. This margin would be all they needed to cruise to a 30-26 win and a 2-1 lead in the match.

With the beginning of game four, the Leopards faced elimination from the match. With a loss, Juniata would go back to Pennsylvania with a 3-1 win.

This game proved to be the closest of the match as there was no more than a differential of two points throughout.

ULV and Juniata traded sideouts until the Eagles forged a two-point lead at 25-23. Flora called a timeout in order to prevent any further Eagle points.

Jones then smashed two kills from the right side—one crosscourt and another down the line—to bring the game back to a tie at 25.

"I was just thinking I had to put it away because it was a crucial point in the game," Jones said.

The two sides once again traded points back and forth until Juniata held a 29-28 lead with ULV senior Stacey Lupu serving for the tie and to stay alive in the fourth game and the match.

In his 26th year as Juniata head coach, Larry Bock called timeout in order to ice Lupu before her serve, as a service error would make his Eagles the victors.

Bock's attempt was unsuccessful, though, as Lupu served the ball in. But, on the ensuing play, Juniata setter Carli Dale set senior middle blocker Niki Mueller, Juniata's leader in kills this season, on the right side, where Mueller split ULV's two blockers and landed the ball in the Leopard court, ending the match with a game-four win of 30-28.

Throughout the match, Juniata controlled the tempo with its offensive attack. The Leopards were not used to being on the other side of a superior offensive attack because they have controlled every Southern California Intercollegiate Athletic Conference opponent so far this season. For the first time since the Elmhurst, Ill., tournament on Sept. 13-14, the Leopards were out hit by their opponent.

"They passed phenomenally so they were in system offensively more than we were," Flora said. "The reverse: We didn't have the best passing night so we had to make more adjustments than they did."

Juniata accumulated 62 team kills with a hitting percentage of .226, while ULV managed 49 kills for a less-efficient percentage of .132. ULV's relatively low number of kills may also be attributed to the athleticism of Juniata's stifling back-row defense. The Leopards made few hitting errors but did not receive a large amount of kills simply because the Eagles' back row was digging nearly everything that was thrown at them.

"Defensively, they picked up a lot of our hits. It was frustrating because we haven't played a team that could do that," Jones said.

"We haven't had to adjust to that level of defense. That's why it was such an important match for us to learn that," Flora said.

Another factor to the Leopard loss was Juniata's containment of ULV's middles. Lupu and freshman Mandy Sedia, both of whom average around three kills per game and a hitting percentage of more than .300, were held to only 15 kills combined in the four games and respective hitting percentages of .026 and .188.

"They had better knowledge of our systems, and one of their middles (Mueller) was very active," Flora said.

In Saturday's match, the Leopards came out slow relative to their opponents. It took an entire game to warm up, and, after that, ULV continued to improve with each successive game. This was not a phenomenon present only in the Juniata contest. It has happened in most of ULV's SCIAC matches throughout the year.

Flora said that, early on, "we need to match our opponents' intensity. They're playing the defending national champions. We need to learn to prepare to match that."

The previous night, ULV knocked off SCIAC opponent Occidental in just more than an hour by scores of 30-19, 30-18 and 30-25. Flora once again showed his team's depth in the match as 10 Leopards registered kills in the team's total of 36.

This was the Tigers first SCIAC loss of the season, thus making their 6-1 record the second best in the conference, next to ULV's 7-0.

The Leopards will take on Cal State Hayward at 7 p.m. tonight in the Supertents. Hayward is ULV's top regional competition standing in the way of a return trip to the national tournament.

Earlier in the season, Hayward handed ULV its first loss of the year in a 3-0 shutout; this marks the only time the Leopards have been shutout this year.

ULV struggles to find opposing net

•Leos shut out in two straight

Gloria Diaz
Arts &Entertainment Editor

The University of La Verne men's soccer team lost both of its matches last week to drop in the Southern California Intercollegiate Athletic Conference standings.

On Wednesday, Cal Lutheran got onto the scoreboard in the first four minutes of the game, brining the score to 1-0.

The Kingsmen attempted to score 15 times, with goalie Louis Mendoza blocking those attempts.

In the last two minutes of the game, another Cal Lu attempt made it past Mendoza, allowing the Kingsmen to maintain their hold over the Leopards.

The Leopards fell victim to another shut out; the game would end with a score of 2-0.

Looking to recover from the loss against the Stags, ULV faced off against the SCIAC defending champion, the Redlands Bulldogs, on Saturday.

Head coach Cres Gonzalez moved sweeper John Helmer out to the midfield for the first half, which proved unsuccessful. The Bulldogs still managed to score in the first half.

First to score for Redlands was Justin Wells, whose shot from the left made it past senior goalkeeper Derek Ramirez in the second minute of the first half.

The Bulldogs continued to score throughout the first half in the ninth, 15th, 34th and 35th minutes.

Two goals came less than 30 seconds apart in the 41st minute of the half. The first was a solo run by the Bulldogs' Adam Acosta; the second came on a deflection kick.

The second half saw no scoring action from either team, and the game ended with the Leopards shut out, 7-0.

The Leopards did manage five shots in the second, two of which came from freshman Edgar Manzo.

This week the Leopards play Pomona-Pitzer at 11 a.m. Saturday and Occidental at 4 p.m. Wednesday at Ben Hines Field.

Water polo drowns BYU

Amanda Stutevoss
Editor in Chief

The University of La Verne men's water polo team took on top competitors last weekend in the 10th annual Claremont Convergence Tournament hosted by Claremont McKenna College and Pomona-Pitzer.

The Leopards played four games of tournament play and finished 3-1, suffering their only loss in game one to the Lancers of Cal Baptist, 15-6.

The second game was better for the young Leopard team as it held onto the victory against Chapman.

The Leopards scored four of their eight goals in the first period and were able to hold the Panther offense scoreless throughout the first.

However, the Panthers' strong defense retaliated, keeping the Leopards from seeing the cage in the second while burying two goals, bringing the score to 4-2 going into the half.

At the start of the third quarter, the Panthers' Scott Chisholm had a skip shot off the water past the Leopards freshman goalie Ian Thornburn, moving the score to within one.

The Leopards sophomore driver Mike Saldana answered right back when he sank a shot on goal from five meters out.

Saldana, who had four of the Leopards' eight goals, shot another rocket past Chapman goalie B.J. Ploessel with 3:40 left in the period.

Junior co-captain Jason Walters was ejected with 49 seconds left in the period, giving Chapman the five-on-six advantage. However, Chapman was unable to use the leverage as ULV held the Panthers, ending the third period 5-3.

With victory in sight for the Leopards, the Panthers began to feel the pressure. Chapman stepped up their game and had the highest scoring period, sinking four goals on the Leopards defense throughout the fourth and final period.

Despite the Panther resistance, the Leopards were able to score three more goals, leaving the Leopards on top the final score, 8-7.

Thornburn gave a strong defensive performance, finishing with 10 saves.

Saturday brought a new day for the Leopards.

ULV had the early game against University of Michigan, which began at 8:30 a.m. at Pomona's Haldeman Pool.

The Leopards captured their second win of the tournament by a score of 8-3.

ULV's toughest competition would take place later that day when it would be matched up against Division I competition Brigham Young University-Hawaii, who came into the game ranked 18th in the National collegiate polls.

The first ULV goal came on a five-on-six advantage after a BYU ejection. The Leopards worked the ball to freshman driver Jared Carvitto, who was inside the post. Carvitto skipped the ball under the arm of BYU goalie Alexsander Stankovic as he lifted to block the shot.

Carvitto struck again with less than 10 seconds left on the shot clock with a "textbook cross-cage shot," senior Alex La said.

During the second quarter, the Leopard defense played strong; however, BYU scored four goals, putting the score 2-4 going into the half.

After the half, the Leopards' strategy changed.

"We took away their inside game," Walters said, "forcing them to shoot outside, putting faith in Ian to block the shots."

The new strategy worked for ULV as it held BYU to only one goal in the third.

The Leopards were able to tie the game at five in the third period, after a goal from La.

Momentum changed in the fourth after Walters scored back-to-back goals. The goals put the Leopards up by two with four minutes left in the game.

Saldana scored one more goal near the end of the fourth, which sealed the deal for the Leopards. Their defense kept BYU to only two goals in the period, leaving the Leopards on top, 8-7.

"We did the unexpected," La said.

The Leopards' next match-up will be at 4 p.m. on Wednesday against Claremont at Axelrood Pool.

Leopards send Bulldogs home yelping

•Redlands falls to ULV, 2-1

Chrissy Zehrbach
Staff Writer

The University of La Verne women's soccer team ended the first round of Southern California Intercollegiate Athletic Conference play with a confidence-boosting win over Redlands in rough combat Saturday morning.

The Leopards were first on the scoreboard late in the first half. With nine minutes remaining in the half, junior forward Ashley Polan took a sky shot over the head of Bulldog goalie Andrea Speck, sinking the ball in the left corner to make the score 1-0.

ULV continued to apply high pressure and tough defense against the Bulldogs, holding them scoreless until there were six minutes remaining.

Tough play lured the Leopard defense away from the goal, allowing Bulldog Ashley West an open shot that would tie the game.

But the Leopards did not let the goal set them back. They continued to fight as they had throughout the game and quickly responded with another goal of their own three minutes later.

With 3:58 remaining until the buzzer, Redlands collected one of the many yellow card violations in the game, giving the Leopards the ball and an opportunity to score.

Freshman Jacque Garcia took a solid shot toward the goal that turned into a game of pinball with numerous kicks and headers before freshman Chelsea Riggins slipped it past the goalie and put the Leopards back on top, resulting in a final score of 2-1.



Christian Velazco

In Saturday's game against Redlands, the women's soccer team defeated the Bulldogs in the last five minutes of the game. Annette Rivas (No. 8) goes up against Darcy Cunningham (No. 9) and Katie McKee (No. 19). Teammates Andrea Taggart (No. 23), Amanda Egan (No. 13) and Monica Martinez (No. 9) prepare to defend.

"When the ball was bouncing around in the box, I knew we would put it away," said senior forward and co-captain Adrianna Ramirez.

"It all happened so quick," senior Libby Ramos said, recalling the last moments of the game. "We didn't let up at all and came back even stronger."

Ramirez also attributed the team's intense level of play to its competition.

"We always play well against better teams. With weaker teams, we play down to their level and get unlucky breaks," Ramirez said.

Redlands outshot the Leopards 15-8, but goalie Leslie Griffith played tough defense in front of the net, accumulating eight saves in the game.

The win over Redlands brings the Leopards to a 3-3 SCIAC record, putting them in fourth place for title contention, while Redlands stands in second place.

The Leopards continued their winning streak Monday night with a non-conference win over Transylvania University of Lexington, Ky.

In a game less intense than those in SCIAC, the Leopards held the Pioneers scoreless and shotless for the night. Transylvania put up a fair fight but was unable to penetrate the Leopard defense.

"We dominated," Ramos said. "They didn't have one shot the whole game."

Putting the Leopards on the board were junior forward Nicholette Castro and freshman forward Jacque Garcia in the first and second half, respectively.

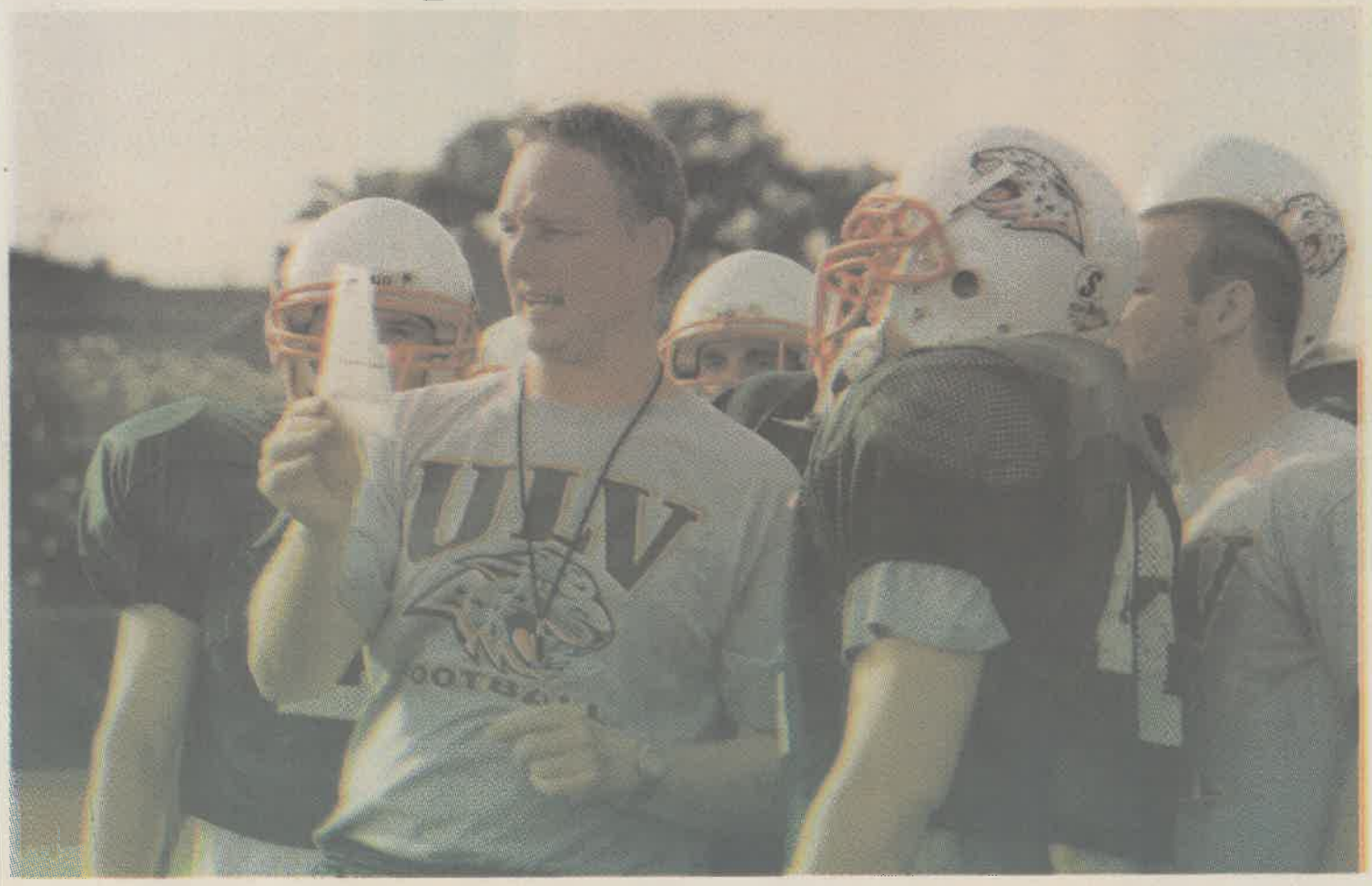
Monday's win brings the squad's overall record to 7-6.

With a new round of conference play starting, Ramirez said, "I think it's going to be interesting. All teams are even, so anything could happen. I think we'll do well."

Upcoming games for the Leopards include Pomona-Pitzer at 11 a.m. tomorrow at Pitzer and Occidental at 7 p.m. on Wednesday at Ben Hines Field.

The last contest between ULV and Pomona-Pitzer ended in a 1-0 loss for the Leopards. As for Occidental, ULV came out victorious by a score of 1-0 in the two teams' last meeting.

Preparing for the big game



Jennifer Contreras

Head football coach Don Morel works with the team from the play diagram during a scrimmage Friday. In tomorrow's Homecoming game, the Leopards will go head-to-head with the Redlands Bulldogs at 1 p.m. in Ortmayer Stadium.

Go Leos!

University of La Verne vs. University of Redlands
Saturday, October 19, 2002, 1:00 p.m.
Ortmayer Stadium

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