Campus Times

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Awards honor academic excellence

Janah Valenzuela
Staff Writer

Outstanding students, their parents and University of La Verne faculty packed Founders Auditorium Saturday for the annual academic awards ceremony.

The event honors top students from each department or program for academic achievement throughout the school year.

And while the awards focus on academic excellence in the specific disciplines, the ceremony had the feeling of a celebration of these top students for their overall accomplishments and contribution to the community in and outside of the classroom.

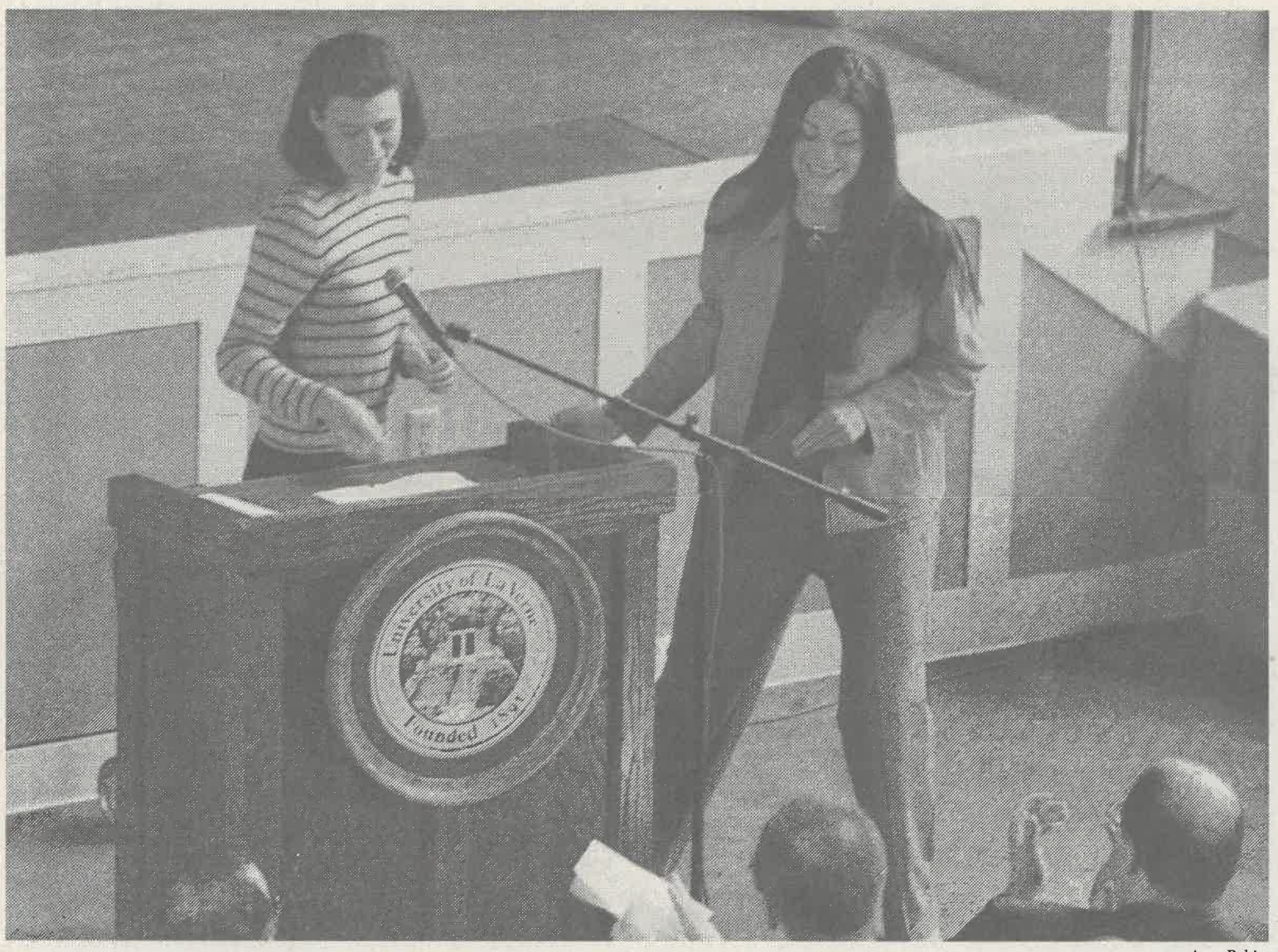
Some faculty presenters gushed in their short speeches honoring the students, often thanking them for mutual lessons learned.

In addition to awards in the various subjects and disciplines, Bailey Smith, director of the Learning Enhancement Center honored Payam Parchamazad as Tutor of the Year, and Andrea Labinger, professor of Spanish honored Anahit Shiroyan and Julia Marr for their accomplishments.

New at the ceremony this year was an award from the recently established Speech Communication Department.

Department Chairwoman Jeanne Flora gave the award to Speech Communication Major Audrey Butcher, who will be the first major to graduate from the department.

Flora said Butcher has been a great mentor and advocate to other majors and minors in the fledgling department.



Amy Babin

Jeanne Flora, assistant professor of speech communication, awarded Audrey Butcher, the first student to graduate from the University of La Verne with a degree in speech communication, for academic excellence Saturday at the Academic Awards Ceremony in Founders Auditorium. Butcher hopes to do graduate work in speech pathology.

Butcher "maintained a strong GPA and always offered quality contributions to class discussions," Flora said.

Flora said she remembers how excited Butcher was when the new major became available.

"Audrey came to my office and said, 'I've been waiting for a major like this at La Verne,'" Flora said.

"It's satisfying to know that we're meeting the needs and desires of students with similar interests as Audrey," she said.

Such expressions of mutual appreciation summed up the tone of the ceremony, where some faculty and students exchanged hugs. Some students introduced parents to their favorite instructors, and even a few tears of joy and pride were shed.

Undoubtedly heightening

Continued on page 2

XM radio: more than just AM, FM

Rebecca Cooper
Arts & Entertainment Editor

No more censorship. No more annoying commercials. No more irritating static. No more fading signal at the county or state border.

Welcome to the world of satellite radio, where you actually have control over the sounds coming out of your speakers and entering your ears — whenever you want and wherever you want it.

"We have real DJ's and programmers who put a lot of thought and personality into the channels," said Allen Goldberg, spokesman for XM Satellite Radio. "Our channels are interactive, and we have fully-formed relationships with our listeners. We let them help shape the programming through their calls and e-mails."

The new satellite radio technology offers listeners more than 70 commercial-free channels of music, including various pop, rock, country, hip-hop, dance, jazz and international stations. There are also more than 30 channels of news, sports and entertainment, including CNBC, CNN Headline News, BBC, NASCAR Radio, E! Entertainment Radio and the Weather Channel.

"I was looking at the Best Buy ads this weekend, and when I saw how compact and affordable the satellite radio receivers are now, I really want to buy one," said Mike Laponis, professor of communications. "I just might buy one and start taking it into my radio classes to listen to."

The two satellite radio providers that currently offer subscription services in the United States are XM Satellite Radio and Sirius. Activation for XM service is $14.99 on the phone, or $9.99 online. Monthly service is then $9.99 a month for unlimited use. Sirius radio is $12.95 for activation and then $12.95 for each addition month.

"We are about to pass the one-half million subscribers and are on track to have one million this fall," Goldberg said. "We are improving by always thinking about how we can provide better, more innovative programming. We are also bringing out a number of more affordable receivers as the year goes on."

The lack of affordable receivers has made it difficult to sell satellite radio to many college students. Car satellite radio tuners for radios that are already satellite radio compatible sell for $200 to $400, and XM antennas sell for $50 to $200. Compatible in-dash radios sell for $170 to

Continued on page 14

New A&S dean chosen

Fred Yaffe has been appointed the new dean of the University of La Verne College of Arts and Sciences, officials announced Wednesday.

Yaffe now serves as the dean of the College of Arts and Sciences at Frostburg State University in Frostburg, Md.

"(Yaffe) embodies the mission of the University and will advocate the primacy of the student-faculty relationship in higher education," said Jonathan Reed, professor of religion and chairman of the committee that selected Yaffe for the job.

—Gloria Diaz

Inside Today's Campus Times



LV Life

Fairplex showcases today's innovations for brides to be.

Page 6



Arts & Entertainment

'La Llorona' brings Latin culture and authenticity to Dailey Theatre.

Page 11



Sports

Jack Coberly retires from ULV after six years as men's volleyball coach.

Page 15

Online courses open to CAPA only

Bailey Porter
Staff Writer

Beginning this fall, the Distance Learning Center will no longer be offering on-line courses for traditional undergraduate students at the University of La Verne.

Although the online course program, implemented in 1997, will continue to service those students in the program for Campus Accelerated Program for Adults, traditional undergraduate students will not be accepted into the DLC, said Registrar Marilyn Davies.

In the past, DLC was an automatic opportunity to CAPA students, but only an option for traditional undergraduate students if the dean of the involved school granted approval.

However, according to Title IV of the Social Security Act, integration of on and off-campus students into one online program is prohibited, said Jay Jones, director of the Office of Informational Technology and Research.

Financial aid does not translate if a student's schedule has both on-campus and online courses, because on-campus classes follow a semester schedule while online courses are 10 weeks terms, Davies said. A schedule that pulls from two different calendars makes it impossible to determine a student's full time versus part time status and a student's financial aid.

There is currently discussion about the formation of another online program that will allow traditional undergraduates to freely register for online courses, but a tentative deadline for a new program has not yet been decided, Jones said.

However, the ULV Provost and CAPA will be working over the summer to identify the types of courses that could be offered in a new program, Jones said

The new program would primarily focus on hybrid courses that will make use of on-campus and online driven instruction, Jones said.

Hybrid classes will meet the objective of quality learning, especially as these courses pertain to CAPA students who work all day and take classes in the evenings, Jones said. For example, if a student was to have a four-hour hybrid course, two hours would be spent in the classroom, and the other two hours completed would be via the Internet at a time that is more convenient for the student.

It has only been in the last couple of years that the DLC has really grown to accumulate enough courses to make the online program worthwhile for the students, Davies said.

Now, more time will be needed before a program is set up that can accommodate for traditional undergraduate students interested in making use of on-line classes.

In the past, online classes were not taken advantage of by traditional undergraduates because they did not know enough about this service, Davies said.

"It's a real potential for us to do. I think there will be opportunities for traditional undergraduate students," Davies said about the relatively inevitable new online education program.

ULV will most likely see three different types of courses offered in the long run: traditional on-campus, hybrid and online education.

Although a new program will eventually be offered to traditional undergraduates, online courses are not meant for every student, Davies said.

Students who know they can do the work independently and take part in online discussions on a regular basis will be successful in pursuing online courses, she said.

First speech communication major wins award

Janah Valenzuela
Staff Writer

With only two weeks left until graduation, Audrey Butcher has proven her commitment to reaching her goal with, as she put it, unconditional support from her family and the University of La Verne Speech Communication department.

On May 24, Butcher will make history when she becomes the University of La Verne's first ever recipient of a bachelor of arts in speech communication. The department that was started just two years ago.

Butcher was also the department's first academic award recipient in Saturday's ceremony.

"We're really proud of her because she not only is the first in her major, but she's had to work extra hard to get out in four years," said Diana Butcher, Audrey's mother.

"She's been really focused all her life," Diana Butcher said. "When she wants something, she usually gets it. She's real accustomed to what happens when you go for what you want."

Butcher came to ULV in 1999 after graduating from St. Lucy's Priory High School and declared liberal studies as her major. Her real goal, however, was to become a speech pathologist.

It was fall of her junior year when the University introduced the new speech communication major.

"When the school offered the new major, I was determined to change my major and still graduate on time," Butcher said. "I knew that I had a huge challenge to face, but I was determined to focus on the goal of pursuing the major."

"I had to take four classes at three different schools last summer, which left me with no summer break," Butcher said, "but I knew that the outcome was going to be worth the sacrifice."

Additionally, Butcher said she had to take 18 units every semester after changing her major, and had to pass every single class to finish on time.

"I have always been impressed with her dedication and her motivation to help others," said Ian Lising, instructor of speech and debate. "I see only good things for her and her future."

A student involved in numerous campus activities, Butcher also had to balance her time between playing basketball for the University's team and her membership in Sigma Kappa sorority.

Butcher's academic adviser said it was fortunate that the major came along when it did because it fit right into her plans.

"We had worked on the best directions for her academically and this was a perfect fit," said her adviser Eric Bishop, director of academic advising and enrollment management.

"Since I've known Audrey, she has always thrown herself into everything fully," Bishop said. "I have the highest regard for her as a student and as a person. She is a great representative to be the program's initial graduate."

Butcher said she was excited to receive her award on Saturday and be honored by her advisers whom she respects and admires.

"It's also nice to get recognized for all my hard work throughout the past year-and-a-half, after changing my major," she said.

After graduation, Butcher plans to enter a master's program in speech at Cal State Fullerton and then pursue a career in speech pathology, working with young children.

"I get great satisfaction helping others and seeing the difference I make in their lives," Butcher said.

"She leaves ULV with practical communication skills and theoretical background that will surely bode well for her later," said Jeanne Flora, assistant professor of speech communication.

"Audrey's communication skills are a lifelong skills that employers appreciate and respect."

When asked how she felt about being the first ULV graduate in her major, Butcher laughed and replied, "I'm ecstatic ... I want my own building, the Audrey Butcher Speech Communication Building!"

Awards...

Continued from page 1

the sentiment and feelings of a job well done, the nearly three-hour event was hosted by John Gingrich, dean of the College of Arts and Sciences, who is stepping down after 16 years in the position.

Academic Award Recipients 2003

Accounting: Cejay Jelmer, Jennifer Lafkas, Jasmine Robinson, Kevin Burns
Anthropology: Gerlaine Kiamco, Rick Lopez
Art History: Amy Wolf, Lianna Capasso
Athletic Training: Adriana Ramirez, Kira Au
Behavioral Science: Amber Clayton, Emily Hofer
Biology: Danny Ramirez, Amanda Holthouse
Broadcasting: Vania Joseph, Nathan Baca
Business Administration: Derrick DeBruyne, Jasmine Robinson, Patricia Duke, Cassandra Cassaro
Chemistry: Gregory Andonian, Megan Moffit
Child Development: Katherine Pearson, Amanda Honeyman
Communications: Amanda Stutevoss, Agustin Avalos
Computer Science: Nguyen Phu Son, Patrick Brady
Computer Science/ Computer Engineering: Brian Santos, Anna Maestrado
Criminology: Mila Hustion-Warren, Raquel Delgado
Design Art: Gloria Arellano
E-Commerce: Amber Leffall, John Barnes
Economics: Megan Crawford, Christopher Jones
English: John Attwood, Melissa Daniels
English as a Second Language: Misa Kitagawa
Environmental Sciences (Biology): Adam (Joseph) Wacherpfennig, Jennifer Brady
Environmental Sciences (Management): Stephanie Adams, Benjamin Stevens
Environmental Sciences (Natural History): Thomas Hatch, Jarred Shell
French: Dorothy Enriquez, Silvia Hurtado
History: Russel Levine, Victoria Lopez
International Business and Language: Silvia Hurtado, Joshua Horwitz
Journalism: Jaclyn Roco, Alexis Lahr
Legal Studies: Anahit Shiroyan, Lusine Vartanova
Liberal Studies: Erika Rodriguez, Dawn Gliniak
Marketing: Julia Marr, Brandon Johnson
Mathematics: Wanda Groppi
Movement and Sports Science: Adriana Ramirez, Robert Leark
Music: Dayita Datta, J. Michael O'Neal
Organizational Management: Tanis Nelson, Sharon Acosta
Photography: Lianna Capasso, Jennifer Contreras
Physics: Jared Landaker
Political Science: Charles Campell, Reza Sabahi
Psychology: Kimberly Rademaker, Karla Flamenco
Public Administration: Crystal Marks
Religion: Noelle Andel
Social Science: Elizabeth Ramos, Erik Mullen
Sociology: Susan Campana, Rayshell Chambers
Speech Communication: Audrey Butcher
Studio Art: Jessica Lord, Mabel Martinez
Theatre Arts: David Rojas, Rebecca Campana

Additional Awards
Carol Fetty Award: Jessica Lord
Honors Program: Anahit Shiroyan, Julia Marr
Tutor of the Year: Payam Parchamazad

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LSF dinner celebrates Latino culture

Gloria Flores
Staff Writer

The Latino Student Forum presented the 14th Annual Bienvenida Dinner to students, parents and LSF alumni on Sunday at the La Verne Community Center.

Culture, service, unity, advocacy and education, which are aspects of the LSF motto, also set the tone of the event.

"The purpose of the dinner is to come together as a community, and for students to acknowledge the individuals who support and motivate LSF during the academic year," said LSF president, Erick Vasquez.

LSF members, Noemi Ortega and Monique Flores started off the night by welcoming guests to the event themed "Latino Luau."

University Provost Richard McDowell then took the floor to greet the guests, followed by a translation from Hugo Valencia.

Advisers Lisette Sosa and Daniel Loera thanked guests for coming to this event, which they termed significant because it was an opportunity past and present members of LSF to come together.

"It is a chance for families to come together and 'convivir' in a celebration that is less structured. It is just a great opportunity to be together," Loera said.

Dinner took place from 6:00 to 7:00 p.m. as guests filled their plates with chicken fajitas, rice, beans and fresh fruit.

Dinner was followed by a raffle that awarded winners gift certificates to various locations.

The celebration reached its end with the presentation of awards and recognitions, including the community service award, which was presented to Ciriaco "Cid" Pinedo by Ortega.

"We like to recognize the contributions made to the community by an outstanding member of the ULV family, present and past," Vasquez said.

Vasquez presented the member of the year award to Sonia Nuñez for her outstanding efforts and dedication to the club.

"It is great to have such a great tradition continue for so many years. Hopefully the club and its members will continue to progress," said Mario Guerrero, class of 2002.

A special recognition award went out to other organizations on campus: the African American Student Alliance and the Rainbow Alliance.

The festivities continued for those students who wanted to stay for the dance that followed the awards.

"I had a lot of fun, and it was a really nice turnout, not too big and not too small," said LSF member, Beatriz Mendoza. "I danced the night away."



Jennifer Contreras

Latino Student Forum President Erick Vasquez presented Sonia Nuñez with the Member of the Year Award at the annual Bienvenida Dinner. Nuñez received the award because of her dedication and loyalty to the club, Vazquez said. The dinner, held Sunday at the La Verne Community Center, also honored Cidieco "Cid" Pinero with the Community Service Award.

ULV remembers first lady, Ruth Fasnacht

Gloria Diaz
Managing Editor

The first lady of La Verne College and wife of Harold D. Fasnacht, former president of La Verne College from 1948-1968, who died in 1994, Ruth G. Ellenberger Fasnacht, died May 1 at the age of 93.

Mrs. Fasnacht was a member of the University of La Verne community since the 1940s. In 1998, she was awarded the Sixth Annual Christian Leadership Award by the ULV Summer Service Program.

Mrs. Fasnacht was the widow of Harold D. Fasnacht,

Mrs. Fasnacht and Harold Fasnacht met in high school in Wiley, Col. They married on Nov. 28, 1930 in McPherson, Kan.

During her time as the first lady of LVC, she served as president of the Pomona Valley YWCA, Church Women United, Hillcrest Homes Activities Council, and was a member of the La Verne Church of the Brethren.

"She was a president's wife who embodied the spirit of ULV," said Don Flora, head coach of the women's volleyball team. "She was very involved in all facets of the La Verne community. She supported students in class, in her faith and their family."

Mrs. Fasnacht was said to be very active during Harold Fasnacht's presidency, during which LVC's student enrollment rose above 300 in 1950 and was accredited by the Western College Association in 1955. It was also during Fasnacht's rule when the number of campus buildings quadrupled from three in 1948 to 12 in 1968, with 11 adjacent properties purchased for expansion.

"She was an active participant in the life of the College and was ever present at college activities from athletic events to musical performances," said ULV President Stephen Morgan. "She was gracious and caring and served as a mother away from home for hundreds of La Verne students."

Mrs. Fasnacht was born in Clay County, Miss. on June 25, 1909. She had five brothers and one sister.

She is survived by her daughters and son-in-law: Glenda Jimmink of Richmond, Calif. and Elaine and Jerry Miles of Bella Vista, Ark., and her two grandsons: Erik Jimmink and Craig Miles.

"She was truly a partner in the enormously successful presidency of Harold Fasnacht," Morgan said. "Those of us who were privileged to know Ruth will miss her."

A public memorial service will be held at 2:30 p.m., June 17 at the La Verne Church of the Brethren.

In lieu of flowers, a memorial gift may be made to the Hillcrest Homes Benevolent Fund, at 2705 Mountain View Dr., La Verne, CA 91750.

Einstein talk

Diane L. Kormos-Buchwald, associate professor of history and director of the Einstein Papers Project at the California Institute of Technology, came to the University of La Verne on March 30 to talk to science department students about "Einstein's Written Legacy: Insights from the Collected Papers of Albert Einstein."

Kormos-Buchwald began the lecture with a general biography of Einstein's life, and how he came to be world-renowned.

She ended by talking about some of his great accomplishments and his many books that he has written.

—Lori Waters

Bush's lies damage credibility

Sometime earlier this year, U.S. Secretary of State Colin Powell related some pretty damning evidence to the Bush administration, which sent our torn nation headlong into a hotly debated war with Iraq.

Pointing to pictures of factories that supposedly made these weapons (with his usual charismatic aura), Powell accused Saddam Hussein of hoarding away weapons of mass destruction – weapons that could be used against us.

The trouble is that not once throughout the month-long war waged in mid-March, has the Bush administration or anyone found any evidence of chemical or biological weapons.

Oh sure, they've claimed to find traces of them and have even reported researching some suspicious materials, but never has a conclusive discovery been made.

So what kind of position does this put the United States in now?

Although our country may have gotten through both enormous scandals and autrocities (Watergate, Hiroshima, etc.) without any major battle scars, it may be safe to assume that Bush's alleged reasoning to go ahead with this war has put him into a pickle – a very sour pickle.

Our vulnerable desire for proactive national security in the wake of Sept. 11 does not mean we do not have the potential to be very angry toward our President, who appears so far to have lied to us about the reason for the war.

To find that more than 100 of our men and women, not to mention many more innocent Iraqis, died for a seemingly false cause would be a death blow – a blow especially to the families of those who perished in battle.

So the question to ask, then, is whether Bush really did know that there were no weapons to be found, and decided to go to war anyway – for profit – or, if Bush's advisers were correct in assuming that there were weapons.

Did Bush readily push us into this war by exaggerating Iraq's threat to us?

Because no U.S. leader has seemed as eager to go to war in the first place (except, perhaps President Bush I), the answer to the above question would probably be yes.

Since blaming Bush's advisers would be a waste of time (just look at the almost deadly accuracy with which the American military bombed Iraq), Bush had to have known that it was least likely that we would not find any weapons of mass destruction as he would have liked us to believe.

People argue that we may have bombed the evidence, yet according to weapons inspectors, that would have been impossible, considering the harm it would have done to our troops and Iraqis during the war's onset.

Inspectors also checked out the factories that were essentially the basis of Powell's evidence and said they had nothing to do with biological weapons, according to Joem Sijeholm, an inspector who was interviewed by German television.

But Bush does have one major point in his favor. Prime Minister Tony Blair believed in the cause and even said that Hussein's refusal to give up his weapons led the world to witness this highly broadcasted war.

It is too bad, then, that Blair has to explain to his own reluctant country his support for something that didn't end up resolving the situation it set out to do.

Needless to say, he also has to explain the fact that more British soldiers died than our own.

Perhaps there would have been a chance for the President to save face if he could have just proven the link between Hussein and Al Qaeda.

But of course, he hasn't, and it is most likely that just like the weapons, that connection will never be explained either. (Nor will Hussein's relationship to the events of Sept. 11 likely be proved.)

By now we should have unearthed enough weaponry to blow all major countries off of the map. Instead, all we have now are empty word and emptier promises from a President who has yet to prove himself just once.

Apathy evident in ASF elections

Another annual spring event at the University of La Verne has come and gone with inappropriately little campuswide attention. No, it is not the take-off-your-clothes and head to Cancun spring break, nor the men's volleyball team's trip to finals in Pennsylvania.

The event that should draw a fierce competition, but instead draws little enthusiasm, is the race and voting for the Associated Student Federation Forum president.

The ASF president presides over ASF meetings and is responsible for seeing that decisions are implemented in the ULV community.

The president also has the deciding vote in a tie and acts as the liaison to the president of the University.

Even with all this, only one student was listed on the ballot under the president category.

Why the lack of interest? Perhaps it's because there was only one candidate both qualified and interested in the position.

To qualify, a candidate must have served one-year in the ASF forum. Perhaps there was lack of interest because students did not know or care about running for ASF positions, due to bad publicity (isn't that the reason for the public relations position on the Forum?) Or possibly it is because most students just don't care about politics.

It's sad to see such an apathetic view wash across campus.

Students should care – this is the person who represents the students and ultimately decides what activities ASF sponsors.

Do you really want to listen to the guy from the Real World speak again? If you don't, then get out there and vote.

Most students didn't even know that there was an opportunity to vote for three days this week, so maybe ASF needs to get the word out across campus or increase the voting options.

Only allowing three days to vote? Student's schedules are jam-packed already.

Some students find eating and sleeping hard enough to fit in their schedules – and if that is true, then just think how hard it is to squeeze voting into their schedule.

This is the information age; why not give students the option of voting online?

The polls may be closed for the year, but it's important to stay informed about what affects you.

Everyone needs to exercise his or her right to vote.

Where have all the R.A.s gone?

There are many concerns about the housing program here at the University of La Verne. The buildings are out-dated, dirty, ant-invested and down-right expensive.

These are all concerns for students who live on campus.

After all the money that they pay, they expect to get the bare necessities of dorm room living: dryers that dry your clothes rather than leaving them damp, bathrooms that aren't losing tiles on a daily basis and cable, or at least TV hook-ups for those residents that live in the Oaks F-building.

These are issues that housing is attempting to address by forming the Residence Hall Association.

The RHA is a voluntary group of students who give their time to meet and talk with housing administrators as student representatives for residents who feel that their opinions or suggestions are not being heard. The members of the RHA will serve those who choose to live on campus and give them a chance to voice concerns without the bureaucratic levels of the housing offices personnel.

Although we applaud the idea of the RHA, it is hard not to wonder why this type of communication was never achieved between the residents and their R.A. or P.A.?

Every year, 20 or so R.A.s and P.A.s are chosen to live in the dorms for free in a single occupancy room and serve as a representative of the housing department 24-7.

What ever happened to the people being paid for the job serving as the liaison between the residents and the students? Why is the housing and residential life office handing out free rooms to students who sign-up to be R.A.s and P.A.s when they are not fulfilling the needs of students on campus?

The *Campus Times* applauds Eugene Shang, the RHA program and the students who choose to be a part of it. Perhaps the RHA will be more successful at addressing the student concerns the student R.A. and P.A. staff could never seem to do.

Letters to the Editor

The *Campus Times* encourages readers to submit letters to the editors regarding topics covered in the paper. Letters should be no more than 400 words in length and are due by Tuesday at 3 p.m. The *Campus Times* reserves the right to edit letters for clarity, space and libel.

Campus Times
Spring 2003

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From the Editor...

What you see is not what you get



Jaclyn Roco

I get angry sometimes when I watch television. There has to be more to life than trying to live up to the supposed trends and images shown by flashy women.

One of the things I get sick and tired of hearing from my friends (although I admit I have also complained) is: "Why can't I look like that?" or my greatest peeve... "Damn Jacky, why can't you look like that?"

Okay, I know that the latter remark is usually made in jest either by my boyfriend or one of my stupid male friends, but hearing things like that just doesn't lap off me; instead, these remarks hit me and stick...like ice on the tongue.

It unnerves me that females 16 and under have better figures than I do; well maybe not when it comes to my size one waist, but rather the fact that they actually have a better and bigger upper torso than I do. Oh, yeah not to mention a better rear extension.

And what gets to me most is the fact that I never really cared about what I saw on television until everyone else started pointing it out to me: "Gee, Britney Spears sure looks healthy," or "Wow, for someone younger than us, Hillary Duff sure has a nice chest. What size are you, Jacky?"

So what if I'm extremely skinny, and so what if everyone likes to call me "stick figure?" I do eat, if you didn't know, and when I choose not to, it doesn't mean I'm starving myself to look a certain way; it just means that I was too busy doing something else. (And of course I'll make up for that by having a big meal later.) You'll also never catch me sticking my finger in my throat to throw all my insides up.

I heard someone doing that once; it was the most disgusting thing I have ever heard, mostly because I heard the strange noise of someone sticking something way into the back of their throat.

I felt that I should help that person, until she looked me up and down and said, "Wow, it seems to be working for you."

Is that what everyone else thinks?

I was talking to one of my friends, and she told me that some guy was making fun of me.

He had told her that he was attracted to girls that had meat on them, not girls that looked like the "anorexic" girl in the corner — which I supposed was I.

It seems like today's superficial world is never satisfied with what is real. I have friends who complain that they wished they had my waist, and I look at them and say, "Are you kidding me? I have no waist!" I can't even find jeans to fit me.

I blame this never-ending struggle to look a certain way on television.

I worked in the modeling and movie industry for a little while, just to see what it was like, and it was amazing the sort of things agents would tell people.

"You're mouth's too wide. Get it fixed," or "You have a great body, but your face sucks."

And these full-time model/actresses would walk away with a determined look on their face that seemed to say, "I got to fix myself so that I can get this job."

Isn't that disgusting? Why should you fix yourself just so that you could look fake on television?

One of my best friends now looks at her chest critically just because her boyfriend told her how fascinating it was that Victoria's Secret models had cleavage even without push up bras. He was referring to the newly popular Victoria's Secret commercial that airs ever so often on television.

She felt doubly uncomfortable because her boyfriend had compared her to a popular model, saying, "I think she's just as pretty as you are, only she has a bigger chest."

I looked at her straight in the eye and said, "Honey, our kind doesn't have big chests. We'd fall over if we did."

Although she laughed, I could tell she wasn't convinced, and again I blame television.

Doesn't anyone know that what you see isn't what you get? (Nothing is real!)

There are things computers can do, and as a former part-time model, I could tell you straight out that often a girl's chest (legs, rear, face) really isn't her own.

Jaclyn Roco, a senior journalism major, is editor in chief of the Campus Times. *She can be reached by e-mail at* **rocojax@yahoo.com**.

Please use your inside voices



Matt Paulson

Recently, I went to see "X2," which is the second installment of the X-Men movies, directed by Bryan Singer. (Read my review on page 14).

The movies, which are based on the comics by the great Stan Lee, provide me with the sort of imaginative stimulation that is generally achieved by a 5 year old with a truck and a sandbox.

I live vicariously through the mutants, wishing I could read minds like Dr. Gray, create inclement weather like Storm, transport like Nightcrawler or shoot adamantium claws out of my knuckles like Wolverine.

It's a dorky disposition; I know. But that's me.

So you can imagine my excitement to see "X2." I wanted to take it in. I wanted to recline in my seat and inhale everything my imagination would let me. Nothing was going to ruin this movie for me.

Recollections of past cinematic experiences stirred in me. So many past films, no matter the amount of anticipation, have been ruined by some individual who felt the need to speak incessantly throughout the movie, or even worse, some colossal waste of space who believes he is important enough to ruin the movie for everyone else by answering his cell phone. The conversation usually only consists of discussing some wild high school bash where everyone stumbles around holding their second Bacardi Breezer of the four they stole from Mom's stash. You know the kind.

OK, so you're probably wondering from where this moviegoer vendetta has stemmed. It reached its boiling point at the opening weekend of "Final Destination 2".

The movie was great. The intensity, coupled with the incredible complexity of every death scene, was awesome. If you haven't seen it, and want to see a movie that completely reinvents the modern death scene, check it out.

But when I left the theater that night, the experience was tainted. My conversation about the movie with my roommate did not entail only thoughts and praises of the film. We did not discuss the first 15 minutes of the movie. Instead, we found ourselves profaning the four people behind us.

These four — two guys and two girls, a double date — felt that they needed to tell everyone in the theater what they thought of each part. They decided that their opinion transcended anyone else's right to enjoy to movie, a right purchased with our $8.50.

And the worst possible part: not only did one of our annoyance's cell phones ring, but he answered it and proceeded to have a conversation in the middle of the movie! That was ridiculous. I realize that this type of person is a minority in the moviegoer demographic, but they still exist. It needs to stop.

I did not pay $8.50 to listen to what you think about this movie or any movie. I would not listen to what you have to say for free. I don't care, nor does anyone else in the theater. Your opinion does not matter to us. Keep it to yourself.

And to the cell phone answerers: Stop trying to pretend that you're important. You're not. I know it. You know it. It can wait two hours. Unless a friend or relative is in grave danger, it can wait.

This is just one thing that puts a damper on my day. I enjoy seeing movies. It's a break from the droning reality that is La Verne. Don't ruin it for me and for everyone else in the theater. Happy movie going to all, and in the words of Red Green, "keep your stick on the ice."

Matt Paulson, a sophomore journalism and English major, is sports editor of the Campus Times. *He can be reached by e-mail at* **phil6483@aol.com**.

Love endures distance



Rebecca Cooper

For the last four months, I have been going about my daily activities in a zombie-like fashion.

I've been going to school, doing my homework and going to work to keep myself busy.

I've been slaving away at *Campus Times* and *La Verne Magazine*. I've also been mailing weekly care packages full of salty goodies, and watching my nieces more than their parents.

I've tried to smile and laugh and keep myself busy, but some days I feel like I inherited those bi-polar qualities from my dad's side of the family. It really scares me sometimes how much I take after those crazy people.

I know I had mood swings before, but lately it has been worse than ever.

One moment I'll be laughing and smiling, and the next I am cranky or crying at nothing.

I'm really lucky that my family and friends are understanding. If I had to deal with myself, I wouldn't be so caring and understanding.

I try not to watch the news or read about the war with Iraq in the newspapers or magazines. When people bag on our troops or make cracks about the war, I try to ignore them.

But once a day I give in and look online, carefully typing 1st Marine Expeditionary Force and CSSB-10 into various search engines.

I also look at the Marine Corps Web site, hoping to see a picture of my man. While hoping for good news, I mostly read about soldiers who are injured or killed in battle. I play the wait and see game, always hoping that I don't know the person.

What tears me up inside the most, though, is seeing all the lucky families being reunited with their loved ones.

I pray that I will be next and try to move on with my normal life, but instead I just act crankier toward my loved ones.

Then I realize that acting that way doesn't solve anything, and all I have to do is smile. When I am in one of my moods, or when I'm scared about losing him, I think back to last March – last spring break when I was reunited with my fiancé after he served in Operation Enduring Freedom in Afghanistan for eight months.

Then I think about Jan. 15, when he promised in that Arnold Schwarzenegger voice, "I'll be back."

He is currently serving in Iraq in support of Operation Iraqi Freedom, and I know that everything will be fine.

He has been able to call me twice since he has been in Iraq, and hearing his voice or receiving one of those chicken-scratch letters has been the highlight of the last four months.

I never thought that a piece of paper or the ring of my cell phone would make me so happy.

Being apart since has made me truly appreciate having Shawn in my life for the last two years. I think about everything we have been through, and how happy he has made me, and I know that it will all work out.

It's been even more difficult lately with all my family problems and his being away, because the one person who I really need right now is half way around the world and in a much worse situation than I am.

Shawn being away has made me appreciate life and taught me to really keep things in perspective.

The small things in life make a huge difference, but then again so do the big things. So thank you my Shawn Juan for everything.

Rebecca Cooper, a junior journalism major, is arts and entertainment editor of the Campus Times. *She can be reached by e-mail at* **spoildbeca@aol.com**.

Expo courts anxious brides-to-be

Valerie Rojas
Staff Writer

With their shoelaces laced tightly and expectations high, over 800 prospective brides stormed the Pomona Fairplex Sunday.

Mega Productions hosted their fourth bridal expo of the year, giving numerous brides-to-be the opportunity to meet and question over 60 vendors who offered expertise in areas of photography, videography, limousine rental and wedding cakes.

A woman's wedding day is not something that can be thrown together in a matter of days or even weeks.

From the time when a girl attaches a pillowcase to her head and waltzes around her room, to just minutes before the actual event, a girl is planning her wedding.

And with the help of Mega Productions, getting ready for what is deemed "the most memorable day in a girl's life," just may be a smidge easier.



Sylvia Castellanos

On Sunday, Lori Dickenson of Pila's Pantry, displayed and offered samples of their "colossal" wedding cakes at the Bridal Mega Show located at the Pomona Fairplex.

"We provide basically everything you'll need from DJs to cakes," said Connie Burns, a spokeswoman for Mega Productions.

This expo was complete with booths set up by various companies, including David's Bridal of Ontario, Pacific Harps, King and Queens Limo Service and Pomona Travel Agency.

The brides-to-be began arriving at 11 a.m.

A registration booth greeted them, offering discount coupons and bridal registry guides, priced at over $35, which were given away free to the first 1,200 attendees. Door prizes were awarded throughout the day.

As the brides walked the fairgrounds, friendly vendors awaited their questions, offering expertise on how to make their future wedding perfect.

Charity Bemis and Leanna Green, friends who are each planning fall weddings, found the expo to be extremely helpful and fun.

Although the expo offered wedding cakes and photographers, two of the main things they were searching for, Bemis and Green suggested including more vendors at future shows.

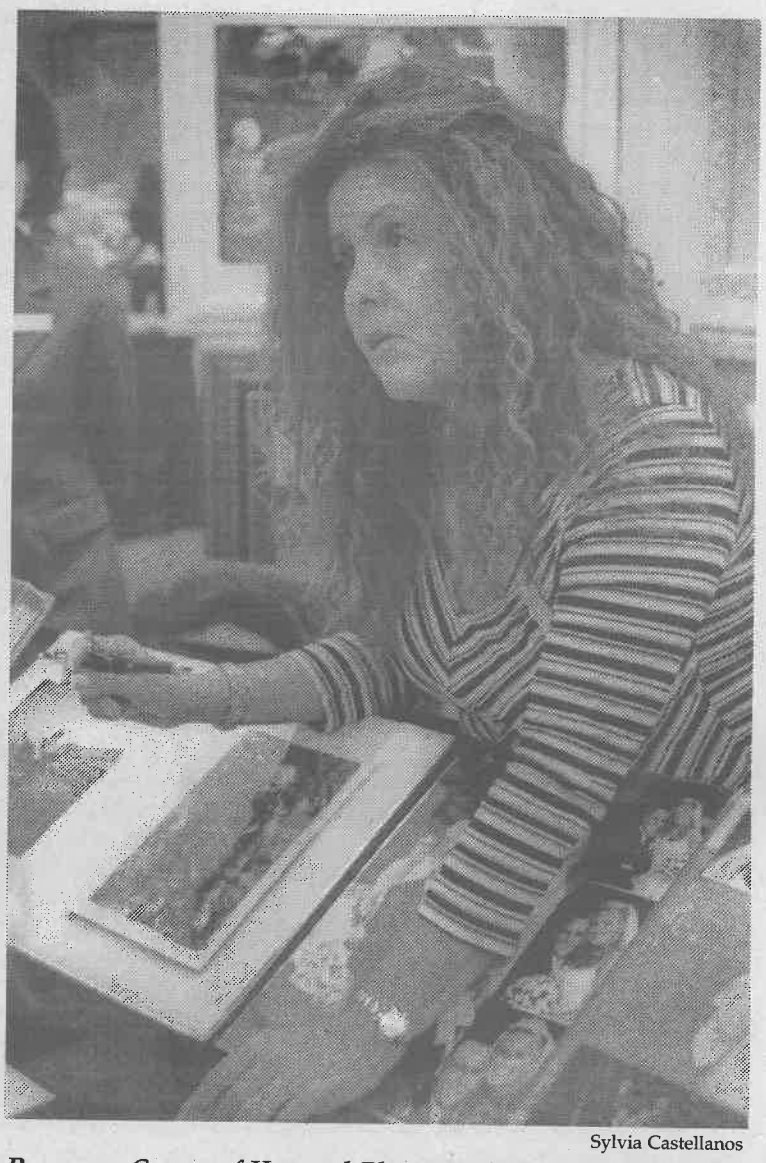
"It could have been bigger," said Green, who is planning her wedding for late September. "I would have liked them to have included information on places to host weddings and more catering services."

Prospective brides mean business when they attend these events, said Bob Puente, Mega Productions staff member.

Brides-to-be average at least three expos before making decisions, Puente said.

Mega Productions attempts to provide what brides need and bring something to them that they have not seen before, he said.

This year the "Cinderella Carriage" was on display. This horse-drawn carriage is beautiful, and provides the complete fairy tale effect that many women want for their wedding.



Sylvia Castellanos

Roseanne Comer of Harvard Photography displayed some of her wedding albums and wedding deals at the Bridal Mega Show on Sunday at the Pomona Fairplex.

The vendors attending these events are usually veterans of the bridal expo business. However, a few starting businesses use these expos to get their foot in the door and see if there is room in the world of weddings for their services, such as a disposable camera booth on display.

Aside from the host of vendors, two choreographed bridal shows were given.

David's Bridal, Gary's Tuxes and Joy Harris were the three designers whose clothing were presented by 12 adults and three children.

"The audience just loved the kids," Puente said. "One little girl, she just came out with this attitude. She owned that audience."

Mega Productions will be hosting eight more bridal expos in Southern California, into late October.

For more information, call (626) 961-6522, or visit **www.bridalmegashow.com**.

Career Center offers post-grad assistance

Desiree Quintero
Staff Writer

The school year is coming to an end, and many graduating students are deciding what to do with their lives.

Graduation day, once considered so far away, is now coming up in less than two weeks.

After having spent four years at the University of La Verne, it is finally time to face reality, and the awful truth sinks in: What do I do now?

Some students will go back to school; some will go into the work force; and others are still undecided of where life is going to take them.

Senior Sara Kears will be graduating with a degree in anthropology, but just two months ago she decided that what she really wanted to do was teach. Kears plans on going back to school in the fall to get her teaching credential.

"I feel like even though I'm not going out there and looking for a career right away, I feel confident because I have interview experience and a resume, all through the Career Center," Kears said.

To help students with their future, the Career Development and Placement Center is holding a resume workshop for students from 4:15 p.m. to 5:00 p.m. on Monday, May 12 in the Career Center.

The workshop is a step-by-step run-down of what students need to do to complete their resumes.

The Career Center is also offering students free resume paper and 9"x12" envelopes with a scheduled counseling session. Without a counseling session, one can purchase paper and envelopes for 10 cents each, or three for 25 cents.

"Students should stop by the Career Center as soon as possible to finish writing their resumes, and if they have not started one, they should stop by to begin one," said Laura Kiralla, director of the Career Development and Placement Center.

"(In the Career Center), we have seen a senior class that is experiencing anxiety and frustration," Kiralla said. "A lot are finding it more and more competitive and difficult, but the students who use the Career Center services have myself and the counselors to help support them."

According to an article published in the *Los Angeles Times*, U.S. companies cut their payrolls again in April. This has pushed the nation's unemployment rate to 6 percent.

The Labor Department reported that job losses in the last three months are above the half-million mark.

Graduating students are finding it a little more difficult than usual to find employment because of the depleting economy, but just need to push a little harder to find a job upon post-graduation.

"University of La Verne seniors need to be flexible and open to different types of job opportunities," Kiralla said. "They might not start in their dream job right away, but need to be open to working in different job environments."

"This is one of the toughest job markets for the economy," Kiralla said.

In spite of the dropping job market, Kiralla feels that graduating seniors have an advantage in that they are, "fresh to the job market, have high energy, are ready to commit and can be shaped and trained to fit company needs."

"At first I was anxious about finding a job and being prepared, but I have been working in the Career Center and feel a little more prepared," Kears said.

Holston dedicates 30 years to LV

Gloria Flores
Staff Writer

She is the first person to greet you as you walk into Davenport, the University of La Verne's dining hall, and often the last person you see as you walk out. Rosa Holston has watched students trickle in and out of Davenport for 30 years and has also seen the ULV community blossom and grow.

Colleagues describe her as a hard worker and an overall wonderful person.

"She is very professional and fair," Administrative assistant, Mary Whitten, said,

As a reward for her 30 years of valuable service, Holston received a certificate along with a gold ring that she now happily wears on her right hand.

"These past 30 years have been great to me," said Holston as she reminisced about her time at ULV. "It is a really pleasant place to come to everyday."

She smiles and shakes her head as she recalls a few moments that stand out in her mind about working in Davenport.

"I remember one morning years ago, I came into work to find a huge frog floating up in the juice dispenser," said Holston.

And if that is not more information than any Davenport regular wanted to know, she also recalls an instance when she opened up the cash box and was shocked to see large black spiders crawling around.

"And of course the box went flying into the air along with all the money," said Hoffman jokingly.

Before becoming one of the best known faces on campus, Holston worked at a nearby convalescent home. It was through a neighbor of hers that she first learned of the University's job opening.

Since then, Holston has not only seen changes in the thousands of different faces that have entered the dining hall over the years, but she has also witnessed changes in the dining hall itself.

"I have always enjoyed the staff and management. We have a lot of respect for each other and we get along great, but this year I have to say that Davenport is a lot more professional and its appearance is much nicer," said Holston.

Holston says she really enjoys the students that come through the doors of Davenport. "Some are really funny and friendly," she said. "But everyone has to implement the rules. The rules come from above me but it is my job to see that they are followed."

"She always remembers a student's face," said Julie Sanchez-Alvarez, a first year communications major.

As a mother, a grandmother and a great grandmother she enjoys spending time with her family who she says keeps her quite busy.

"I also enjoy walking and I am very involved with my church. I am an usher, president of the Pastor's Choir and I also work with the commission."



Bailey Porter

Rosa Holston has been working for food services at the University of La Verne for 30 years. When she is not greeting students at Davenport, Holston spends her time walking for exercise or attending Emanuel Baptist Church in San Dimas.

In the future, Holston looks forward to traveling a lot more. She has visited the Bahamas and has been various places across the United States including Florida where much of her family resides.

"I really want to travel to places I've never been to," said Holston, "but once I retire of course."

Until then, it will be business as usual for Holston.

Students and coffee: not a good combo

Alejandra Molina
LV Life Editor

Junior Vanessa Caraballo visits Starbucks four times a week to order her usual Vanilla Latte.

"It soothes my stresses," Caraballo said. "Sometimes I spend my time just reading a book and drinking a cup of coffee."

As opposed to others who believe drinking coffee will increase their energy, Caraballo feels relaxed once she drinks caffeine, though she admits that she actually gets too relaxed sometimes, relaxed enough to fall asleep.

The perceived energy that coffee drinkers get comes from their body's struggle to adapt to increased blood levels of stress hormones while they intake caffeine. Chemical stimulation is what provides the energy, not caffeine. When people go through this struggle, they are likely to experience side effects of caffeinism, which is characterized by fatigue, according to the book, "Caffeine Blues," by Stephen Cherniske, a clinical nutritionist.

Students who drink coffee to finish that 10-page paper or to stay up cramming for their final the night before, do not know that caffeine is a major factor in the fatigue they feel while trying to stay up at all hours in the morning.

Caffeine creates tension that ultimately results in fatigue, rather than providing energy.

"We get a lot of addictive customers; they have no patience," said Esmeralda Escudero, a La Verne Starbucks employee.

It is very hard for those who are in the habit of drinking coffee to be moderate or sensible when consuming caffeine. Drinking coffee sets up a cycle of alertness followed by fatigue, according to Cherniske.

"Before, when I drank coffee a lot, I began to get immune to it and got really sleepy," said junior Geraldine Bumanglag.

Cherniske said that most people begin with one cup in the morning, but soon they need a second cup at mid-morning and another caffeine hit in the afternoon.

"Over time, adrenal weakness leads to a deeper fatigue, more caffeine and a spiral of increasing stress and decreasing can be devastating," Cherniske wrote in his book.

Also, many students like Caraballo believe that drinking coffee will improve their study skills.

A study in the Journal of Clinical Psychology comparing the memory of those who drink coffee and those who do not proved otherwise. A group of college students were given a 100 milligrams of caffeine before taking the Auditory-Verbal Learning Test. The results found that the students did well in the beginning of the test, but were weaker in the middle to end sections.

"This illustrates that the 'enhancement' of alertness provided by caffeine is both temporary and illusory," Cherniske stated.

"I believe that heavy caffeine consumption is a significant factor in the epidemic of anxiety suffered by college students," Cherniske commented on a questionnaire evaluating student's expectations of caffeine. This questionnaire "Caffeine Consumption, Expectancies of Caffeine enhanced Performance, and Caffeinism Symptoms among University Symptoms" in the Journal of Drug Education showed that those students with the highest caffeine expectations

Continued on page 10

Fast Track Your Degree!

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Session 1	**June 18-July 22**	**Final Exams July 23-24**
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The *Summer 2003 Class Schedule* is available for purchase now at the following locations:

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Financial aid will be available to those who qualify. 2002-2003 FAFSA requirements and summer application are online at *finaid@csusb.edu*

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Meeting the Challenge

Oaxaca, a city sustained by specialization

Photography by Jason Cooper



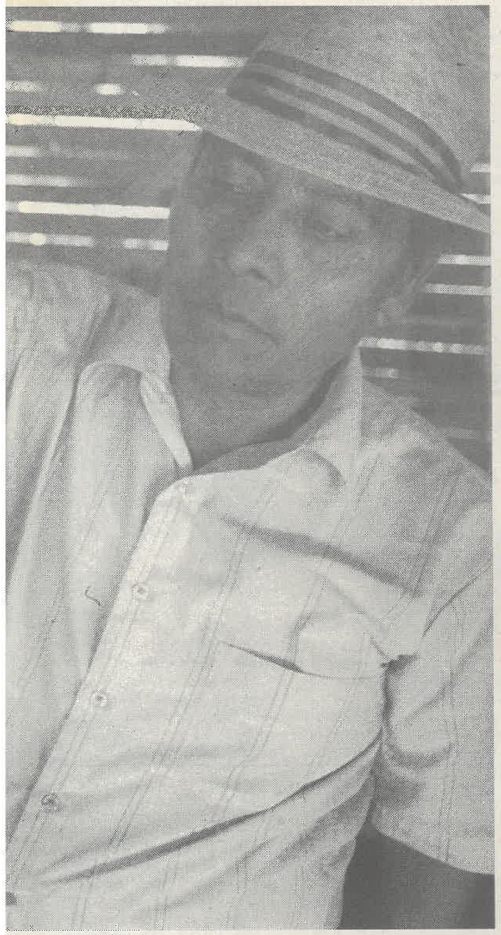


Top Center: Zapotec Indians are the largest indigenous group in the Ciudad Oaxaca area. On the outskirts of Teotitlan del Valle, a village near the capital city, Benito Hernandez cultivates dyes like his Zapotec ancestors have done for centuries. To make red dye, he infects cactus pedals with tiny white parasites. When the females are mature, he removes the bugs from the cacti, drys and grinds them into a fine red powder. The powder mixed with different elements is then used to color cotton or wool.

Above: Years of making fine lines and small colored dots have made this artisan from the Ramirez-Ruiz family cross-eyed. In Arrazola, the "alebrijes" she works on sustain not only her village's economy but the capital city's as well. People travel from all over the world to collect these artisans' work.

Right: Every year during the holy week, starting with Palm Sunday and ending Easter Sunday, artisans from all over Oaxaca del Valle come to sell their work to thousands of tourists in the city. Booths line Calle del Alcala leading up to the Zocolo, a square bursting with commerce. Indigenous women weave rugs and scarves, embroider blouses and whip chocolate drinks hoping to pique the interest of these foreigners. These artisans may travel two hours every day to sell their work. Some will make enough money to live on for half a year.



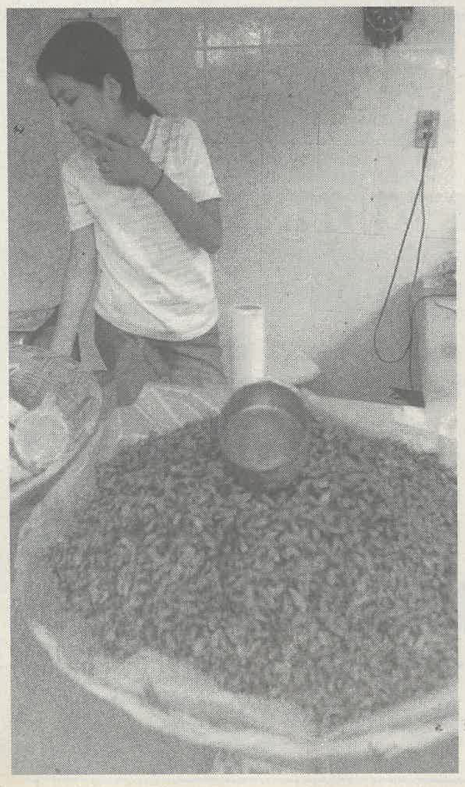


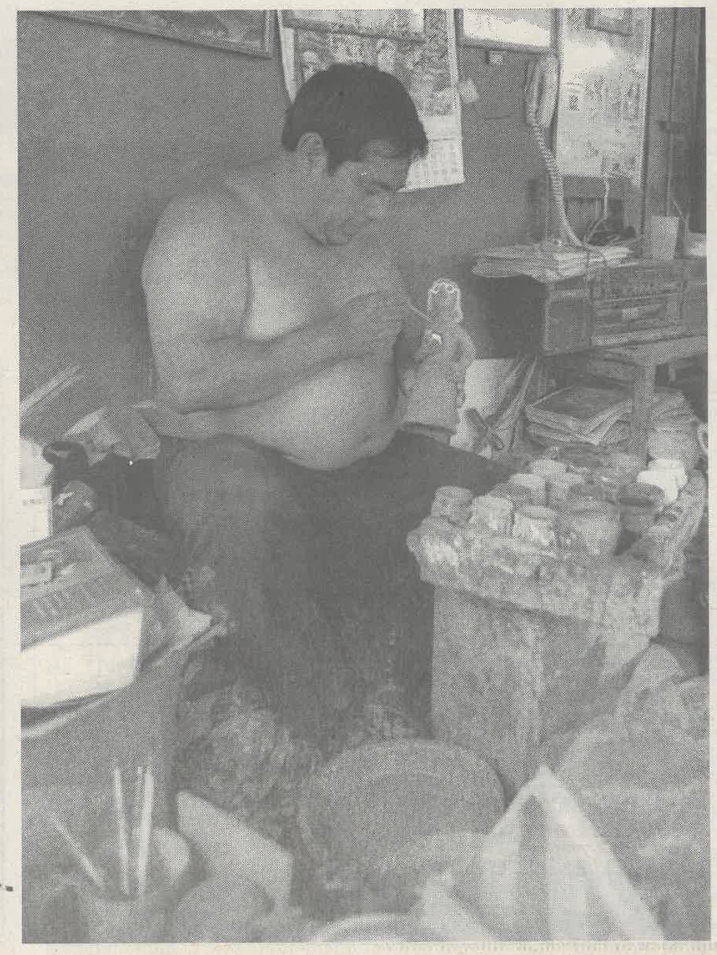


Left: "Pase" they say as you walk by their living rooms converted into tiny boutiques. In the village of San Martin-Tilcajete, tiny wood animal figurines are what pay the bills. Almost every residence has a store selling "alebrijes" and a young child trying to solicit your business. This boy waited as members of a ULV group looked at figurines next door so that he could also entice them to come in and have a look at what his family had to offer.

Bottom Center: Bugs in the market might bring an "F" rating in La Verne, but in Oaxaca, they are delicatessen. People like "Jessica" arrive at Mercado Centro Abasto at 5 a.m., to sell seasoned crickets or "chapolines" A large plastic bag might cost a dollar.

Below: In the Aguilar family everyone has a role in producing statues, the main export of Villa Octotlan, a village outside Ciudad Oaxaca. One molds the clay, another fires the oven, and others may paint, but they all smile at customers in hopes of making a sale. Covered in clay and paint, a member of the Aguilar family works on a statue. He chuckled when he admitted this statue was a replica of an American "turista."





Teeth whitening can be cheap, easy

•Whitening treatment options vary

Amby Sarabia
Staff Writer

University of La Verne students have been drawn to the quick and easy teeth-whitening methods advertised on TV.

With a guaranteed outcome of receiving "brighter teeth in just 14 days" when using Crest Whitestrips, who would not be willing to fork over 20 bucks?

Products such as Crest Whitestrips, Reach Whitening Floss, Aqua Fresh Protection, whitening dental gum and several toothpastes that contain whitening gel, are popular with those consumers hoping to acquire whiter teeth.

Freshman Rheana Trejo used Crest Whitestrips before her senior prom in hopes of having a brighter smile.

"I noticed a difference after one week," said Trejo. "I was really happy with the results."

The box comes complete with 56 whitening strips; 28 for top teeth and 28 for the lower.

The gel portion of the strips are placed onto the teeth, worn for 30 minutes and then removed.

After removing the strips, rinse, brush or wipe off any remaining gel.

If there is no difference in the users teeth color, the product can be returned for a free refund.

Trejo's results were so dramatic, classmates often teased her about them.

"My friends used to make fun of me because they were so white," she said.

After waiting six months, the guaranteed amount of time that the color would last before needing a touch up, Trejo decided to whiten her teeth again using Crest Simply White.

The product, while $6.00 cheaper than the Whitestrips, proved more of a hassle to use.

Rather than putting the strips onto the teeth, the user must ensure that his or her teeth are completely dry before brushing the gel onto the teeth.

While the gel is drying, the user cannot close his or her mouth for 30 seconds.

After using the product for two weeks, Trejo noticed only a slight change when compared to the results she noticed only after a week of using the Whitestrips.

"The Crest strips were much more effective," Trejo said.

Trejo was lucky to make the right decision when purchasing the Crest teeth whitening products, since many products on the market are a scam.

"Store brand whitening products are a waste of money," said Scott Kanai, D.D.S. and owner of Little Tokyo Dental Group in Los Angeles.

"In my opinion the Crest strips are the only ones that work," Kanai said.

As an experienced dentist, Dr. Kanai offers many teeth whitening treatments to his patients.

The take-home whitening treatment allows patients obvious conveniences.

In the office, dentists make a mold of the patients teeth to custom their mouth.

The patients then take the mold, or tray, home with some whitening gel, which they are instructed to pour into the tray and place it in their mouth before they go to bed.

Patients are then instructed to sleep with the tray in their mouth.

Users should see results in either two-to-four weeks or six weeks to two months, depending on the starting color of the teeth.

The prices vary, but the average price is $200 an arch.

For the in-office treatment, the dentist places whitening gel directly onto the teeth and uses a special light which activates the gel causing it to seep into the tooth's enamel and dentin. The cost is $250 an arch.

"The treatment can be done in one appointment which appeals to someone busy," Kanai said. "While the take-home can be slower."

The treatment does have its downside, however. Many patients have experienced tooth sensitivity to cold. While some are able to bear the discomfort, others experience pain when just inhaling cold air.

"The problem is there is no way to tell that a person's teeth will be sensitive," Kanai said. "That's why the take home treatment is better in some instances."

The problem with the in-office treatment is that the whitening solution is stronger, and the heat the light can irritate the tooth making it more sensitive.

There have been instances when Kanai has had to stop the procedure after the patients showed signs of discomfort.

"The advantages with the take home is that the user can gauge how much solution is used and when," Kanai said. "You can set your own schedule."

This is the road senior Hugo Valencia had to take after using the Brite Smile whitening gel for a month.

"I had to stop using it because it was making my teeth sensitive," Valencia said.

Rather than using the gel for a half-an-hour each day, Valencia started to use the gel in his toothpaste.

"I saw results," Valencia said. "My teeth did become whiter."

And Valencia's been able to keep his teeth white by adhering to a strict dental routine; brushing after meals and getting a checkup every six months.

Staying away from coffee, soda, cigarettes and tea helps keep the results achieved by the whitening treatment, Kanai added.

"Genetics also plays an important role in teeth color," Kanai said.

There are some instances when whitening treatment will not improve a patient's teeth color due to the starting point.

Yellow is the easiest color to whiten; gray and brown allows for a certain degree of whiteness but results will probably not be as good, Kanai said.

"In certain instances the tooth may have to be capped," said Kanai.

"I plan to get my teeth whitened, but I just can't afford it at this time," Valencia said.

Teeth whitening can become expensive, causing consumers to try the use-at-home products rather than going through with the dentist office treatments.

Kanai often recommends that his patients use the Crest Whitestrips before committing to the in-office procedure.

If the strips are able to whiten the user's teeth, then the procedure is not needed, allowing the user to save money.

"I got my teeth whitened for $100 in Mexico by a family dentist," said senior Luis Garcia. "I didn't even bother to look into it here 'cause I knew it would be too expensive."

But for those who are unable to travel to places such as Mexico where whitening procedures are less expensive, be sure to ask your dentist about the many options offered when it comes to teeth whitening.

"You have to be happy with your smile," Kanai said. "And teeth whitening is a process without any drilling. It's easy and (generally) painless."

> 'The advantages with the take home is that the user can gauge how much solution is used and when.'
>
> *—Scott Kanai, Little Tokyo Dental Group owner*

Coffee...

Continued from page 7

were the one's who take in most of the caffeine and who experience greater levels of anxiety, depression, insomnia, headache and fatigue.

Coffee might help Caraballo relieve some stress, but research shows that compared to men, caffeine is much more damaging to women, producing adverse effects at lower intake, according to Cherniske.

The time it takes the body to eliminate one-half of a given dose changes when women are in their menstrual cycle, a fact in the "Metabolism of Caffeine and Other Components of Coffee" by M.J. Arnaud that many do not know and might not even think about.

Women who are on birth control pills take about twice the normal time to eliminate caffeine, according to D.W. Yesair's book "Human Disposition and Some Biochemichal Aspects of Methylxanthines."

Though drinking coffee and hanging out in coffee bars is a popular trend, students need to be aware of the dangerous side-effects that can be caused by consuming too much caffeine.

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Entertainment Briefs

Student Concerts

The Chamber Singers, directed by Timothy Durkovic, will sing at 8 p.m., tonight in Founders Auditorium. Admission is free.

The Chamber Singers will be joined by University Chorale for a night of "Music From the Movies" at 8 p.m., May 15, 16 and 17 in Dailey Theatre. Student admission is free. General admission is $5.

Jazz Ensemble

Reed Gratz will direct the University of La Verne Jazz Ensemble at 8 p.m., Tuesday in Founders Auditorium. Admission is free.

West African Drumming

Raynor Carroll's Ensemble KuKu will be joined by the ULV West African Drum Ensemble at 8 p.m., Monday in Founders Auditorium. Admission is free.

Theatre Festival

The theatre department presents the Theatre Mini Festival at 7:30 p.m., May 12 to 15 in Dailey Theatre. Admission is free.

Movies

"Daddy Day Care," starring Eddie Murphy, Steve Zahn and Anjelica Huston opens today nationwide. Also in theaters is "The Shape of Things," starring Paul Rudd and Rachel Weisz.

–Rebecca Cooper

'La Llorona' tells of weeping woman

by Rima Thompson

photography by Amy Babin

Last week the University of La Verne's Department of Theatre Arts presented three nights of "Latin influence with La Llorona (The Weeping Woman)."

A classic folktale in the Latino community, "La Llorona," senior Veronica Estrada's acting thesis, told the story of an Indian woman named Ix Ana (Estrada) who had fallen in love with Don Horacio (David Baldizon), a Spaniard from a rich and noble family.

Horacio's father fell optically ill and his last wish was to see his son married. In what was custom at the time, his father arranged for him to marry Juanita Caldes (Annette Trejo).

Despite the love and three children he had with Ix Ana, Horacio tells Ix Ana that out of respect for his father, he must marry Juanita.

He tells Ix Ana his family would never accept their union because she is Indian and their children would be considered a disgrace.

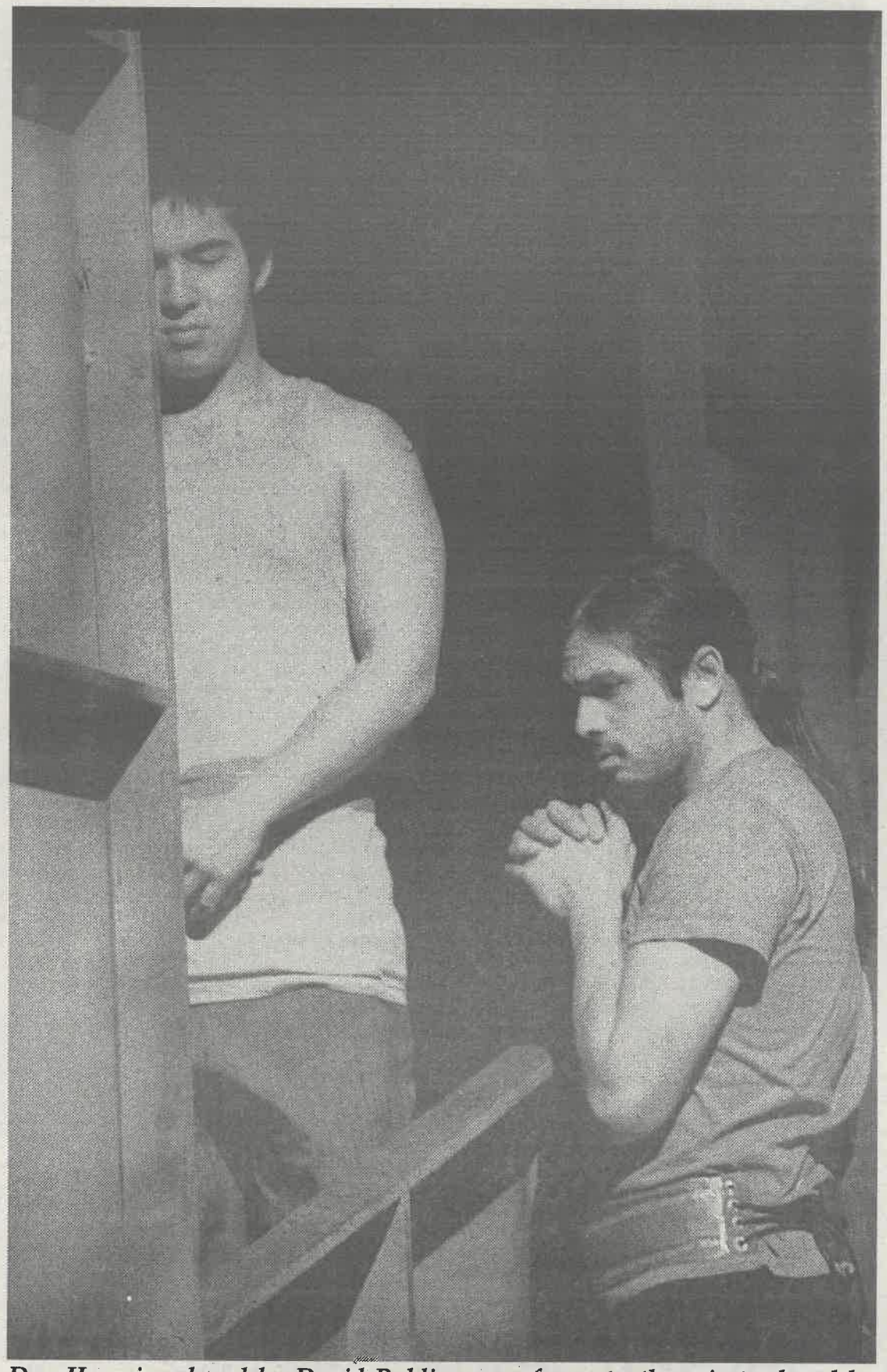
However, before leaving he also tells her they might have a chance if the children did not exist.

Days go by and the word of Horacio's marriage spreads. In Ix Ana's mind, she replays Horacio's last words to her over and over again: "If the children didn't exist, there might be a chance."

One morning Ix Ana goes to Horacio's house to be introduced to his family. Upon her arrival he is not only shocked to see her there, but to learn that she murdered their children by drowning them in the river.

Pushed away by Horacio, Ix Ana soon realizes what she did and races to the river to retrieve her children – never to return again.

According to legend, Ix Ana was so heartbroken that she drowned in the river and haunts the people of Mexico and parts of Arizona.



Don Horacio, played by David Baldizon, confesses to the priest, played by Keith Watabayashi, about his secret relationship with an Indian girl in "La Llorona," which played at ULV last week.

It took Estrada a year to put "La Llorona" together, as she said she wanted to do something in tribute to her Latino culture.

"I found the script during my sophomore year and it intrigued me because I always heard stories about this crying lady," she said. "There are so many Latino's here at our school now that we actually had enough actors to do it."

The emphasis on having a Latino cast made the play enjoyable and authentic.

As audience members arrived they were delightfully greeted by a pre-show, which featured Aztec dancers and genuine Latin pastries and candy.

"I was always interested in getting some type of pre-show together to get the audience engaged before they went into the theater," Estrada said.

"I wanted them to have the energy ready and for them be focused. I thought the Aztec's were relevant to the show because it was about an Indian girl and they added so much history to our play," she said.

Upon entrance to Dailey Theater, the audience was greeted by sprits whispering and a stage that looked like a forest.

As the show started, cuentistas (narrators), sophomores Reinel Campa and Jonathan Serret took the stage to give a synopsis of what was to come in "La Llorona," but not before guiding the audience through the forest to their seats.

The play opened with Horacio being measured for his wedding tuxedo and soon flashed to him seeing Ix Ana and then passing out.

As the play went back and forth between the past and the present, the spirit of Ix Ana haunted Horacio.

Acting wise, the entire cast did a great

Continued on page 12

Feedback

'We've got a great show tonight'



Taylor Kingsbury

Great comedy has the power to make you laugh until you cry. "Saturday Night Live" has been jerking quite a few tears this season. Unfortunately, these tears have not been triggered by laughter, merely the heartbreaking realization that one of televised comedy's most cherished institutions has degenerated into an abysmally wretched parody of its former self.

As the once-mighty ensemble showcase lurches through its 28th season, crucial elements are missing from the formula that has kept SNL at the forefront of its genre: most notably, wit and intelligence.

Watching recent episodes, it is becoming increasingly apparent that SNL has lost the edgy brilliance that brought the show to prominence and kept it there through three decades of television.

There was a time where the network television landscape would have felt barren and cold without the 90-minutes of shining comic glory SNL provided weekly. Today, even the most ardent fan has to wonder if "Saturday Night Live" has overstayed its welcome.

A show that once prided itself on weekly doses of thoughtful and insightful comic farce has now deteriorated into a rapid succession of "poo-poo, pee-pee" jokes. SNL's recent material has displayed a drastic demographic shift from intelligent people of all ages to an almost exclusive pool of stoners too lazy to put down their bong to change the channel.

So why do we still tune in? Because SNL remains historically relevant, remaining afloat today on the strength of past glories. Additionally, optimistic viewers remember that the show has gone through rough patches before, and wishfully anticipate a return to form.

But things have never looked so grim. It is hard to imagine a recovery strong enough to erase the sour taste left by this season of drudgery, or such a recovery being worth the wait. It may be time to strip away the 85 minutes of filler surrounding "Weekend Update" and put the rest of the cast, and viewers, out of their misery.

So, where did it all go wrong? With a large cast of talented comedians and an even stronger pool of featured players, SNL certainly has the potential comic muscle to make us laugh. Perhaps we can blame the writers, yet this staff is in constant fluctuation, and it's hard to imagine that SNL would continue to keep comedy writers who can't write comedy on the payroll.

How do we fix it? Pretty easily, actually. There are four obviously alterable factors responsible for the reprehensible condition to which SNL has been depleted.

1) Bad Host Selection - It seems simple: get a funny host and you'll have a funny show. Yet this season's choices have been perplexing and destined for disaster.

Al Gore is quite a comedian in the political arena, but his appearance as host did not live up to this heady standard.

This Saturday's offering was Ashton Kutcher. Considering that Kutcher has fabricated an entire career playing one character, it's not surprising that Kelso appeared in several skits this week.

SNL has always made occasional questionable choices for hosting, and some of these experiments have yielded memorable episodes. But, come on: Jeff Gordon?

2) Tracy Morgan - As one of the longest-serving members of the current cast, Tracy Morgan has earned the right to do whatever he wants; like not being funny. Instead of using his experience to shape memorable reoccurring characters, Morgan plays himself in most of his sketches, usually only appearing to deliver a line about "booty" or "titties." Morgan has diverted from his far superior cast-mates for long enough, and needs to get cut from the team.

3) Bad Musical Guests - The live music has always been a great element of the SNL framework, and the show's 28-year history has yielded some truly memorable performances. This season has boasted spirited outings from Beck, Foo Fighters and Ms. Dynamite, but these have been bookended by appearances from readily disposable artists.

The booking of Good Charlotte seems to fit in the with the afore-mentioned demographic shift, as it is hard to imagine anyone over the age of 16 failing to see through that facade.

Nelly also appeared this year, both as musical guest and in a skit on the episode. Actually, Band-Aid Face would have made a great character, so Nelly's, ahem, talents were somewhat wasted as a sideman in one of Tracy Morgan's boobies sketches.

I don't know if Saturday's guest 50 Cent even knew that he was on camera. Flava Of the Week lumbered about the stage with zero charisma during his karaoke session. The allegedly gifted rapper delivered less than half of his rhymes, letting his two excitable sidekicks finish each line for him. Maybe he was just too embarrassed to say "I love you like a fat kid love cake" on television. Yep, we're on to you, 50.

4) Horatio Sanz - Traditionally, SNL has always employed a stereotypical character on their roster known as "the fat guy." The show has amassed a great legacy with their "fat guys," but producers have noticed an alarming side effect: they keep dying. Unfortunately, Horatio Sanz just won't go down.

I'm sure Sanz is a nice guy and liked by the cast, since he's been on for several seasons. However, Lorne Michaels needs to realize what loyal viewers have know for way too long: Horatio is not funny, he's never been funny, and he's never going to be funny. Unless Hollywood opens the gates of Hell and conjures "Boat Trip 2," Horatio Sanz has no place in the comedy business.

If SNL improves in these areas, the wealth of talent in their featured players can restore the show to its former health. Let us hope that producers are realizing that their show which once set the standard for television comedy has become dismally substandard. I look forward to a day when our hosts will not be lying to us when they say "we've got a great show tonight."

Taylor Kingsbury, a junior journalism major, is a staff writer for the Campus Times. *He can be reached by e-mail at* **happyendingrocks@hotmail.com**.

'Llorona'...

Continued from page 11

job. It was easy to feel and sympathize with the sorrow, confusion and joyous moments of each character.

It was also easy to envision being Ix Ana as she was a representation of our need to love and be loved in return.

"(The play) was good," said Taylor Wells, an audience member.

"It kind of had a dark side to it. It seemed like a lot of reality. Even though (cultural) differences) seems like it was ages ago it still exist today," Wells said.

Sophomore Sarah Morphis said "it (was) wonderful to see the talent that ULV students possess."

While the story was mostly in English, the integration of Spanish during certain lines and songs did not take away from the understanding and enjoyment of the play.

In fact, the mixture of English and Spanish added to the realism of the characters being Latino.

The close interaction between the cast members was also very evident. It is sometimes rare to see and sense such a fondness between actors and actresses on the stage.

"Veronica was a real pleasure to work with," said senior Margaret Tipton, who was a vocalist and dancer in the play. "She always made sure that everybody was doing well and that they were comfortable."

Fellow castmate, sophomore Arleen Lopez, who played Horacio's mother Dona Camila, had similar sentiments.

"It was really cool. Everyone was so much fun to work with," Lopez said.

"They were crazy and upbeat and the energy was there, so that made it a more enjoyable environment. And the director, (senior) Hillary (Hahn), was great," Lopez said.

Another highlight of all three evenings of "La Llorona" was the huge support of the Latino community.

"It was a night of Latino influence so I know that had a lot do with bringing a Latino population out here," Baldizon said.

"Everyone heard this story when they were kids from their mom or grandma. Seeing it on stage had to have affected them, because I know it did for me," he said.

"I loved working with Hillary and the entire cast and it was very much a collaborative effort," he added. "I learned a lot of about people's work ethic and their own folktales they brought to the play."

"I'm just really glad that everyone came to see the show," Estrada concluded.

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Book to feature local music history

• Professor devoted to research

Bailey Porter
Staff Writer

Assistant professor of history Kenneth Marcus recently signed a contract for his book "Musical Metropolis: Los Angeles and the Creation of a Music Culture" to be published December 2004.

The book, covering Los Angeles' musical history from 1880 to 1940, focuses on the role music played in the building and maintaining of communities in Los Angeles.

It follows the saga, as the town of 1,000 people transformed into a metropolis of two million and the second largest city in the country, Marcus said.

"I think that the issue of identity and community is a big theme in California studies, or western studies, and I think it's particularly important in Los Angeles," Marcus said.

Central to his research for the book are archival sources from such places as the Hollywood Bowl archives, the film and radio archives in Beverly Hills and the Huntington Library research archives in San Marino, Calif.

Interviews with musicians, administrators and conductors provide subsequent material, he said.

Marcus said the Hollywood Bowl is the true symbol of Los Angeles, which encompasses the essence of the music that brought Angelinos across class and race boundaries to come together for a common interest in music.

Marcus, who moved to Southern California as a senior in high school, finds he has some leverage for researching this book in how he identifies himself in Los Angeles as both an insider and an outsider.

"I have the outsider's fascination with Los Angeles and the insider's awareness of some of the archives I can go to, and the people I can talk with," he said.

The music genre Marcus largely discusses in his book is art, or classical music, however he also looks at a cross section of music.



Bailey Porter

Kenneth Marcus, assistant professor of history at the University of La Verne, has been playing piano his entire life. Last month Marcus signed a contract for his book, "Musical Metropolis: Los Angeles and the Creation of a Music Culture" to be published next year. Marcus incorporates aspects of music into all of his history courses at ULV.

Chapters are devoted to the individual institutions or forms of music that were accessible through theater, radio or dance during the 60 year period.

> 'I have the outsider's fascination with Los Angeles and the insider's awareness of some of the archives I can go to, and the people I can talk with.'
> *—Kenneth Marcus, assistant professor of history*

Marcus' love of music is surely not absent from the interest and drive he has for completing such an undertaking.

"I've been involved in music just about all my life," Marcus said.

For about 20 years, Marcus studied piano with teachers, and he has spent the rest of the time perfecting his relationship with the instrument on his own. He and plays the guitar. He also sings.

A favorite experience that Marcus has as a musician was during a solo piano performance in high school. He received a standing ovation from his peers for the piece that he composed himself.

"That was just an electric feeling just to communicate this music I'd come up with," he said.

Along with having recorded CDs and performing concerts in such venues as the chain bookstore Borders, Marcus always incorporates music into his classes.

"I find it's a way of sparking interest in a topic or strengthening an understanding of a topic," he said.

Putting music into historical context is something that was like an open door for him to explore, since most historians do not focus on music as an important element in the formation of people's lives.

Marcus believes music has been a defining factor throughout history.

In a U.S. history course he is teaching this semester, Marcus asks students to consider the role that jazz music played in the defining of the 1920s as the "Jazz Age."

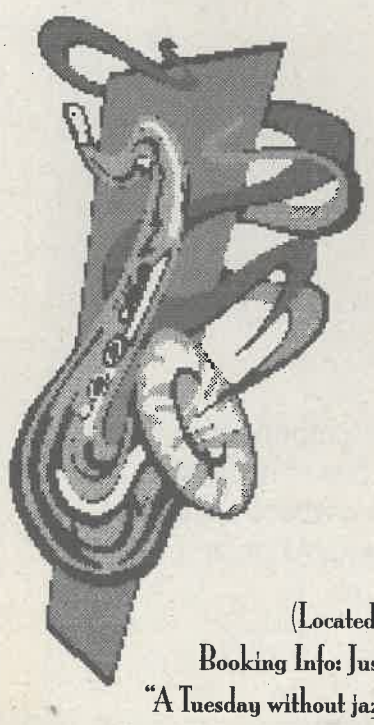
"Ken has really brought the concept of interdisciplinary learning into the classroom," said Richard Gelm, professor of political science.

"It's a great example of what the University of La Verne is trying to achieve in our interdisciplinary emphasis," Gelm said.

In 2000, Marcus published another book that is far from his current research.

His first book focused on the government of early modern Germany and the patterns he found to explain the ways that top officials of the government succeeded or failed at their administrations.

He has written numerous articles on music patronage in early modern Europe and California.



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Special Elections for the positions of Secretary, Accountant, and Forum Members will be held during the Fall 2003 semester

Movie Review

'X2' imaginative and powerful

• Mutants, humans battle on big screen

Matt Paulson
Sports Editor

"The war has begun."

The apt words of the all-powerful Magneto in "X2," the much anticipated sequel of "X-Men" (2000), dictate the recurring theme of both these movies: humans vs. mutants.

In this sequel, Magneto, played by Ian McKellen ("Lord of the Rings," "David Copperfield"), shares the role of lead villain with General William Stryker, played by Brian Cox ("The Ring," "The Bourne Identity," "Super Troopers").

These two, however, portray different levels of evilness. Stryker is seen as the super-villain who is purely evil, while Magneto shows a stripe of good, albeit small.

The story in "X2" begins with a failed assassination attempt on the President of the United States by newly introduced German mutant Nightcrawler, aka Kurt Wagner, played by Alan Cumming ("Get Carter," "Spy Kids," "Josie and the Pussycats").

The attempt fails and Nightcrawler is eventually captured by the "good" mutants of the Mutant Academy, Storm (Halle Berry: "Swordfish," "Die Another Day") and Dr. Jean Gray (Famke Jannsen: "X-Men," "House on Haunted Hill," "Made").

We find out that Nightcrawler, a peaceful, acquiescent Catholic, is under the control of a serum developed by Stryker, a military scientist.

Stryker, in his plot to rid the world of mutants, captures Professor Charles Xavier, played by Patrick Stewart ("Star Trek: The Next Generation").

Stryker's son, Jason, an exile from the Mutant Academy, holds the same power as Professor Xavier – the ability to read and control one's mind.

General Stryker has harnessed this power and used his son's power to control Xavier's mind. Using "Cerebro 2," a copy of Xavier's "Cerebro," introduced in "X-Men," General Stryker holds the ability to force Xavier to kill all mutants.

Wolverine, played by Hugh Jackman ("Swordfish," "Kate and Leopold"), the bad-ass star of the X-Men series also returns. We uncover the secret behind who gave him his adamantium claws, something that remained unknown at the conclusion of "X-Men."

With the story written and directed by 37-year-old Bryan Singer, whose major directorial debut was "Usual Suspects" (not a bad start), "X2" begins with a bang.

The intensity of the opening assassination scene sets the tone for the movie. A bigger budget than X-Men brings the viewer more special effects-laced shots. The increased intensity of the scene is complimented nicely by the music of John Ottman ("Usual Suspects," "Cable Guy," "Lake Placid").

The conflict of the movie is not new.

The idea of "bad" mutants, led by Magneto against the humans, who are protected by Professor Xavier and his brigade was used in "X-Men." One may call this redundant.

But it works. Comic books use this sort of repetitive conflict, as do sequels. In comic books, there is generally a hero, a villain, and a recurring conflict.

Taking into account that this is obviously a movie about a comic book created by the legendary Stan Lee, carrying over the conflict in the movie works, as long as the plot is different and the story does not rely wholly on an unoriginal continuation of the last movie.

"X2" takes a different direction, which is why I give it my recommendation.

It also leaves itself open for another sequel. With a comic book, one holds the ability to continue spitting out sequels simply because as long as the story is different, endless new villains can be created to combat our heroes.

The end of "X2," specifically in reference to Wolverine, leaves itself open for another issue.

Just as in the end of "X-Men," we are left with many unanswered questions about Wolverine's past – questions that could be answered with more sequels.

Even if you do not have an interest in comic books, there is something for everyone.

Nightcrawler takes care of those of faith. A love triangle among Wolverine, Cyclops and Dr. Jean Gray takes care of fans of "Pearl Harbor," and astounding special effects will satiate the appetite of "Matrix" fans.

The incredibly imaginative variety of mutant powers will leave dorks like myself, that constantly fantasize about boasting any one of these powers, satisfied.

Radio...

Continued from page 1

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XM has deals with General Motors, Infinity, Isuzu, Nissan and Volkswagen/Audi to put XM compatible stereos in most of their 2003 models. Aston Martin, BMW, Chrysler, Dodge, Ford, Jeep and Hertz Rental Cars have agreed to put Sirius ready radios in many of their 2003 vehicles.

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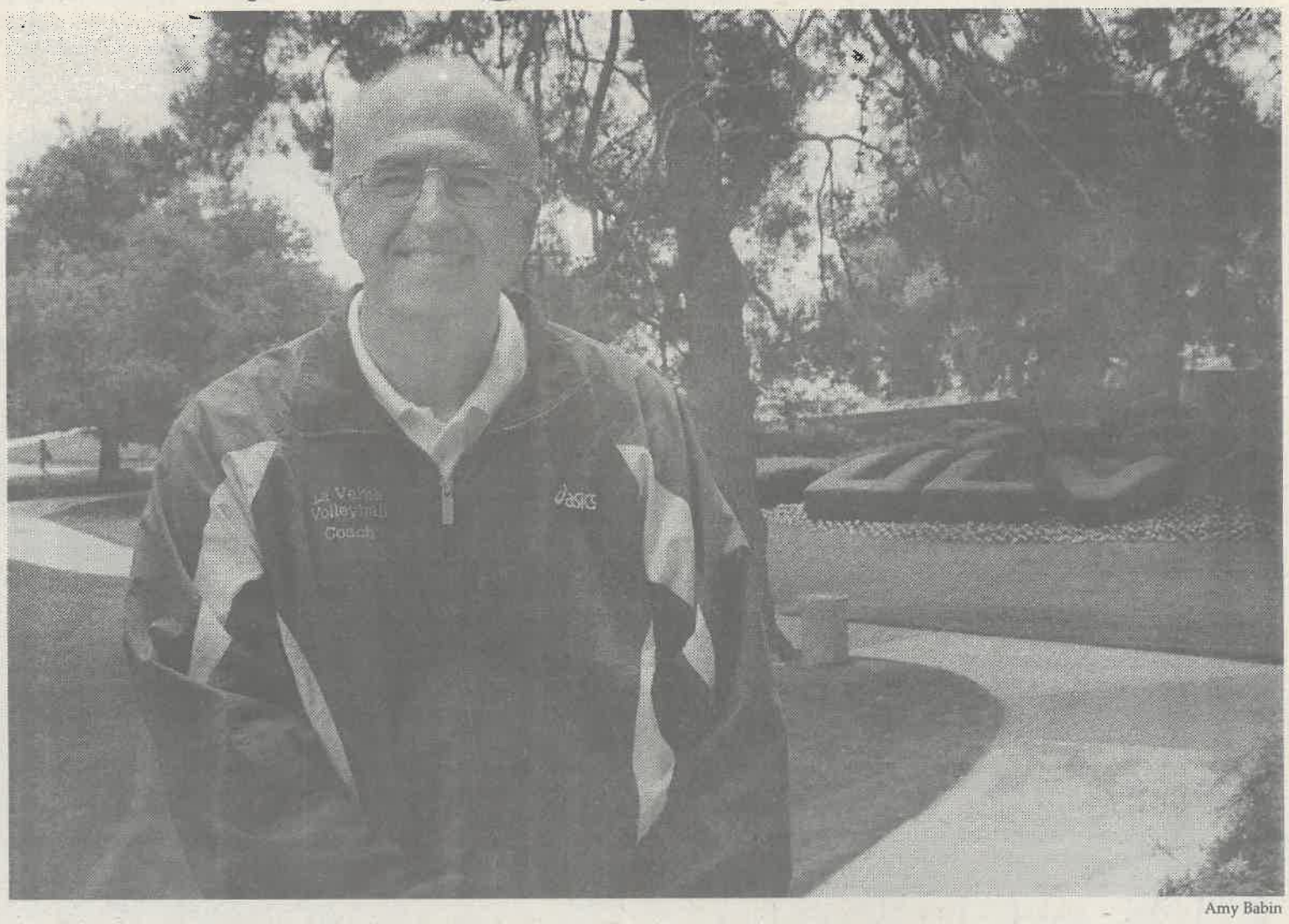
Jack Coberly's legacy shall live on

•Torch is bequeathed to Morgan

Antonette Manabat
Staff Writer



Amy Babin

Jack Coberly, men's volleyball coach, is saying farewell to the University of La Verne. This was his last season coaching here. He is going to continue his career as a personal trainer, and he may coach high school volleyball in the future.

His office was filled with articles, pictures, volleyballs and videotapes. Only two items stood out. One was a framed picture in the center of the far wall: a picture of a proud volleyball team with big letters that shouted out, "ULV 1999 Div. III Men's National Volleyball Champions."

The other was a volleyball sitting on the desk signed with appreciation by University of La Verne men's volleyball alumni. The two represented Jack Coberly's accomplishments in the six years of coaching men's volleyball at ULV: success and respect.

Two other things also stood out in the room: the past and the future of men's volleyball. Both faces, though, seem to look similar. Coberly talks about the past as his son, Morgan Coberly, walks around the room representing the future.

As Coberly ends his ULV coaching career, Morgan Coberly is beginning his as he repeatedly asks his dad to help him with his résumé.

One thing is certain: the future of men's volleyball is not blurry, as Coberly's vision and coaching style has inspired others to continue, even if it has to be without him.

Coberly has been coaching since 1970. He has coached at the elementary, junior high, high school and college levels. Although he decided to end his coaching career at ULV, he has no desire to retire from coaching.

"I love coaching, it's been a part of my life for a long time," Coberly said. "I've seen a lot of the world because of volleyball."

Coberly's decision was due to a combination of time commitment and money.

"La Verne doesn't pay an adequate salary for as long as our season is," Coberly said.

Coberly recently got married last year and values the time spent with his wife. He said that he is keeping his ears open for a coaching job that pays well but has less time commitment.

"I still feel physically and emotionally ready to continue coaching," Coberly said.

Coberly originally came to ULV to coach Morgan Coberly's last year of volleyball. Coberly said that he walked away from his job in Colorado, where he had a business called Boulder's Sports Massage.

"When I first got here, I wasn't planning to coach for six years. I honestly didn't know how long I would be coaching here," Coberly said.

The year before Coberly arrived to coach, the men's volleyball team had a record of 3-23. In 1998, Coberly's first year of coaching, the Leopards were selected to participate in the Division III National Championships, where they finished second.

In Coberly's second year, the Leopards were again invited to the National Championships, as they won the first ever men's volleyball championship and the fifth in ULV school history.

In his last year as head coach, the Leopards finished 12-17 on the season. In Coberly's final match, ULV defeated Stevens Institute of Technology in the consolation match of the Molten Div. III Championship. The Leopards finished third in the tournament.

The ULV men's volleyball program has developed into a well-respected Division III team. Their schedule has Division I opponents such as USC, UC Santa Barbara, Pepperdine, Loyola Marymount and the University of the Pacific. It wasn't always like that, though; ULV had to earn respect.

Coberly explained that in the beginning, the referees treated them differently than the Division I teams.

"They would call things on us that they wouldn't call on them just because they thought we couldn't do high-skilled moves like a Division I team can," Coberly said. That all changed and ULV got its recognition.

"Most Division I schools see us as their equals; we simply have a lot of respect at the national level," Coberly said. "If you ask any men's volleyball team in the country about a Division III team, and they will mention La Verne."

He feels they are very successful in developing the talent that they get. Coberly has definitely built a program and a family since he took over as head coach.

"There was no assistant coach when I got here, but after that year, players started coming back and becoming my assistant coach," Coberly said. "That is what's really gratifying in this job."

One of those players that came back was Morgan Coberly.

Morgan Coberly started off as an assistant coach his first four years and became associate head coach this year. He is now the main candidate for head coach to replace his dad.

"It's sad for me and the program to see him leave, he's done so much for the program, more than what you could put on paper, in such a short amount of time," Morgan Coberly said. "Hopefully it will continue to be in good hands."

Morgan Coberly has been able to coach with his dad for five years, and it is a lot different from the days his dad was coaching him.

"[Coberly] has such a wealth of knowledge of the game; to sit there for five years soaking that up was a great experience that I never got as a player," Morgan Coberly said.

Morgan Coberly realizes the shoes he has to fill but isn't worried, considering a lot of his goals and visions of the game are the same as his dad's.

"My dad was never just about X's and O's. He wasn't just about coaching," Morgan Coberly said. "He gave us the chance to learn life lessons through volleyball."

"He's always been a great coach, teacher and friend," said Nate Silva, who ended his four-year career at ULV under Coberly this year.

Morgan Coberly explained that Coberly would read different quotes from various books before each game.

He pulled a copy of "The Lost Art of War" and said that Coberly would read quotes from the book and make connections to volleyball and life.

Coberly would also read quotes from books written by different coaches from all different sports.

"To me the best part of coaching is to see the kids play and love the sport," Coberly said.

Coberly saw a lot of that in his teams throughout his coaching career.

"We've developed a sense of tradition and we've always had a team that is very close on and off the court," Coberly said. "I'll miss seeing the guys hang out."

As Coberly admits to what he misses the most, Morgan Coberly sits in front of the TV watching one out of a stack of volleyball tapes, as he gets ready for next season.

"The thing I'll miss the most is coaching with my son. It's been a gift that most dads don't have," Coberly said. "I feel very blessed."

As Coberly's season was ending, he was exposed to what was really important throughout his volleyball coaching career. At senior night, the seniors were not the only ones honored.

The volleyball that sat on his desk was signed that day by the alumni; all of them also came to the middle of the court to give Coberly a hug of respect and admiration.

"It is important as a coach to know he's thought of," Coberly said. "It was very meaningful."

Although Coberly is leaving, he is not turning his back to the school. He looks back at it with fondness and great memories.

"I'll miss the whole small school atmosphere," Coberly said. "I truly like La Verne."

He also looks into the future with bright hopes for the volleyball team.

"I would love to see our school and athletic department, without hesitation, support the men's volleyball team," Coberly said.

Coberly said that the men's team should not be set apart from the other sports because it is not in the Southern California Intercollegiate Athletic Conference and that he hopes the President of La Verne and the new athletic director will back the team up 110 percent.

And, of course, Coberly has a message for the returning and new players.

"To the guys coming back to the program, continue to work hard for the new coach," Coberly said.

"Jack is leaving the program in very capable hands," Silva said. "It should be a seamless transition."

Coberly also added that he hopes when Division III volleyball has a National Collegiate Athletic Association Championship, La Verne will be there.

As the interview ended with Coberly, he stood up from his chair, said thank you and the past walked out of the room. Morgan then sat on his chair; it is now his turn.

Leos top APU and Cal Lu to close

Chrissy Zehrbach
Assistant Editor

The University of La Verne baseball team closed its season over the weekend, sweeping its final Southern California Intercollegiate Athletic Conference series against the California Institute of Technology.

After an 18-0 shutout against Cal Tech Friday at Ben Hines Field, the Leopards were more than ready to finish off the series. Although Saturday's doubleheader in Pasadena was postponed a day due to rain, ULV wasted no time getting the job done Sunday in a 31-3 victory.

"It wasn't very close, but it was still challenging," said senior infielder John Doak. "We took it as any other game."

"Going in, you know that it's not going to be a typical college baseball game, but our guys did a great job of staying focused and doing things right," said head coach Scott Winterburn.

Cal Tech forfeited the second game of the series, finishing the season 0-21 in SCIAC.

The Leopards ended their season with a six-game winning streak, winning 12 of their last 13 SCIAC games. ULV showed its strength as the Leopards turned their record around after a slow 1-7 start in conference. The Leopards finished 19-20 overall.

The end of the season also marks two great achievements for the Leopards. Last week ULV defeated Cal Lutheran and Azusa Pacific – two teams La Verne has not beaten in years.

ULV took on APU at home April 30 and defeated the Cougars for the first time in three seasons, 13-6.

"More than anything else, I'm happy for our seniors; this senior class hasn't beat Azusa Pacific, and Azusa Pacific has always been a bench-mark school," Winterburn said. "They've done a great job; they win championships; they do a lot of things right, so for our guys to beat them soundly — it was gratifying to have that group of seniors go out, being able to say they beat a good team."

"They're like our rivals, and they've always beat us so it feels good," Doak said.

The Leopards defeated Cal Lu April 26, in a doubleheader in Thousand Oaks, 4-3 and 11-3. The wins followed a 17-3 home loss the previous day.

"Our guys responded real well and played together and did so many little things that you want to do to win baseball games," Winterburn said.

This series marked the first time ULV has defeated Cal Lu since 1995 when the Leopards went undefeated for a conference championship.

"It feels like we accomplished something," Doak said. "Our hard work paid off."

The Cal Lu series was the highlight of the season, Winterburn said.

"To go down into their backyard and sweep a doubleheader, especially after rebounding from a tough defeat on Friday where you just get blown out — to come back and respond and play 18 innings of great baseball; its very gratifying to see this group, and in particular, this group of seniors, go down there and beat them," he said.

The two wins ULV took from the Kingsmen knocked Cal Lu out of first place, and landed the Leopards in a tie for third place with Whittier with a 13-8 SCIAC record.

"For the things that we did overcome, it feels good to get third," Doak said. "We made a pretty good run in the middle of the season."

The Leopards fell shy of their goal of a championship, but they look at the experience positively.

"We met a lot of objectives that we set forth in terms of effort, hard work and desire," Winterburn said. "We met those objectives, and our guys worked hard all year long. We just didn't get the wins to fall our way. But we'll constantly strive and push to win SCIAC championships; that's the goal."

ULV will lose eight seniors from this season's roster. Winterburn is confident, however, that the seniors will pass the torch.

"We promote strong senior leadership, and next year will be no different.. It's time for those guys who are going to be seniors to step up and take the leadership reins and do all the things that this class was able to do and do them well," Winterburn said.

Kline releases softball helm

Lacy Cascadden
Staff Writer

Last weekend ended an era for the University of La Verne softball team. The Leopards concluded this year's season by losing not only graduating seniors, but their coach too. This was Julie Kline's last season as softball coach.

Kline will remain at ULV as the assistant athletic director, women's basketball coach and associate professor of movement and sports science, but she said she felt it was time to relinquish her position as softball coach.

"I am very proud of what this program has accomplished during my 11 years," Kline said.

Kline made the decision to retire as softball coach to resume other activities. Included on her long list of responsibilities, Kline knows her most important role is that of mother. No longer coaching softball will give her more opportunities to fulfill her goals as a care-giver, she said.

"I want to spend more time with my family," Kline said. "My son Riley is five, and my daughter Kinsey is three, and they are beginning their own activities, and I want to be there and be involved."

"Two sports are difficult to coach at the same time because there is a large overlap between basketball and softball," said Jimmy Paschal, athletic director. "Plus she is assistant AD and is teaching. (Retirement) is a good thing."

ULV finished this year's season in second place in the Southern California Intercollegiate Athletic Conference.

This was the first time in three years that ULV was not No. 1 in SCIAC.

Next year, the team will start fresh, with a new coach, as it tries once again to regain its title.

"I feel good about the program where it is at now, so I leave thankful for the opportunity to build a program, and to know it will be in good hands," Kline said.

During her extensive run as head coach, Kline has led the softball team to win four conference championships and four second-place titles as well.

"There were no bad seasons," Paschal said. "We will miss her, but her skills will be used in other areas."

Robin Haaker has officially been given the position for next year.

Haaker is currently the graduate assistant coach for the softball team.

"We are excited for Robin, to see what she brings (to the team)," said sophomore Kourtney Tomlinson.

Kline has no regrets about leaving the softball program.

"I have been fortunate to have had the opportunity to coach some tremendous individuals and, at the same time, experience success," Kline said.

ULV track battles D-I rivals in Irvine

Brian Ortega
Staff Writer

A few members of La Verne's track and field team made their way to UC Irvine this past weekend for the Steve Scott Track and Field Invitational.

The Invitational, which hosts more than 20 schools from across the Southwest, showed off some of the best talent from Division I track and field competition.

Even with top Division I schools like San Diego State and University of Nevada Las Vegas, La Verne was still able to hold its own and make its presence felt.

"The races are different; it's a big adjustment you have to make, but we were satisfied with the level of competition," Alexis Candelaria said.

Will Lawson, Demetric Brown, Dimitri Watson and Eric Thomas took first-place honors in the 4x100 Relay with a time of 42.35

Lawson also took second place in the 400 hurdles with a time of 53.96. His running partner, Thomas, took the first-place prize in the 100m with a time of 10.96.

Standouts for the women were headlined by Lori Waters and Adrianna Ramirez. Waters walked away with third place in the shotput with a distance of 13.62m. Ramirez left with a distance of 11.30m, earning her an eighth-place slot.

"It was a whole new caliber for me I had never seen. But we held our own against D-1 schools as a team," Candelaria said.

"As a team, I feel we did well," Lawson said.

The next step for the team is a trip to Los Angeles to compete in the Occidental Invitational on May 10, where a few members of the La Verne track and field team will be given their last chance to qualify for the upcoming Division III Championships.

Cannon fires out kayaks weekly



Liz Lucsko

Senior Movement and Sports Sciences major Todd Cannon builds wooden sea kayaks. Cannon assembles the kayak two times a week from a pre-cut kit. It measures 18 feet long and holds 500 pounds. The kayaks weigh only 47 pounds.

Twenty Six, Twenty Seven

May 9, 2003 University of La Verne, La Verne, Calif, 91750 Vol. 1, Issue 2

A dream comes true in La Verne

Jennifer Newman
Staff writer

Meet the newest homeowners for the Pomona Valley Habitat for Humanity affiliate: John and Marcie Montoya, and their four sons: John II, 11; Noah, 6; Abel, 4; and Vincent, 2.

The Montoya's journey with Habitat began when John's father saw an ad in the newspaper announcing that Habitat for Humanity was going to be selecting a family for a house being built in La Verne.

Marcie was interested in attending the informational session, but John was skeptical. He told Marcie, "There is no way we will get a Habitat house."

Despite John's skepticism, in April 2002, the Montoyas were notified that they had in fact been selected to receive the house.

Now, a little over a year later, they are moving into their Habitat house.

The dedication of the Montoya's home was scheduled, rain or shine, for Saturday, May 3. Morning showers did not deter a large crowd (huddled in the garage and under two portable canopies covering the driveway) from watching as the Montoyas received keys for their new home.

After Father Tom Mullen blessed the house, Virgil Welch, site supervisor, gave the house keys to Marcie.

"Each of us has a need to give," said Father Mullen.

Frank Juarez, vice president of Verizon Hispanic Support Organization (HSO), presented the family with a computer at the dedication. The HSO also contributed many hours of labor during the construction.

"It is easier to give than to receive," said Marcie, "This is a humbling thing."

"I never thought I'd be able to be a homeowner for my kids," said John as he addressed the audience at the dedication.

The monthly mortgage payments on the house will be close to their previous rent at $775, for the next 30 years.

For the past seven years the Montoya family has resided at 2440 Sixth St. in La Verne. John and Marcie's desire to raise their children in La Verne, the same city where John grew up, meant they had to find a house with cheap rent.

When they moved in to the old house, Marcie describes the state of the house as being "cosmetically fixed". However, the areas that were simply painted over as a quick fix are now noticeable.

The chimney is pulling away from the frame of the house. Marcie states that if doors are shut too hard they fall off the hinges. Areas that termites have chosen for their lunch are noticeable, even on the front porch.

"I don't know what is under the wood," said Marcie.

Marcie states that the children have allergies and she hopes the move to a healthier living situation will improve their ailments.

Six people shared a two bedroom, one bathroom house. Their new home has three bedrooms and two bathrooms.

The landlord of the property told the Montoyas that they want any landscaping they did removed. A front fence, along with a rock pathway, will be removed.

"The yellow water and chipping paint is not my fault," said Marcie in response to how her landlord looks at problems with the house.

Now as homeowners, the Montoyas will be responsible for the upkeep of the house.

After being selected to receive a Habitat house, the Montoyas had some time before the construction on their home began, in December 2002, to complete their required sweat equity hours.

Sweat equity are labor hours contributed by the adult members of the household. Each adult is required to work 250 hours. To help them log their hours each family is paired with a member of the Family Partner committee.

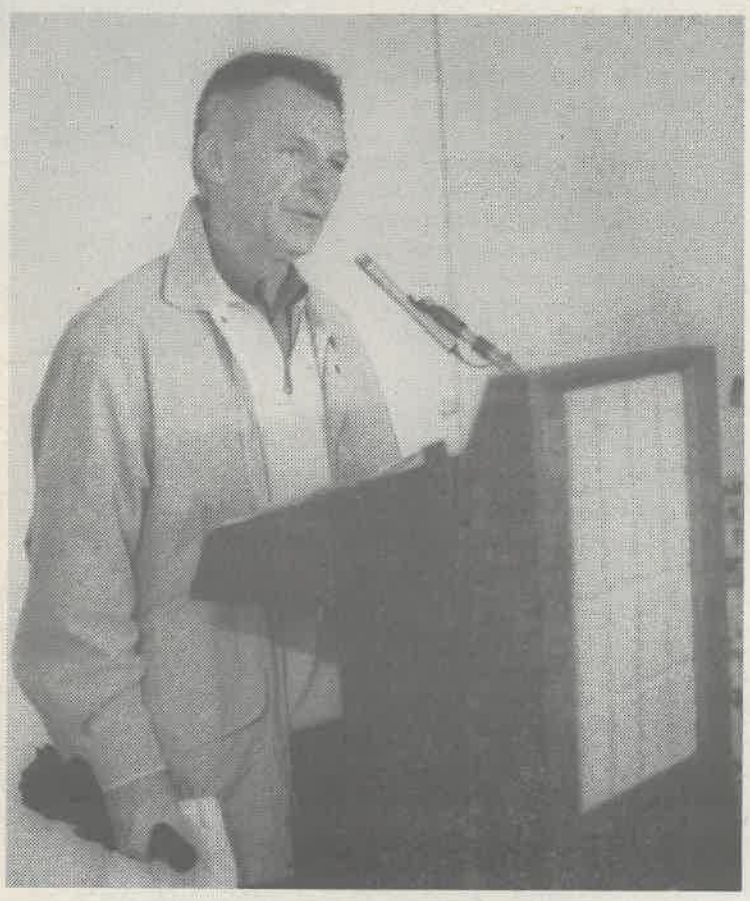
Family Partners support the recipients of a Habitat house; they serve as a liaison to answer question and to clarity the process.

The Montoyas were paired with Mimi Berge. They are the second family she has partnered with. At the dedication, Berge presented the family with a Bible.

"The hope is to stay in contact for a longtime to come," said Berge.

"We will be here a long time," said Marcie.



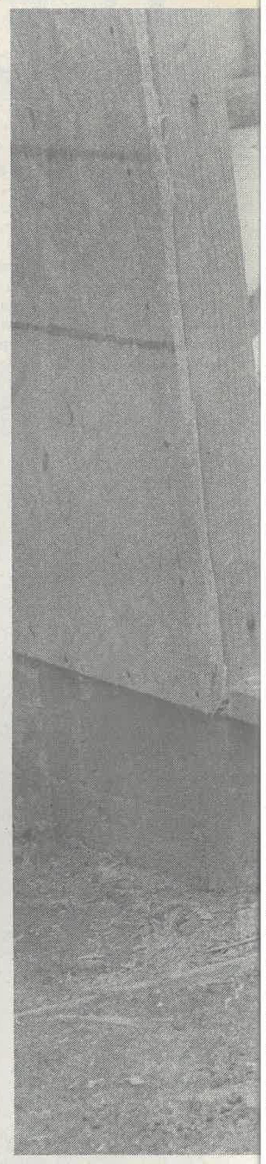


Left: *John Montoya lifts his youngest of four sons, Vincent, to dump the collected water out of a portable canopy. The canopy sheltered the crowd that came to see the dedication of Pomona Valley Habitat for Humanities most recently completed house in La Verne. When the dedication began at 10 am the rain ceased and the clouds parted. John works for Lopez Engineering, his employers donated a concrete back patio, complete with a built-in barbeque. They also created a decorative driveway by using stamps to resemble bricks.*

Above: *City of La Verne Mayor, Jon Blickenstaff, gave warm wishes to the Montoya family on Saturday, May 3 during the dedication ceremony of their home. On April 30 the Pomona Valley Habitat for Humanity held their third Mayor's Dinner. The dinner is to recognize the cities and the mayors that have donated land to Habitat and to serve as a fundraiser. Each plate cost $100. The Pomona Valley Habitat for Humanity affiliate encompasses 18 cities.*







Top: *Ina Abelar, with assistance from first time volunteer Shirley Savino, places a beam on the header for the garage. Abelar was the site supervisor for the all women build in Ontario last year. Her experience comes after working on 26 Habitat houses, beginning in 1991. "We can do everything a man can, we just take a little longer to do it," said Abelar. There are tentative plans to have another all women build in Claremont stated Abelar. Savino and her husband contacted Habitat after making the decision to help others for lent.*

Top Center: *Donna Watson removes, as she called it 'the death trap', a section of base board going across the garage doorway. Watson began volunteering last year at the all women build.*

Right: *Tony DellaMarna, Bob Kroeze and Virgil Welch, site supervisor, figure out the correct placing for the bedroom walls by looking at the blueprints of the house. The house will have four bedrooms and two bathrooms.*

Having a place to call home gives stability

•Habitat homeowner gives back

Jennifer Newman
Staff writer

On F Street in Ontario, Calif., there is a house in the historical district that has the required square columns, eves and vents to meet historic code. This house, however, was built within this decade.

This house is a Habitat for Humanity house. In October 1999, the house became home to the Magana family, which consists of Alfonso Sr., his wife Dorie and their children; Alfonso Jr., 14; Jacob, 11; and ShellSea, 8.

Four years ago, the Maganas lived in a back house in west Ontario. Dorie would drive her children to the bus stop at the end of the driveway to insure their safety. The rented house had two bedrooms and one bathroom, with extension cords providing the electricity in one bedroom.

"I refer to it as the 'other' place," said Dorie.

To visit her in-laws, who live one street away from the 'other' house, Dorie drives extra blocks just to avoid her old residence.

As the Maganas faced rent increases, they were forced to move. This resulted in Alfonso Jr. having to change schools four times.

While watching the news, Dorie heard about Habitat for Humanity through the Jimmy Carter Work Program.

Each year, since 1984, Jimmy Carter, former U.S. President, and his wife Rosalynn, give a week of their time to build homes and raise awareness about affordable housing.

Dorie then called the local affiliate of Habitat for Humanity in La Verne and began the pre-application process in April 1997.

Alfonso Sr. and Dorie always said they would be homeowners, even though the 'It's to good to be true' stereotype lingered.

Stability has been the greatest part of owning a home for Dorie.

While living in the 'other' house, the children's friends would never come over, but now Dorie calls her house "party central."

"The kids are proud of the house, and I love my home," said Dorie.

Jacob recently told his parents he wants to live in the house forever.

Dorie herself worked 460 of the 500 sweat equity hours required for a two adult household since Alfonso Sr. works seven days a week.

Dorie now works in the Pomona Valley Habitat for Humanity office as a paid employee.

She has also served on the Family Selection committee, participating in two home visits in 2000 and 2001.

Home visits are conducted after the field of applicants has been narrowed to evaluate the level of inadequate living conditions.

Having been in a similar situation, Dorie can relate to what these families are going through. She estimates that 50-60 percent of their income goes directly to rent.

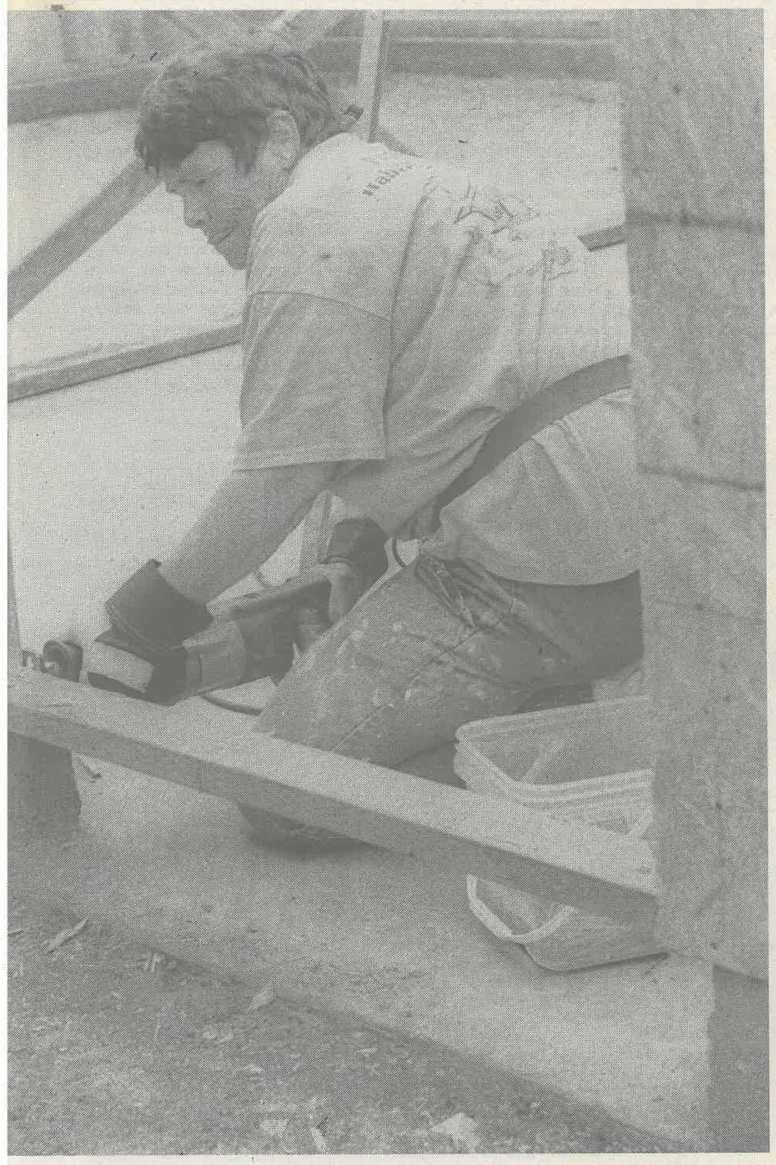
"A lot live in bad neighborhoods and have electrical or plumbing problems," said Dorie.

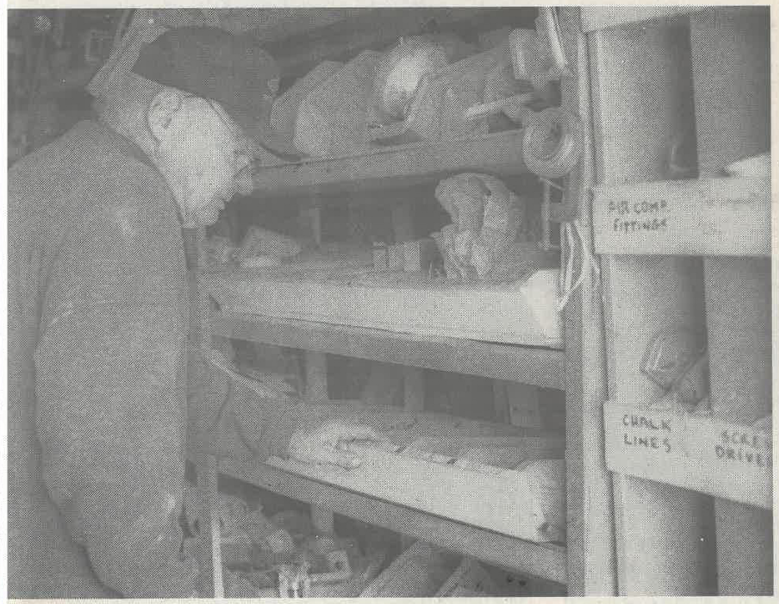
Dorie is also the Family Partner to Felisa Phillips, the recipient of the current Habitat for Humanity house in Pomona.

"Seeing someone achieve the almost impossible American dream is unbelievable," said Dorie in regards to Felisa's happiness.

Dorie will work with Felisa to answer questions, keep track of her sweat equity hours and help her develop smart financial choices.

"I have developed friendships for a lifetime, people that will be there for me day or night," said Dorie.





Pomona family receives hope

Jennifer Newman
Staff writer

After the first wall of her house had been lifted into place, Felisa Phillips stated, "I can't believe I have a wall."

Soon she will have four walls and a roof to make a home for herself and her five daughters. Soon Felisa will be a first-time homeowner.

"Without Habitat I would not have a house," said Felisa.

Felisa is the newest member of the Pomona Valley Habitat for Humanity family.

Two members of the Family Selection committee visited Felisa's house to tell her she had been selected. Felisa recalls that they started by saying a family had been selected to which Felisa thought 'Oh they must really need it.' But then the secret was revealed that the family was hers.

"It is a blessing," said Felisa, who cried when told she would be receiving a home.

Currently Felisa juggles taking care of her daughters, attending school to gain her registered nurse degree and working part-time as a home nurse for Home Help. On top of that busy schedule Felisa also takes care of her grandmother, who she has been solely caring for since the age of 21.

She notices increased self-esteem from her daughters, as they now have something to look forward to.

Felisa hopes that Atara, the second oldest, will attend Meharry College, a prominent African American school in Kentucky.

The Phillips currently live in a three bedroom, rented house with a ceiling that leaks and a heater that smokes when it is turned on.

Knowing that they will be moving soon makes the conditions more tolerable stated Felisa.

September is the expected completion date of the Pomona build. The Phillips will then have a four bedroom, two bathroom house to fill.

Felisa, along with her Family Partner Dorie Magana, will prepare to become a homeowner by move-in day.

Budget seminars are provided for the homeowners and Dorie suggests saving for "the rainy day", as any problems with the house are now the homeowners responsibility.

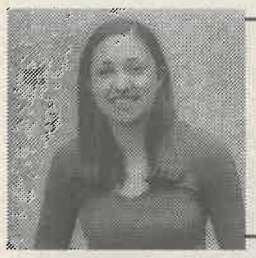
"This (getting a Habitat home) is truly a blessing," said Felisa.



Left: *Habitat for Humanity relies on donations of labor and building supplies, in order to save supplies they have two storage sheds on the Pomona site. David Stroup separates the nail sizes and places them in the correct bins at the end of a workday. Stroup has been involved with Habitat since 1994.*

Top: *The first wall of the Pomona house was raised on Saturday, May 26. Two weeks later volunteers complete placing the internal walls of the house. Bill DeKleine, atop a ladder, secures a wall.*

What the world needs...



Jennifer Newman

"Giving frees us from the familiar territory of our own needs by opening our mind to the unexplained worlds occupied by the needs of others." – Barbara Bush

One day, not too long ago, I woke up and realized I need to stop feeling sorry for myself.

My friends may have more money than I do; they may live in nicer houses and drive newer cars and their families may be closer than mine, but I have something most of them do not have.

I have gained the feeling that can only be achieved by giving to the greater good, instead of just giving to my closet.

I earned my Core 305 credit by volunteering for 25 hours at a Habitat for Humanity build site.

I got paint in my hair, which does not come out easily. I woke up with sore muscles from hammering, shoveling, digging, cutting and then hammering some more.

However, the physical pains did not deter the feeling that I gained each time I left the site.

Knowing that I was helping someone to have a home, helping someone to have a better life, is a feeling that enriches the sense of self in the purest form. For this manner of giving is an unselfish act that separates one from the surrounding materialistic world.

I have met three families during my involvement with Habitat for Humanity – three families, out the 125,000, Habitat for Humanity has partnered with to build a home.

I have met the Montoyas, a local La Verne family that is currently moving into their home, the home I helped build. I helped hammer frame gutters, level windowsills, put on siding, install a window, paint rafters and dig a four-foot deep trench.

I have met the Phillips, whose house in Pomona is in the beginning stages, the home I plan to help build. I saw the first wall go up, and I want to see the finishing touches.

I have met the Maganas, who have lived in their Habitat house in Ontario for four years this October.

One day, not too long ago, I woke up and realized I need to stop feeling sorry for myself.

My family is by no means rich. My parents both work to make ends meet. Our family had to budget our money and lived paycheck to paycheck.

My sister and I did not get lavish gifts as children and we never had the huge Christmas that we dreamed about.

I was born in Arkansas. The house where I spent the first three years of my life had a partial tin roof. But at least I had a roof.

I have always felt secure in the fact that I would have a roof over my head.

And while the above families also have always had a roof over their head, it was often a roof that leaked.

Yet I know that one day, in the future, I will wake up and realize the everyday grind has distracted me from servicing others. When this happens hopefully my own life has not blinded me so much that I can not find a local Habitat for Humanity affiliate, or other humanitarian project, to donate my time and effort to.

I now realize that the donation of service, although not tax-deductible, contributes to another human life, and that is the most important thing to give.

To volunteer, or make a donation, to the Pomona Valley Habitat for Humanity call (909) 596-7098.

Core 305 fulfills mission

Jennifer Newman
Staff writer

Core 305, an undergraduate requirement at the University of La Verne, coincides with the University's mission statement.

As stated in the mission, "The University believes that service is a primary goal of the educated person."

Twenty-five hours of community service are required to gain class credit.

One section of Core 305 looks at ways to alleviate the worldwide problems of hunger and homelessness.

During January Interterm and the 2003 spring semester, students enrolled in this section had the option of completing their hours at a Habitat for Humanity site in La Verne.

Cassandra Armstrong, associate professor, and Zandra Wagoner, general education program director, contacted Cyndi Torres, executive director of the Pomona Valley Habitat for Humanity affiliate, about student involvement at the build site.

The class was co-taught in January by Armstrong and Donna Bentley, and solely by Armstrong in the spring.

"Working along side regular volunteers imparts a sense of what it is to be of service and incorporate service in one's life," said Armstrong.

Ten students from the January class and two from the spring class spent their 25 hours working with other Habitat volunteers to pound nails, paint, install windows, and dig trenches.

Torres was surprised by the turn out since volunteering for Habitat is not considered "normal volunteer work." Some students opted for the less labor-intensive sites such as food banks or soup kitchens.

"It was satisfying to help those that are less fortunate," said Audrey Butcher, ULV senior, of her volunteer work during January Interterm.

"In the end, I helped build a house and built friendships with other students," said Roger Recupero, ULV senior. Recupero also contributed during January Interterm.

"In the end, I helped build a house and built friendships with other students."
-Roger Recupero, ULV senior

Twenty six, Twenty seven
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Letters, comments or questions can be directed to the editor at the above address or by email at newmanj@ulv.edu

Service is...



"...love, compassion and faith. Those sum up the Habitat volunteers."
-Dorie Magana, Habitat homeowner



"...the spirit of mankind that supports causes to make the world a better place."
-Roger Recupero, ULV senior



"...not something I think about related to Habitat. I think about the happiness of the families receiving the house."
-Carol McClung, Habitat volunteer